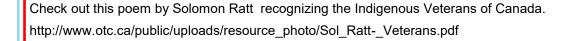
# Scarborough East EarlyON Child & Family Centre

### November 2021

## **Indigenous Veterans Day!**

National Indigenous Peoples Day is celebrated each year on June 21 and Aboriginal Veterans Day is marked on November 8. Indigenous people in Canada have reason to be proud of their wartime contributions. More than 7,000 First Nations members served in the First and Second World Wars and the Korean War, and an unknown number of Inuit, Métis and other Indigenous people also participated. One Veteran's group estimates 12,000 Indigenous men and women served in the three wars.







# Remembrance Day! Monday, November 11th

Remembrance Day is commemorated each year on November 11th. It marks the end of World War I in 1918. The armistice took effect at eleven o'clock in the morning - the "eleventh hour of the eleventh day of the eleventh month."

The intention of the day is to remember the fallen on both sides in the Great War (first world war). The reason that the poppy is worn for Remembrance Day is due to a Canadian physician and poet who noticed how quickly poppies had grown over the graves of soldiers who had died during the Battle of Ypres. In remembering, we pay homage to those who respond to their country's need. On November 11, we pause for two minutes of silent tribute, and we attend commemorative ceremonies in memory of our war dead.







# INDIGENOUS DISABILITY AWARENESS MONTH

Indigenous people in Canada experience disability rate significantly higher than that of the general population. Indigenous Disability Awareness Month (IDAM) brings awareness of these barriers and issues that Indigenous peoples and their families living with disabilities face every day. More importantly, we celebrate their achievements and recognize the significant and valuable contributions they make to our communities socially, economically, and culturally.



The National Children's Day is celebrated in Canada on November 20th each year, in recognition of our country's commitment to upholding the rights of children. It has been celebrated across Canada since1993. The theme of this year's World Children's Day is "Children before Everything" which is the eternal thought of parents.

Celebrating National Child Day is about celebrating children as active participants in their own lives and in communities, as active citizens who can and should meaningfully contribute to decision-making.



#### **DIWALI**

Diwali is the five-day Festival of Lights, celebrated by millions of Hindus, Sikhs and Jains across the world. It is a festival of new beginnings and the triumph of good over evil, and light over darkness. The word Diwali comes from the Sanskrit word deepavali, meaning "rows of lighted lamps". Houses, shops and public places are decorated with small oil lamps called diyas. People also enjoy fireworks and sweets too, so it's really popular with children.



### **Programs for Parents/Caregivers**

#### Parent/Caregiver Corner and Craft

Every Wednesday at 1:00 pm virtually we will have discussions about positive parenting, child development, family fun Fall ideas, how Covid has impacted your life etc., while engaging in a relaxing craft for adults. Program materials will be sent out weekly.



### **Upcoming Workshops**

Let's Talk About.... Toileting

Friday, November 5, 2021 at 2:00 - 3:00 p.m.

Let's Talk About.... Bedtime and Naptime

Friday, November 12, 2021 at 2:00 - 3:00 p.m.

**Triple P: Positive Parenting Program** 

Thursday, November 18 - December 2, 2021 at 1:00 - 2:00 p.m.

Establishing and Maintaining Healthy

Friday, November 26, 2021 at 1:00 - 2:00 p.m.