

Patient Name: _____ Date of Birth: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Email: _____
 Allergies: NKDA (no known drug allergies) Aspirin/ NSAID's Cyclobenzaprine Lidocaine / Local Anesthetic Tramadol Opioid
 Gabapentin Penicillin Amitriptyline Other: _____

COMMONLY PRESCRIBED COMPOUNDS FOR FEMALE CARE

The formula represented on this sheet represents commonly prescribed formulas for the disease states indicated. This is not intended to advertise claims of efficacy for individualized formulations. Patient can fill this prescription at their pharmacy of choice.

PRE-MENOPAUSE/ MENOPAUSE:

- Bi-Est Capsules _____mg #30gms SIG: One Capsule daily
 - Bi-Est Topical Cream 80/20ratio _____mg #30gms SIG: Apply 1/2 ml to skin twice daily
 - Combo cream Biest _____ Progest _____ Testosterone _____ DHEA _____ mg/gm
#30gms SIG: Apply 1/2 ml to skin twice daily
 - Diazepam Vag Suppository _____mg #30gms SIG: Insert One Suppository at bedtime
 - DHEA Capsules IR/ SR _____mg #30gms SIG: One Capsule at daily
 - DHEA Cream _____mg #30gms SIG: Apply 1 ml daily
 - Estradiol Cream _____mg #30gms SIG: Apply 1/2 ml to skin twice daily
 - Estradiol _____ Progesterone _____mg Cream #30gms SIG: Apply 1/2 ml to skin twice daily
 - Estradiol 0.0125% Cream +Applicator #45gms SIG: 1gm at bedtime 2-3 times/week
 - Progesterone Vag Suppository _____mg #30gms SIG: Insert One Suppository at bedtime
 - Gabapentin Vaginal Cream _____mg #30gms SIG: Insert 1gm at bedtime
 - Progesterone Cream _____mg #30gms SIG: Apply 1/2 ml to skin twice daily
 - Progesterone Caps(CIRCLE STRENGTH) #30cap SIG: One Capsule at bedtime
50MG IR OR SR 150MG IR OR SR
100MG IR OR SR 200MG IR OR SR
 - Progesterone Vag Suppository _____mg #30gms SIG: Insert One Suppository at bedtime
 - Testosterone Cream _____% Cream Qty _____SIG: Apply 1/2 ml to skin twice daily
- PLEASE USE SEPARATE SCRIPT FOR DIAZEPAM & TESTOSTERONE CREAMS AND SUPPOSITORIES

VAGINAL IMBALANCE:

- Amphotericin B 25mg/Clindamycin 50mg/ Metronidazole 50mg Cream
Qty #30 grams SIG: Insert 1 GM Vaginally at bedtime
- Boric Acid 600mg Suppository Qty _____SIG: Insert One Suppository at bedtime

SENSITIVITY ENHANCEMENT:

- Sildenafil 2% cream #15grams SIG: Apply 1gm to clitoris prior to sex
- Scream Cream#9 #15grams SIG: Apply 1-2 clicks to clitoris prior to sex

CUSTOM ORDER:

Refills: 2 4 6

Physician Name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ Fax: _____
 DEA: _____ NPI: _____

Physician's Signature

Date

