

## DIRECTIONS FOR USAGE – NASAL IRRIGATION MEDICATIONS

Please follow the directions listed below very specifically for the type of medication you received. As with any prescribed medication, any directions from your prescriber supersede the following guidelines.



**WATCH THIS VIDEO! SCAN HERE!**

**\* If using more than one medication from below – meds could be mixed simultaneously \***

### Capsule Medication

- Items Included
  - Prescription Bottle(s) Containing Capsules with Directions on the Bottle
  - Sinus Irrigation System
  - Saline/Salt Packets
  - Use **DISTILLED WATER** only
- Directions for Use
  - Place 8 oz of distilled water along with the appropriate amount of salt into the Sinus Irrigation System (8 oz of water typically requires 1 salt packet)
  - Salt mixture could be placed in the microwave to heat to lukewarm temperature (test on skin before using)
  - Replace bottle top on the Sinus Irrigation System, put finger over the top and shake well
  - Administer the medication in the irrigation solution / suspension as shown by the directions in the Sinus Irrigation System
  - Clean Sinus Irrigation System as directed in brochure from manufacturer

### Prescription commercially available vials – liquid form

- Items Included
  - Commercially Available Vials (Liquid Form)
  - Sinus Irrigation System
  - Saline/Salt Packets
- Directions for Use
  - Place 8 oz of distilled or bottled water along with the appropriate amount of salt into the Sinus Irrigation System (8 oz of water typically requires 1 salt packet)
  - Salt mixture could be placed in the microwave to heat to lukewarm temperature (test on skin before using)
  - Replace bottle top on the Sinus Irrigation System, put finger over the top and shake well
  - Administer the medication in the irrigation solution / suspension as shown by the directions in the Sinus Irrigation System
  - Clean Sinus Irrigation System as directed in brochure from manufacturer



Any questions? Call the pharmacy at (954) 283-7075. **Please feel free to contact us with any questions.**

Thank you for your patronage!