

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Allergies:  NKDA (no known drug allergies)  Aspirin/ NSAID's  Cyclobenzaprine  Lidocaine / Local Anesthetic  Tramadol  Opioid  
 Gabapentin  Penicillin  Amitriptyline  Other: \_\_\_\_\_

**COMMONLY PRESCRIBED COMPOUNDS FOR FEMALE CARE**

The formula represented on this sheet represents commonly prescribed formulas for the disease states indicated. This is not intended to advertise claims of efficacy for individualized formulations. Patient can fill this prescription at their pharmacy of choice.

**PRE-MENOPAUSE/ MENOPAUSE:**

- Bi-Est Capsules \_\_\_\_\_mg #30gms SIG: One Capsule daily
  - Bi-Est Topical Cream 80/20ratio \_\_\_\_\_mg #30gms SIG: Apply 1/2 ml to skin twice daily
  - Combo cream Biest \_\_\_\_\_ Progesterone \_\_\_\_\_ Testosterone \_\_\_\_\_ DHEA \_\_\_\_\_mg/gm #30gms SIG: Apply 1/2 ml to skin twice daily
  - Diazepam Vag Suppository \_\_\_\_\_mg #30gms SIG: Insert One Suppository at bedtime
  - DHEA Capsules IR/ SR \_\_\_\_\_mg #30gms SIG: One Capsule at daily
  - DHEA Cream \_\_\_\_\_mg #30gms SIG: Apply 1 ml daily
  - Estradiol Cream \_\_\_\_\_mg #30gms SIG: Apply 1/2 ml to skin twice daily
  - Estradiol \_\_\_\_\_ Progesterone \_\_\_\_\_mg Cream #30gms SIG: Apply 1/2 ml to skin twice daily
  - Estradiol 0.0125% Cream +Applicator #45gms SIG: 1gm at bedtime 2-3 times/week
  - Progesterone Vag Suppository \_\_\_\_\_mg #30gms SIG: Insert One Suppository at bedtime
  - Gabapentin Vaginal Cream \_\_\_\_\_mg #30gms SIG: Insert 1gm at bedtime
  - Progesterone Cream \_\_\_\_\_mg #30gms SIG: Apply 1/2 ml to skin twice daily
  - Progesterone Caps(CIRCLE STRENGTH) #30cap SIG: One Capsule at bedtime  
 50MG IR OR SR 150MG IR OR SR  
 100MG IR OR SR 200MG IR OR SR
  - Progesterone Vag Suppository \_\_\_\_\_mg #30gms SIG: Insert One Suppository at bedtime
  - Testosterone Cream \_\_\_\_\_% Cream Qty \_\_\_\_\_SIG: Apply 1 pump (1/2ml) to the back of each arm in the AM
  - Testosterone Cream \_\_\_\_\_% Cream Qty \_\_\_\_\_SIG: Apply 1 pump click (0.25ml) to each inner thigh in the AM
- PLEASE USE SEPARATE SCRIPT FOR DIAZEPAM & TESTOSTERONE CREAMS AND SUPPOSITORIES

**VAGINAL IMBALANCE:**

- Amphotericin B 25mg/Clindamycin 50mg/ Metronidazole 50mg CreamQty #30 grams SIG: Insert 1 GM Vaginally at bedtime
- Boric Acid 600mg Suppository Qty \_\_\_\_\_SIG: Insert One Suppository at bedtime

**SENSITIVITY ENHANCEMENT:**

- Sildenafil 2% cream #15grams SIG: Apply 1gm to clitoris prior to sex
- Scream Cream#9 #15grams SIG: Apply 1-2 clicks to clitoris prior to sex

**CUSTOM ORDER:**

\_\_\_\_\_

Refills: 2 4 6

Physician Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 DEA: \_\_\_\_\_ NPI: \_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date

