

TRAINING AND DEVELOPMENT



These programs empower young people to succeed by providing opportunities to acquire new skills, explore interests and passions, develop employability skills and apply knowledge gain to real work experience, in safe space with positive mentorship.

CORE PROGRAMS

UPS ROAD CODE

teaches safe driving techniques to teens. The program focuses on different safety principles, from basic instruction to the consequences of risky behaviors such as talking on cell phones, texting or drinking while driving. Teens practice what they've learned on driving simulators, which feature a computer screen that serves as a windshield to the program's interactive animation, a steering wheel and life-like gas and brake pedals.

BACK TO BASICS

is a community-based food skills development and capacity building program for youth age 13- 29. Back to Basics offers youth education and hands-on food experiences focusing on general nutrition, food safety, food preparation, food selection and cooking skills, and agriculture fieldtrip experiences to a variety of local farms and farmers' markets. The program gives participants a chance to gain confidence in their abilities to produce tasty and healthy meals.

SKILLED FOR SUCCESS

aims to provide a path for youth that links them beyond learning by having them apply their skills to a physical position or interview at the end of the 10-12-week session. With this in mind, we seek networks as a team that can work together on behalf of the youth for their growth and success.