

CONSTANCY OF PURPOSE

The Christian Teachings of Virtue (Series 1, Part 6, Teaching #6)

Instructions: Watch video, read aloud, underline what stands out to you most, discuss



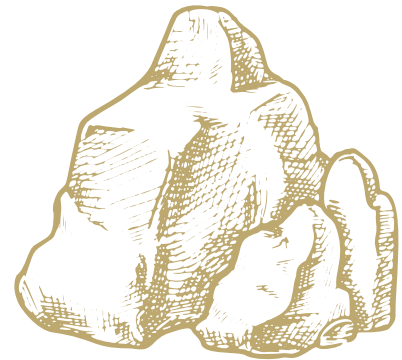
Leader Guide...

See the back page for detailed facilitator instructions.

Do you have to choose to seek to glorify God in all you do by pursuing a virtuous life as your ultimate purpose in life? Of course not. You can choose any purpose you want for your life. You have free will. But it is God's will for you to choose and fulfill this purpose.

It is the purpose that remains constant whether you become a prisoner of war or win the lottery, whether you build the house of your dreams or watch it burn down, whether you fall in love or lose the one you love, whether you're healthy or fall ill, whether you're on the mountaintop or in the valley. This is the purpose that never changes.

In fact, it continues to gain strength through triumphs and trials, because when your purpose is to seek to glorify God in all you do by pursuing a virtuous life, every situation in life—no matter the circumstance—is viewed as an opportunity for growth, sanctification, and the fulfillment of your purpose.



But you must choose it.

And you choose it not once, but daily—through prudence in your decisions, justice in your dealings, fortitude in your trials, and temperance in your desires; through faith that trusts, hope that endures, and charity that loves unconditionally. Your purpose is not fulfilled in theory, but in the steady practice of virtue in the details of your life.

God won't force your hand. He invites, but never coerces. He calls, but never commands without consent. He wants your heart—not your obligation. You must will it. And even if your life has wandered far from that purpose, it's never too late to return to it.

The world builds purpose on circumstances. But circumstances shift like sand. Health fades. Success changes. Relationships evolve. Seasons turn. But "Jesus Christ is the same yesterday and today and forever" (Hebrews 13:8). When your purpose is rooted in Him, it stands like a lighthouse in the storm—steady, guiding, immovable. You may bend, but you do not break.

So be bold. Be who God wills you to be. Heed God's call, pursue His will, fulfill His purpose. For "He is the ultimate goal of life; from Him we came, and in Him alone do we find our peace" (Ven. Fulton J. Sheen). In Him alone do we find our fulfillment.

When your purpose is rooted in glorifying God, no storm can shake it, no loss can steal it, no trial can undo it. It is a purpose anchored in eternity—constant, unbreakable, and guided by grace.



Watch Video: Scan the QR code to access the video for this teaching as well as additional resources such as related Scripture, quotes, and more.
Or, visit horseandchariot.com/constancy-of-purpose



Circumstances will change, but your ultimate purpose does not have to change with them. When you choose to glorify God through a virtuous life, every triumph and trial becomes an opportunity to fulfill that purpose. Success cannot complete it, suffering cannot prevent it, and loss cannot take it away. But you must freely choose it—and keep choosing it daily.

1. Purpose must be chosen. God invites you to live for His glory, but He respects your freedom. → Have you consciously chosen God's purpose for your life?

2. Circumstances change; purpose remains. Health, relationships, success, and seasons shift, but purpose rooted in God endures. → Is your purpose anchored in God or favorable circumstances?

3. Every circumstance can fulfill your purpose. Triumphs and trials alike offer opportunities for growth and sanctification. → What difficulty could you view as an opportunity to glorify God?

4. Purpose is practiced through virtue. Your purpose becomes real through virtuous choices in daily life. → Which virtue would help you live your purpose more faithfully?

5. Constancy requires recommitment. You must continually realign your will with God's. → What repeatedly pulls you away from your purpose?

6. You can always return. No matter how far you wander, God's invitation remains. → Where do you need to realign your will and begin again?

CHARACTERISTICS OF CONSTANCY OF PURPOSE

Those whose purpose is rooted in glorifying God exhibit these traits:

1. Steadfast. They remain committed to God through changing circumstances.

2. Anchored. Their direction is rooted in Christ rather than the world.

3. Resilient. Trials do not rob their lives of meaning.

4. Intentional. They choose virtue rather than drifting with circumstances.

5. Faithful. They glorify God in triumph and suffering alike.

6. Persevering. When they fall, they return and continue forward.

Signs Your Purpose Depends on Circumstances...

- Your sense of meaning fades when life does not go as planned.
- Success gives you purpose, while failure takes it away.
- You glorify God in blessings but struggle to do so in trials.
- Your emotions determine how faithfully you practice virtue.
- You view trials as interruptions rather than opportunities.
- You abandon good habits when life becomes difficult.
- You continually redefine your purpose as situations change.

Think: My circumstances will change, but my purpose can remain constant. On the mountaintop or in the valley, I can glorify God by choosing virtue and aligning my will with His. No success can fulfill this purpose for me, and no suffering can take it away. I must choose it—and keep choosing it—faithfully and daily.

Pray: Lord, anchor my purpose firmly in You. When circumstances change, keep my heart steady. In triumph, make me humble; in suffering, give me fortitude. When I wander, draw me back. Give me the grace to align my will with Yours and glorify You in every season. Amen.

SELF-EVALUATION & ACTION STEP

Of the areas you underlined throughout this teaching, which stood out to you most and why?
(Reflect, write down, discuss)

Rate yourself from 1-10

1 = My purpose changes with my circumstances
10 = My purpose remains rooted in glorifying God

1	2	3	4	5	6	7	8	9	10
---	---	---	---	--------------	---	---	---	---	----

← (avoid 5) →

Why did you give yourself this rating?

Which circumstance has the greatest power to strengthen or weaken your sense of purpose?

What current trial could you view as an opportunity for growth and sanctification?

What action will you take this week to recommit yourself to glorifying God through virtue?

Daily Affirmation: Today, I choose my purpose again. By God's grace, no success will distract me, no failure will define me, and no trial will shake me. In every circumstance, I will pursue virtue, glorify God, and remain steadfast in Him.

FACILITATOR INSTRUCTIONS

Courageous Facilitator,

Your willingness to step forward and lead is a gift of grace to your community and a brave act of faith. God bless you for answering the call to inspire others to grow in virtue and pursue the character of Christ.

The Holy Spirit thrives in fellowship and community, working powerfully through the connections and shared experiences of small groups. That's why these lesson plans are designed to cultivate genuine relationships, inspire meaningful conversations, and foster a spirit of transformation through shared wisdom and grace.

Facilitating these lessons is both simple and impactful. While many forms of teaching rely on one-way communication, where one person speaks and others listen, true transformation happens through two-way communication. In this format, ideas aren't merely taught—they're explored together. You'll guide, but everyone will share and learn from one another, creating a rich environment where the Holy Spirit can move and grow each mind, heart, and soul.

These lesson plans succeed because they:

- **Encourage connection** in a collaborative small group setting that fosters action and accountability
- **Empower every voice** with opportunities for each participant to share and contribute
- **Inspire growth** through educational, inspirational, and transformational teachings

Your role as a facilitator is to:

- **Follow the instructions and trust the process**—the wheel is already built, you're here to guide it.
- **Honor the schedule** by being punctual and respecting the time of your group.
- **Lead with love** and rely on God's grace to inspire, guide, and uplift everyone in the group.

Your courage to create a space for growth and fellowship will not only bless others but will deepen your own journey of faith and virtue. Together, with God's help, lives will be transformed.

To God be the glory!

FACILITATOR CHECKLIST

1. Getting Started (5-10 mins)

- ☐ Give everyone a few minutes to join before getting started. Be friendly and greet people as they arrive. Get them talking! Come prepared with some good ice-breaker questions you can ask during this time.
- ☐ 3-5 minutes in, do quick introductions for anyone new to the group. What brought them to the group? Spend a moment getting to know them.
- ☐ Open with a short prayer (facilitator or volunteer).

2. Watch & Read the Teaching (5-10 mins)

- ☐ Watch the video of the teaching as a group.
- ☐ Have a volunteer read all of page 1. Have others follow along and underline what stands out to them most.

3. How it Applies (5-10 mins)

- ☐ Have a volunteer read all of page 2. Have others follow along and underline what stands out to them most.

4. Reflection & Discussion (20-30 mins)

- ☐ Have everyone quietly take 5 minutes to complete the "Self-Evaluation & Action Step" on page 3.
- ☐ Then, going around the group, have each person take a minute to share what stood out to them most about the teaching and why.
- ☐ If time allows, continue the discussion using the remaining self-evaluation questions as a guide.

5. Wrap Up (5 mins)

- ☐ Remind everyone to do the daily affirmation until you meet again next time.
- ☐ Ask for any prayer requests from the group.
- ☐ Close with a short prayer (facilitator or volunteer).