



HERBS & NUTRITION

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Acai Berry (500 mg 60 caps)

Weight loss supplement also reduces the aging process and helping cell recovery. Increases metabolic rate leading to faster breakdown, increases energy levels and fights fatigue.

Aloe Vera (500 mg 60 caps)

Excellent at regulating the immune system. Contains enzymes that help stimulate digestion. Anti-bacterial properties help speed up the healing of skin injuries.

Amla (500 mg 60 caps)

Promotes longevity and aids in digestion. Its antioxidant properties help fight free radical damage and support healthy aging.

Amrit Chyavanprash (300 grams)

An excellent booster, rejuvenator and health tonic. It helps remove physical weakness caused by any reason.

Arjuna (500 mg 60 caps)

Bark of arjuna tree has been found to be rich in Co-Enzyme Q10 which helps support cardiovascular health. It may help lower systolic blood pressure level.

Ashoka (500 mg 60 caps)

Used for menstrual disorders associated with abnormal menstrual bleeding, pain and congestion. It is the best tonic for women.

Ashwagandha (500 mg 60 caps)

It has been used as an aphrodisiac, to remedy general weakness and exhaustion, as well as for its stress relieving qualities.

Astragalus Root (500 mg 60 caps)

Boosts the immune system and promotes cardiovascular and liver health.

Bael - Golden Apple (500 mg 60 caps)

Helps in healing of ulcerated intestinal surfaces. Bael fruit is popularly used in diarrhea, dysentery, and has digestive and carminative properties.

Beet Root Extract (500 mg 60 caps)

Increases nitric oxide in the body. Nitric oxide decreases blood pressure by signaling the blood vessels to expand, allowing more blood flow, oxygen and other nutrients to get to the cells.

Blood Pressure (500 mg 60 caps)

Contains Sarpagandha, Jatamansi, and Shankhapushpi which are herbal supplements that may help individuals with hypertension. However, you also need to do physical exercises and drink 6 to 7 glasses of water every day.

Bilberry (60 mg 60 caps)

A great supplement for improving eyesight. Bilberry is rich in antioxidants and natural substances thought to protect eye diseases like age related macular degeneration, cataracts and glaucoma.

Bitter Melon (500 mg 60 caps)

Bitter Melon also known as Karela, has been traditionally used to regulate blood sugar levels within the normal limits. It may also help maintain healthy cholesterol levels.

Boswellia (500 mg 60 caps)

May reduce pain and boost physical functioning in people with arthritis, asthma and inflammatory bowel diseases. Boswellia helps shrink inflamed tissues by improving the blood supply to that area.

Brahmi (500 mg 60 caps)

May be used as a brain tonic to support memory, learning, and concentration. This herb is also a powerful rejuvenator that assists with mental activity, brain functioning and overcoming feelings of nervousness and restlessness.

Breathe Easy & Smokers Defense (750 mg 60 caps)

Breathe Easy contains the extracts of many herbs such as Ginger, Milk Thistle, Burdock, Aloe Vera, Green Tea, Echinacea and Cordyceps which has the best nutrients for the respiratory and circulatory system. It acts as an herbal immuno-modular formula.

Bromelain (500 mg 60 caps)

Bromelain is a mixture of enzymes found naturally in the juice and stems of pineapples. It is a popular natural digestive aid due to its ability to digest proteins. It's used for bloating, gas and other digestive symptoms, and for conditions such as irritable bowel syndrome.

Cat's Claw (500 mg 60 caps)

Acts as an anti-inflammatory and immune system booster. It may also help clean the intestinal tract and be helpful to people who have joint pain and joint cell degeneration.

Chitosan - 95% Deacetylated (500 mg 60 caps)

Chitosan is a fiber made from the exoskeletons of shellfish. Fiber has been shown to reduce cholesterol and triglycerides in the body.

Cleanse (500 mg 60 caps)

A special herbal formula designed for colon cleansing. It is a mild laxative with no side effects as it is a food supplement.

Collagen (Hydrolyzed Fish Collagen) (500 mg 60 caps)

Collagen is a main component of connective tissue. As you age, your body may produce less collagen needed for optimum health. A collagen supplement may improve skin, nails, hair and counter the effects of aging. It may also reduce joint pain and swelling.

Co-Q10 (30 mg 60 caps)

Known as an “energy booster antioxidant”. Taking Co-Q10 can help to protect the skin from premature aging and may even reverse skin damage. It also helps improve cardiovascular health and lower blood pressure levels.

Cordyceps (500 mg 60 caps)

Cordyceps is a mushroom that has been used for thousands of years, a profound tonic herb. It is used to increase energy, stamina, and endurance. Because of the adrenal support Cordyceps extracts can provide, it's also useful for people dealing with excessive psychological or physical stress.

Creatine (200 grams)

Creatine is a chemical normally found in the body, mostly in muscles. It is most used for improving exercise performance and increasing muscle mass in athletes and older adults.

Curcumin (Turmeric) (500 mg 60 caps)

A powerful antioxidant. It is anti-inflammatory, purifies the blood and acts as an antibacterial for intestinal flora.

DHEA (500 mg 60 caps)

DHEA (dehydroepiandrosterone) is a hormone that's naturally produced by the adrenal glands. Levels of DHEA naturally drop after the age of 30. It's often taken to slow or reverse the aging process, enhance exercise performance, prevent Alzheimer's disease, improve libido, fight fatigue, soothe menopause symptoms, treat erectile dysfunction, and stimulate the immune system.

Digestive Power (500 mg 60 caps)

Can help with acid reflux, hyper acidity, hiccups, constipation, irregular bowel movement and indigestion.

Diabetica – Sugar Control (500 mg 60 Caps)

Diabetica is a natural product for controlling blood sugar and enhancing pancreatic function. Diabetica capsules contain 4 powerful anti-sugar absorption herbal extracts which limit the absorption of sugar into the blood stream during digestion.

Dong Quai (500 mg 60 caps)

Dong Quai is considered the ‘female ginseng’ because of its balancing effect on the female hormonal system. It is ideal for women experiencing hormonal changes, be it from PMS, menopause or just the stress of everyday life.

Echinacea (450 mg 60 caps)

Echinacea is commonly used to boost the immune system, help speed wound healing and treat colds, flu and infection.

Evening Primrose Oil (500 mg 100 softgels)

Evening Primrose Oil is one of the richest sources of Gamma Linolenic Acid (GLA). It is helpful in treating conditions such as rheumatoid arthritis, premenstrual syndrome, breast pain during menstruation, eczema and other skin conditions.

Fenugreek (Methi) (500 mg 60 caps)

Fenugreek or Methi Seeds Extract is rich in vitamins and beneficial in the treatment of indigestion, flatulence and increase the flow of milk for breast feeding mother.

Ferrous Sulfate: (30 mg 60 caps)

Iron deficiency causes anemia, body itching and mental disability in young children. Also, people with iron deficiency have symptoms of dizziness, abnormality, fast heart rate, loss of appetite and insomnia may develop.

Female Formula (900 mg 60 caps)

Good for cleansing, immune support, anti-bacterial, circulation and estrogen balance.

Feverfew (50 mg 60 caps)

An anti-inflammatory herb that helps heal swelling and joint pain. It is also helpful in relaxing the smooth muscles in the uterus, thus promoting menstrual flow.

Ginkgo Biloba (500 mg 60 caps)

Ginkgo improves blood flow to the brain and acts as an antioxidant. Thus, it is helpful in memory loss, concentration problems, vertigo, tinnitus and dizziness.

Glutamine (200 grams)

Glutamine is a naturally occurring non-essential amino acid that is commonly stored in muscles and released into the blood stream during times of stress. Research has found that glutamine supplements can help maintain muscle mass by preventing protein breakdown.

Gotu Kola (500 mg 60 caps)

Gotu Kola is a rejuvenative nervine recommended for nervous disorders, including epilepsy, senility, insomnia, and premature aging. As a brain tonic, it helps enhance intelligence and memory while strengthening the adrenal gland.

Grape Seed Extract (30 mg 60 caps)

Grape Seed extract contains potent antioxidant and protective polyphenols, particularly resveratrol which helps promote healthy circulation, protects cells from free radical's damage, promote brain, skin and eye health.

GTF Chromium (200 mcg 60 caps)

Glucose Tolerance Factor Chromium is used for improving blood sugar control in people with prediabetes, type 1 and type 2 diabetes. Chromium maintains the correct blood pressure, lowers blood pressure, lowers blood cholesterol and raises 'good' cholesterol. It is also used to improve athletic performance and to increase energy.

Guduchi - Liver Tonic (500 mg 60 caps)

Guduchi helps support the normal functions of the immune system by maintaining optimal levels of white blood cells. It is also regarded as a liver protector, thus, helpful in treating liver damage, viral hepatitis, alcoholism, medical or chemical poisoning.

Guggul - Cholesterol Control (500 mg 60 tablets)

Guggul has been used to support healthy lipid and cholesterol levels.

Gymnema Sylvestre (450 mg 60 caps)

An Ayurvedic herb that's known as "destroyer of sugar" because, in ancient times, Ayurvedic physicians observed that chewing a few leaves of Gymnema Sylvestre suppressed the taste of sugar.

Haritaki (500 mg 60 caps)

A natural herbal laxative that helps to clean the colon smoothly and effectively. It strengthens and nourishes the tissues and supports the function of the colon, lungs, liver and spleen.

Hawthorn (450 mg 60 caps)

Hawthorn berries are rich in flavonoids which have been shown to dilate peripheral and coronary blood vessels. This action helps alleviate hypertension and high blood pressure and reduce the severity and frequency of angina attacks.

Horny Goat Weed (500 mg 60 caps)

Horny Goat Weed (Epimedium) is a natural herb that can often be found in sexual enhancement supplements. The ingredient is primarily advertised to increase the libido capacity and increase energy levels.

Lecithin (1200 mg 60 softgels)

Composed of the chemicals inositol and choline which can be derived from foods like egg and soy sources. This supplement helps as memory aid for Alzheimer's disease, liver health, gall bladder disease, bipolar disorder, weight loss and high cholesterol.

Licorice (500 mg 60 caps)

Licorice has been long known for its ability to soothe respiratory inflammation. It is mostly used as a demulcent (soothing agent) in the digestive and urinary tracts, to help with cough and to soothe a sore throat.

Liver Tonic (500 mg 60 caps)

Powerful Ayurvedic herbs that can protect the liver from damage caused by free radicals due to antioxidant and inflammatory activity.

Lycopene (50 mg 60 caps)

Lycopene is a bright red carotenoid pigment, a phytochemical found in tomatoes and other red fruits. Lycopene is the most common carotenoid in the human body and is one of the most potent carotenoid antioxidants. It's a powerful antioxidant they may help protect the cells from damage.

Maca (500 mg 60 caps)

For centuries, native Peruvians have used Maca for its ability to increase energy and stamina and effectiveness as an aphrodisiac. Women use maca for female hormone imbalance, menstrual problems, and symptoms of menopause.

Moringa (500 mg 60 caps)

Moringa (Moringa Oleifera) is very rich in Vitamins A, B, C & the minerals iron & potassium. It is a complete source containing amino acids as well as coenzymes and antioxidants which can contribute to overall health.

Melatonin w/ Valerian (500 mg 60 caps)

Valerian is more effective for individuals who have emotional tension and disturbances and cannot sleep well. It does not produce a hangover type effect the next morning. Not to be taken if you are pregnant, a lactating mother or an adolescent.

Milk Thistle - Silymarin (1000 mg 60 softgels)

Milk Thistle extract is a great herbal supplement for dysfunction of liver, jaundice and damaged liver cells. Milk Thistle has been used for indigestion since it promotes the flow of bile and thus helps emulsify.

Mucuna (100 mg 60caps)

Mucuna is a traditional nervine tonic used to support the normal function of the brain and reproductive system. It is a natural source of amino acid (L-Dopa) which converts into dopamine in the body. It has been used to increase sexual desire and ability.

Muirapuama (500 mg 60 caps)

Muirapuama is a medicinal plant from South America, traditionally used as an aphrodisiac by both sexes. It helps boost and prolong performance, enhances virility. It may also help with stress management, nervous system stimulation, genital weakness, impotence, and overall health.

Neem (500 mg 60 caps)

Neem helps detoxify the body and purify the blood. It promotes healthy hair and skin.

Potassium (500 mg 60 caps)

Potassium is a mineral that's crucial for life. It is necessary for the heart, kidneys, and other organs to work normally. Inadequate potassium may produce symptoms including restlessness, loss of appetite, nausea, thirst, and drowsiness.

Psyllium Husk (100 grams)

Psyllium is an excellent natural source of dietary fiber that increases bowel regularity and aids the digestive system. Psyllium husk is also thought to be effective in lowering LDL levels (Low Density Lipoprotein). Excess LDL builds up in your arteries and may lead to heart diseases.

Reishi Mushroom - Ganoderma (500 mg 60 caps)

Also known as Lingzhi, Reishi Mushroom is derived from 100% pure natural Ganoderma which is processed into triple concentrated capsules. It is very useful for a poor immune system, high blood pressure, high cholesterol and bad skin condition including radiation and chemotherapy.

Safed Musli (500 mg 60 caps)

Safed Musli is a very powerful aphrodisiac agent with no side effect. It may help enhance male potency and overcome signs of fatigue. It also improves the quantity and flow of milk for lactating mothers. It is a rejuvenative tonic for both men and women.

Shilajit (500 gm 60 caps)

Shilajit is a pale brown to blackish gummy substance on rock found in the mountains of India and the Himalayas. Research shows that shilajit may be effective in men and women (aphrodisiac).

Slim Energy (750 mg 60 caps)

Slim Energy is a blend of the finest herbs, botanicals, and vitamins plus Chromium Picolinate. The USDA Patented "Mineral-Nutrient of the 90's." May act as fat burner and appetite.

Superman - Super Power (900 mg 60 caps)

Superman Super Power is a combination of some of the best herbal extracts from all over the world, with amino acids, minerals and B-vitamins.

Tamarind (500 mg 60 caps)

Boost immune system, fights inflammation and supports weight loss.

Tongkat Ali (500 mg 60 caps)

Tongkat Ali appears to work by increasing levels of the hormone testosterone. It has been used for many years by men to increase sexual desire, libido, and sexual performance and to treat erectile dysfunction. Because of its testosterone-enhancing properties, tongkat ali is also used by bodybuilders to increase muscle mass and strength.

Tribulus - Gokshura (500 mg 60 caps)

Tribulus (Tribulus Terrestris) is claimed to increase the body's natural testosterone level. It is also ideal for bodybuilders and those desiring to maximize libido and sexual performance.

Triphala (750 mg 60 caps)

Triphala is used to improve digestive health, which helps heal the body from indigestion, constipation, bowel irregularity and other digestive trouble. It acts as a mild laxative.

Tulsi (500 mg 60 caps)

Tulsi is good for common colds, coughs, and flu. According to Ayurveda, Tulsi promotes purity and lightness in the body, cleansing the respiratory tract of toxins and relieving digestive gas and bloating.

Vanadyl Sulfate (500 mg 60 caps)

Vanadyl Sulfate is derived from the trace mineral vanadium. Vanadium was shown to lower sugar levels to well within the normal range. Vanadyl Sulfate also helps vascularity, boosts energy, builds muscles and boost training pump for body builders.

Vitamin B-12 Cyanocobalamin (1000 mcg 60 caps)

Vitamin B12 (Cobalamin) is needed by the body to maintain a healthy nervous system. Vitamin B12 is usually measured at the time as a folic acid test, because a lack of either one led to a form of anemia called megaloblastic anemia.

Vitamin C (1000 mg 60 caps)

Vitamin C (Ascorbic Acid) is a water-soluble vitamin, needed by the body to form collagen in bones, cartilage, muscle, and blood vessels, and which aids in the absorption of iron. Vitamin C is also a highly effective antioxidant.

Wild Yam: (450 mg 60 caps)

Wild Yam is partially converted in the intestines to the hormone DHEA. It is a great remedy for women who suffer from menstrual cramps or pain, menopausal symptoms, and uterine pain.

Yohimbe (750 mg 30 caps)

Yohimbe has been known to help alleviate symptoms of erectile dysfunction and impotence, to enhance male potency and boost performance, and to increase sperm production. It's also known to increase libido in women.

Zinc Aspartate (25 mg 60 tablets)

It is a trace mineral that helps keeps nails, skin, and hair healthy. Zinc maintains the reproductive organs in both men and women and is also a great mineral for maintaining healthy skin and a robust immune system. Many individuals suffer from acne, eczema, and psoriasis due to zinc deficiency.