



Orchard Park EarlyON Child and Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7

Telephone: (416) 282 -7284 | Email: mveyra@esbgc.ca

Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	Closed	Closed

EarlyON Programs

You may check our website www.esbgc.ca to register for any programs that we offer at the BGC East Scarborough and Scarborough East EarlyON Child and Family Centre.

Spring Programs Start Date	April 3, 2023
Spring Programs End Date	June 9, 2023

IMPORTANT NOTICE

Please note that we will be closed on the following days:

Friday May 19th at 12:00 pm

&

Monday May 22nd for Victoria Day

Account & Registration

To register for a program with BGC East Scarborough, go to www.esbgc.ca and click on “Register For Programs”.

To create a new account, please click [HERE](#)

Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l’adresse: parents.enfants@centrefranco.org ou en consultant notre site web : www.centrefranco.org

Orchard Park: PROGRAM DESCRIPTIONS

(Note: All are welcome to participate. No registration required.)

Together Time This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Music Makers This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Friends at Play This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child

Cognitive Toddlers This is an interactive program for families with children ages 18 to 30 months. This program focuses on providing opportunities to learn through play and promotes cognitive, language and social development.

Baby Music This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Gym Time This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Kids Club This is an independent program for families with children ages 2.6 to 6. This is play based program for children who have caregivers in an EarlyON family support program, such as a parent workshop or baby music.

Babies at Play: This is a interactive program for families with children ages birth to 18 months. Baby toys and sensory activities will be provided along with songs and finger plays to stimulate and enhance your baby's development.

All About Me: is an interactive program for families with children ages 2.6 to 4. This program focuses on teaching children about themselves, family, culture, traditions, friends, pets and more!

Ready, Set, Go Toddlers: is an interactive program for families with children ages 18 to 30 months. Children will engage in a variety of hands-on, motor activities to help develop their small and large muscles.

PROGRAM DESCRIPTIONS Continued....

Let’s Get Started: is a free program for parents and their children (18 months to 5 years of age) who need additional development support. Parents’ will receive practical child development information and everyday strategies from a variety of professionals.

Pre-K Practice: is a registered independent program for children who will be going to kindergarten in September. While caregivers are attending adult Yoga/parents workshop, children will participate in a variety of play-based activities to help prepare them for school.

Adult Yoga: is a program where parents and caregivers participate in stretches, breathing techniques, and movement. Creative poses and techniques will be introduced to families each session. Wear comfortable clothing. For caregivers who’s child is enrolled in the Pre K Practice program.

Orchard Park: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Grace Tameta** at gtameta@esbgc.ca

Safety & Street Proofing Your Child Workshop: this workshop is designed to create awareness of some of the dangers of living in this large, crowded city. It gives an introduction to the basics of street proofing- communications, 911, the buddy system, and check-ins. Additionally, an introduction to inappropriate touching and teaching children “the right to say no” is also discussed. Parents and caregivers will learn what they can do to ensure the safety at home and in the community.

Reading Partnership for Parents Online: is a 10– week virtual play-based program that guides parents through the process of teaching their children (aged 4-6) to read. It equips them with the tools and confidence to improve their Child's literacy levels by fostering positive reading and learning environments at home



Galloway EarlyON Child and Family Centre

100 Galloway Road | Scarborough, Ontario | M1E 1W7
Telephone: (416) 281 –0262 | Email: sdawood@esbgc.ca
Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	9:30 – 3:30	Closed

IMPORTANT NOTICE

We will be closed on
Monday May 22nd for Victoria Day

Galloway: PROGRAM DESCRIPTIONS

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Exploring Numbers: This is an interactive program for families with children ages 2.6 to 4. Families will engage in activities that will help develop number recognition and basic math concepts.

Story Stretchers: This is an interactive program for families with children 2.6 to 4. Each week families will engage in activities that reflect the story of the day.

Circle of Friends: is an in-person program designed to support children who may require assistance or accommodations in order to participate in group programs. Participants do not need to have a diagnosis in order to attend this program. Join us as we engage in fun activities that have a focus on sensory and gross motor skills.

Connecting with Friends: is an interactive program for families with children ages 4-12. All activities and games have been adapted for children with diverse abilities and extra support needs to support healthy child development through play.

Busy Bodies: This is a pre registered, interactive program for families with children age 3 to 6. This program involves physical activity designed to help children learn new ways to understand self-awareness and become conscious of their bodies to support body coordination and self-regulation.

Galloway: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community’s interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Lisa Mills at lmills@esbgc.ca**



Mornelle EarlyON Child and Family Centre

110 Mornelle Crt. | Scarborough, Ontario | M1E 1W7

Telephone: (416) 287 –3578 | **Email:** gkuman@esbgc.ca

Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

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IMPORTANT NOTICE

We will be closed on
Monday May 22nd for Victoria Day

Mornelle: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Exploring Numbers: This is an interactive program for families with children ages 2.6 to 4. Families will engage in activities that will help develop number recognition and basic math concepts.

Cognitive Toddlers: is an interactive program for families with children ages 18 to 30 months. This program focuses on providing opportunities to learn through play and promotes cognitive, language and social development.

Music Makers: This is an interactive program for families with children ages birth to 6. Families are invited to join this music circle and participate in new and familiar songs & rhymes.

Story Stretchers: This is an interactive program for families with children ages 2.6 to 4. Each week families will engage in activities that reflect the story of the day.

Alphabet Buddies: This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.

Play it Up: This is an interactive registered program for families with children ages 18 months to 2.5. This program is designed to support your Childs language development and literacy skills

Mornelle: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community’s interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Gowri Kumanan** at gkumanan@esbgc.ca

The Importance of Routine Workshop: This workshop, offered by Strides Toronto will offer information about how the importance of routine can help when parenting young children.

Tips To Guide Your Child’s Behavior: This workshop, offered by Toronto Public Health will help parents and caregivers understand children behaviors and offer tips to help guide their child.



Corvette EarlyON Child and Family Centre

30 Corvette Ave | Scarborough, Ontario | M1K3G2

Telephone: (416) 396-5822 | **Email:** awright@esbgc.ca

Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

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IMPORTANT NOTICE

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Monday May 22nd for Victoria Day

Corvette: PROGRAM DESCRIPTIONS

- Together Time:** This is an interactive program for families with children ages birth to 6. Various learning centers and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.
- Fine Motor Fun:** This is a interactive program for families with children ages 2.6 to 4. Children will engage in a variety of activities to improve the ability to coordinate the small muscles of the hand and work on their pre-writing skills.
- Baby Music:** This is an interactive program for families with children ages birth to 18 months. This program includes songs, rhymes, toys and activities, which encourage play and connecting with your baby.
- Alphabet Buddies:** This is an interactive program for families with children ages birth to 6. Activities will focus on letter and sound recognition.
- Exploring Numbers:** This is an interactive program for families with children ages 2.6 to 4. Families will engage in activities that will help develop number recognition and basic math concepts.
- Journey toward Independence:** This is an interactive program for families with children age 2.5 to 4. This program involves the activities of everyday life and children observe these activities in the environment and gain life skills through the real experience in a purposeful way. These activities give the child a sense of belonging and contribute to the control and coordination of movement, development of concentration, and self-esteem.

Corvette: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community’s interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact

Atheline Wright at awright@esbgc.ca

Checking On Your Childs Development Workshop: This workshop, offered by Toronto Public Health will offer information about your Childs development.



LIBRARY PROGRAM LOCATIONS & DESCRIPTIONS

Note: All are welcome to participate.
No registration required.



Port Union Library: Play & Learn This is an interactive program for families with children ages birth to 6. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

Address: 5450 Lawrence Ave East, Scarborough, ON, M1C 3B2

Monday's 1:30-2:30 PM

Ends June 5, 2023

Highland Creek Library: Let's Learn Together This is an interactive program for families with children ages birth to 6. Families are welcome to engage in a variety of fun early learning experiences that build positive relationships.

Address: 3550 Ellesmere Road, Scarborough, ON, M1C 3Z2

Wednesday's 1:00-2:00 PM

Ends May 31, 2023

Guildwood Library: Baby Music: is an interactive program designed for families and their infant ages birth to 18 months old. Parents will become familiar with children's songs and actions. Speech and language development will be promoted through songs and finger-plays.

Address: 123 Guildwood Parkway, Scarborough, ON, M1E 4V2

Friday's 10:30-11:30 AM

Ends June 2, 2023