



Transforming school culture through mindfulness, positive psychology in education and SEL/SEAD

Social Emotional Learning with Academic Development

Mission: Inspire innovative teaching and learning through mindful practices by fostering community, developing leadership skills and embracing each individual's unique genius.

Our Programs

Leadership Development

Provide leaders with the tools they need to integrate essential practices into their leadership, cultivate a thriving work environment with mindfulness tools and encourage personal wellness to lead with creativity and clarity.

Teacher Focused Professional Learning

Mindful SEAD professional learning services focus on practices to infuse SEL strategies throughout instruction. Context to Content.

- Mindful-based social emotional academic development
- School safety and mental well-being through positive education
- The StemSEL© Method for cultivating the whole teacher
- Personalized instruction and MSEL Coaching for mastery learning

SEAD Center

Virtual support system and statewide community of educators developing social, emotional and academic development skills that reinforce equitable educational environments and student success.

NDE/NSHE Partnership for SEAD Endorsement

A coalition of NDE and Nevada System of Higher Education (NSHE) to bridge and reinforce social-emotional supports to support the teacher pipeline.. With a purpose to explore how social and emotional learning competencies and practices, State SEAD resources and support, and related State policies can purposefully reinforce educator preparation. With the goal to ensure more equitable learning environments and outcomes for all students content standards.

SEAD Leadership Summit

The SEAD Leadership Summit is two days of high-quality sessions presented by some of the nation's top SEL leaders. Sessions are designed to prepare SEL and SEAD approaches for school and district leadership to implement for self and school culture. The immersive interactive platform offers networking with colleagues from around the state. Partner with Title II A of the Nevada Dept. of Education.

MSEL Coaching

Mindful Social-Emotional Leadership Coaching is a brief model of positive psychology coaching process to empower education leaders with the tools, strategies, and skills to facilitate systemic change in a positive, healthful, and sustainable way.

SEAD Champions

This initiative has a goal to increase SEAD subject matter expertise & resources across the state specifically for school leaders and administrators. School leaders take on the role of a champion for SEAD and with support, lead the transformation to a mindful, inclusive socially and emotionally aware culture.

Online Forum for SEL, SEAD, Trauma- Informed

SEADLink.com is an online networking, discussion forum and meeting place, open to all with the purpose to support educators and those involved in education to collaborate, learn and grow around the application of mindful social emotional learning.

Contact Us :



MindfulSEAD.com



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