

Social, Emotional, and Academic Professional Development for Nevada's Educators Title II-Part A SEAD Initiatives Description and Annotated Timeline

September 11, 2022

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This document provides a narrative description and annotated timeline of the Title II-Part A (TIIA) funded Social, Emotional, and Academic Professional Development (SEAD) initiatives, which bridged the Nevada Department of Education (NDE) Office of Educator Development, Licensure, and Family Engagement (EDLiFE) and Office for a Safe and Respectful Learning Environment (OSRLE) through the design and implementation of cross-office collaborative initiatives to leverage the success of common objectives. NDE subject matter experts, referred to as SEAD leads, leading the initiatives include:

Silvana Gorton, Ph.D.
Office of Educator Development, Licensure, and Family Engagement (EDLiFE)

Tara Madden-Dent, Ph.D.
Office for a Safe and Respectful Learning Environment (OSRLE)

Marie DuFresne, M.A. Office for a Safe and Respectful Learning Environment (OSRLE)

The EDLiFE-OSRLE collaboration was expanded to include a non-profit partner, Mindful SEAD, throughout the development and implementation of the TIIA SEAD initiatives. The Mindful SEAD subject matter expert collaborating with NDE to lead the initiatives is:

Deborah Oliver, Ed.D. Mindful SEAD Cofounder and CEO

Social, Emotional, & Academic Professional Development for Nevada's Educators

From the inception, the essential need for school leaders to understand and deepen SEAD knowledge as critical to effective instructional leadership practice was prioritized. Roughly \$300,000.00 in Title II-Part A (TIIA) funds were allocated to support the implementation and execution of the SEAD focused pilot initiatives. Toward this end, the following definition of school leader was a key driver throughout the ideation process to ensure TIIA programmatic compliance and to elevate the unique needs of Nevada school leaders, particularly in rural districts:

"SCHOOL LEADER.—The term 'school leader' means a principal, assistant principal, principal supervisor, or other individual who is—

How Are School Leaders Defined in the Every Student Succeeds Act?

- (A) an employee or officer of an elementary school or secondary school, local educational agency, or other entity operating an elementary school or secondary school; and
- (B) responsible for the daily instructional leadership and managerial operations in the elementary school or secondary school building."

School leaders are supported to implement structures in districts, schools, and classrooms, to increase teacher-educator effectiveness and ultimately student success.

SOURCE: Public Law No. 114-95, Every Student Succeeds Act, Title VIII, Sec. 8002, Definitions, December 10, 2015, p. 297.

NDE subject matter experts from the Office of Educator Development, Licensure, and Family Engagement (EDLiFE) and Office for a Safe and Respectful Learning Environment (OSRLE) worked collaboratively, each contributing from their respective areas of expertise to design initiatives intended to comprehensively benefit school leaders and educators, and ultimately students and families across Nevada. The co-created framework applied to the action plan design was guided by the question:

What opportunities can be identified at the intersection of SEAD and school leadership to have positive impact in the following areas:

- Improving the quality of school leaders by deepening their understanding and expertise about SEAD through a systemic statewide structure providing PD resources for building capacity of educators across the educator spectrum, and with a focus on rural areas
- Deepening the understanding and knowledge of SEAD, with a focus on multicultural/equitable instructional practices of school leaders.
- Deepening the understanding and knowledge of SEAD, with a focus on working effectively with students with disabilities
- Deepening the understanding and knowledge of SEAD, with a focus on working effectively with students learning English as a Second Language

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2018: November. Ideation and planning process.

Three SEAD professional development (PD) initiatives are identified:

- 1) online SEAD PD modules
- 2) immersive SEAD PD
- 3) SEAD coaching ongoing PD

In 2020, the pandemic sparked unprecedented urgency in assessing and responding with uninterrupted supports and resources to school leader and educator needs created by the COVID-19 crisis. To this end, a fourth SEAD professional development initiative was implemented:

4) The Nevada SEAD Center

The SEAD Center is an online platform which encompasses the three initial SEAD initiatives and provides ongoing digital support to school leaders and educators within the limitations of COVID-19 requirements.

Over four years, an iterative continuous improvement process served to adjust and refine details of each initiative. The sections below begin with the initial SEAD initiative action plan, which represents the alignment of TIIA and NDE purpose and prioritized goals. The action plan is followed by:

- updated descriptions of each of the original SEAD initiatives as implemented
- annotated timeline of key events and action steps
- described enhancements made in the process of transitioning each initiative to be part of the SEAD Center online platform
- added SEAD initiatives

The final section consists of a color-coded comprehensive timeline.

The original initiative action plan:

2019 Social, Emotional, & Academic PD for Nevada's Educators

Nevada Department of Education

| Sustainable, multi-tiered PD for Nevada educators to learn, model, and teach SEAD competencies across the state | | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Stage II – Immersive PD | Stage III – Coaching PD | | |
| Identify a NV higher education institution to co-design, co-promote, and co-host a 2-5 day Summer SEAD PD Summit emphasizing a Train-the-Trainer model for new SEAD skills to be implemented & measured in classrooms/schools/districts The project costs cover the first pilot year only and covers camp registration fees that fund faculty, classrooms and lecture halls, expert guest speakers, lodging, meals, SEAD PD classes and activities, textbooks, learning software, and class materials. The partnering college or university will collect, analyze, and report on program impact data regarding educator professional development and used for program improvement. | NDE will provide on-going PD support to trainers (NV educators who completed the summer summit with each district and online with continued NDE coaches and educational resources including action plans and collected data from the SEAD summer program, the school climate survey data, student discipline and safety data, the NDE SEAD Community of Practice. student academic data, and related educator workforce needs. | | |
| (Stage II Costs: \$200K) | (Stage III Costs: \$100K) | | |
| | Stage II — Immersive PD Identify a NV higher education institution to co-design, co-promote, and co-host a 2-5 day Summer SEAD PD Summit emphasizing a Train-the-Trainer model for new SEAD skills to be implemented & measured in classrooms/schools/districts The project costs cover the first pilot year only and covers camp registration fees that fund faculty, classrooms and lecture halls, expert guest speakers, lodging, meals, SEAD PD classes and activities, textbooks, learning software, and class materials. The partnering college or university will collect, analyze, and report on program impact data regarding educator professional development and used for program improvement. | | |

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Online SEAD PD

2019 Social, Emotional, & Academic PD for Nevada's Educators

Nevada Department of Education

PROJECT PLAN PER STAGE

Sustainable, multi-tiered PD for Nevada educators to learn, model, and teach SEAD competencies across the state

Stage I - Online PD

- Identify a SEAD content designer and project manager for NDE's interactive online SEAD PD program
- The interactive, real-time online PD program will include evidence-based SEAD best-practices including, but not limited to, "How To" SEAD videos, state and national guest speakers, student voice contributions, national and state SEAD events, participant surveys and discussion forums, NV policy, and classroom/school/district implementation activities.
- Service Provider collaborates with NDE offices, NV higher education institutions, PreK-12 schools and districts, and statewide educators for continuous SEAD updates and content to post online (e.g., SEAD related policies; resources, events).
- Service provider will conduct a monitoring survey to gage program impact and include data in final reporting.
- PD credit hours provided for partnering WA SEAD MOOC (Stage I Costs: \$30K)

What is the purpose of this project? Create free, open-access professional development that increases social, emotional, and academic development (SEAD) skills in Nevada educators.

What are the main deliverables? Four online SEAD classes, SEAD resources, live discussion threads, surveys, announcements.

What will the timeline be?

- By Oct 31, 2019: Create an open-access, user-friendly online learning platform to provide free SEAD PD for all Nevada educators (worth professional development credits) organized into at least 4 lessons that provide Nevada-centered integration methods and resources for specific application of SEAD instruction and support practices
- By Dec 31, 2019: Create interactive online forums with measures for engagement; Projectend comprehensive report

Who will be on the team for this project and what role will they play? Nevada Department of Education SEAD Curriculum & Program Designers

What resources are required to complete this project?

NDE's online PD platform & TA support, funding (\$30K), SurveyMonkey, Partners (e.g., Universities), Available SEAD/SEL curriculum provided by schools and NOTE: Additional funding will be needed to continue this project every year.

Online SEAD PD Modules updated description 2022

Purpose: A free, open-access, online professional development program that increases the effectiveness of Nevada educational leaders through professional learning, focused on the understanding and implementation of the integration of social, emotional, and academic (SEAD) competencies in leadership and instructional practice.

Outcome goals: Sustainable design and content of online SEAD modules intended to serve as a resource to support educator and school leader professional learning.

Deliverables:

- Online SEAD modules include evidence-based content, with a Nevada context
- SEAD module completers receive a certificate of completion that meets NDE requirements for continuing education/relicensure up to 15 Continuing Education Units (CEUs) or professional development (PD) hours.

Online PD SEAD modules in the SEAD Center—enrichments:

- "How To" SEAD videos to highlight best-practices
- State and national guest speakers to enhance module content and provide opportunity for real-time interactive and collaborative learning and discussion

Allocation:

2019: 30K

2020: 100K online SEAD PD portion combined with SEAD coaching symposium

2021: TIIA online SEAD PD portion included in allocation for SEAD Coaching

2022: TIIA online SEAD PD portion included in allocation for SEAD Coaching

Online SEAD PD As Implemented

2019 December: By end of year 2019, the SEAD PD is added to the State of Nevada Online Professional Development Center: NVeLearn. The foundational online SEAD PD consisted of a series of 11 modules, listed below. Key open-source resources referenced include Washington State, Colorado University, and Rutgers.

- 1: Introduction (getting started)
- 2: SEAD & SEL: What are they and why are they important?
- 3: SEAD and the Brain: How we learn
- 4: SEAD and Equity
- 5: SEAD, Cultural Intelligence, and Cultural Responsiveness
- 6: SEAD Starts with the Adult
- 7: Evidence Based SEAD Interventions
- 8: Measuring & Assessing SEAD
- 9: Implementing SEAD using a MTSS Framework
- 10: SEAD & Nevada Hot Topics
- 11: Optimistic Closures & Next Steps

Post-pilot long-term goals: Increase the number of educators (teachers, educational leaders, and specialists), trained in SEAD and able to apply evidence-based best practices into their work.

2019 November - 2020 March: Enhanced SEAD online modules are offered as a resource to guide a PD series and facilitated dialogue sessions to participants in the NDE School Leaders Network (SLN) initiative. SLN participants highlight three details of particular importance, and these guide enhancements made to the SEAD initiatives. First, administrators called for a focus on SEAD to be included in the year-long PD series. Second, administrators identified a preference for tech-based offerings, such as webinars and a playback option. And third, administrators requested coaching and peer mentoring.

2020 January - April: Enhancements and updates are made to the online SEAD modules. The module enhancements included the following objectives:

- Deliver expanded, evidence based SEAD module content and resources to support the development and mastery of SEAD skills, leadership practices, and effective instructional practices of school leaders and educators
- Increase the quality of interactive experiences, including, instructional videos, podcasts, articles, presentation slide-decks, quizzes, live streaming discussion forums, message boards, online surveys, blog posts, resource library, and an events calendar
- Offer coaching to support the robust development of critical discreet skills toward increased success in application

April 2020: SEAD initiatives are aligned to Nevada Department of Education's Path Forward Plan in response to COVID-19. The transition of SEAD online modules to the Pepper PD platform is completed through collaborative work of NDE and Mindful SEAD. Outreach to a pilot cohort of 100 School Leaders begins by mid-May to join the SEAD Center.

Immersive SEAD PD

2019 Social, Emotional, & Academic PD for Nevada's Educators

Nevada Department of Education

PROJECT PLAN PER STAGE

Sustainable, multi-tiered PD for Nevada educators to learn, model, and teach SEAD competencies across the state

Stage II - Immersive PD

- Identify a NV higher education institution to co-design, co-promote, and co-host a 2-5 day Summer SEAD PD Summit emphasizing a Train-the-Trainer model for new SEAD skills to be implemented & measured in classrooms/schools/districts
- The project costs cover the first pilot year only and covers camp registration fees that fund faculty, classrooms and lecture halls, expert guest speakers, lodging, meals, SEAD PD classes and activities, textbooks, learning software, and class materials.
- The partnering college or university will collect, analyze, and report on program impact data regarding educator professional development and used for program improvement.

(Stage II Costs: \$200K)

What is the purpose of this project? Host a 3-day SEAD PD Summit emphasizing a train-the-trainer model for new SEAD skills to be implemented & measured throughout Nevada.

What are the main deliverables? A 3-day event with expert guest speakers, lodging, meals, SEAD PD classes and activities, textbooks, learning software, and class materials.

- What will the timeline be?
- June 25-27, 2019: 3-day SEAD Summit for Educational Leaders
- July 1, 2019: Comprehensive report

Who will be on the team for this project and what role will they play? Office of Educator Effectiveness, Office for Safe and Respectful Learning Environment, Sierra Nevada College What resources are required to complete this project?

Title II Part A funding (\$200K)

NOTE: Additional funding will be needed to continue this project every year.

Immersive PD: Annual SEAD Leadership Summit updated description 2022

Purpose: A multi-day SEAD Leadership Summit providing professional learning and collaborative experiences focused on the understanding and implementation of explicit integration of NDE-adopted social, emotional, and academic (SEAD) competencies in leadership practices for teacher leaders, principals, counselors, and other school leaders.

Outcome goals: Empower education leaders with the tools, strategies, and skills to facilitate systemic change in a positive, healthful, and sustainable way, specifically to:

- Understand the why, and apply the principles and practices of Social Emotional Academic Development (SEAD), both personally and with departmental leadership
- Feel supported and prepared with easy-to-implement strategies to turn leadership ideas into action
- Create a culture to empower school leaders to improve educator effectiveness through
 positive long-term development, success, and well-being of educational support teams,
 teachers, and ultimately students

Key Take Aways:

- Understand the brain science that demonstrates the benefits and effectiveness of SEAD skills on academic growth and success
- Practice actionable techniques to use in personal SEAD cultivation and growth
- Experience how learned techniques support and nurture the myriad of SEAD competencies

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Immersive PD: Annual SEAD Leadership Summit updated description 2022 cont.

Deliverables:

- Programming led by world-renowned speakers and national leaders in positive psychology and SEL/SEAD, and Nevada based experts including SEAD Champions
- Summit Program and Interactive Journal provided to participants in paper/digital form
- Certificate of completion for 4 to 8 continuing education units (CEU) or professional development (PD) hours available to SEAD Summit participants
- Recorded sessions available to registered participants for a limited time following the SEAD Summit, with some recordings added to the SEAD Center resource library
- Comprehensive outcome data reporting

Allocation:

2019: \$199,994 [TIIA funds for 50 school leader participants]

2020: -0- due to pandemic 2020 Summit was cancelled, and funds were repurposed to create the SEAD Center

2021: \$77,918 [TIIA funds for 100 school leaders] 2022: 120K [TIIA funds for 100 school leaders]

Immersive SEAD PD As Implemented

2019 June 25-27 SEAD Leadership Summit:

SEL/SEAD The Foundation of Positive School Culture.

The 2019 SEAD Summit is the inaugural and pilot immersive SEAD PD event. Sierra Nevada College campus is the host site, offering a serene setting, including access to Lake Tahoe. Programming is led by an array of SEAD and adult SEL experts, with sessions correlated to the five social and emotional learning competencies identified by CASEL: the Collaborative for Academic, Social, and Emotional Learning (CASEL, 2005) and adopted by Nevada in 2017, and framed by the Multi-Tiered System of Support (MTSS). SEAD professional learning sessions, activities, and experiential opportunities are designed to deepen learning and support the planning of actionable application of learned knowledge and skills.

- Emphasis is placed on a Train-the-Trainer model, with the goal of supporting continuous development of SEAD skills, and statewide implementation in the education context.
- The Summit is organized with the framework Y-O-U, intended to progressively scaffold session content to ensure support for deep learning of the five SEAD competencies and practices throughout the Summit.
 - Day 1 starts with Y You: focused on self-awareness and self-management, with actionable steps for deeper understanding and enrichment of the personal and professional self
 - O Day 2 progresses to O Outlook: focused on social awareness and understanding the impact of the self on social relationships, with actionable steps to integrate new learning into leadership practices, communication patterns, and problem-solving approaches.
 - Day 3 culminates with U Understanding: focused on decision-making, with emphasis on understanding the responsibility to implement new knowledge in actionable ways to create and cultivate a positive and dynamic SEAD culture at their respective site.

The 2019 SEAD Summit keynote speakers include:

- Carole Griggs, PhD: an executive coach, leadership development consultant, university professor, and international speaker, author, and writer, and developer of transformative technology tools focused on human potential and consciousness evolution. Dr. Griggs delivered the opening keynote address titled *The Four Quadrants: A Framework for Exploring Yourself and How You Engage in the World*.
- Milton Chen, PhD: a senior fellow and executive director, emeritus at The George Lucas Educational Foundation, and direct involvement with the Edutopia.org website, director of research at Sesame Workshop in helping develop Sesame Street, The Electric Company, and 3-2-1 Contact, and more. Dr. Chen delivered the day-2 keynote address titled *The Common Core of the Child*.

The 2019 SEAD Summit plenary session feature:

• Danielle Gonzales, Managing Director for the Education and Society Program, Aspen Institute: offered guidance and support in synthesizing new and deepened learning to finalize the short-term action plan in the session *Bringing It All Together*.

The 44-page SEAD Leadership Summit Program and Journal was custom designed for this event. The Summit Program and Journal provides the participant with a description of outcome objectives, the five SEAD/SEL Competencies and the MTSS framework, the Summit agenda, schedule, session descriptions, and presenter profiles. Additionally, the Summit Program and Journal included multi-sensory artistic details to draw the participant into a mindset open to the experience from the outset. Quotations throughout sparked inspiration and positivity, images conjured feelings of happiness and possibility, and embedded areas with prompts or blank space encouraged scribbles and doodles, and were ideal for noting deep thoughts, novel ideas, and reflection to support action planning.

The 2019 SEAD Summit immersive experience provided participants with:

- 4 morning activity choices each day: yoga, group walk, morning meditation, personal time.
- 2 keynote sessions
- 6 Plenary sessions
- 4 concurrent sessions
- 3 integration break choices
- 2 experiential learning sessions
- 2 evening informal Q&A and conversation with keynote presenters

A total of 49 Nevada school leaders participated, representative of 10 public school districts, the Public Charter School Authority, the Nevada Board of Education, the Department of Education, and Nevada institutions of higher education. Participants completing the three-day event received a Certificate of Completion.

Outcome data from individual session pre- and post-surveys and from a comprehensive/final participant evaluation informed areas of improvement for future Summit planning.

Following is a sampling of positive comments submitted by participants:

- An amazing experience! This conference was set up in a way that embodied SEL practices. I was able to use strategies that I will implement in my district. I loved the built-in opportunities to reflect. That is something I will put into my leadership role immediately!
- Best conference I've been to every session was meaningful. I liked the way the conference was intentionally set up/scaffolded over the three days. The experiential learning was amazing.
- I loved that it was an overnight, all-inclusive conference so I could just focus on my learning and not my daily environment. The atmosphere at SNC was a perfect setting for the topics.
- The experiential learning opportunities. I liked the setting, and the un-conference feel. This was like no other conference I've ever been to. I want more! (and love that it was no cost to attend!)
- time for reflection and application, the location, the high-quality organization, and full design of every day (beginning with yoga and ending with fireside chats)
- This is practice that should be implemented at all levels of education! Absolutely amazing!

The inaugural 2019 SEAD Leadership Summit propelled the momentum to launch the SEAD Coaching Ongoing PD initiative, to be addressed in subsequent sections.

2020: The pandemic impacted the implementation of subsequent SEAD Leadership Summits, with the 2020 Summit being cancelled, and both the 2021 and 2022 SEAD Leadership Summits hosted virtually. While the shift to host the SEAD Leadership Summit virtually required adjustments to the planning and implementation, opportunities also emerged.

- The digital platform allowed participant capacity to be significantly increased from the original limit of 50.
- A tiered outreach plan was designed to prioritize TIIA intended beneficiaries school leaders while also allowing comprehensive outreach across the educator spectrum.
 - Tier 1: Initial outreach to school leaders, including personalized e-invitations sent one to two weeks prior to the general announcement made via the NDE Update and the SEAD Center
 - Tier 2: Outreach to teachers and mental health providers included an email sent to SEAD Center participants and SEAD Summit participants from prior years.
 Information and registration links were provided in the NDE Update and in the SEAD Center Announcements section
 - Tier 3: Reminders were sent to those included in Tier 1 and 2 outreach efforts, paired with opening the registration to all interested educators.
- The programming followed a new format. Pre-recorded sessions were paired with real-time chat interaction with presenters during the session, followed by facilitated roundtable discussions and mindful breaks.
- The pre-recorded format expanded opportunities for inviting speakers, and removed potential barriers for including key leaders, such as Jhone Ebert, Superintendent of Public Instruction for the Nevada Department of Education.
- Session recordings were accessible to registered participants for a time following the Summit, and some were added to the SEAD Center resource library.

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Immersive SEAD PD: Virtual

2021 June22 and 23: SEAD Leadership Virtual Summit: Lead with SEAD.

The 2021 Virtual SEAD Summit was modeled after the 2019 inaugural summit, bringing forward the same goals, objectives, and deliverables. The most notable difference was the virtual platform. As before, the five social and emotional learning competencies adopted by Nevada in 2017 and the Multi-Tiered System of Support (MTSS) served as the framework for the Summit.

The Y-O-U structure was modified to serve as the guiding organizer across every session. The main distinction was that rather than the Y-O-U being a daily theme to scaffold across the Summit, each session presenter was asked to use the Y: You, O: Outlook, and U: Understand structure. The design was intended to chunk the content in progressively scaffolded sections of each session to include an opening, deeper dive, and then a closing.

The 2021 SEAD Summit keynote speakers included:

- Julia Mahfouz, PhD: a university professor with expertise in the social, emotional, and cultural dynamics of educational settings and their effects on school climate and school improvement. Her session served to deepen participant understanding of social emotional learning (SEL) through lenses of intervention implementation, school improvement efforts, and preparation of school leaders to create equitable spaces where all could flourish utilizing policy as a lever for change and as a powerful context that shapes education at multiple levels of the system. Dr. Mahfouz delivered the opening keynote address titled *The Prosocial School Leader: Creating Caring Schools Starts with the Principal*
- Gene Pinkard: the Director of Practice and Leadership for the Aspen Institute Education and Society Program, with expertise in education leadership with emphasis on instructional systems, innovative practices, and equity. Mr. Pinkard delivered the day-2 keynote address titled *Principals for Equity: Lead through SEAD and Climate*

The 2021 SEAD Summit plenary sessions featured:

- Betsy Wierda, Senior Coach and Consultant for the Education Practice, Franklin Covey: *Emerging Stronger through Challenging Times*. School leaders were presented with intentional school-based systems and strategies to bolster hope and increase capacity to guide and inspire stakeholders through crisis and change.
- Molly Dahl, M.Ed, Co-founder of Mindful SEAD, author of Youth Positive: *The Art of Emotional Resiliency*. School leaders gained deeper understanding of emotion, and expanded knowledge and skills to counter emotional reaction. School leaders learned and practiced three self-management strategies to support the cultivation of compassion and constructive decision-making.

The 45-page 2021 SEAD Leadership Summit Program and Journal was similar in design and content to the 2019 version, with 100 participants receiving a printed copy, and all participants having access to the digital version. The artistic details were again included to engage, inspire, and motivate commitment toward actionable SEAD/SEL leadership practices.

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The 2021 2-day virtual SEAD Summit provided participants with:

- 2 keynote sessions
- 6 roundtable discussion or integration break choices
- 12 concurrent sessions
- 2 closing plenary sessions

The TIIA subgrant provided for the initial 100 registrations, which doubled the registration cap from 50. School leaders were again identified as the primary beneficiaries per the TIIA grant purpose. In response to educator demand, Mindful SEAD generously increased the registration capacity to 200.

A SEAD Summit Resource Box was delivered to the first 100 registered school leaders. The boxes were intended to include tools and resources to motivate individual participants throughout the virtual Summit to think about self-care while in their leadership role. A printed interactive Summit Journal was included in the Summit box, giving the participant the ability to reflect on each session, plan for the application of their learning, and to maximize opportunity for creative time.

A total of 191 participants attended the 2021 SEAD Leadership Virtual Summit, representative of public-school districts, the Public Charter School Authority, the Nevada Board of Education, the Department of Education, and Nevada institutions of higher education.

All registered participants had the opportunity to earn 8 Continuing Education Units (CEU) by attending both days, and on each day attending the opening and closing sessions and two concurrent sessions. A total of 36 participants earned the CEUs.

Recorded sessions remained accessible to all registered SEAD Summit participants for six months after the Summit and were then archived and linked for access on the NDE SEAD Center resource library.

Following is a sampling of positive comments submitted by participants:

- Lots of good information. I wish everyone in the district could get this and climb aboard. I wish more principals knew about this!!!!!!
- I appreciate the work being done to assist leaders in balancing the stress of our jobs.
- The most amazing online conference I've ever attended. Love the conversation at the roundtables.
- This has been a 5-star experience. The speakers, the discussions, the connections have been outstanding.
- I need to practice more mindfulness in my life and with my staff!

The 2021 SEAD Summit led to increased interest in the SEAD Ongoing PD initiative, with a higher number of participants pursuing the SEAD Champion program.

2022 June 21 and 22: SEAD Leadership Virtual Summit: Nurturing Educator Success.

The 2022 Virtual SEAD Summit continued the format previously employed, with consistent goals, objectives, and deliverables. As before, the five social and emotional learning competencies, the Multi-Tiered System of Support (MTSS), and the Y-O-U structure were used together to frame the Summit design and to ensure consistency across each session.

Of note, the 2022 SEAD Summit expanded the reach of the systemic supports across the education continuum by integrating presentations with an educator preparation, pre-service/inservice focus. This expansion was in effort to bridge pre-K to 12th grade with higher education, and directly or indirectly bolster NDE recruitment and retention efforts.

The 2022 SEAD Summit keynote speakers included:

- Ravi Hutheesing, international speaker on education leadership, cultural diplomat, author, and musician embodies the possibilities for positively impacting a multi-cultural and ever-changing world when one can pivot. Mr. Hutheesing delivered the opening keynote address titled *Pivoting to Cultural Competence and Equity in Education*.
- Daniel Goleman, PhD: internationally known psychologist, science journalist, lecturer, and co-founder of the Collaborative for Academic, Social, and Emotional Learning (www.casel.org). Dr. Goleman's work on the brain and behavioral science has been nominated for the Pulitzer Prize and recognized with the Lifetime Career Award from the American Psychological Association. Best known for his work and writings on emotional intelligence, Dr. Goleman has transformed thinking about education, relationships, and business. Dr. Goleman delivered the day-2 keynote address titled Emotional Intelligence and Social Emotional Learning

The 2022 SEAD Summit plenary session featured:

- Jessica Sinarski, LPCMH: therapist, speaker, change-maker, and founder of BraveBrains, making brain science practical and helping parents and professionals become healers for hurting children. In her session Light Up the Learning Brain, Ms. Sinarski led participants through learning how to put neuroscience into practice. She delivered fresh strategies for engaging calm, connected, and curious parts of the brain and tools to bring learning back to staff and students
- Eve Miller, PhD, Director of Research for FranklinCovey Education: cognitive neuroscientist with expertise in the fields of genetics, healthcare, military intelligence, and education. Dr. Miller is a leader in developing a system for measuring schoolwide SEL and studying the impact of the well-known Leader in Me evidence-based model that builds whole-school improvement. In her session *The Foundations for Student Agency: A Brain-Centered Approach*, Dr. Miller underscored the importance of a whole student focus in addressing current critical challenges, including anxiety and depression. She pointed school leaders to consider the role of agency as a mindset for the learning recovery journey, and a leverage point in school leadership and instructional practices.

As with previous versions, the 45-page 2022 SEAD Leadership Summit Program and Journal used artistic details to provide resources and information, and to engage and inspire. All participants were provided access to the digital Journal and Program, with 100 participants receiving a printed copy.

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The 2022 2-day virtual SEAD Summit provided participants with:

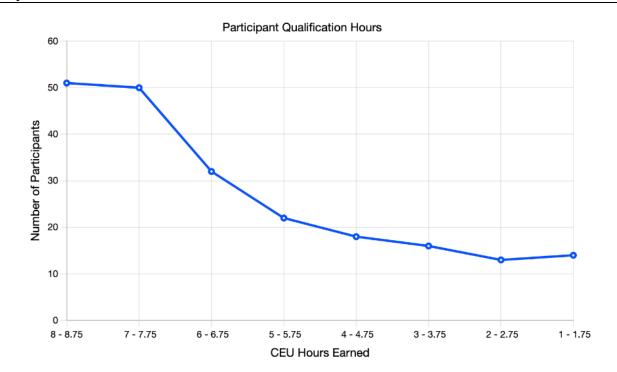
- 2 keynote sessions
- 1 NDE session
- 3 guided mindful moment breaks
- 16 concurrent sessions
- 16 roundtable discussion sessions
- 2 closing plenary sessions

The TIIA subgrant provided for the initial 100 registrations, with school leaders identified as the primary beneficiaries per the TIIA grant purpose. In response to the demand from aspiring leaders, leadership coaches, and lead teachers, Mindful SEAD generously increased the registration capacity to over 400.

A SEAD Summit Resource Box was delivered to the first 100 registered school leaders. The boxes were intended to include tools and resources to motivate individual participants throughout the virtual Summit to think about self-care while in their leadership role. A printed interactive Summit Journal was included in the Summit box, giving the participant the ability to reflect on each session, plan for the application of their learning, and to maximize opportunity for creative time.

A total of 248 participants attended the 2022 SEAD Leadership Virtual Summit, representative of 13 public school districts, the Public Charter School Authority, the Nevada Board of Education, the Department of Education, and Nevada institutions of higher education.

Registered participants had the opportunity to earn from 1 to 8.75 Continuing Education Units (CEU) or hours by meeting set requirements. Below is a graph demonstrating the total number of participants who received a completion certificate from the Summit.



A total of 216 qualifying participants included 51 participants completed 8 - 8.75 hours, 50 participants completed 7 - 7.5 hours, 32 participants completed 6 - 6.75 hours, 22 participants completed 5 - 5.75 hours, 18 participants completed 4 - 4.75 hours, 16 completed 3 - 3.75 hours, 13 completed 2 - 2.75 hours, and finally 14 completed 1 - 1.75 hours. Of these, 27 were counselors/ mental health professionals, and 189 educators.

Recorded sessions accessible to all registered SEAD Summit participants on the Summit platform for 6 months, with some of the recordings then added to the SEAD Center resource library.

Following is a sampling of positive comments submitted by participants:

- This summit has given me the inspiration and energy to utilize the resources given to me and begun to implement SEL and demonstrate how effective it can be used throughout the school.
- So much amazing information and resources! I just needed to be reminded of my worth and the knowledge I already possessed as well as getting recharged! I also walked away with new ideas, hope and information! Thank you!
- This was so valuable! I got so many pieces of useful information. What I really loved were all of the links and resources that were provided; I cannot wait to explore more. I feel like I am going into this new year with a full, grateful heart.
- This was my first time attending the SEAD Summit and I was blown away. All the summit sessions I attended were very informative. I learned and reflected on so many things. Overall, it was very well put together and I look forward to attending next year!!
- By addressing students behaviors and academic development is so monumental at our school but when staff and administrators can see a change this will create the momentum needed in implementing SEAD at our school.

September 11, 2022

SEAD Coaching Ongoing PD

2019 Social, Emotional, & Academic PD for Nevada's Educators

Nevada Department of Education

PROJECT PLAN PER STAGE

Sustainable, multi-tiered PD for Nevada educators to learn, model, and teach SEAD competencies across the state

Stage III - Coaching PD

 NDE will provide on-going PD support to trainers (NV educators who completed the summer summit with each district and online with continued NDE coaches and educational resources including action plans and collected data from the SEAD summer program, the school climate survey data, student discipline and safety data, the NDE SEAD Community of Practice. student academic data, and related educator workforce needs.

What is the purpose of this project? On-going PD support to trainers (NV educators who completed the summer summit with each district and online with continued NDE coaches and educational resources.

What are the main deliverables? Training (online & in-person), SEAD resources/materials. What will the timeline be?

<u>By Dec 31, 2019:</u> Provide training and support to Summit attendees; Project-end comprehensive report

Who will be on the team for this project and what role will they play? Office of Educator Effectiveness, Office for Safe and Respectful Learning Environment

What resources are required to complete this project?
NDE's online PD platform & TA support, funding (\$100K), a cadre of NDE trainers

NOTE: Additional funding will be needed to continue this project every year.

(Stage III Costs: \$100K)

SEAD Coaching Ongoing PD updated description 2022

Purpose: Continuation of SEAD Leadership Summit goal, to increase the number of Nevada SEAD subject matter experts through ongoing professional learning designed to facilitate sustainable change.

Outcome goals:

- Learn and understand the science underlying the benefits and effectiveness of SEAD competencies and skills on academic growth and success
- Feel prepared with easy-to-implement strategies to turn leadership ideas into action for personal and professional SEAD growth at the school leader site
- Empower school leaders to improve educator effectiveness through positive ongoing development, success, and well-being of educators, and ultimately students

Key takeaways:

- Understanding the purpose for applying SEL/SEAD principles and practices personally and with educational colleagues
- Guidance on strategies for supporting colleagues in SEL/SEAD cultivation, development, and mastery of effective leadership and instructional practices

Deliverables: The design and implementation of a sustainable day-long symposia structure to empower school leaders and educators with the tools, strategies, and skills, and as the foundation for building a statewide Cadre of SEAD Champions.

Allocation

2019: 30K

2020: 73K SEAD Coaching portion (subgrant also included online SEAD PD)

2021: 125K (combined SEAD Center and SEAD Champions)

2022: 115K (combined SEAD Center and SEAD Champions)

SEAD Coaching Ongoing PD As Implemented

2019 July through September: The success of the inaugural SEAD Summit is affirmed by school leader and educator interest in accessing more SEL/SEAD PD, and the outcome data helped identify the scope and sequence of high interest topics. The positive response propels momentum to implement the SEAD Coaching Ongoing PD initiative.

Mindful SEAD, the non-profit partner, led the implementation, facilitation, and outcome reporting for the SEAD Summit, and offered the expertise and insight needed to ensure that the vision, mission, scope, and professional learning experience established by the 2019 SEAD Summit would continue in the design of the SEAD Coaching Ongoing PD initiative. NDE and Mindful SEAD collaboratively outline a series of sessions designed to deepen learning and support mastery of SEAD competencies for 50 school leaders through on-going coaching. The planning included consideration of the following:

- Co-create and provide a structure for offering a series of lectures, discussions, and opportunities for practice, paired with on-going coaching, guidance, and evidence-based best practice recommendations to bridge learning with action planning and implementation supports
- Prioritize outreach to rural/isolate school leaders in effort to increase equity in access to professional learning
 - establishing regional SEAD Champions
 - creating conditions that would support regional SEAD Champions to prepare and deliver PD in respective rural/isolate settings
- Design content to ensure state approval for continuing education units (CEUs)
- Develop and implement a structure that could be sustained beyond the pilot, as an ongoing professional development activity
 - determine if stipends could be offered to participants to incentivize recurring participation
- Develop and implement a structure that could flexibly be adjusted to include a crosstraining element, such as aligning SEAD content with other Department priorities, and customizing content to encompass topics in areas of intersection

2020 January: The structure of the SEAD Coaching Ongoing PD initiative is finalized, and three rural locations and dates are identified. Outreach to 2019 SEAD Summit school leaders included the following electronic invitation:



Join us to continue the experience of the SEAD Summit!
Re-connect with friendships that were developed in June.
tend your knowledge of the application and understanding of
SEAD within your direct circle of influence.

sessions are open to all Nevada Teachers, Administrators and Support Staff. tration is required. Please use the red button below to reserve your spot on the rou plan to attend. Detailed information will follow.

Where and When: Carson City, February 15 Winnemucca, February 29 Fallon, March 7

During the 2019-2020 school year, three ongoing coaching events were held in rural Nevada locations: Carson City 2/15/20, Winnemucca 2/29/20, and Fallon 3/7/20.

The positive response led to the scheduling of an additional session in Panaca, that was eventually cancelled due to the pandemic.

The SEAD Coaching Ongoing PD initiative impacted 62 school leaders from charter schools, the Nevada Department of Education, and across six districts including: Carson, Churchill, Douglas, Humboldt, Lander, and Lyon.

Participants completed the six-hour coaching PD event, received a certificate of completion, and could apply for one-half CEU. Each school leader received a booklet to support the learning experience; it was designed with the same artistic detail as the program and journal used at the SEAD Leadership Summit.

The booklet included a narrative of the primary objectives, learner outcomes, and takeaways. Pages were designed with space to capture notes, prompts to guide reflection, descriptions of tools learned, information for accessing more resources, and templates to guide action planning for successful implementation.

MINDFUL SEAD
ONGOING
PROFESSIONAL
DEVELOPMENT



Evaluation data indicates that virtually all participants experienced a highly engaging and highly applicable learning experience. Ongoing coaching was offered to all participants, and the feedback affirmed this as a critical component in the design of the initiative. In response to the question, *Think about your next steps. What support would you need to get there?* A few comments include:

- I'm not sure what to do next. I will need help.
- Coaching!
- Help with bringing this back to our staff.

March 2020: The intent was to provide ongoing face-to-face embedded coaching sessions throughout the following four months; however, the onset of the pandemic and subsequent social distancing restrictions prevented the implementation as designed. Technology was leveraged to provide ongoing group and personalized coaching sessions.

Initially, Mindful SEAD used chatting and email, and through an established Mindful SEAD social networking page provided weekly virtual group coaching sessions. During these live sessions participants watched coaching/training session in the live feed and participated in the comment area. This also provided access to asynchronous learning, in that sessions were recorded and could be accessed at any time. The strategy successfully expanded the reach significantly beyond the initial 42 participants, to as many as 560 individuals.

In effort to provide the ongoing support of the original initiative, the SEAD Coaching Ongoing PD became part of the SEAD Center, which was established to meet school leader and educator needs during the pandemic. Additional detail is included in the SEAD Center section below.

September 11, 2022

SEAD Center

SEAD Center established 2020

Purpose: An Expanded Ongoing SEAD Coaching PD initiative beyond the focus on school leaders, to include resources and supports for educators; extended performance period to include the 2020-2021 school year

Outcome goals:

- Successful transition of content to virtual/online platform school leaders and educators
- Deliver ongoing online professional development and on-going coaching by SEAD content expert trainers and guest speakers
- Enhanced SEAD PD model to more adequately meet the unexpected emerging needs impacting school leaders and educators statewide due to COVID-19
- Modified deliverables to increase sustainability of response efforts as they become recovery efforts

Deliverables:

- Conducting and analyzing Pre & Post SEAD assessments of online trainee participants
- Conducting and analyzing Pre & Post training and coaching evaluations
- Conducting and analyzing Pre & Post NSHE course catalog syllabi inventories and comparison data
- Synthesizing program inputs, outputs, outcomes into a Comprehensive Report
- Create a roster of approximately 100 SEAD Certificated Leaders who stand at the ready to lead/support SEAD-based recovery efforts during the start of the 20-21 school year.

Allocation FY2020: 198K FY2021: 125K FY2022: 115K

2020 March: The impact of COVID-19 created many challenges for Nevada school leaders and emphasized the immediate need to equip school leaders and educators with SEAD competencies in preparation for the 20-21 school year. A particularly challenging demand was the immediate transition to digital/online education, which prompted the need for increased training, coaching, and access to robust resources and supports. These intersecting needs emerged as priorities in the approach taken to update the SEAD initiatives.

2020 April: SEAD Leads engaged in re-inventing the SEAD initiatives for rapid response to educator needs. While maintaining the purpose and intended beneficiaries of the TIIA program, the SEAD initiatives were updated to work symbiotically to enhance positive impact on school leaders and educators statewide even with the limitations imposed by the pandemic, while also continuing to meet respective outcome goals.

The updated design positioned the online SEAD PD modules as the core component of the SEAD Center, with the SEAD Coaching activities to enhance the support and resources provided digitally. The SEAD Center served to support school leaders and educators to:

- transition to virtual/online platforms in compliance with COVID-19 social distancing and distance education directives
- extend accessible activities, resources, and supports into the 2020-2021 school year to adequately develop and implement effective response to the impact of COVID-19
- extend the original ongoing SEAD PD model to develop and implement a structure of support to school leaders and educators statewide with the continued goal of building a cadre of SEAD leaders and subject matter experts
- increase school leader capacity and mastery of both SEAD content knowledge and the use of distance education parameters.

2020 May-June: In striving to provide meaningful and timely resources and supports, it became paramount to understand the rapidly changing needs and priorities of school leaders and educators. To this end, a needs survey was employed to elicit school leader and educator input regarding unique emerging needs and challenges, and the degree to which SEL/SEAD PD was perceived as useful in the response to and eventual recovery from the impact of the pandemic.

With the expertise and guidance of Panorama Education, a research-backed survey instrument was developed to collect valid and reliable perception data. The survey was administered in late May to the 100 participants registered in the pilot cohort of the SEAD Center. Pre-survey results helped identify high impact adjustments made to each SEAD initiative and ensured that the SEAD Center content was customized to be an effective source of support to school leaders and educators, statewide. The pre-survey results served to affirm the importance of continuing the SEAD initiatives. Results of the Panorama Staff SEL Survey administered are below:

- 79 respondents of 99 administered
- Surveyed regarding growth/improvement across all areas; post-survey results and growth compared to pre-survey results are noted in parentheses:
 - \circ Growth mindset 73% (+12)
 - Feedback and coaching 57% (+13)
 - o Professional learning about SEL 65% (+15)
 - O Staff-leadership relationships 84% (+2)
 - o Teacher self-reflection 79% (+13)
 - o Teaching efficacy 76% (+15)

SEAD CENTER As Implemented

The SEAD Center is designed to encompass the original SEAD initiatives—Online SEAD PD modules, Immersive SEAD PD, and SEAD Coaching Ongoing PD—into an online platform providing a synergistic digital structure to increase the capacity of school leaders and educators in adequately responding to COVID-19, and eventually to develop and implement recovery action plans. The EDLiFE-OSRLE-Mindful SEAD leadership convened frequently to ensure that emerging challenges were addressed, and to continually improve supports and resources.

2020 MAY 1: The proposal to establish the SEAD Center in response to COVID-19 is approved by NDE Leadership.

2020 May 20: School leaders are invited to be one of 100 participants in The SEAD Center, a safe virtual space and statewide community designed to deepen understanding and knowledge about social-emotional leadership practices. At the end of that day on May 20th, only 45 of 100 registrations remained available. The invitation read, in part:

We invite you to be one of the 100 participants in the virtual support system to explore how greater social-emotional practices can be embedded into your work...The COVID-19 pandemic has brought much attention to the social-emotional needs of our educators and has illuminated how we can support their critical work.

2020 June 1: The SEAD Center is launched in the Pepper PD platform, with 100 pilot participants.

- On June 1, 65+ participants began completing the SEAD modules.
- By week 2, 83+ participants were actively engaged and completing the SEAD modules.

Almost immediate feedback from participants underscored the success of the SEAD Center in supporting school leaders and educators to face the unprecedented challenges brought on by the pandemic. The SEAD Center provided school leaders with confidence to develop actionable plans for the coming school year, largely because of the ongoing coaching and resources made available via the SEAD Center to support resiliently addressing unforeseen challenges. Pepper PD generously added 50 additional licenses to increase the pilot cohort to 150 participants, and extended access to the online platform beyond the original end date of June 30th, with the new end date set for December 31st.

2020 mid-December: An update brief to EDLiFE leadership, highlighted the following:

- More than 150 educators have accessed/been served by the SEAD Center
- 11 districts are represented
- 10 professional development modules are accessible and can be counted for 15 CEUs/PD hours
- 42 discussion threads
- 60 distinct virtual wellness sessions can be accessed; these address topics including
 - Mindfulness

Self-awareness

o Positive affirmations

o Self-expression

Healthy routines

Self-care

- 17 NDE hosted Lunchbox Learning and Guest Speaker events featuring state and national guest speakers, with most recordings added to the free on-line resource library
- A few participant quotations expressing the positive impact of the SEAD Center include:
 - "The SEAD Center came into my life at a time when I needed social emotional support the most"
 - o "This has been a Transformative experience for me as well as others who have become connected to me through my journey on self-care. Thank you is not enough"
 - o "I began to see how I could create lessons in the beginning of the year to build relationships with my students to decrease their stress..."
 - "With so many kids having anxiety especially during this COVID pandemic SEAD practices are super important to incorporate into the class lessons!"
 - o "If teachers understand the "why", they can help students understand the "why" and together work to form healthy habits to deal with stressors"

2021 September: About mid-September, there was an increase in inquiries about access to the SEAD Center in the NDE CANVAS platform. At the close of the 20-21 school year, statewide educator access to the NDE CANVAS site was adjusted, and educators were required to log in through district level canvas accounts; the impact on educators in districts without an established CANVAS LMS was that the SEAD Center was no longer accessible. This presented a concern across the TIIA SEAD initiatives because the goals and priorities of the TIIA SEAD initiatives were intended to have positive statewide impact, with a focus on rural communities. Of greater concern was the confusion and frustration created for school leaders and educators who most needed access to the SEAD Center ongoing professional development, coaching, resources, and supports given the continued challenges caused by the pandemic. In the example below, over 70 educators were being impacted:

"I currently have 23 participants registered, and I believe 53 or 54 have finished since March. Many have given-up because of the initial log-in situation."

NDE SEAD Leads persisted in problem solving to no avail, as access to the NDE CANVAS continued to be limited to LEAs with district level canvas access. The following were options described:

- 1. **Open public access course** (think website) your course can be set up like this so anyone can access your material at any time. IF you need to send certificates or keep track of who is doing your course, you will need to find another way to capture who is working through your course (e.g. Google Form, EventBrite, etc) and then manually process certificates.
- 2. **Restricted access course** This will require the folks who access your professional learning have a Canvas login. MOST districts are currently in the implementation phase of getting set up. The state (through grants) has paid for ALL educators (teachers & admin) to have subscriptions and ALL k12 students for those districts/charters who have opted in for using it with their students.... The state has NOT paid for additional staff

access (e.g., bus drivers, cafeteria workers, etc.). That will be on each individual LEA to determine and pay the cost with Canvas if they so choose. These restricted access courses can be linked to our state Catalog so folks can use their Canvas login, take the professional learning course, and receive an individual certificate sent automatically through Canvas.

Difference between Commons and Catalog

- Commons This is where folks go to access curricular resources such as "Algebra 1", "Computer Science Discoveries", etc. that teachers can import into their Canvas account and use with students.
- Catalog This is where folks go to access professional learning courses NDE will primarily be creating professional learning that we will put into Catalog for folks to access.

SEAD Leads are most concerned about the 400+ SEAD Center participants potentially impacted by limited access, including education partners in higher education and non-profit education groups. The lack of communication causes inconsistent messaging, resulting in a loss of trust with educators who express heartbreak and frustration, and ultimately give up trying to access the SEAD Center on the NDE CANVAS platform. Additionally, outreach and efforts to establish collaboration with community nonprofits and partners are paused.

2022 mid-March: the NDE CANVAS access issue is still unresolved, although a third promising option is identified. The SEAD Center is transitioned to become an ADA compliant, open access webpage; this option requires that the content be completely updated.

September 11, 2022

SEAD Center – Online SEAD PD in NDE CANVAS

2020 December: To maintain the alignment of the TIIA purpose with the Department's Path Forward Plan (April, 2020) in response to COVID-19, the SEAD Center content is prepared for migration to the Nevada Canvas Learning Management System a portal offering statewide access to online and blended digital learning resources to educators for the 2020-2021 school year: NDE CANVAS. SEAD Center content, including the SEAD modules, is refreshed and updated to meet the comprehensive needs of school leaders and educators rapidly transitioning to a learning environment requiring instruction in both online and blended-learning models.

2021 January SEAD Center 2.0—Online SEAD PD: The migration of SEAD PD modules to the NDE CANVAS platform offers school leaders and educators the advantage of accessing a collection of high-quality professional development resources and materials developed across content areas in one platform. A statewide outreach effort included invitations to school leaders and educators to join The Nevada SEAD Center, described as:

"...an online safe, virtual space and statewide community implemented as a direct response to COVID-19" with access to "a support resource for both personal growth and depth of professional knowledge rooted in the most current and practical social-emotional research-based resources"

2022 March-June SEAD Center website: The opportunity to update and refresh the online SEAD PD modules coincides with necessary adjustments made to ensure that statewide access to the SEAD Center content and resources continues.

2022 June: SEAD Center website. The SEAD Center re-launch coincides with the 2022 SEAD Leadership Summit, June 21 and 22. The online SEAD PD modules are included in the SEAD Center website, introduced to school leaders and educators at the SEAD Leadership Summit.

2022 August: The August 1st issue of the NDE Update includes information to access the SEAD Center. The narrative reads:

Nevada SEAD Center Virtual Resources Now Available

NDE invites you to join the Nevada SEAD Center, a virtual support system and statewide community of educators developing social, emotional, and academic development skills that reinforce equitable educational environments and student success. Participants will gain evidence-based social-emotional implementation strategies while advancing their professional expertise. The SEAD Center includes individual and group coaching, daily wellness videos, training & workshops, a resource library, and PD modules worth 15 CEU/hours designed to deepen understanding and knowledge about social-emotional practices for adult and youth success. You can access these resources through your districts CANVAS. If your district does not utilize CANVAS, you can access them here.

2022 June – September: The SEAD online PD modules continue to be refined, with ongoing work to address inquiries primarily about content link errors and clarification regarding receiving the certificate when the course has been completed.

September 11, 2022

SEAD Center - SEAD Coaching Ongoing PD

2020 March: The SEAD Coaching Ongoing PD initiative is essential in complementing the Online SEAD PD modules with recurring live, engaging, experiential professional learning facilitated and/or led by SEAD subject matter experts. The SEAD coaching, supports and resources, and action-planning provided to the 100 SEAD Center participants is initially focused on supporting school leaders to develop and implement strong COVID-19 response and sustainable recovery plans.

Mindful SEAD leads the implementation of the SEAD Coaching Ongoing PD initiative to deepen knowledge and increase mastery of SEAD Competencies and leadership practices. The following adjustments assisted the response to COVID-19 while maintaining the purpose and intended beneficiaries of the TIIA program:

- 1) Extend the original ongoing coaching activity into the 2020-2021 school year to support 100 participants seeking to be certificated SEAD Leaders.
- 2) Facilitate 40+ subject matter experts/trainers and expert guest speakers to lead online professional development, on-going coaching through group meetings and individual action planning
- 3) Extend the original SEAD Ongoing Coaching Symposium model to facilitate virtual peer discussion and consultation forums
- 4) Guide adult SEAD wellness practices for school leaders statewide,
- 5) Implement educator positive supports, and
- 6) Modify deliverables to increase sustainability of response efforts as they become recovery efforts

2020 June 1: The SEAD Center is launched in the Pepper PD platform, with 100 pilot participants. The SEAD Coaching Ongoing PD is implemented with recurring virtual access to real-time individual and group coaching, and modeling of evidence based SEL/SEAD leadership and instructional practices to enhance the learning offered by the online SEAD PD modules. Enhanced resources, supports, and interactive content include:

- Individual and group coaching, including implementation coaches
- Weekly SEAD Coaching Conversations
- Virtual wellness sessions and "How To" SEAD videos
- SEAD Center Lunchbox Learning series
- SEAD Center guest speaker series
- SEAD resource library
- Participant surveys and discussion forums

Almost immediate feedback from participants underscored the success of the SEAD Center in supporting school leaders and educators to face the unprecedented challenges brought on by the pandemic. School leaders gained confidence in developing actionable response and recovery plans for the coming school year, and ongoing support to resiliently address yet-to-come unforeseen challenges.

2020 June 25: The first SEAD Center Lunchbox Learning event is co-hosted by SEAD Leads, Marie DuFresne and Tara Madden-Dent.

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SEAD Center Lunchbox Learning Session topics follow:

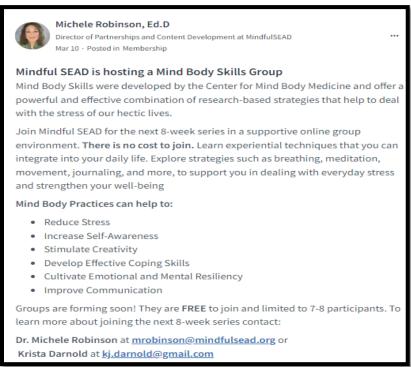
- SEAD and SEL
- Five SEL Competencies
- What is Trauma
- Washoe & SEAD 2020
- SEAD & Equity
- SEL & Restorative Practices
- Alignment of MTSS & Critical SEL Practices
- Culturally Relevant Pedagogy and SEL in Early Childhood Education
- Family Engagement & SEL Critical Practices While Reopening Schools
- Nevada's Need for SEAD in Workforce Development Part I
- Using SEL Data as a Lever for Advancing Educational Equity and Excellence in Nevada
- Culturally Responsive Practices & SEL Connection
- McKinney Vento: addressing youth education and strategies for stabilization through collaboration

SEAD Center Speaker Series:

- 7/14 B3 (birth to 3rd grade) and SEL: Anna Severens and Kaitlin Lewallen, NDE
- 8/11 Family Engagement: Alberto Quintero, NDE
- 9/22 Grief & Loss: Emilio Parga
- 10/1 Future of SEAD/SEL Standards & Workforce Development: Tara Madden-Dent, OSRLE
- 10/20 Trauma Informed Distance Learning: Christina Pate
- 10/29 Measuring & Assessing SEAD
- 11/12 Cultural Competency as it Pertains to SEAD: Tiffany Young, WCSD
- 11/17 Mindful Moments--Focus on LOVE and how to manage our emotions for ourselves and our students: Molly Dahl, MEd, CiPP

SEAD Coaching Ongoing PD: Specialized Trainings

2022 March 10: As an outcome of an opportunity provided by the Agassi foundation to OSRLE and EDLiFE, the following skills group is offered as an ongoing PD opportunity to SEAD Center participants:



2022 every Wednesday from March 9 – May 11: Mindful SEAD and The Public Education Foundation (PEF) collaborate to deliver SEAD content to the Executive Leadership and Teacher Leadership academies as part of the PEF TIIA subgrant. The collaboration results in opportunities to promote the SEAD Center resources for deeper learning, access to ongoing supports, and follow-up via the TIIA SEAD on-going PD initiative. Participants of the collaborative sessions represent 22 schools, the CCSD District Office, and Nevada PBS.

Participant Comments affirm the importance of including SEAD as a leadership development *topic*:

- It was such a great experience for me. I really looked forward to the sessions. I wish we could continue to meet up a few times a year for accountability and collegiality! All of you ladies are amazing. Thank you!
- This was an amazing and informational series. I have learned so much and am excited to share.
- Loved all of it. I've grown in awareness
- These were all amazing! Change nothing!
- SEL is not a bonus. It is essential.
- I love how you connected strategy and made it possible to use these in our role.
- Each of these sessions were amazing. I would like to see these sessions and strategies shared more widely throughout the district.

SEAD Center 2.0 - SEAD Coaching Ongoing PD: Conversations and Coaching

2021 March 19 – June 24: SEAD Coaching Ongoing PD re-introduces the Conversations and Coaching series. SEAD Center participants are invited to join a weekly 30-minute session with SEAD Master Coaches, and encouraged to bring questions to a discussion based, group coaching setting.

The March 9th invitation introduces four SEAD Master coaches—Jessie Koltz, Molly Dahl, Stephanie Gibbons, and Dr. Joann Cason—as "the SEAD Center's resource for personalized guidance". Subsequent invitations served as reminders, with the prompt:

How are you enjoying the SEAD Center? Have you had any questions arise? Conversations and Coaching is your opportunity to meet with SEAD Center Master Coaches, and other active participants to continue the exploration and discussion of social, emotional learning!

Facilitated by each of the SEAD Master Coaches the Conversations and Coaching sessions occurred on the following dates:

 3/25/21: Joann Cason
 5/13/21: Jessie Koltz

 4/1/21: Stephanie Gibbons
 5/19/21: Joann Cason

 4/8/21: Molly Dahl
 5/27/2021: Molly Dahl

 4/15/21: Jessie Koltz
 6/10/21: Jessie Koltz

 4/22/21: Joann Cason
 6/17/21: Joann Cason

 5/6/21: Stephanie Gibbons
 6/24/21: Molly Dahl

2021 September: SEAD Center by the numbers - outcome data

- 1,962 hours of activity on the SEAD center Beginning January 1, 2021 November 30, 2021
- 649 participating educational leaders enrolled
- 10 school districts represented, including: Carson City, Churchill, Clark, Elko, Lander, Lincoln, Nye, Washoe, White Pine, State Charter School Authority charter schools, as well as NDE colleagues
- Interest expanded beyond school districts, bridging the Pre-K to 12 school leader with education leaders in higher education, and contacts beyond Nevada to include: Great Basin College, UNR, UNLV, and SEAD colleagues in Utah, Colorado, Indiana, North Dakota, and North Carolina
- 263 Completions of the modules.
- 106 of those have requested and received their certificate
- 1,023 discussion posts
- 36 hours of 1 on 1 office hours
- 36 hours of Conversations and Coaching group sessions
- 10 participating school districts

2021 September: A much needed pause in July and August allows school leaders and educators time to prepare for the upcoming school year. Statewide outreach and invitations to attend Conversations and Coaching efforts begin in September. Invitations highlight access to SEAD ongoing coaching, support, and resources, as seen below:

IT'S BACK! Conversations and Coaching with SEAD Champions.

Summer is over, school is under-way, and SEAD Coaches are excited to be able to partner with you in continuing your progress with SEAD in your school!

The overall theme that we have heard from our SEAD Center participants in the new school year is a feeling of overwhelm with all of the complications of new school policies regarding the pandemic, and all the stressors that have come with it.

As a SEAD Center Participant, we know that you value the principles of Social/Emotional development for yourself, your students, colleagues, families, and the community as a whole. You are learning it, living it, and sharing it – which makes you a SEAD Advocate, and we value your efforts in this progress.

We want you to know – WE ARE HERE FOR YOU!

And we want to continue to support you in any way we can.

Every Thursday at 3:30pm we want to give you the opportunity to share your woes, celebrate your successes and brainstorm ways to make improvements to your experience by joining us for Conversations and Coaching with the SEAD Champions and Coaches.

SEAD Champions and Coaches have completed their certification in the SEAD Course and work weekly to find new ways to inspire and support you!

Have SEAD questions? Need help integrating SEAD into your school?

Want to sharpen your knowledge and skills?

Get free coaching. Tomorrow at 3:30pm.

We can't wait to talk to you.

Interested educators are sent weekly reminders to join SEAD Master Coaches and SEAD Champions as the SEAD Center's resource for personalized guidance. Sessions are held in September, October, and November, in response to and request from SEAD Center participants.

SEAD Coaching Ongoing PD: Conversations and Coaching in SEAD Link

2021 November-December: Mindful SEAD offers a solution and safety net in response to the barriers in accessing the SEAD Center in the NDE CANVAS platform. Mindful SEAD establishes SEAD Link to continue providing seamless support and resources to school leaders and educators participating in the SEAD Center per the TIIA outcome goals for each respective SEAD initiative. SEAD Link serves as an access point to the SEAD Center content, resources, and activities regardless of whether access to the NDE CANVAS was available or not.

2022 January 1: Mindful SEAD formally launches SEADLink: a community to help engage conversations and connections relating to SEAD within educational settings.

You're invited to join the Mindful SEAD online community!

Hi Silvana!

We're happy to invite you to join SEADLink the official Mindful SEAD online community. Once you log in, you will join others with the desire to share ideas, ask questions of each other, find and share information, get recommendations, access association events and find learning opportunities.

We hope you join us! The Mindful SEAD team

By January 5th The SEAD Link shows 21 registered community leaders.



Welcome to Mindful SEADLink!

I'm excited to be here with you all! This is a community to help engage conversations and connections relating to SEAD within educational settings. Please reach out to one another, connect with SEAD coaches to gain more insight to what you can be involved in, post materials and strategies to support others within educational settings with SEAD in practice, and enjoy your time here! Looking forward to connecting!

Jessie

2022 January 10: the Conversations and Coaching schedule is announced: **Conversations and Coaching**

Join us for this weekly event hosted by the SEAD Champions and Master Coaches. Each week there will be a different topic to help deepen your understanding of SEAD strategies and offers an easy resource for you to engage with to get your questions answered and brainstorm about how you can better implement SEAD into your life, classroom, school, and community!

This meeting will take place in the new SEAD Link Community! SEAD Link is a community platform with a focus on supporting educators in the state of Nevada in growing their expertise in social emotional and academic development (SEAD).

SEAD Link is a place for you to meet up with your colleagues at home and across the state to share experiences with SEAD. It is a platform that provides you with the opportunity to meet with educators to share ideas, strategies, and experiences with integrating SEAD into the school community. And the best part - it is of no cost to you. That is because Mindful SEAD and the Nevada Department of Education through Title IIA Educator Development, Licensure, and Family Engagement are working hard to support educators during this time in our history when support for the dedicated adults working with or on behalf of Nevada's students, is so desperately needed. Think of it as an exclusive membership site without the cost!

Discussions will be led by Community SEAD Leaders made up of your colleagues who have completed the course through The SEAD Center. They will facilitate discussions, share expertise, and provide resources to help you continue your development as a SEAD leader in your school and district community...

2022 January 13: The first Conversations and Coaching meeting in SEAD Link



2022 January – April: Through the SEAD Link platform, the SEAD Center continues to provide statewide access to the weekly Conversations and Coaching, the ongoing opportunity to "come together and discuss SEAD strategies, ask questions about SEAD Center modules, and brainstorm about how to implement this work into your class, school, and community!"

2022 February: outcome data indicates an increase to in-person events, with 25 SEAD Champions implementing SEAD action plans in their respective buildings and settings.

2022 April: Participation in the weekly Conversations and Coaching sessions decreases significantly, and the Conversations and Coaching sessions are paused in mid-April.

SEAD Coaching Ongoing PD: SEAD Champions

Purpose: Increased SEAD subject matter expertise and resources across the state of Nevada, specifically for school leaders, and with concerted outreach efforts to rural districts.

Outcome Goals: Establish a train-the-trainer model of SEAD Leadership Development to build a cadre of SEAD subject matter experts: SEAD Champions. SEAD Champions are individuals who complete the SEAD Modules and have a desire to support colleagues at their school site or rural district. Upon completing the SEAD modules, an individual submits a SEAD Center Champion Interest Form, and this initiates SEAD Coach outreach and support for individual development.

Deliverables:

A cadre of SEAD Champions with SEAD Subject Matter Expertise to positively impact the following:

- Broaden the reach of the SEAD Center and increased alignment to the state's priorities
- Serve as resources, including by leading interactive aspects of the SEAD Center (module discussion threads, resource enhancements)
- Serve as resources in NDE efforts to develop and deliver SEAD ongoing professional development

SEAD Champion Description

A SEAD Champion models SEL Competencies in their work and personal life as well as:

- Collaborates and advocates for Social Emotional Learning integration with staff, students, and stakeholders
- Creates content to share with school site and leaders to support SEAD within all areas of education
- Shares SEAD creations on the SEAD Center Canvas site
- Collaborates weekly with the SEAD leadership team to enhance learning and communicate progress and needs during group check-ins
- Supports their respective local community through SEAD outreach and education
- Consistently looks at new ways to integrate SEAD, create SEAD content, and support SEAD in and out of their classrooms and educational buildings to grow SEAD knowledge

A calendar of topics provides focus for the SEAD Champions as they deepened their expertise.

- Mindfulness -- August
- Self-Awareness -- September
- Self-Management -- October
- Social Awareness -- November
- Decision-Making Skills -- December
- Relationship Skills -- January

September 11, 2022

SEAD Champions: MSEL Coaching Model

2021 August: SEAD Champions MSEL Coaching Model

Weekly Mindful Social Emotional Learning (MSEL) Coaching meetings are designed for personalized focus, as a collaborative process with SEAD Champions to examine issues in schools, to share strategies and ideas, and to grow mutual support. A weekly reflection is captured for each Champion; below is an example:

- What did you do this week relating to SEAD?
 - I was collaborating with colleagues to support state model of SEAD, getting support from grant management team to initiate our agenda items relating to funding and activities around SEAD
- How relevant and helpful do you think it was for your job/position/role? Very Helpful
- What were your key takeaways from this activity/these activities?

 That collaboration is essential to support initiatives such as these and we can work together by having these important conversations
- How did you feel successful?
 - Gaining feedback from my mentor and colleagues at our meeting.
- What would you do differently?
 - Collaborate more so with these stakeholders having more weekly/active conversations to support the development of SEAD

The coaching model also includes small group meetings to strengthen peer consultation and ongoing collaboration.

SEAD Champion progress and feedback is foundational in differentiating goals.

- Level 1 SEAD Champions focus on owning, knowing, and understanding SEAD competencies and content for self-growth and application
- Level 2 SEAD Champions focus on implementing action plans in building/district sites, championing SEAD for adults and leaders in districts
- SEAD Champions 'plus': express interest in partnering with NDE to co-create and codeliver SEAD content

2021 September: Mindful SEAD Coaches worked with over 20 individuals in the SEAD Champion Cadre. These SEAD Champions were coached and have been building capacity in their schools. Of this cadre, four (4) SEAD Champions increased their level of commitment and became eligible for a monthly stipend from NDE Title IIA office for their work in building the coaching capacity as members of the SEAD Champions Cadre. Of note, continued development of educational leaders to support the human capacity at schools is paramount. As one participant summarizes: "Please help us in keeping those community conversation going on a school level. Working together to gather ideas and activities to make SEL a daily occurrence in all classrooms."

2022 January: Mindful SEAD formalizes the SEAD Coaching Model: MSEL Coaching.

"The mindful SEAD coaching model is learning and then putting into practice techniques and strategies that the champion plans to integrate within their professional practice. Coaches support SEAD champion learners in the process of learning and mastering the competencies of the five key areas outlined by CASEL."

Mindful SEAD works with SEAD Champions to identify and schedule in-person coaching sessions, and to develop a customized Coaching action plan. Key aspects of the MSEL Coaching model are described in more detail as follows:

MSEL Coaching underlying assumptions:

Assumption #1: The champion has the basic skills needed to model SEAD skills successfully or positively.

Assumption #2: The champion knows how to support their own anxiety.

Assumption #3: The client has experience with the solution.

MSEL Coaching scope and sequence:

The mindful SEAD coaching model connects the brief model of positive psychology into the SEAD coaching phases.

Phase One: Establishing the Coaching Relationship Phase Two: Uncovering VIA Strengths & Feedback

Phase Three: Developing an Ideal Vision

Phase Four: Goal Setting, Strategizing and Execution based on Strengths

Phase Five: Concluding Relationship

MSEL Coaching differential coaching tiers:

Track 1: Mindful SEAD Coaching for Self-Care

Track 2: Mindful SEAD Champion Coaching to become a site based SEAD Champion

Outreach efforts continued with announcements and invitations disseminated through digital means, including the NDE SEAD Center and SEAD Link, as demonstrated in the following example:



Michele Robinson, Ed.D

Director of Partnerships and Content Development at MindfulSEAD Jan 18 - Posted in Membership

Coaching Supports for Nevada Educators

Hello SEAD Link Community! We hope you are enjoying the opportunity to engage in meaningful discussions relating to social emotional and academic development with your colleagues across the state of Nevada. Mindful SEAD is thrilled to be able to provide training, resources, and support in your journey to becoming a SEAD expert.

Did you know you can receive - *at no cost to you* - coaching from Mindful SEAD's Mindfulness Social Emotional Learning (MSEL) Coaches? Our coaches are experts in SEAD and mindfulness approaches to supporting the adults who support our children.

There are two tracks of coaching available to Nevada educators:

- Track 1 is for personal support. Your MSEL coach will provide you with tools
 and strategies to utilize in times of near-burnout or feelings of exhaustion
 and overwhelm, Mindful SEL, and SEAD. Coaching sessions are held online
 in individual and/or group settings. We are all navigating challenging times
 in education. How wonderful to have a partner to provide you with
 resources and support as you traverse through stressful terrain
- 2. Track 2 is for professional cultivation of skills to become a SEAD Champion (a SEAD leader and coach at your school or district site). This is an exciting opportunity to deepen your knowledge and experience with SEAD while also expanding your impact in your school community. These sessions are also held online in individual and/or group settings.

Remember - There is no cost for Nevada educators for MSEL and SEAD Champion coaching!!!

If you are interested in learning more about MSEL and/or SEAD Champion coaching, please click on this link and complete a short **Coaching Interest Form**. One of Mindful SEAD's MSEL coaches will get right back to you.

Michele Robinson, Ed.D

Director of Partnerships and Content Development

Mindful SEAD

mrobinson@mindfulsead.org

2022 April: By mid-April, interest in pursuing MSEL Coaching for SEAD Champions (level 2) results in adding 12 additional school leaders to the roster, with interest building.

SEAD Champions: MSEL Coaching Model Implemented

2021 November and 2022 January: the Nevada Association of School Administrators (NASA) Center for Educational Excellence Institute (CEEI) Cohort #6 SEAD sessions. The SEAD Champions collaborate with OSRLE to co-create and co-deliver a 6 hour online course for the NASA CEEI #6. The session is titled *Leadership for Social Emotional and Academic Development and Student-Centered Competency Based Learning: Nevada's Need for SEAD Parts 1 & 2.* Part 1 is presented in November, 2021, and Part 2 is presented January, 2022. The session is well received, and NASA extends an invitation to the OSRLE-SEAD Champion co-presenters to deliver a similar course again.

Part I: November 4, 2021 - 151 participants
Part II: January 8, 2022 - 109 participants responded to the SEAD survey

Thursday, November 4, 2021 4:30 PM -7:30 PM Presenters: Dr. Silvana Gorton Dr. Debb Oliver

Marie DuFresne

"Leadership for Social Emotional and Academic Development and Student-Centered Competency Based Learning Nevada's Need for Social Emotional and Academic Development (SEAD) Part 1"

Participants will articulate the 5 Social Emotional Learning (SEL) Nevada (CASEL) competencies from the school leader perspective, explore the SEL impact on students and adults, school climate, safety and workforce development.

Saturday, January 8 , 2022 8:00 AM - 12:00 PM Presenters: Dr. Silvana Gorton Dr. Debb Oliver

Marie DuFresne

"Leadership for Social Emotional and Academic Development and Student-Centered Competency Based Learning Nevada's Need for Social Emotional and Academic Development (SEAD) Part II"

Participants will articulate the 5 Social Emotional Learning (SEL) Nevada (CASEL) competencies from the school leader perspective, explore the SEL impact on students and adults, school climate, safety and workforce development.

2022 June 21, 22: SEAD Leadership Summit. Mindful SEAD coaches and five SEAD Champions serve as statewide SEAD subject matter expert leads in the co-creation, co-facilitation and moderating, and co-delivery of professional development content.

2022 July: OSRLE and SEAD Champions collaborate to co-create content, and prepare for co-delivery at the NASA CEEI #7 session, scheduled for January of 2023.

September 11, 2022

2022 June: MSEL Coaching – SEAD Champions preliminary outcome data:

11 trained to become SEAD coaches

178 interested participants

681 enrolled in the CANVAS SEAD course

SEAD Champions profiles of success

- 1. **Joann Cason**: Dr. Cason became a SEAD Center participant as a result of attending the initial NASA CEEI SEAD session in January, 2020. SEAD ongoing coaching, supports, and resources, resulted in several exemplary practices implemented by Dr. Cason at her school site and sphere of influence. Examples include:
 - 1. Schoolwide adult SEL cohort: HEARTBEAT TEAM
 - 2. VISIONARIES initiative: daily S.E.L.F.C.A.R.E. Body-Mind-Fitness Challenge
 - 3. Do More Living Now! "Heart-To-Heart" Coaching
- 2. **Kristin Page**: Kristin became a more effective educator through MSEL Coaching. She learned about the coaching opportunity as participant in the SEAD Center. Her desire to improve her own mental well-being was the focus of her MSEL Coaching experience. Her exit survey shows that the coaching experience was outstanding, and that her personal goals were met. She felt she gained the necessary knowledge and training to be a more effective educator.
- 3. Colleen Vosicky: Colleen joined the SEAD Center after receiving an email announcement. Her participation in the SEAD Center led her to register for MSEL Coaching, and she became a SEAD Champion. Colleen developed a systemic action plan to bring SEAD to her current school setting, and from the start of the school year she has been actively implementing her plan of reinforcing SEAD concepts and competencies.
- 4. **Jennifer Keller**: Jennifer began the SEAD Champion program while working as a school counselor in a K-5 setting. While she receiving SEL/SEAD support through collaboration with counseling colleagues, the initial MSEL Coaching led Jennifer to participate in the pilot program for SEAD Champions, Level 2. Jennifer received a stipend for her focused work leading PD and supporting her school staff. Jennifer presented a breakout session and facilitated a round table discussion at the 2022 SEAD Leadership Summit. She also co-designing and co-delivered the SEAD session for NASA CEEI #6 in January 2022. She is part of the collaboration with OSRLE to prepare for NASA CEEI #7, scheduled for January 2023.
- 5. **Elena Petsas**: Elena's SEAD Champion journey began in 2021 when she became a SEAD Champion-Level 1 through her participation in the SEAD Center. Elena developed a systemic action plan and has become the SEAD Champion SME lead-Level 2, supporting her school with self-designed professional development and monthly SEAD meetings for staff. She is currently a SEAD Coach in Training and is projected to become an MSEL Coach in 2023. She plans to elevate her support to teachers and leaders at a statewide level.

September 11, 2022

SEAD Higher Education Alignment:

Purpose: Create a systemic partnership between Nevada institutions of higher education and NDE to develop more streamlined and effective educator preparation and training continuums—pre-service and in-service—in effort to improve educator recruitment and retention efforts and incentives.

Outcome Goals:

- Interconnect higher education with SEAD initiatives to increase SEAD subject matter
 expertise at the higher education level toward establishing the scope and sequence of
 coursework to satisfy NDE SEAD Endorsements.
- Establish a SEAD Higher Ed Alignment Coalition with Nevada higher education institutions:
 - University of Nevada, Reno (UNR); University of Nevada Las Vegas (UNLV); Great Basin College (GBC); Nevada State College (NSC); Truckee Meadows Community College (TMCC); Western Nevada College (WNC).
- Provide SEAD PD to increase understanding about SEAD instruction to strengthen the higher education role in educator recruitment, preparation, and ongoing professional learning
- Establish a common scope and sequence template to support the development of SEAD courses that satisfy the Regular NDE SEAD Endorsement requirements
- Create conditions to link HEI courses and resources with other on-going SEAD implementation initiatives, including the SEAD Center and the SEAD Leadership Summit

Deliverables:

- Implement the NSHE & NDE SEAD Alignment Coalition
- Co-create the Syllabi for four State-aligned courses that satisfy the NDE SEAD Endorsement, and that infuse explicit evidence-based, Nevada-centered SEAD resources
- Provide ongoing professional development for Coalition participants, toward co-creating SEAD endorsement courses, to include strategic use of the Nevada SEAD Center and annual SEAD Leadership Summit
- Formalize the Critical Friend role to provide ongoing technical assistance, consultation, and ongoing coaching to strengthen educator recruitment, retention, preparation, and training efforts
- Initiative reports, to include progress and comprehensive final reports

July 1, 2021 – September 30, 2022

Allocation 2022: 220K

SEAD Higher Education Alignment -- Title IIA Pilot Overview

July 2021: The impetus for developing the SEAD Higher Education Alignment initiative is sparked by COVID-19 recovery plans. An emerging priority across districts is to increase SEAD resources and supports in response to needs expressed by educators and students.

Already burning issues magnified by the pandemic include school climate, and physical, social, and emotional school safety at the adult and student level. "Thirty percent of elementary and middle school students experience problems severe enough to require regular counseling. In economically disadvantaged schools, this runs as high as sixty percent."

"Research shows that our youth have stress levels that surpass those of adults."

"Five thousand teachers surveyed in 2017 stated they spend seventy percent of their work days feeling 'frustrated', 'overwhelmed,' and 'stressed."

"Gallup data show that nearly half of U.S. teachers report high stress levels on a daily basis."

Brackett, Marc, Permission to Feel, 2019

The conditions create the opportunity to incentivize professional learning by offering a pathway for completing the SEAD endorsement. Pre-pandemic data shows that one single Nevada institution of higher education offers the SEAD Endorsement scope and sequence, indicating that greater capacity at the higher education level is necessary to meet the anticipated need.

Adult SEAD

Educators need a wide range of social and emotional competencies to be effective models of the competencies to be able to:

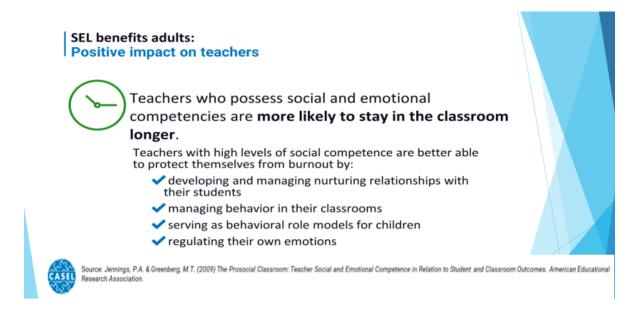
- · Identify, regulate, and manage their own emotions,
- · Understand students' feelings and perspectives,
- Respond compassionately to students' struggles,
- Recognize one's own assumptions and biases,
- Notice one's own emotional reactions to students,
- Depersonalize student misbehavior—seeing negative behavior as an undeveloped and ill-informed means of survival,
- Remain calm in the midst of challenging student behaviors,
- Maintain healthy boundaries, and
- Model SEL skills to their peers, leadership, families, and community members.



The success of the SEAD initiatives is well positioned to formalize an initiative toward collaborative development of professional learning content offered to school leaders and educators by offering coaching, consultation, and supports and resources to higher education faculty in preparation for meeting a significant increase in demand for SEAD content.

The need for the initiative is affirmed by multiple years of SEAD Center data, and input from a significant number of educators that SEL/SEAD topics and training is absent in educator preparation courses and programs of study and was a critical need. One outcome goal of the SEAD Higher Education Alignment initiative is to establish courses leading to an added SEAD endorsement.

An added benefit is that this initiative bolsters efforts to increase diverse educator recruitment, preparation, and retention efforts, particularly as partnerships are established with the four NSHE Institutions offering teacher preparation programs: University of Nevada, Reno (UNR), University of Nevada Las Vegas (UNLV), Great Basin College (GBC), and Nevada State College (NSC)



Mindful SEAD and EDLiFE collaboratively designed the SEAD Higher Education Alignment initiative, and Mindful SEAD lead the implementation in spring, 2022. The outreach and recruitment plan included a formal letter of introduction, in-person appointments, follow up email correspondence, and eliciting letters of commitment.

SEAD Higher Education Alignment as Implemented:

2022 March 3: The Inaugural Nevada SEAD Higher Education Alignment Coalition Meeting

Meeting Objective: Connecting Nevada System of Higher Education with State partners to support educators' development and ongoing learning with evidence-based culturally responsive social, emotional, and academic development (SEAD).

Meeting Goals:

- Overview of the Grant funding (TitleIIA), timeline, purpose, and objectives
- Define state definitions, policies, resources, and future direction for SEAD
- Group Work: Alignment Strategies for Institution with SEAD Endorsement
- Next Steps: project resources and timelines, reinforcing activities/initiatives

In addition to higher education colleagues representing:

University of Nevada, Reno (UNR)
University of Nevada Las Vegas (UNLV)
Great Basin College (GBC)
Nevada State College (NSC)
Truckee Meadows Community College
(TMCC)
Western Nevada College (WNC)

Western Nevada College (WNC) education partners from the Public Education Foundation joined the Coalition.



In preparation for the first meeting each Coalition member received a copy of the book, *Leading Schools with Social, Emotional, and Academic Development (SEAD)*, (Madden-Dent & Oliver 2020). Coalition members were invited to join the SEADLink community of educational professionals, and were presented with an overview of SEAD initiative highlights and SEAD resources.

2022 May 12: SEAD Higher Education Alignment Coalition Meeting #3 **Meeting Goals**

- Review the endorsement requirements, set criteria
- Discuss plan for course development for each institution
- Establish syllabi working groups Syllabi for 4 courses developed/modified
- Align strategies -

2022 June 21-22: SEAD Higher Ed Alignment Coalition members participated in the SEAD Leadership Summit. Professor Micaela Rubalcava, Ph.D., of Truckee Meadows Community College presented a session and facilitated a round table discussion at the SEAD Summit.

2022 June - August: Throughout the months of June, July, and August, Coalition members met with their critical friend both virtually and face-to-face, and in small groups, to move forward the work of integrating SEAD into the strategic plans for SEAD content development.

2022 September 16: SEAD Alignment Coalition Meeting #4

Meeting Goals

- Reflect on year one of the grant project.
- Highlight work done at each institution.
- Plan for 2022-23 Coalition meetings.
- Discuss next steps and needs for year two of the grant project.

"We cannot hold a torch to light another's path without brightening our own". ~ Ben Sweetland

ADULT SEL Improves Educator:

- BurnoutStress
- · Persistence & Retention Rates
 - Job Satisfaction
 - · School Trust
 - · Health/Wellbeing

Studies have found that educators who practice and model regular SEL skills enhance their own efficacy and job satisfaction (Elias et al., in press; Jones & Weissbourd, 2013), are less likely to report burnout (Brackett et al., 2010), and have higher levels of relational trust with their peers at work (Bryk & Schneider, 2002). Furthermore, according to research (Flook, Goldberg, Pinger, Bonus, & Davidson, 2013; Patti & Tobin, 2003; 2005), SEAD and mindfulness interventions help educators with:

- · Reduction in stress, anxiety, emotional exhaustion
- Improved attention, engagement, and emotional regulation
- Reduction in burnout

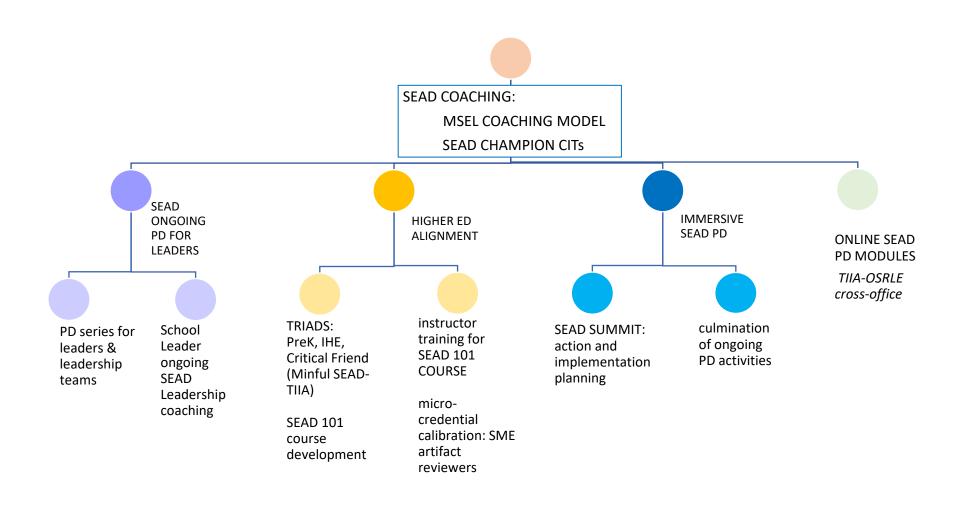
TIIA SEAD Initiatives – Future Planning

In the last four years, the TIIA SEAD professional development initiatives have created conditions to equip and support school leaders to navigate and address unprecedented challenges. The SEAD Coaching initiative has emerged as the principal driver for building capacity and providing the expertise and resources to sustain the other SEAD initiatives.

The plan for re-innovating and refining the SEAD work in fiscal year 2023 is informed by the following considerations:

- Return to in-person events/meetings
- Success of school leader coaching leading to on-site leadership team coaching
- Success of the MSEL Coach model in supporting the increase of SEAD SMEs to become SEAD Champions and SEAD Champions: Coaches in Training
- Opportunity to create Pre-K12 & IHE collaboration to develop dual credit SEAD course and the need to train instructors
- Anticipated implementation by NDE to implement a pathway for micro-credentials and the need to train SEAD artifact reviewers
- Increased interest in OSRLE to expand the SEAD Center beyond the TIIA school leader parameter

The portfolio of TIIA SEAD initiatives, represented by the graph below, positions the SEAD Coaching initiative as overarching to the other three initiatives: SEAD Ongoing PD for Leaders, SEAD Higher Ed Alignment, and Immersive SEAD PD. The 2022-23 SEAD Coaching will prioritize growth and refinement of the MSEL Coaching model to continue building the cadre of SEAD Champion subject matter experts across a more comprehensive continuum of education settings spanning PreK-12 to higher education pre-service and in-service learning and development. The established SEAD Champion structure will formalize the previously referred to 'SEAD Champions plus' level as the third track, and the focus of Track 3 will be to support SEAD Champion Coaches in Training (CITs). The overarching outcome goal will be to provide the capacity for an increased number of SEAD ongoing PD opportunities for leaders and leadership teams statewide through the.



SEAD COACHING 2022-2023 SUMMARY

Purpose: The SEAD Coaching initiative, a train-the-trainer model of SEAD leadership development, will further the goal of increasing SEAD subject matter expertise and resources across the state. The FY23 initiative will continue to prioritize school leaders and teacher/educator leaders as the primary beneficiaries.

Two principal activities are included in the SEAD Coaching initiative: 1. SEAD Champion Development: Coaches in Training (CITs), and 2. SEAD Leadership Development for School Leaders and SEAD Leadership Teams.

1. SEAD Champion Development: Coaches in Training (CITs):

MSEL Coaches will implement SEAD Leadership Development for SEAD Champions who are ready to be supported as SEAD Coaches in Training (CITs), with a purpose to serve as SEAD subject matter experts for school leaders and administrators and SEAD Leadership teams, with concerted effort placed on rural districts. SEAD CIT coaching plans will be personalized

2. SEAD Leadership Development

MSEL Coaches and SEAD Champion CITs will work with up to 15 Education Leaders, 7 will be from rural LEAs, as site SEAD Leaders. MSEL Coaches and SEAD CIT Leaders will work at district/school sites to guide, facilitate, and/or support the strategic planning for embedding SEAD into the climate and culture of the school to positively impact teacher retention and student success/progress of the whole child.

Deliverables: The design and implementation of coaching plans, coaching cycles, and site-based implementation calendars to support SEAD leadership development of SEAD Champions, SEAD Coaches, and site-based SEAD Leadership Teams.

SEAD ONGOING PD FOR LEADERS 2022-2023 SUMMARY

Purpose: The SEAD Ongoing PD for Leaders initiative will address school leader and teacher leader requests for customized coaching and site-specific SEAD leadership development. SEAD Champion SMEs specific to the site and/or region will be identified, coached, and trained to co-facilitate the ongoing professional development, with three main activity structures customized to support the design, planning, and implementation:

- 1. Facilitated mastermind workshops will include the review SEAD Leadership Summit data, which will be key in customizing the ongoing PD and ensure that regional and/or district specific needs are addressed
- 2. Pre-symposium cross-training, to align topics requested by school leaders/teacher leaders with TIIA and NDE priorities, and to support consistent delivery of SEAD leadership training and coaching for new PD trainers-SEAD SMEs
- 3. Implementation of ongoing PD and coaching to deepen learning and bolster application of SEAD leadership best practices; delivery options provided will include site/region specific or cohort based.

Deliverables:

- a) Host mastermind workshop to analyze survey data and develop scope and content of interactive symposia.
- b) Host pre-symposium cross-training of a new cadre of PD trainers (SEAD SME's) for consistent delivery of content, to include action planning for co-creating content, materials, and tools for supporting the implementation of the ongoing PD
- c) Provide at minimum, 2 interactive SEAD Leadership Symposia (up to 10 total) at a minimum of 3 rural district region locations and 2 urban district locations; face-to-face interactive delivery will be prioritized, with virtual or online formats considered as requested and/or necessary.
- d) Provide materials, tools, and coaching support and resources to school leaders/teacher leaders delivered in multiple formats, face-to-face, virtual coaching and online discussions, and collaboration
- e) Progress monitoring, pre/post surveys, and comprehensive report/end-of-project report provided to Nevada Department of Education

SEAD HIGHER ED ALIGNMENT 2022-2023 SUMMARY

Purpose: The SEAD Higher Ed Alignment initiative will build on the lessons learned from the FY22 pilot. In FY23, The SEAD Higher Ed Alignment initiative will leverage capacity-building activities to bolster systemic partnerships established in the FY22 pilot with Nevada's higher education institutions (NSHE) to develop systemic triads, where the overarching goal will be more streamlined and effective educator preparation and training continuums (pre-service & in-service), in effort to strengthen educator recruitment, retention, and incentives.

The focus will be to interconnect secondary/high school and higher education toward increasing SEAD subject matter expertise regarding SEAD practices that support and develop effective educators and school leaders, and bolster the educator pipeline. The systemic NSHE-LEA-SEAD Critical Friend triads will work to infuse evidence-based, Nevada-centered SEAD competencies into higher education coursework toward two outcomes: to increase the number of courses that satisfy the NDE SEAD Endorsement, and to develop a SEAD 101 and Essential Skills dual credit course with a focus on the CTE Diploma.

The FY23 initiative will focus on:

- Providing ongoing professional development, supports and resources, and preparation of school leaders and teacher leaders to serve as instructors for the SEAD 101 dual credit course
- Creating NSHE-LEA-SEAD Critical Friend triads, with Mindful SEAD as the critical
 friend to guide the work of co-designing and promoting the PreK-12 to higher ed pipeline
 through a more streamlined and effective educator preparation and training continuum
 (pre-service & in-service), to include more courses that will lead to the NDE SEAD
 Endorsement.

Deliverables:

- a) Continue SEAD Higher Ed Alignment Coalition
- b) Establish NSHE-LEA-SEAD Critical Friend triads
- c) Facilitate faculty—instructor collaboration toward fully co-creating the SEAD 101/Essential Life Skills course
- d) Lead faculty—instructor collaboration toward co-creating a micro-credential structure to provide training for Nevada K-12 teachers to deliver, as the college instructor, the SEAD 101 dual credit course
- e) Establish a cadre of SEAD experts to review SEAD 101 micro-credential artifacts
- f) Data collection and project reporting, to include progress and comprehensive final reports

IMMERSIVE SEAD PD

Purpose: Based on data of the previous two virtual SEAD Leadership Summits, the Immersive SEAD PD will likely be re-invented for FY23. While the core guiding principles of the Immersive SEAD PD initiative are important to move forward, participant feedback and evaluation of both the experience and content provide indication of several opportunities in FY23 to increase positive impact, such as with the following possibilities:

- 1. The potential to significantly elevate recruitment and retention efforts that intersect with efforts to align PreK-12 with Higher Education
- 2. To serve as an event that highlights and celebrates the culmination of year-long ongoing activities, and collects data to help guide planning for the upcoming year
- **3.** To continue in a conference-format to deepen the learning about SEAD competencies for leadership practices.

The planning of the 2023 Leadership Summit will require consideration of interactive participation returning to in-person settings, as this will likely underscore some limitations in terms of budget, available venues, calendaring the required time, and capacity.

ONLINE SEAD PD MODULES 2022-2023 SUMMARY

Purpose: The Online SEAD PD Modules will continue as a central evidence-based resource to support educator and school leader professional learning. TIIA will continue to collaborate with OSRLE to design and implement sustainability efforts, and to expand the scope, reach, and content of the SEAD modules to meet educator and school leader needs. The details of a short- and long-term sustainability plan will be developed collaboratively throughout FY23.

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SEAD PROJECTS TIMELINE

2018

November: TIIA-OSRLE collaborative partnership initiated

2019

January: ideation begins, identified 3 projects

- online PD
- immersive PD
- ongoing coaching PD

February: tri-color project plan is drafted

June 25-27:

SEAD Leadership Summit – inaugural

49 participants [subgrant to Sierra Nevada College]

September 19-20:

NASA Aspiring and Promotional Administrator Workshop

presenters - Tara and Miki

October 12:

Powered By Teach to Lead

focus topic: SEAD

critical friend role: Silvana, Tara

October 28-31:

CQ ToT: course and certificate completed by Tara

November:

School Leader Network (SLN) - Ideation and initial planning and action steps to set up a SEAD sub community as part of the SLN, with the online modules as the central resource.

December:

NVeLearn (moodle)

modules – 11 total

December 3: update to RPDP regarding upcoming presentation at NASA inaugural CEE Leadership Institute, January 2020. Session title: **SEAD Through MTSS Framework**

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2020

January 16-17: NASA CEE Leadership Institute - Inaugural

session: SEAD Through MTSS, OEDS/OSRLE/UNR-PBIS

61 participants, in-person

ONGOING COACHING sessions 1-3 total 70 participants

February 15: ongoing Coaching

session #1 Carson City

February 27: outcome report to RPDP regarding presentation at NASA inaugural CEE Leadership Institute, January 16-17, 2020. Session title: **SEAD Through MTSS Framework**

February 29: ongoing Coaching

session #2 Winnemucca

March 7: ongoing Coaching

session #3 Fallon

March: CASEL-CSI: NV SEAD Center mentions

- CSI Connections: State Update Nevada SEAD Center p. 4
- Emerging Insights: From Insights to Action Redefining State Efforts to Support Social and Emotional Learning, p. 19

March 25: SEAD modules

enhancements for use with School Leaders Network SEAD Subcommunity modules migrated from NV eLearn moodle to Pepper PD 100 licenses via SLN grant

March 26: 2020 SEAD Summit planning

preliminary co-planning with UNLV paused

State directive to pause events and expenditures due to COVID-19

April 20: postpone 2020 SEAD Leadership Summit to 2021

NDE-UNLV consensus

April 22: SEAD Center = SEAD online modules + SEAD ongoing coaching

Mastermind workshop – Silvana, Tara: Rapid response to educator needs led to shift/redesign of resources and ongoing support to online access (pivot due to COVID-19): ideate leveraging 2 SEAD projects, and repurposing TIIA SEAD Summit funds

April 28: release of the Nevada Department of Education's Path Forward Plan in response to COVID-19, including the priority to establish a statewide learning management system (LMS) to support instruction through remote learning.

April 30: SBE meeting

outcome: SBE emphasis on prioritizing SEAD

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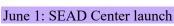
May 1: SEAD Center

Pre-pandemic: \$173,000 in TIIA funds were initially designated to support the 2020 Leadership Summit (\$100K) and the ongoing coaching symposia (\$73K). NDE Deputy Superintendent Gonzales approves the proposal to repurpose TIIA funds, and this initiated the SEAD Center implementation plan.

2020 May 26: SEAD Center Logo is selected

May 27-28: Staff SEL Pre-Survey: 52 questions -- launched

SEAD Center pre-survey administered to the original 99 SEAD Center participants. Questions covered 7 areas (faculty growth mindset, feedback and coaching, professional learning about SEL, staff-leadership relationships, teacher self-reflection, teaching efficacy, and participant background), and responses from 79 of 99 respondents in the original SEAD Center cohort were received.



100 participants for pilot from 6/1 - 12/31/2020. SEAD Modules are upscaled and migrated to Pepper PD online platform, with focus in increasing interactive resources and supports.



June: SEAD Center named in CASEL-Committee for Children policy brief

From Response to Reopening: State Efforts to Elevate Social and Emotional Learning During the Pandemic, pp. 4, 11

June 8: SEAD Center participants increased to 150

Pepper PD donates 50 additional licenses, increasing total SEAD Center participants to 150.

June 16: *COVID Re-entry SEAD Practices for Youth and Adults*, NASA Virtual Conference 170+ participants

June 23: SEAD Center report to NDE Leadership at Ed Policy Brief meeting

June 30: SEAD Center online resource library added

June 30: SEAD Ongoing Coaching Symposium: SEAD Champions

outcome report finalized

July 9, 14, 23: SEAD Center guest speaker and Lunchbox Learning series

9: 5 SEL Competencies

14: SEL and Early Childhood Education – guest speaker

23: SEAD and Equity

August 6, 11, 20: SEAD Center guest speaker and Lunchbox Learning series

6: Restorative Practices

11: SEAD and Family Engagement

20: SEAD/SEL Implementation through Integration

September 10, 17, 22: SEAD Center guest speaker and Lunchbox Learning series

10: Trauma Informed Responsive SEAD

17: SEL and Distance Education

22: guest speaker Emilio Parga

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September 26: SEAD Center orientation

part of Nevada Digital Learning Collaborative 'Town Hall' digital event participants

October: 1, 20, 29: SEAD Center guest speaker and Lunchbox Learning series

1: The Future of SEAD/SEL

20: Trauma Informed Distance Learning – guest speaker Christina Pate

29: Measuring SEAD/SEL

November 9-20: Staff SEL Post-Survey: 57 questions -- launched

in collaboration with Panorama, the SEAD Center post-survey. The exact same content used for the first/pre-survey, with the addition of four free response questions (#47-50) and one background question (#51) about the level of engagement with the SEAD Center was included. The survey was open from 11/9 to 11/20. In order to increase data validity, the post-survey data includes responses from 29 of 99 respondents from the original SEAD Center cohort.

November 12, 17: SEAD Center guest speaker and Lunchbox Learning series

12: Cultural Competency and SEAD

17: Molly Dahl, guest speaker

December 3: SEAD Center guest speaker and Lunchbox Learning series

3: SEAD and the McKinney Vento Act

December 22: SEAD Center report to NDE Leadership at Ed Policy Brief meeting [served 150+ since 4/1/2020]

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2021

January 1, 2021: SEAD Center 2.0

SEAD online modules migrated to CANVAS, with the SEAD modules being the first NDE CANVAS course to go live

January 21: NASA CEEI#4 Need for SEAD presentation participants

January 25: NDE consultation/presentation with North Carolina SEAD Center orientation and history

March 2021 Issue: SEAD Center named in CASEL CSI Connections

SEAD Center mentioned, p. 4

March 2: NDE Private School Conference

Average of 25 participants, 2 SEAD related presentations: 1. SEAD Center tour, and 2. Molly Dahl keynote: *The Power of Positive Emotions for Professional Resiliency*

March 8: Carson City training #1 - SEAD Starts with Me

participants (Marie, Tara)

March 26: Governor Sisolak proclaims March 26, 2021, as Social Emotional Learning Day in Nevada.



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April 6-7: NASA Workshop: Culturally Responsive SEAD

participants 70 on 4/6, 64 on 4/7

April 8: NASA CEEI#5: Need for SEAD

participants: 70

May 8: Carson City training #2 - SEAD Starts with Me

participants (Marie, Tara)

June 22-23: 2021 SEAD Leadership Summit

participants: 191

July 26: SEAD Center included in NDE Update, p. 8

August 8: SEAD Champions – MSEL Coaching

introduction meeting

October 2021: Supporting Students in Learning, KnowledgeWorks publication

Nevada highlighted for SEAD Center, p. 4

October 1, 2021: SEAD Higher Ed Alignment project initiates

expansion of SEAD portfolio in anticipation of increased demand for SEAD pre- and in-services courses related to ESSER funded projects; supporting increased completion of SEAD endorsement.

November 4: NASA CEEI#6 session 1

151 participants

November 11, 2021: SEAD Scan professional development submitted; a request from CASEL & The Education Trust. The final scan can be seen at this link: https://edtrust.org/is-your-state-prioritizing-sead/#NV (verified 3/10/22)

December 2: SEAD Center update included in NDE Highlights for the Governor

Every Wednesday March 9 – May 11, 2022: Mindful SEAD and PEF collaboration to deliver SEAD content to the Executive Leadership and Teacher Leadership academies, as part of the PEF subgrant, result in opportunities to promote the SEAD Center as resources for deep learning, access to ongoing supports, and follow-up via SEAD on-going PD project. Participants of the collaborative sessions represented 22 schools, the CCSD District Office and Nevada PBS.

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2022

January 2022: KnowledgeWorks issue mentions SEAD Center p. 13, 18

January 1 2022: SEAD Link

January 8: NASA CEEI#6 session 2: Leadership for Social Emotional and Academic Development and Student-Centered Competency Based Learning: Nevada's Need for SEAD, Part 2

SEAD Champion led/facilitated with Tracy Fisher-NDE participants

March 3: Inaugural/initial meeting of the SEAD NSHE Alignment Coalition

including: UNLV, Great Basin College, Nevada State College, UNR, TMCC, Western Nevada College, in partnership with The Public Education Foundation and Mindful SEAD

April 27: NASA CEEI#7: NASA extends the invitation to present a session addressing the topic *Mentoring and Coaching School Leaders via Social Emotional Learning Lens*. The session is scheduled for January 31, 2023.

May 12: SEAD Center data requested for inclusion in presentation to the Nevada Legislative Committee on Education [LCE]

June 21-22: 2022 SEAD Leadership Summit-virtual

July 26: NASA CEEI#7: The email announcement for the CEEI#7 includes the SEAD Session "Toward Transformative Social and Emotional Learning (SEL)" to address the topic Mentoring and Coaching School Leaders via SEL Lens. The session is scheduled for Tuesday January 31, 2023, 4:30 PM - 6:30 PM

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2023

January: NASA CEEI #7 Leadership Institute

NDE OSRLE – SEAD Champion collaboration: co-create and co-present SEAD content to aspiring school leaders.