

# TEEN SUMMER PROGRAMS

**STARTS JUNE 9**

The Anxiety Center at Renew Two Tents offers an Adolescent Intensive Outpatient Program which is designed to help teens develop skills to manage anxiety while fostering confidence for a successful school year.

- Five-week program for ages 12-18
- Schedule: Monday to Thursday | 3:00-6:00 PM
- Weekly involvement for parents
- Most insurance plans accepted including FSA/HSA
- Complimentary assessments available
- Focused on anxiety and depression
- Incorporates DNA-V/ACT and DBT skills
- Collaborates with mental wellness team



“Parent Testimonial  
Four months ago, I didn't know how much more I could take or how my daughter would ever be able to have a “normal” life. Immediately following the program things have changed. There is hope. There is communication. There is understanding.” - Parent

## Contact Us!

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