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Local School Wellness Policy (LSWP) Meeting for UCP Miami-Diamond Minds (Sponsor #522)

Meeting Overview

- **Purpose:** To Develop, Review, Update, and Implement LSWP for 2025-2026SY
- **Date/Time:** Tuesday, August 5, 2025 / 3:45pm – 4:45pm
- **Location/Platform:** FIU Biscayne Bay Campus – Room #114 @ EDQUEST 2025 / In-Person
- **Facilitators:** Sherri Cunningham and Val Randolph
- **Attendees:** Jezaria St. Fleur, Jelani St. Fleur, Pam Miller, Meaghan Gasch, Omar Lewis, Naomi Richardson, Fredline Dorvil, Dunae Perry, Kenoldrea Alexis, Sherri Cunningham, Val Randolph, and Tamika Lewis

1. Development of the Wellness Policy

Discussion Points

- Federal/state requirement review.
- Core components discussed (nutrition education, fitness/physical activity, community involvement, etc.).
- Alignment with district goals.
- Stakeholder input gathered.

Decisions/Actions

- Drafting responsibilities assigned to:
 - Kenoldrea Alexis, Sherri Cunningham, and Val Randolph
- Stakeholder feedback plan:
 - Surveys to students to be sent out during the second week of each grading period.
 - Stakeholder's feedback can be taken at each school by the food service clerk and/or administration. Once received, it should be shared with the chair of the committee for inclusion in upcoming meetings.



- Next draft review scheduled for:
 - Monday, August 18, 2025
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2. Review of Current Policy

Discussion Points

- Summary of triennial assessment findings:
- Compliance status:
- Progress toward wellness goals:
- Identified gaps or challenges:

Decisions/Actions

- Additional data needed from: Chief Operating Officer (budget), determine costs and options for fitness improvements, and determine options and cost for food service technology improvements.
 - Priority areas for improvement: Fitness and Improved Technology for Meal Programs (POS, feedback surveys, and Online Menus)
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3. Updating the Policy

Discussion Points

- Proposed revisions: Update the committee members to ensure accuracy, new design of policy with updated logos, increase of fitness time, and changes to nutrition standards for UCO.
- New components to consider: Healthy marketing and signage, updated nutrition standards, how to better support fitness objectives, and can we increase nutrition standards or are we within the guidelines set by the USDA.
- Budget, feasibility, and training considerations.

Decisions/Actions

- Revision team tasks: Update existing policy for final review by Monday, August 18, 2025.
 - Target date for final approval: 09/05/2025
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4. Implementation Planning

Discussion Points

- Rollout plan for updated policy
- Staff training needs
- Communication strategy for families/students
- Monitoring and compliance tools
- Support for school-level wellness committees

Decisions/Actions

- Training sessions scheduled for new wellness policy draftees for 08/11/2025.
 - Food Service training for all is tomorrow, 08/06/2025, at FIU North (during EdQuest) in Room 120 from 09:00 – 10:15am.
 - Communication materials, including these notes, to be created by school administration and posted on the website by 9/5/2025.
 - Monitoring checklist finalization to be created by food service administration and shared with everyone.
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5. Next Steps

- Draft revisions due: 08/18/2025
- Publish to School Website: 09/05/2025
- Next committee meeting date: 02/19/2026 (if all available) or the week of 03/16/2026

Special Note: All potential stakeholders are able to participate in the development, review, update, and implementation of the local school wellness policy. If interested, the stakeholder should send a formal request to their school administrator verbally, via email, or through the school website. Their contact information will be shared with the chair of the committee so a formal invite to upcoming events and meetings can be sent.

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