

Crown Prep Post-Op Instructions

- Do not eat until the numbness is gone. You might bite/burn your cheek or lip. You can drink anytime.
- You have a plastic temporary crown until the permanent one is ready. Do not chew hard or crunchy foods on this plastic shell, it may split the plastic.
- Do not chew gum or sticky candy. These can pull the plastic shell loose or completely off. If your temporary comes off you must call the office. If your temporary comes off it can cause a problem with your permanent crown or damage the tooth underneath it.
- This is a minor surgery. As with any surgery, you may have discomfort and your gums may be very sore. You might have hot or cold sensitivity for a few weeks to a few months. If you have either strong pain, or irritation lasting longer than a few weeks, or if it is gradually getting worse, please call the office. Advil or Tylenol usually works well to keep you comfortable.
- Do not floss the first few days, but when you do pull through with the floss; do not floss back down/up through the contact as it can pull off the temporary crown. Warm salt water and gentle cleaning are best. Please still brush the area. If it bleeds easily, be less vigorous.
- Your bite should feel balanced. Afterwards, if it does not, please call the office for a quick adjustment when you are not numb. If it has a high spot it may crack the temporary crown or give you a toothache.
- Use a hot/warm washcloth over the injection site to soothe the muscles.

Temporaries:

- Temporary crowns are usually placed while permanent restorations are being constructed.
- They are fragile and easily broken or lost since they are cemented with temporary cement.
- Avoid chewing on them as much as possible.
- Avoid sticky or gummy foods. If it comes off, stick it back on with Vaseline or toothpaste, it only fits one way. Call if you cannot get it back on your tooth or if it breaks!