

BOTOX Pre-Treatment Instructions

- Schedule your Botox appointment at least 4 weeks prior to a special event to allow for complete healing.
- Results from Botox injections will take approximately 7-10 days to set in.
- Reschedule your appointment at least 24 hours in advance if you experience a rash, cold sore, or blemish in the area of treatment.
 - If you have a history of cold sores, please let your provider know as you may need antiviral treatment prior to injection to help prevent a possible outbreak.
- Avoid taking blood thinners or other nonsteroidal anti-inflammatory drugs such as Ibuprofen, Advil, Motrin, Aleve, Fish oil, Gingko Biloba, Omega 3 fatty acids, St. John's Wort, and high doses of vitamin E for 7-10 days prior to procedure.
- Discontinue Retin-A (Vitamin A) 2 days prior to procedure and for 2 days following.
- Do not take any muscle relaxing medications or sleep medications at least 3-5 days prior to treatment.
- Avoid alcoholic beverages for 24-48 hours prior to procedure as this can increase the risk for bleeding and bruising at the treated sites.
- Avoid waxing, bleaching, tweezing, or the use of hair removals creams in the area's to be treated at least 2 days prior and 2 days following.
- You may take 250mg to 500mg Tylenol x1 hour prior to your appointment to help with any discomfort you may have during the injections.
- Avoid sun exposure approximately 3-5 days prior to your appointment.

Precautions:

You should NOT be considered a candidate for Botox if you have any of the following:

Myasthenia Gravis
Neuromuscular disorders
Allergy to human albumin
Allergy to Botulinum Toxin
Pregnant or breastfeeding