

Program Details

PROGRAM FOR ALL AGES (birth - 6 years old)

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| Music & Movement: This is a Zoom online program every Wednesday at 1:00 p.m. Families will participate in action songs that are great for bouncing babies and terrific toddlers! Speech and language development will also be promoted through songs and finger plays. | Music Makers: This is a pre-recorded program for families with children birth to 6 years old. Every week we will learn new songs along with some favourites. This program promotes language development through singing, movement, and play. Video recording will be sent via emailed on Wednesdays. |
| Music Circle: This is an interactive program for families and children birth to 6 years old. Join us Monday through Saturday at 10 a.m. to participate in familiar songs, rhymes and finger plays. This program is offered via Zoom. | Play N Learn: This is an interactive program for families with children birth to 6 years old. Children will engage in various activities such as arts and crafts, interactive games, songs, and a story. Join us on Tuesdays at 1:45 p.m. via Zoom. |

PROGRAMS FOR SPECIFIC AGES

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| All About Me: This program is for children ages 4-6 years old. Every week we will discover and learn things about ourselves and each other. Show and share will be done during program to promote language development and social skills. Class is offered every Tuesday at 4:30 p.m. | Math Made Easy: Join us on Zoom every Thursday evening at 6:00 p.m. for this independent program for children 4 - 6 years old, that will focus on developing mathematical and logical reasoning skills. Children will explore basic mathematical concepts through stories, games and other group activities. |
| Animal Adventures: This is an interactive program for families with children ages 2-5 years old. Every Thursday at 2:00 p.m. we will engaged in a variety of activities such as crafts, stories, songs, and games that will teach children about animals. | Messy Play: This is a pre-recorded program for families with children 18-months to 6 years old. Each week we will discover why messy play is important for young children. A fun sensory activity, will be sent via email on Thursdays. |
| Baby Music: This pre-recorded program provides families with activities that are designed to help you connect with your baby (birth to 18 months) through songs, rhymes, and other music-making experiences. Video will be sent via email on Fridays. | Music Makers: This is a pre-recorded program for families with children birth to 6 years old. Every week we will learn new songs along with some favourites. This program promotes language development through singing, movement, and play. Video recording will be sent via emailed on Wednesdays. |
| Busy Bodies: This virtual program is designed to support children's attention, focus, coordination, and self regulation through different activities. Children ages 3 -5 years who may have difficulty organizing their bodies or coordinating their physical movements will benefit from this program. Join us Saturdays from 2:00 - 3:00 p.m. as we move our bodies. | Outdoor Play: This pre-recorded program provides families with different outdoor physical activity ideas while still maintaining social distancing. With the warmer weather just around the corner, this is the perfect opportunity to highlight some fun physical play ideas. Each week a new outdoor activity will be modeled for you to experience. Video recording will be sent via email on Saturdays. |
| Cognitive Toddlers: Join us on Zoom every Tuesday at 11:00 a.m. for an adult and tots' program. Families along with their children (18 - 36 months) will interact in songs, games, and stories to promote cognitive and language development. You may receive an email from the Facilitator with items you will need for the program. | Pre-CLIP: This is an interactive program for children who will be going to kindergarten in September 2021. Every week, your children will participate in activities to help them get ready for school. Classes are offered every Monday at 11:00 a.m. |
| Craft Corner: This is a pre-recorded program for families with children 3 to 6 years old. Tune in every week to participate in a craft activity. A list of materials needed will be sent with recordings every Tuesday. | Rainbow Fun: Join us on Zoom every Tuesday at 9:00 a.m. and get your family up and moving! Families alongside their children are able to take part in kid friendly workouts, games and dance party! |
| CLIP: This program is for children 4 years old who will be attending kindergarten in September 2021. Every week, your children will participate in activities to help promote fine motor, language, social/emotional, and cognitive skills. Class is offered every Wednesday at 11:00 a.m. | Ready, Steady, Calm: Join us every Tuesday at 2:00 p.m. to explore different fun activities that support positive physical and mental health. Through these activities, children (ages 2.5-6 years old) will engage in experiences that can be used anytime to relax the mind and body. |
| Fun With Colours: This is a virtual program for families with children 2-4 years old. Join us Mondays at 1:00 p.m. for activities that promote colour recognition and strengthen fine motor skills. | Science Adventure: This is an interactive program for families with their children (2.5 to 6 years old). Families will be introduced to the world of science through simple experiments and activities that explore topics such as nature, life cycles, weather, magnets and more! Join us every Thursday morning at 11 a.m. |
| Fun With Letters: Join us Wednesday afternoons from 1:45 - 2:30 p.m. to learn about letters through hands-on activities. This is an interactive program for parents/caregivers with children 2 to 6 years old. | Show & Share: This is an interactive program for children ages 2.5 to 6 years old. Join us Monday through Saturday at 10:45 a.m. on Zoom to share one item based on the theme of the week. This program will help build essential skills, such as communication and listening skills, turn taking, and promote self-confidence as each child is given the opportunity to speak in front of others and answer simple questions. |
| Fun with Shapes: This is a pre-recorded program for families with children 2-4 years old. Children will develop shape recognition, early literacy and fine motor skills, through hands-on activities. Video recording will be sent via email on Mondays. | Spelling Bee: Join us on Zoom every Saturday afternoon on 1:00 p.m. for this interactive program for children (4 - 6 years old) that will focus on developing their memory and retention skills. Children will practice spelling words and learn about word families through stories, games and other group activities. |
| Health & Safety: This is an independent program for children ages 3 to 6 years old. Join us Wednesdays from 4:30-5:30 p.m. on Zoom for activities related to health and safety such as traffic safety, stopping the spread of germs, nutrition and more! | Stories & Rhymes: Join us on Zoom every Tuesday at 1:00 p.m. to listen to a new or familiar story, rhymes, finger plays, and songs. This program is for families with children 18-months to 4 years old. |
| Little Artists: Join us on Zoom every Monday at 1:45 p.m. and explore the wonderful world of art! Families alongside their children (2.5 to 6 years old) will engage in a range of activities that introduces the five elements of art and design - lines, colours, shapes, textures and patterns, while also encouraging self-expression. | Yoga Buddies: This is an interactive program for children ages 2.5 to 6 years old to help them build strength, balance and keep their little minds calm through kid-friendly yoga. Join us on Zoom Wednesday mornings from 9:30 to 10:00 a.m. It would be great if you have a yoga mat for the program. |

ADULT PROGRAMS, WORKSHOPS & SERVICES

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| Coffee Chat: NEW TIMING. <i>Saturdays from 3:15 - 4:15 p.m.</i> This Zoom program is for parents and caregivers to come together to support one another during this time of social distancing. Topics discussed range from emotional wellness, to children's learning and development, family outings, and anything that is on your mind. Come and join us for a virtual coffee! | Mobile Development Outreach Clinic (M-DOC): The M-DOC is intended to create awareness about autism spectrum disorder (ASD) by streamlining the development assessment process and creating better access to culturally respectful support services for all families. SAAAC will continue to offer the M-DOC virtually through the Zoom app. To book your appointment, please contact Grace at gtameta@esbgc.ca |
| Q&A with EarlyON Staff: This is a virtual Zoom session where parents and caregivers are welcome to chat with our staff, ask questions about our programs, offer suggestions for workshop topics, seek parenting advice, referrals and more! No registration is required. Simple join us on Zoom and enter the Meeting ID (846 7073 7053) and Passcode (Q&A2021). | |



April 2021

Scarborough East EarlyON Child & Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7
 Telephone: (416) 559 - 2604 | Email: mveyra@esbgc.ca
 Website: <http://www.esbgc.ca/earlyon-child-family-centres>

Office Hours

Please note that our phone line is only open during these times

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|-----------|-------------|
| Monday | 8:30 - 4:30 |
| Tuesday | 8:30 - 4:30 |
| Wednesday | 8:30 - 4:30 |
| Thursday | 8:30 - 4:30 |
| Friday | 8:30 - 4:30 |
| Saturday | Closed |
| Sunday | Closed |

Zoom Details for EarlyON Virtual Programs

After you have registered for programs, the meeting ID and passcode will be sent to you by email within 24 hours. If you have not received the Zoom details, please check your junk folder before contacting the program staff.

Program Updates

Due to the pandemic all of our sites are closed until further notice. All of our programs are offered online through the Zoom application and will continue to be offered until we are given direction by TPH and our funders. To see our newsletter click [here](#).

Account & Registration

To register or create an account with the Boys & Girls Club of East Scarborough, go to www.esbgc.ca and click on **Registration**. To create a new account, click on **create new account** at the top of the page and follow the prompts.

Important Notice

Please note that there will be no programs and services available April 2nd & 5th due to Good Friday and Easter Monday.

EarlyON Programs

You may check our website www.esbgc.ca for program descriptions and to register on-line for any programs that we offer at the Boys & Girls Club of East Scarborough and Scarborough East EarlyON Child and Family Centre.

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| Spring Virtual Programs Start | April 6, 2021 |
| Spring Virtual Programs End | June 12, 2021 |
| Summer Registration Begins | June 10 - 26, 2021 |

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact **Grace Tameta** at gtameta@esbgc.ca






Upcoming Items

Preschool Development
 This 2-series workshop will be offered by Dr. Shivajan Sivapalan, Family Physician from SAAAC. This discussion will touch on areas of behaviour, speech and language, and preschool development, while the follow-up session offers an opportunity to address concerns participants may have regarding their child's development.
Workshop: Wednesday, April 28—11:45 a.m. - 12:45 p.m.
Follow-up: Wednesday, May 12—11:45 a.m. - 12:45 p.m.

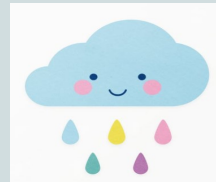
School Registration—Transition (Session 3)
 Thursday, April 8th @ 1:00 - 2:00 p.m.
 Join us as we talk about the process of School Registration, transition meetings, and SEP RC meetings. Christina Hong from the Child Development Centre will return to continue discussions around registering your child for kindergarten. There will be time during this workshop for parents to ask questions and discuss any concerns they may have. If you have any questions about this workshop, please contact Alison Pettigrew at apettigrew@esbgc.ca

Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l'adresse: parents.enfants@centrefranco.org ou en consultant notre site web : www.centrefranco.org

April 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|---|--|
|  <p>Be Part Of The Change</p> <p>Join the rest of world on April 22nd and turn off your lights for one hour, pick up garbage around your community, buy some vegetable seeds and grow your own garden!</p> |  <p>AUTISM AWARENESS</p> <p>Autism Awareness Month is this month and starts on Friday, April 2nd.</p> |  <p>April 7th the world celebrates this day with the theme - Building A Fairer, Healthier World.</p> | <p>1</p> <p>10:00 - 10:45 Music Circle 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 Game Night</p> |  <p>Good Friday</p> <p>CENTRE CLOSED</p> | <p>3</p> <p>10:00 - 10:45 Music Circle 11:00 - 12:00 Q&A with Rachel 1:00 - 1:45 Share Your Stories</p> |
|  <p>Easter Monday</p> <p>CENTRE CLOSED</p> | <p>6</p> <p>VIA EMAIL 9:00 - 9:45 Craft Corner 10:00 - 10:45 Rainbow Fun 10:45 - 11:30 Music Circle 11:00 - 11:30 Show & Share 11:00 - 11:45 Cognitive Toddlers 1:00 - 1:45 Stories & Rhymes 1:45 - 2:30 Play N Learn 2:00 - 2:45 Ready, Steady, Calm 4:30 - 5:15 All About Me 4:30 - 5:30 Q&A with Lori</p> | <p>7</p> <p>VIA EMAIL 8:30 - 9:30 Music Makers 9:30 - 10:00 Q&A with Grace 9:30 - 10:00 Yoga Buddies 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 12:00 CLIP 1:00 - 1:45 Music & Movement 1:45 - 2:30 Fun With Letters 4:30 - 5:30 Health & Safety</p> | <p>8</p> <p>VIA EMAIL 9:45 - 10:45 Messy Play 10:00 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Science Adventures 1:00 - 2:00 School Registration (Transition) 2:00 - 2:45 Animal Adventures 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 Math Made Easy</p> | <p>9</p> <p>VIA EMAIL 10:00 - 10:45 Baby Music 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Maria</p> | <p>10</p> <p>VIA EMAIL 10:00 - 10:45 Outdoor Play 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Rachel 1:00 - 1:45 Spelling Bee 2:00 - 3:00 Busy Bodies 3:15 - 4:15 Coffee Chat</p> |
| <p>12</p> <p>VIA EMAIL 10:00 - 10:45 Fun With Shapes 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Pre-CLIP 1:00 - 1:45 Fun With Colours 1:45 - 2:30 Little Artists 3:00 - 4:00 Q&A with Lisa</p> | <p>13</p> <p>VIA EMAIL 9:00 - 9:45 Craft Corner 10:00 - 10:45 Rainbow Fun 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Cognitive Toddlers 1:00 - 1:45 Stories & Rhymes 1:45 - 2:30 Play N Learn 2:00 - 2:45 Ready, Steady, Calm 4:30 - 5:15 All About Me 4:30 - 5:30 Q&A with Lori</p> | <p>14</p> <p>VIA EMAIL 8:30 - 9:30 Music Makers 9:30 - 10:00 Q&A with Grace 9:30 - 10:00 Yoga Buddies 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 12:00 CLIP 1:00 - 1:45 Music & Movement 1:45 - 2:30 Fun With Letters 4:30 - 5:30 Health & Safety</p> | <p>15</p> <p>VIA EMAIL 9:45 - 10:45 Messy Play 10:00 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Science Adventures 2:00 - 2:45 Animal Adventures 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 Math Made Easy</p> | <p>16</p> <p>VIA EMAIL 10:00 - 10:45 Baby Music 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Maria</p> | <p>17</p> <p>VIA EMAIL 10:00 - 10:45 Outdoor Play 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 12:00 Q&A with Rachel 1:00 - 1:45 Spelling Bee 2:00 - 3:00 Busy Bodies 3:15 - 4:15 Coffee Chat</p> |
| <p>19/26</p> <p>VIA EMAIL 9:00 - 10:45 Fun With Shapes 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Pre-CLIP 1:00 - 1:45 Fun With Colours 1:45 - 2:30 Little Artists 3:00 - 4:00 Q&A with Lisa</p> | <p>20/27</p> <p>VIA EMAIL 9:00 - 9:45 Craft Corner 10:00 - 10:45 Rainbow Fun 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Cognitive Toddlers 1:00 - 1:45 Stories & Rhymes 1:45 - 2:30 Play N Learn 2:00 - 2:45 Ready, Steady, Calm 4:30 - 5:15 All About Me 4:30 - 5:30 Q&A with Lori</p> | <p>21/28</p> <p>VIA EMAIL 8:30 - 9:30 Music Makers 9:30 - 10:00 Q&A with Grace 9:30 - 10:00 Yoga Buddies 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 12:00 CLIP 11:45 - 12:45 Preschool Development 1:00 - 1:45 Music & Movement 1:45 - 2:30 Fun With Letters 4:30 - 5:30 Health & Safety</p> | <p>22/29</p> <p>VIA EMAIL 9:45 - 10:45 Messy Play 10:00 - 10:45 Q&A with Alison 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 11:45 Science Adventures 2:00 - 2:45 Animal Adventures 2:30 - 3:30 Q&A with Atheline 6:00 - 6:45 Math Made Easy</p> | <p>23/30</p> <p>VIA EMAIL 10:00 - 10:45 Baby Music 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:30 - 12:30 Q&A with Maria</p> | <p>24</p> <p>VIA EMAIL 10:00 - 10:45 Outdoor Play 10:00 - 10:45 Music Circle 10:45 - 11:30 Show & Share 11:00 - 12:00 Q&A with Rachel 1:00 - 1:45 Spelling Bee 2:00 - 3:00 Busy Bodies 3:15 - 4:15 Coffee Chat</p> |

APRIL SHOWERS



BRING MAY FLOWERS

