

HEALING INFINITELY

Healing Infinitely Whole-Child Home & Participation Assessment

A family-centered educational screening tool to identify gaps affecting a child's safety, participation, communication, mobility, self-care, sensory needs, caregiver support, and meaningful daily life.

ELEVATE

See the whole child.

EXECUTE

Turn identified gaps into practical action.

EXPAND

Connect home, family, resources, and care.

How to score: Mark one response for each item: **0 = Major gap/concern**, **1 = Some difficulty**, **2 = Doing well**. Add the five item scores in each section for a section score out of 10. Then add all six section scores for a total score out of 60.

Important: The score is an HI educational guide for identifying priorities and starting conversations. It is not a diagnosis, standardized test, or validated clinical cutoff.

Self-Care & Daily Routines	0 Major gap	1 Some difficulty	2 Doing well
Toothbrushing/oral care with adaptive equipment if needed	☐	☐	☐
Dressing	☐	☐	☐
Bathing	☐	☐	☐
Toileting	☐	☐	☐
Eating and mealtime participation	☐	☐	☐
SECTION SCORE			____ / 10

Mobility & Physical Access	0 Major gap	1 Some difficulty	2 Doing well
Walking, wheelchair, crutches, prosthesis, or other mobility method	☐	☐	☐
Transfers and positioning	☐	☐	☐
Access to bathroom, bedroom, play, and learning spaces	☐	☐	☐
Safe movement through entrances and hallways	☐	☐	☐
Equipment fit and everyday usability	☐	☐	☐
SECTION SCORE			____ / 10

Sensory & Regulation	0 Major gap	1 Some difficulty	2 Doing well
Noise, lighting, textures, and crowded spaces	☐	☐	☐
Ability to calm and regulate	☐	☐	☐
Predictability of routines and transitions	☐	☐	☐
Sensory supports available when needed	☐	☐	☐
Home spaces support comfort and participation	☐	☐	☐
SECTION SCORE			____ / 10

Whole-Child Assessment - Continued

Learning, Play & Communication	0 Major gap	1 Some difficulty	2 Doing well
Ability to communicate wants and needs	■	■	■
Fine-motor access to toys, school tools, and technology	■	■	■
Participation in play and preferred interests	■	■	■
Following routines or visual supports	■	■	■
Opportunities for age-appropriate choice and independence	■	■	■
SECTION SCORE	_____ / 10		

Family & Caregiver Support	0 Major gap	1 Some difficulty	2 Doing well
Caregiver understands safe assistance and equipment	■	■	■
Caregiver can support routines without excessive strain	■	■	■
Family has strategies for challenging transitions	■	■	■
Caregiver has respite, rest, or support	■	■	■
School, therapy, and home goals are reasonably coordinated	■	■	■
SECTION SCORE	_____ / 10		

Participation & Community Access	0 Major gap	1 Some difficulty	2 Doing well
Participation in school or learning	■	■	■
Community outings and transportation	■	■	■
Peer and family participation	■	■	■
Access to recreation and meaningful activities	■	■	■
Environmental or social barriers limiting inclusion	■	■	■
SECTION SCORE	_____ / 10		

Your Child's HI Score Snapshot

Transfer each section score below, then add them together.

SECTION	YOUR SCORE	MAX
Self-Care & Daily Routines	_____	/ 10
Mobility & Physical Access	_____	/ 10
Sensory & Regulation	_____	/ 10
Learning, Play & Communication	_____	/ 10
Family & Caregiver Support	_____	/ 10
Participation & Community Access	_____	/ 10
TOTAL SCORE	_____	/ 60

What the Score Can Tell You

SCORE RANGE	WHAT IT SUGGESTS	NEXT STEP
0 - 20	Many areas may need closer attention.	Start with the child's biggest everyday barriers. Consider discussing the results with appropriate healthcare, therapy, school, or community professionals.
21 - 40	A mix of strengths and areas of difficulty.	Prioritize the lowest-scoring sections and choose 1-2 practical changes to work on first.
41 - 60	Many areas are currently going well.	Celebrate strengths, review any individual low-scoring items, and reassess as the child's needs or environment change.

Use section scores, not only the total. A child may have a strong overall score while still having an important gap in one area. The lowest-scoring sections and individual items can help guide what to explore first.

HI Gap Snapshot

Core question: What is getting in the way of this child's safety, participation, independence, growth, and meaningful daily life?

Top 3 gaps to address first:

1. _____

Practical next action: _____

2. _____

Practical next action: _____

3. _____

Practical next action: _____

Possible Next Steps

- Education or home strategy ■ Environmental modification or adaptive equipment
- Caregiver/family training ■ Therapy or other professional evaluation
- Community resource or transportation connection ■ Medical follow-up when appropriate



You identified the gaps. Now let's close them.

Healing Infinitely supports whole-person and whole-family solutions that connect function, home, caregiver/family needs, practical resources, and meaningful everyday life.

www.healinginfinitely.com

Educational screening only: This tool is not a diagnosis, medical advice, a standardized test, or a substitute for an individualized evaluation by an appropriately licensed healthcare professional. The score ranges are educational guides developed for this worksheet and are not validated clinical cutoffs. Urgent or sudden medical symptoms require prompt medical attention.