

GIFT GIVING GUIDE



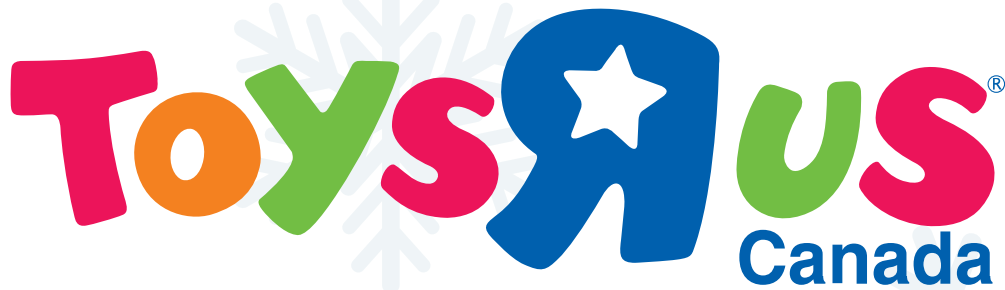
MAGIC OF SNOWFLAKES



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GIFT GUIDES FROM OUR FAVOURITE SHOPS



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GIFT GUIDES FROM OUR LITTLE ONES

Ages 4 & 5



Care Bears



Playdough



Bluey Themed Toys



Squishmallows



Leapfrog Learning



Bracelet Kits



Ages 6-8



CookeeZ Makery



Building Blocks



Trucks



Hot Wheels



Lego Sets



Lego Sets

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GIFTS BY AGE GROUP



AGES 3-5: EARLY CHILDHOOD

- Interactive Storybooks: Books with sounds, textures, or interactive elements like The Very Hungry Caterpillar or Brown Bear, Brown Bear series.
- Building Sets: Magnetic tiles or large building blocks (like Mega Bloks or LEGO Duplo) for safe and imaginative construction.
- Pretend Play Sets: Dress-up costumes, play kitchens, or doctor kits for creative role-playing.
- Art Supplies: Washable markers, finger paints, and coloring books to nurture creativity.
- Ride-on Toys: Balance bikes or small scooters to develop motor skills and balance.

AGES 6-8: EARLY ELEMENTARY

- STEM Kits: Beginner science kits, magnetic building kits, or kid-friendly coding toys
- Puzzles and Games: Age-appropriate puzzles and board games like Guess Who?, Connect 4, or Memory Match.
- Craft Kits: Beading sets, jewelry-making kits, or friendship bracelet kits for hands-on creativity.
- Sports Equipment: Beginner skateboards, scooters, or sports sets (e.g., mini soccer nets or basketball hoops).
- Books: Series that connect well to age group

AGES 9-12: TWEENS

- LEGO Sets: More complex LEGO kits or themed sets (e.g., LEGO Friends, Star Wars).
- Coding and Robotics: Introductory coding toys like Ozobot or Sphero Mini that make learning coding fun.
- Science Kits and Experiments: DIY science experiment kits or electronics kits, such as snap circuits.
- Sports and Outdoor Gear: Sports gear tailored to their interests, such as skateboards, inline skates, or mini drones.

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GIFTS BY AGE GROUP



AGES 13-15: EARLY TEENS

- Art Supplies and Journals: High-quality sketch pads, drawing pencils, and markers for artists; journals for writers.
- Headphones or Earbuds: Durable, high-quality headphones or wireless earbuds.
- Hobby Kits: Model kits, paint-by-numbers, or even beginner knitting and crochet kits.
- Board Games and Strategy Games: Games that require strategy and teamwork, such as Catan, Exploding Kittens, or Codenames.
- Books and Graphic Novels
- Gift Cards: For favourite brands, online stores, or experiences (like coffee shops, clothing stores, or music streaming services).

AGES 16-18: OLDER TEENS

- Tech Gadgets: Portable phone chargers, ring lights, or Bluetooth speakers for tech-savvy teens.
- Gift Cards: For favourite brands, online stores, or experiences (like coffee shops, clothing stores, or music streaming services).
- Advanced Hobby Kits: Drones, 3D puzzles, or more complex model kits (e.g., airplane or car models).
- Fitness Equipment: Resistance bands, yoga mats, or dumbbells for fitness-focused teens.
- Books for Personal Growth: Nonfiction or inspiring novels, such as Atomic Habits by James Clear or The Alchemist by Paulo Coelho.

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NON-PERISHABLES



Donate non-perishable food items that a family can use during the holidays.

Your donation ensures that local families, who might otherwise struggle, can have delicious, culturally conscious, healthy meals. By giving to Holiday Helps, you're not just donating food —you are providing valuable memories that will last a lifetime.

- Peanut butter
- Pasta
- Canned fruit
- Canned soup
- Rice
- Oatmeal
- Canned stew, chili, etc.
- Beans (lentils, chick peas, kidney beans, etc.)
- Pasta sauce
- Canned fish (tuna in water)
- Canned vegetables (tomatoes, corn, peas etc.)
- Powdered Potatoes
- Hot and cold cereal
- Individually packed snacks (granola bars, apple sauce, pudding cups)
- Jam/fruit spread
- Dried Herbs/Spices
- Boxed Meals (shelf stable)
- Crackers
- Cooking oils
- Canned Meat (Spam, Ham)
- Apple sauces
- Low Sugar items
- Gluten Free
- Dairy Free
- Halal
- Kosher
- Vegan
- Vegetarian
- Toilet paper,
- Cleaning Products,
- Toothpaste,
- Deodorant
- Body Wash
- Various Hygiene Items
- Baby food/Formula

Donations are accepted until Friday, December 13, 2024

CONTACT US

For further details on BGCES giving, please email sakinsanya@esbgc.ca for support or [click this link to book a meeting.](#)



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