



Ready For Reading Storytime

Join Debbie Maunder, Branch Head from Highland Creek Library, as she shares a few stories, songs and the latest Toronto Public Library (TPL) updates. This session will highlight tips on how to navigate through the TPL website and promote summer opportunities to keep your children busy all summer! No registration is required. Simply join us by inputting the Zoom meeting id and passcode provided below.

Date : Wednesday, July 7, 2021

Time : 10:30 - 11:00 a.m.

Location : Zoom

Meeting ID : 862 3419 5799

Passcode : 424406

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Healthy School Snacks for Children

In this engaging interactive Zoom workshop for both parents and children , a Dietician from Flemington Health Centre will provide:

- *Healthy eating tips for families with kids*
- *Lunch and snack ideas for school*
- *Feeding recommendations*
- *Live healthy recipe demonstration with families*

Recipe and ingredient list will be provided in advance. Families who would like to participate will be asked to purchase ingredients before the session.

Date : Friday, July 16, 2021

Time : 11:00 am - 12:30 pm

Register now at www.esbgc.ca

For more information, please contact Munira Fatehi at mfatehi@esbgc.ca or call 416 559 2604

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Government Programs and Services

Join Christina Chu, Settlement Worker from Catholic Cross-Cultural Services, as she shares information about Government Services and Supports and how to access them. The presentation will include:

- 1** Applying to government programs
(e.g. child benefits, Toronto Welcome Policy)
- 2** Registering a child to start school
- 3** Applying for childcare subsidies
- 4** Access to Primary Care
- 5** Immunization

Date : Tuesday, August 10, 2021

Time : 10:30 - 10:45 a.m.

Location : Zoom

Meeting ID : 862 3419 5799

Passcode : 424406

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