

Winter Skill Build 2024-25 session - October 27th through January 18th										
Please note the studio your class will be held in.										
Studio B	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	
Sunday	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
	2.5-5yr Preschool Gym 10-10:45am						2.5-5yr Preschool Gym 10-10:45am			
Clown/All things circus club! NEW for Adults 11:15-12:30	Open Workout 2:00-3:30pm		2:00-3:30pm Open Workout		Open Workout 2:00-3:30pm		Open Workout 2:00-3:30pm			5-7yr Aerial Prep 10-11:00am
Open Workout 10:30-3:30pm	5-8yr Aerial Prep 3:50-4:50pm	7-8 level 1 fabrics 4:15-5:15pm	7-8yr L1 Fabrics 4:15-5:15pm	10-14yrs Intro/L1 Lyra 4:10-5:25pm	Kids All Things Circus 4:10-5:25pm	7-8yr L1-2 Fabrics 4:15-5:30pm	5-8yr Aerial Prep 4:00-5pm	9-11yr L1 Fabrics 4:10-5:25pm	7-8yr Intro Fabrics 4:15-5:15pm	8-11yr Intro to Mix Aerials 11:15a-12:30
Adult Intro/L1 Fabrics 12:45-1:45pm				9-11yr Intro to fabrics 4:10-5:25pm		9-11yr Level 1-2 Fabrics 4:10-5:25pm		Mini Evo 9-12yr performance troupe 4:00-5:15		
The Next Evolution Adult Performance 2:15-3:30	5-8yr Aerial Prep 5:00-6:00pm	9-16yr L2-3 Fabrics 5:30-6:45pm		Teen 12-16yr Intro to fabrics 5:30-6:45pm	9-11yr L2 Fabrics 5:30-6:45pm	Level 3-4 Fabrics 5:30-6:45pm	5-8yr Aerial Prep 5:15-6:15pm	Teen 12 -16yr L2 Fabrics 5:30-6:45pm		BIRTHDAY PARTIES!!!
	yoga/dance room Flexibility 5:40-6:40 pm	Advanced Lyra 5:30-6:45pm	Adult Acro Yoga 6:00-8:00pm	Teen L1 Fabrics 5:30-6:45pm		Chinese Pole 5:30-6:45pm		Level 3 Fabrics 5:20- 6:35pm		
	Corde lisse (Aerial Rope) 7:00-8:15pm	Loop Straps 6:45-8:00pm		Adult Intro Fabrics 6:45-8pm		Intro/L1 Aerial Straps 7:00-8:00pm	Adult L1 -2 Fabrics 6:45-8:00pm	Intro/L1 Lyra 6:45-8:00pm		
		Aerial Open Workout 6:45-8:15pm		Aerial Open Workout 6:45-8pm	Evolution Circus 6:45-8:00pm	Aerial Open Workout 6:45-8:15pm	Open Workout 6:15-8:00pm	Hand Balancing 6:45-7:45		