

BOTOX Post-Treatment Instructions:

The goal following Botox treatment is to keep the Botox in the injected area and not allow for migration.

- Do not manipulate the treated area for at least 4 hours following treatment.
- Do not lie down for 4-6 hours after your Botox treatment. This will prevent the Botox from tracking into the orbit of your eye, called Ptosis, which causes the drooping of eyelids.
- Do not receive facial/laser treatment or microdermabrasion after Botox injections for at least 14 days.
- Do not perform activities involving straining, heavy lifting, or vigorous exercise/sweating at least 24 hours following treatment.
- Avoid heat including sun exposure and/or tanning beds at least 24 hours following treatment.
- It will take approximately 7-10 days for results to be seen. If the desired result is not seen at least 2 weeks after your treatment, you may need additional Botox. (Please call our office if an additional touch up is needed.)
- There is always a slight chance of bruising at the treated site, it is temporary. Be assured that any tiny bumps or marks will go away within a few days following treatment.
- Botox cosmetic is a temporary procedure and at first, you may find your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 4 months.