

Orchard Park EarlyON Child and Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7

Telephone: (416) 282 -7284 | Email: mveyra@esbgc.ca Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	Closed	Closed

EarlyON Programs

You may check our website <u>www.esbgc.ca</u> to register for any programs that we offer at the BGC East Scarborough and Scarborough East EarlyON Child and Family Centre.

Winter Programs End Date	March 3, 2023		
Spring Programs Start Date	April 3, 2023		
Spring Programs End Date	June 9, 2023		

IMPORTANT NOTICE

Please note that we will be closed on the following days: Friday March 17th at 12:00 pm for Staff Meeting

Account & Registration

To register for a program with BGC East Scarborough, go to www.esbgc.ca and click on "Register For Programs".

Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l'adresse: <u>parents.enfants@centrefranco.org</u> ou en consultant notre site web : <u>www.centrefranco.org</u>

Orchard Park: PROGRAM DESCRIPTIONS (Note: All are welcome to participate. No registration required.)

Together Time This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Music Makers This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Friends at Play This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child

Cognitive Toddlers This is an interactive program for families with children ages 18 to 30 months. This program focuses on providing opportunities to learn through play and promotes cognitive, language and social development.

Baby Music This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Gym Time This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Kids Club This is an independent program for families with children ages 2.6 to 6. This is play based program for children who have caregivers in an EarlyON family support program, such as a parent workshop or baby music.

Little Scientists: This is an interactive program for families with children ages 2.6 to 4. Families will engage in a range of experiments and activities that explore topics such as nature, life cycles, weather, magnets and more!

Babies at Play: This is a interactive program for families with children ages birth to 18 months. Baby toys and sensory activities will be provided along with songs and finger plays to stimulate and enhance your baby's development.

Rainbow Fun: This is a interactive program for families with children ages birth to 6. Children and their caregivers will be encouraged to participate in gross motor games, songs and activities.

PROGRAM DESCRIPTIONS Continued....

Alphabet Buddies: This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.

Play it Up: Is an interactive registered program for families with children ages 18 months to 2.5. This program is designed to support your child's language development and literacy skills. Children will engage in a variety of language activities to expand their vocabulary and verbal/non verbal language.

MARCH BREAK PROGRAMS

Pajama Day: Wear your favourite pajamas and stay cozy all day long! Join us during Together Time and bring a stuffed animal or doll to show and share during music circle.

Wacky Races: Join us for an action-packed program filled with running, catching, games and other activities that will help boost your child's confidence in movement. Don't forget to wear comfortable clothing!

Hawaiian Day: Aloha friends! Come dressed in your best Hawaiian attire and take part in tropical themed activities like tiki making and an ocean sensory bin. We've got the leis covered!

St Patrick's Day: Come dressed in green and help us celebrate St. Patrick's Day! Take part in crafts and a leprechaun scavenger hunt that will bring you good luck and magic throughout the year.

Orchard Park: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Grace Tameta** at **gtameta@esbgc.ca**

Infant Massage: is a five week workshop where parents or caregivers will learn the best practices to massage their baby (0-12 months). No prior experience required. This workshop is facilitated by students from the Centennial College Massage Therapy Programs under the direction of a Registered Massage Therapist (RMT). Pre registration is required.

Behavior and Positive Discipline Workshop: in this parents workshop, participants will learn how to strengthen their relationship with their child, the importance of daily routines and how to influence your child's behavior.



Galloway EarlyON Child and Family Centre

100 Galloway Road | Scarborough, Ontario | M1E 1W7 Telephone: (416) 281 –0262 | **Email: sdawood@esbgc.ca**

Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	9:30 - 3:30	Closed

IMPORTANT NOTICE

We will be closed on Saturday March 18th

Galloway: PROGRAM DESCRIPTIONS

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Music: Makers: This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Alphabet Buddies: This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.

Family Math: This is an interactive program for families with children ages birth to 6. Families will be introduced to simple math activities and language to help young children learn some pre-math concepts.

This program will help caregivers feel more confident in doing math activities with their children.

Circle of Friends: is an in-person program designed to support children who may require assistance or accommodations in order to participate in group programs. Participants do not need to have a diagnosis in order to attend this program. Join us as we engage in fun activities that have a focus on sensory and gross motor skills.

Busy Bodies: This is a pre registered, interactive program for families with children age 3 to 6. This program involves physical activity designed to help children learn new ways to understand self-awareness and become conscious of their bodies to support body coordination and self-regulation.

Galloway: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Grace Tameta** at **gtameta@esbgc.ca**



Mornelle EarlyON Child and Family Centre

110 Mornelle Crt. | Scarborough, Ontario | M1E 1W7 Telephone: (416) 287 –3578 | Email: gkuman@esbgc.ca Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	Closed	Closed

Mornelle: PROGRAM DESCRIPTIONS

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child.

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Creative Tots: This is an interactive program for families with children ages 18 to 30 months. This program is designed to allow toddlers to express themselves creatively through a variety of materials.

Music Makers: This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Story Stretchers: This is an interactive program for families with children ages 2.6 to 4. Each week families

will engage in activities that reflect the story of the day.

Alphabet Buddies: This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.

Journey Toward Independence: This is a pre registered, interactive program for families with children ages 2.6 to 4 . Activities will focus on helping children fell confident in gaining independence.

PROGRAM DESCRIPTIONS Continued....

Exploring Numbers: This is an interactive program for families with children ages 2.6 to 4. Families will engage in activities that will help develop number recognition and basic math concepts.

Little Scientist: This is an interactive program for families with children ages 2.6 to 4. Families will engage in a range of experiments and activities that explore topics such as nature, life cycles, weather, magnets and more!

Mornelle: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Grace Tameta** at **gtameta@esbgc.ca**



Corvette EarlyON Child and Family Centre

30 Corvette Ave | Scarborough, Ontario | M1K3G2 Telephone: (416) 396-5822 | Email: awright@esbgc.ca Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	8:30 - 4:30	Closed	Closed

Corvette: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Baby Music: This is an interactive program for families with children ages birth to 18 months. This program includes songs, rhymes, toys and activities, which encourage play and connecting with your baby.

Alphabet Buddies: This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.

Exploring Numbers: This is an interactive program for families with children ages 2.6 to 4. Families will engage in activities that will help develop number recognition and basic math concepts.

Journey toward Independence: This is an interactive program for families with children age 2.5 to 4. This program involves the activities of everyday life and children observe these activities in the environment and gain life skills through the real experience in a purposeful way. These activities give the child a sense of belonging and contribute to the control and coordination of movement, development of concentration, and self-esteem.

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.



LIBRARY PROGRAM LOCATIONS & DESCRIPTIONS Note: All are welcome to participate. No registration required.



Port Union Library: Play & Learn This is an interactive program for families with children ages birth to 6. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Address: 5450 Lawrence Ave East, Scarborough, ON, M1C 3B2

Monday's 1:30-2:30 PM

Ends March 6, 2023

Spring session begins April 17, 2023

Highland Creek Library: Let's Learn Together This is an interactive program for families with children ages birth to 6. Families are welcome to engage in a variety of fun early learning experiences that build positive relationships.

Address: 3550 Ellesmere Road, Scarborough, ON, M1C 3Z2

Wednesday's 1:00-2:00 PM

Ends March 1, 2023

Spring session begins April 12, 2023

Guildwood Library: Baby Music: is an interactive program designed for families and their infant ages birth to 18 months old. Parents will become familiar with children's songs and actions. Speech and language development will be promoted through songs and finger-plays.

Address: 123 Guildwood Parkway, Scarborough, ON, M1E 4V2

Friday's 10:30-11:30 AM

Ends March 3, 2023

Spring session begins April 14, 2023