

Mental Health Support Worker

BGC East Scarborough is actively recruiting a Mental Health Support Worker. The purpose of this position is to provide a range of mental health supports to enhance and maintain the development of youth 13 – 29 years old facing multiple barriers to success and who are often disconnected from mainstream services, hard to reach and serve, and have multiple risks factors due to circumstance outside of their control such as cultural, economic, political, and social factors. As a part of the youth team the incumbent aim to reduce/minimize the impact of mental illness of the population we serve; as well as coordinate and deliver mental health care to clients and provide support and education to clients and their families. This individual will work in conjunction with the youth team to facilitate the integration of clients into communities of their choice; and to help clients improve the quality of their lives, in the areas of health, housing, finance, and vocation.

Reporting to the Senior Manager, Youth Programs & Community Service.

Major Responsibilities:

- Complete a comprehensive client assessment and service plan. Assists clients to identify their strengths, needs, objectives, and goals for life skill development, including specific rehabilitation and vocational goals. Ensure goals are attainable and time specific, and that the client plays an integral role in the decision-making process.
- Encourage client's sense of empowerment and commitment by means of motivational interviewing and supportive counsel.
- Complete a risk assessment and environmental screen on intake.
- Refer and coordinate required medical, clinical or other community services.
- Advocate on clients' behalf.
- Provide crisis management and linkage to crisis intervention services as needed.
- Facilitate psycho-educational and/or support groups as needed.
- Provides feedback, both written and verbal, to the Manager, YOW and Youth Violence team during the development of client plans.
- Facilitate holistic mental health services through the social determinants of health lens for socialization, recreation, housing, employment, education, health, and other service linkages.
- To organize and participate in public education seminars, workshops, groups and training for youth, families, and service providers.
- Collaborate with youth staff to administer support for youth programming.
- Maintain up-to-date client records. Complete all necessary file notes, reports and other written documentation on a timely basis and in accordance with agency standards. Compile statistics.
- Represent the agency through community outreach and everyday interactions with other community resources, i.e., hospitals, hostels.
- Complete other duties as assigned.

Key Qualifications:

- College or associate degree in mental health or addictions/child and youth work/social work preferred.
- 1-year experience working with clients with mental health and addiction issues.
- 1 - 2 years of experience working in both individual and group settings with youth in marginalized neighborhoods
- Possess a Standard First Aid and CPR+AED, clear Police Reference Check & Vulnerable Sector Check (or willing to obtain).
- High Five Certification or willing to obtain certification prior to employment.
- Exhibiting organizational time management skills, accountability, reliability, and punctuality
- Individuals who are enthusiastic, energetic with creative program planning skills
- Genuine interest in working with youth between the ages of 13-29 years and a clear understanding of the characteristics of youth
- Demonstrate ability to work in a fast paced, team environment
- Demonstrated ability to motivate, lead and to work effectively with limited supervision
- Excellent communication skills
- Demonstrated experience working with youth from various cultural, ethnic, social-economic and developmental backgrounds.
- Legally eligible to work in Canada.

Job Code: MHSW2024

Contract period: 12 months

Hours of work: 30 hours per week

Please submit resume to the: pc@esbgc.ca