



Orchard Park EarlyON Child and Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7

Telephone: (416) 282 -7284 | Email: lmills@esbgc.ca
Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 7:30	8:30 – 4:30	Closed	Closed

EarlyON Programs

You may check our website www.esbgc.ca to register for any programs that we offer at the BGC East Scarborough and Scarborough East EarlyON Child and Family Centre.

IMPORTANT NOTICE

Please note that we will be closed on the following days:
November 22nd at 12:00 PM

Account & Registration

To register for a program with BGC East Scarborough, go to www.esbgc.ca and click on “Register For Programs”.

To create a new account, please click [HERE](#)



Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l’adresse: parents.enfants@centrefranco.org ou en consultant notre site web : www.centrefranco.org

Orchard Park: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Music Makers: This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child

Cognitive Toddlers: This is an interactive program for families with children ages 18 to 30 months. This program focuses on providing opportunities to learn through play and promotes cognitive, language and social development.

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Rainbow Fun: This is a interactive program for families with children ages birth to 6. Children and their caregivers will be encouraged to participate in gross motor games, songs and activities.

Babies at Play: This is a interactive program for families with children ages birth to 18 months. Baby toys and sensory activities will be provided along with songs and finger plays to stimulate and enhance your baby's development.

Baby Music: This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Story Stretchers: This is an interactive program for families with children ages birth to 6. Each week families will engage in activities that reflect the story of the day.

Fine Motor Fun: This is a interactive program for families with children ages 2.6 to 4. Children will engage in a variety of activities to improve the ability to coordinate the small muscles of the hand and work on their pre-writing skills.

Orchard Park: PROGRAM DESCRIPTIONS Continued....

Kids Club: This is an independent program for families with children ages 2.6 to 6. This is play based program for children who have caregivers in an EarlyON family support program, such as a parent workshop or baby music.

Kids Eat Right: is an interactive program for families with children ages 1-4 . Participants will become familiar with Canada's Food Guide, make a smoothie and sandwich together and receive tips on how to get picky eaters excited about food. Limited spots are available, so please sign up at the Orchard Park front desk.

Orchard Park: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact: **Grace Tameta** at gtameta@esbgc.ca

Reading Partnership for Parents (RPP) : is a 10-week virtual* play-based program that guides parents through the process of teaching their children (ages 4 to 6) to read. It equips them with the skills, tools and confidence to improve their children's literacy levels by fostering positive reading and learning environments at home. Participating families receive over \$200 worth of learning tools and resources. *You will need a device that connects to the internet, as well as a microphone and camera to participate in the program.

Parent Consultation: is an opportunity for parents and caregivers to meet one to one with a Community Child Therapist to discuss questions and concerns regarding their child's development, behaviour and routines. Please note that the consultations will be done virtually through the Zoom app. The Zoom details will be emailed to you once your booking has been completed.

Let's Talk About...Toileting: In this workshop, a Community Child Therapist from Strides Toronto will help parents get through this important milestone by providing toilet training tips that will set their child up for success! Register now to learn the signs of readiness, how to create toilet training schedule and how to access helpful resources that will boost your child's interest to potty train. Limited spots available. Child minding for children 2 years and over is offered during this workshop.



Galloway EarlyON Child and Family Centre
100 Galloway Road | Scarborough, Ontario | M1E 1W7
Telephone: (416) 281 –0262 | **Email:** lmills@esbgc.ca
Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 3:00	8:30 – 3:00	8:30 – 3:00	8:30 – 3:00	8:30 – 3:00	9:30 – 3:30	Closed

Galloway: PROGRAM DESCRIPTIONS

- Gym Time:** This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.
- Together Time:** This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.
- Circle of Friends:** is an in-person program designed to support children who may require assistance or accommodations in order to participate in group programs. Participants do not need to have a diagnosis in order to attend this program. Join us as we engage in fun activities that have a focus on sensory and gross motor skills.
- Connecting with Friends:** is an interactive program for families with children ages 4-12. All activities and games have been adapted for children with diverse abilities and extra support needs to support healthy child development through play.
- Friends at Play:** This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child
- Music Makers:** This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.
- Cooking Together:** This interactive program is for families with children ages 1 to 6 years. Families will engaged in a baking activity and themed activities.

Galloway: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact

Lisa Mills at lmills@esbgc.ca

Coping with Stress: This interactive workshop talks about the stress of parenting. Topics include: understanding, recognizing and managing personal stress; how stress affects parenting as well as ways of coping with stress. Parents will receive several informative handouts.



Mornelle EarlyON Child and Family Centre
110 Mornelle Crt. | Scarborough, Ontario | M1E 1W7
Telephone: (416) 287 –3578 | **Email:** lmills@esbgc.ca
Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 3:00	8:30 – 3:00	8:30 - 3:00	8:30 – 3:00	8:30 – 3:00	Closed	Closed

Mornelle: PROGRAM DESCRIPTIONS

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child

Music Makers: This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Play It Up: This is an interactive registered program for families with children ages 18 months to 2.5. This program is designed to support your child’s language development and literacy skills.

Couponing for Food Security & Cooking Together: This interactive program will help give tips on how to save money when grocery shopping , followed up by a cooking activity together.

Mornelle: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community’s interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact

Lisa Mills lmills@esbgc.ca



Corvette EarlyON Child and Family Centre

30 Corvette Ave | Scarborough, Ontario | M1K3G2

Telephone: (416) 396-5822 | **Email:** awright@esbgc.ca

Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 - 4:30	Closed	Closed

Corvette: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Baby Music: This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Exploring Numbers: This is an interactive program for families with children ages 2.6 to 4 years. Families will engage in activities that will help develop number recognition and basic math concepts.

Fine Motor Fun: This is an interactive program for families with children ages 2.6 to 4 years old. Children will engage in a variety of activities to improve the ability to coordinate the small muscles of the hand and work on their pre-writing skills.

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child.

Corvette: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact

Atheline Wright at awright@esbgc.ca

Let's Talk About ...Temper Tantrums: In this workshop, parents will learn to recognize the build up to a temper tantrum and how to effectively diffuse and/ or prevent one. Several simple, yet effective techniques will be discussed. Handouts will be provided.

Healthy Eating Workshop: This workshop will be facilitated by Food Share to support parents with children who are picky eaters and still maintain healthy eating habits. This workshop will be hands on and interactive with parents getting involve in the actual making of a healthy recipe, get to enjoy what is made and able to take home for children to enjoy.



LIBRARY PROGRAM LOCATIONS & DESCRIPTIONS

Note: All are welcome to participate.
No registration required.



Library Programs start in January 2025

Guildwood Library: Babies in Playland 10:30 am-12:00 pm

Address: 123 Guildwood Parkway, Scarborough, ON, M1E 4V2

This is an interactive program for families with children ages birth to 18 months. This program includes songs, toys, rhymes and activities which encourage play and connecting with your baby.

Start Date: Wednesday January 8th, 2025

End Date : Wednesday February 26th, 2025

Highland Creek Library: Play & Learn 1:00-2:30 pm

Address: 3550 Ellesmere Road, Scarborough, ON, M1C 3Z2

This is an interactive program for families with children ages birth to 6. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Start Date: Wednesday January 8th, 2025

Ends Date: Wednesday February 26th, 2025

Port Union Library: Let's Learn Together 3:30-5:00 pm

Address: 5450 Lawrence Ave East, Scarborough, ON, M1C 3B2

This is an interactive program for families with children ages birth to 6. Families are welcome to engage in a variety of fun early learning experiences that build positive relationships.

Start Date: Thursday January 9th, 2025

End Date: Thursday February 27th, 2025