More info: bouldervfc.org



Boulder County Free & Low-Cost Activities for CASA Kids



ALL-AGES OUTDOOR RECREATION IDEAS

Go to the Park

Find one of the many <u>parks in Boulder</u> and try one of these activities: blow bubbles, swing, have a picnic, toss a ball, scavenger hunt, fly a kite, dance, water balloon fight, nature walk, sidewalk chalk, bird watching, play I-Spy, or eat ice cream.

- Lafayette Parks and Trails
- Longmont Parks, Open Space and Trails
- Louisville Trails
- Lyons Parks and Recreation

Hike on a Trail

Find a nearby trailhead <u>here</u> (remember to check difficulty level) or try the Open Space and Mountain Parks' <u>guided hike program</u> (available in winter, too!).

Ride Bikes

Roll around town using the <u>Boulder County bike</u> <u>map</u> or practice your mountain biking skills at <u>Valmont Bike Park</u>.

Paid Outdoor Recreation Ideas

- Butterfly Pavilion (Westminster)
- Gateway Park Fun Center (Boulder)
- Junkyard Social Club (Boulder)

OUTDOOR FUN

- INDOOR FUN
- BVFC ACTIVITY
 BACKPACKS



Visit a Farm

Contact your staff supervisor for a discounted ticket to <u>Sunflower Farm</u>, then make a <u>reservation online</u>.

More Kid-Friendly Farms in Boulder County:

- The Bee Hugger Farm (Longmont)
- Growing Gardens Children's Peace Garden (Boulder)
- Longmont Agricultural Heritage Center Free!
- Luvin' Arms Animal Sanctuary (Erie)
- Ya Ya Farm and Orchard (Longmont)

More info: bouldervfc.org





Indoor Activity Ideas

Draw, paint, write stories, journal, sing songs, learn to play an instrument, do a science experiment, dance, play with Legos, learn a magic trick, create origami, read books aloud, play a board game, make slime, build paper airplanes, play with play dough, or do a puzzle.

Browse the Library

Attend an event at your local library or browse the shelves for a new book! Locations: <u>Boulder</u>, <u>Lafayette</u>, <u>Longmont</u>, <u>Louisville</u>, <u>Lyons</u>

Discovery Passes from the Longmont Library

If you have a Longmont Library card, there is a list of museums, galleries, adventures, attractions you can visit for free using a Discovery Pass. Get all the details here.

Create Arts & Crafts

Art Parts Creative Reuse Center (Boulder)
Color Me Mine (Boulder)
Crackpots Studio (Longmont)
Tinker Art Studio (Boulder)
Firehouse Art Center - Kids Classes (Longmont)





Explore a Museum

CASA has a membership to <u>WOW! Children's</u> <u>Museum in Lafayette</u>. One CASA per day may use the pass. Contact your staff supervisor prior to the day you plan to visit. Bring your CASA badge to the museum.

More Boulder County Museums and Cultural Centers:

- Boulder Dairy Arts Center
- Boulder Museum of Contemporary Art
- Longmont Museum & Cultural Center
- <u>Dougherty Antique Car Museum</u> (Longmont)
- The Museum of Boulder
- <u>National Center for Atmospheric Research, NCAR</u>
 (Boulder) Free!
- Nederland Mining Museum Free!
- University of Colorado Art Museum (Boulder)
- University of Colorado Museum of Natural History (Boulder)

Paid Indoor Recreation Ideas

ABC Kids Climbing Gym (Boulder)
The Bounce Place (Boulder)
Bowling at the University of Colorado (Boulder)
City of Boulder Parks and Recreation Facilities
Fiske Planetarium (Boulder)
Get Air Trampoline Park (Longmont)
Longmont Climbing Collective
Ninja Warrior Playground (Longmont)
The Spot Climbing Gyms and Youth Programs
(Boulder, Denver, Golden, Louisville)

YMCA of Northern Colorado (various locations)

AUGUST 2022

More info: bouldervfc.org





BORROW BVFC ACTIVITY BACKPACKS

Discover a treasure trove of activity ideas to do together with your CASA child using an activity backpack from our office. Browse our selection of more than a dozen backpacks, each containing an activity guide and supplies. Every bag has a theme, including:

Firefighter Fun

Use a Discovery Pass from the Longmont Library for free access to the <u>Denver Firefighters Museum</u>. Or, find an indoor or outdoor location to explore the activities included in this bag to learn more about firefighting.

Bugs & Butterflies

A Discovery Pass from the Longmont Library can also get you a free ticket to the <u>Butterfly Pavilion</u> in Westminster, CO. Borrow this backpack for activities to do while you visit, including a scavenger hunt, along with ideas for bug hunting at a local park.

Birding for Beginners

This bag includes resources from local Audubon societies and a special kids' guide to birding in Colorado.

Rocks & Geodes

Go on a rockhound adventure with this backpack that also includes information on visiting the <u>Mines Museum</u> at the Colorado School of Mines in Golden, CO.

Building Bridges

Find a quiet spot and open this backpack for books about bridges and tunnels, plus a bridge-building activity kit.

Sand Play Storytelling

Create stories with the sand tray and exciting figurines included in this backpack. Use the activity guide to document your story to share.

Discover Dinosaurs

Get free access to <u>Dinosaur Ridge</u> in Morrison, CO with your Longmont Library card. Learn even more about dinosaurs with the books, models and activities included in this backpack.

Arts & Crafts Bin

We also have a bin with various arts and crafts supplies to add to each backpack. This bin contains additional guides for building your own paper airplanes and more!

Social & Emotional Backpacks

Activities included in these bags can help you and your CASA child explore various social and emotional topics, including:

- Friendship
- Overcoming Challenges
- Finding Inner Strength
- Calm
- General Play

