



WELCOME TO OUR DENTAL PRACTICE

Please help us get to know you by bringing the following information with you to your first appointment with our office:

1. Please Review and Fill Out the Enclosed Forms
 - Patient Registration
 - Dental History
 - HIPAA Privacy/Acknowledgement
 - Health History
 - Office Guidelines
 - Record Release
2. Copies of your most recent films (x-rays) from your previous dental office (or have your previous dentist email them to the email address below) before your appointment with us. Enclosed is an authorization to release your dental records that your previous dentist may ask for before forwarding your x-rays to our office.
3. Your dental benefits information including: the mailing address, your ID card with group numbers and contact information. Please arrive 5 minutes prior to your appointment.
4. Let Us Know if You Require Pre-Medication (Antibiotic) for Any of the Following:
 - Joint Replacement
 - Organ Transplant
 - Rheumatic Fever
 - Heart Murmur/Problems

Check-in Process When You Arrive:

- Masks are optional
- Our office is cool, dress accordingly
- Please arrive 15 minutes prior to your appointment time

Directions to Our Practice:

Coming from St. Paul take 35E South to Yankee Doodle Road exit and take a right. Go to third light and take a right at Central Pkwy. Turn left at first light on to Quarry Road and take first left to enter the parking lot for 1519 Central Pkwy.

Coming from the south take 35E North to the Pilot Knob Road exit and take a left. Go to Yankee Doodle Road (2nd light) and take a left. Go to second light and take a right at Central Pkwy. Turn left at first light on to Quarry Road and take first left to enter the parking lot for 1519 Central Pkwy.

We Look Forward to Meeting You.

Brandon C. Helgeson, DDS
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