

Virtual EarlyON Workshops: January - March 2022



Scarborough East EarlyON Child & Family Centre
62 orchard park drive, Scarborough, ON, M1E 3T7
Phone: 416 282 7284 / Work mobile: 416 559 2604



PROGRAM	ORGANIZER / FACILITATOR	DATE	TIME
<u>Scarborough East EarlyON CFC</u> CARES program	Grace Tameta / Alison Pettigrew (EarlyON Staff)	Wednesday, Jan 19 - Mar 9	5:30 PM - 6:30 PM
COVID-19 Vaccine Information Session	Jennifer Morin, Toronto Public Health (Public Health Nurse)	Thursday, January 20	1:30 PM - 2:30 PM
Tips on Managing Behaviour (Part 1)	Kerian Duarte, Toronto Public Health (PHN)	Friday, January 28,	1:00 PM - 2:00 PM
School Registration - What you Need to Know: Session1 - First Steps to registering your child	Christina Hong, Child Development Institute	Friday, February 4	1:00 PM - 2:30 PM
Tips on Managing Behaviour (Part 2)	Kerian Duarte, Toronto Public Health (PHN)	Friday, February 11	1:00 PM - 2:00 PM
JK Registration - What You Need to Know: Session 2 - School Options and Resources	Christina Hong, Child Development Institute	Friday, March 11	1:00 PM - 2:30 PM
Getting Ready for Kindergarten	Kerian Duarte, Toronto Public Health (PHN)	Friday, March 25	1:00 PM - 2:00 PM

PLEASE NOTE THAT THE DATES OR PROGRAMS MAY BE SUBJECT TO CHANGE.

To view the full list of online programs, return to the EarlyON program page, [CLICK HERE](#)
For more information please contact Munira at mfatehi@esbgc.ca or call (416) 559 - 2604.

BGC East Scarborough and the Scarborough East EarlyON Child and Family Centre would like to acknowledge our community partnerships and thank them for their continued support.





Tips on Managing Behaviour (Part 1)

This workshop will provide an overview about positive parenting and review tips on specific ways parents/caregivers can help guide their children's behaviours. We will also review tips on how to make reasonable rules in order to make it easy for children to behave well.

Date : Friday, January 28, 2021

Time : 1:00 - 2:00 pm

Register now at www.esbgc.ca

For more information, please contact Munira Fatehi at mfatehi@esbgc.ca or call 416 559 2604

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Positive Parenting



Supportive



Involvement



Healthy Lifestyle



Reward



Encouragement



Praise Achievement



Listen



Explain



Trust



Inspire



Enforce Rules



Have Patience

Tips on Managing Behaviour (Part 2)

This workshop is a follow up to Part 1 completed last month and will provide further strategies to help parents/caregivers guide their children's behaviours. The workshop will also review tips on how to incorporate positive discipline strategies when dealing with some common behavioural challenges in children.

Date : Friday, February 11, 2021

Time : 1:00 - 2:00 pm

Register now at www.esbgc.ca

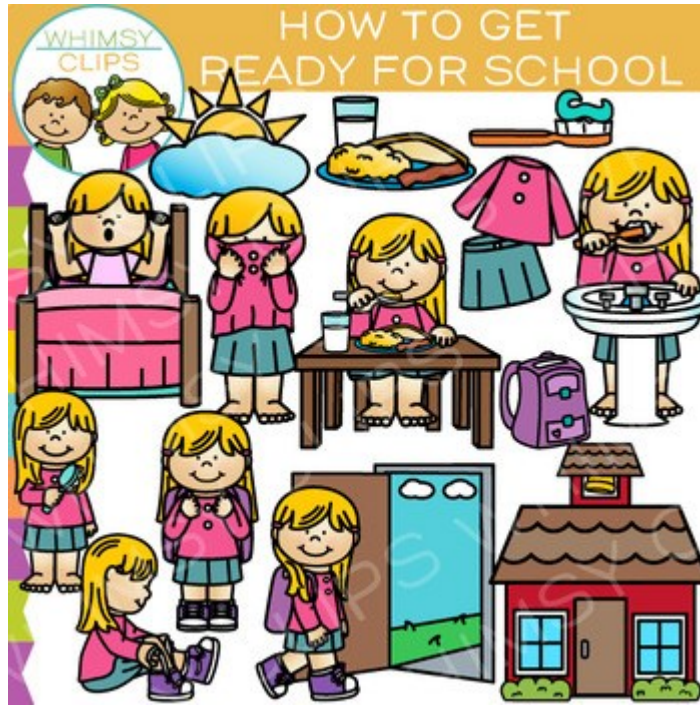
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Getting Ready for Kindergarten

This workshop will cover the benefits of establishing healthy routines for families and children especially when getting ready to attend Kindergarten. It will also review healthy hygiene practices, the importance of immunizations and checking in on children's developmental milestones

Date : Friday, March 25, 2021

Time : 1:00 - 2:00 pm

Register now at www.esbgc.ca

For more information, please contact Munira Fatehi at mfatehi@esbgc.ca or call 416 559 2604

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