

## **2022 USATF PVA Open & Masters Cross Country Championship** **Safety Plan & Procedures**

The below document states the Safety Plan and Procedures put in place for the 2022 USATF PVA Cross Country Championship on Saturday, November 19<sup>th</sup>, with a rain date of Saturday, November 26<sup>th</sup> at Kenilworth Park & Aquatic Garden to ensure the health, safety, and enjoyment of the competing athletes, coaches, meet staff, and spectators. The below sections include as follows: General Public Safety, Medical Safety and Health, Covid-19 Safety Plan, and Emergency Plan.

### 1. **Public Safety:**

- a. The 2022 USATF PVA Open & Masters Cross Country Championship is being held at the Kenilworth Park & Aquatic Gardens, a part of the National Park Service in Washington, DC. As such there will be ***National Park Police Officers*** at Kenilworth Park & Aquatic Gardens to help ensure an orderly and safe event for the athletes, meet staff, and spectators by assisting in maintaining the designated space for the Cross Country Meet clear for the meet without other people entering the meet area and in general helping to keep the event orderly.

### 2. **Medical Safety and Health:**

- a. ***Athletic Training / Medical Staff*** will be on-site to serve the competing athletes at 2022 USATF PVA Open & Masters Cross Country Championship. The Athletic Training Staff will be on-site one hour prior to the start of the event to assist as needed with taping, stretching, and other things for the athletes' pre-race warm-up routine. Second, the ***Athletic Trainer(s) / Medical Staff*** will be there to provide first aid, medical treatment and care in the event of a medical emergency and/or injury happens during the meet. The Athletic Trainers can provide emergency first aid, and treatment on-site and determine if the athlete needs to emergency medical care by way of ambulance transport to a local hospital emergency department, if needed. This will ensure the health and safety of each competing athlete and ensure that the 2022 USATF PVA Open & Masters Cross Country Championship can be a safe, fun, and good competition.

### 3. **Covid-19 Safety Plan:**

- a. ***Covid-19 (Sars COV2)*** is a novel virus that is highly contagious and rapidly mutating. The Covid-19 disease spread throughout the world and is declared a pandemic by both the Centers for Disease Control (CDC) and World Health Organization (WHO). Covid-19 infection can lead to severe disease and potentially lead to death. The Covid-19 Policy is put in place to reduce the likelihood of anyone at the meet catching and/or spreading Covid-19.

#### **b. Well Fitting Face Mask (recommended)**

- i. To reduce the likelihood of any competing athletes, meet staff, and spectators there a strongly recommendation that all spectators, staff, and non-competing athletes ***wear a well-fitting face mask*** to reduce the likelihood spreading any respiratory borne viruses or bacteria including Covid-19.

#### **c. Covid-19 Testing and Vaccine requirements for athletes:**

- i. To reduce the likelihood of competing athletes having Covid-19 and potentially infecting others: all competing athletes are required to show verification of

having been ***fully vaccinated against Covid-19 by two shots for Pfizer/BioNTech or Moderna and one shot for Johnson & Johnson***, respectively with verification provided by ***Crowd Pass***.

- ii.*** If the competing athlete, is not vaccinated against Covid-19 than the athlete will have to ***show a negative Covid-19 Test*** within the previous 48 hours for a Rapid Antigen Test and 5 days for a PCR Test, to reduce the likelihood of them being a carrier of the virus SARS Cov2 that causes COVID-19 disease.

**4. Emergency Plan:**

- a.*** In the event of a bad weather such as thunderstorms, severe rain, and/or wind, etc. the meet can be delayed for up to one hour to allow the weather event to pass. If the weather event is severe and/or does not stop and the health and safety of the competing athletes, meet staff, and spectators is at risk as determined by the Meet Director and/or Head Official the meet will be postponed to the rain date of Saturday, November 26<sup>th</sup> to allow the athletes to compete safely at later time.

The above listed Safety Plan and Procedures are made and put in place by the Meet Director, Michael K Bennett for the health and safety of the athletes to be able to compete at a high level and have fun in a safe environment. This Safety Plan and Procedures can be amended as needed to ensure the health and safety of the athletes at the 2022 USATF PVA Open & Masters Cross Country Championship.

**Prepared By:**

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USATF PVA Masters LDR Chair & Women's LDR Co-Chair (2018 to 2022)