7th Grade Reading Fluency: Deep-Ocean Exploration

Read these sentences for 1 minute. Your partner will record how many sentences you read.

Deep ocean zones remain dark because sunlight cannot reach them. (10)

Scientists use special vehicles to explore these distant environments. (19)

A remotely operated sub can send live video to the surface. (30)

Bright lights reveal strange animals that survive under extreme pressure. (40)

Some creatures produce their own light through a process called bioluminescence. (51)

Others use long limbs, sensitive organs, or flexible bodies to find food. (63)

At great depths, the water is cold, heavy, and nearly motionless. (74)

Even so, tiny organisms drift through currents and support larger animals. (85)

Researchers collect samples carefully because each discovery can change scientific knowledge. (96)

Mapping the seafloor also helps experts understand earthquakes and underwater volcanoes. (107)

The ocean holds clues about Earth's climate, history, and future. (117)

However, exploration is difficult, expensive, and sometimes dangerous for people. (127)

New robots may allow scientists to travel farther without risking human lives. (139)

The information they gather could lead to medicines, materials, and better technology. (151)

By studying the deep sea, we may understand our planet more completely. (163)

How many sentences did you read?

Round 1	Round 2	Round 3
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