

Winter 1 session runs October 29th through December 22nd

Please note the studio your class will be held in.

Studio B	Studio A	Studio B	Studio A	Studio B	Studio A
Monday		Tuesday		Wednesday	
10-10:45am 2.5-5yr Preschool Gym					
2:00-3:30pm Open Workout		2:00-3:30pm Open Workout		2:00-3:30pm Open Workout	
3:50-4:50pm 5-6yr Aerial Prep	4:15- 5:30 pm L4 Fabrics	4-5:15pm 9-11yr Intro to Fabrics	4:00-5:15pm 10-14yrs Intro/L1 Lyra	3:50-4:50pm 11yr All Things Circus	3:50-5:05pm 9-11yr Level 1
5:00-6pm 7-8yr Aerial prep	5:35-6:50pm Adult/Teen L2/3 Lyra		4:00-5:00pm 7-8yr L1 Fabrics		4-5:00pm 7-8yr L2 Fabrics
	5:40-6:55pm Adult/Teen L1/ L2 Trapeze	5:30- 6:45pm 15yr + Level 3-4 Fabrics	5:30-6:45pm Teen L1 Fabrics	5:15-6:30pm 12-16yr Intro to Fabrics	5:10-6:25pm 11-15yr Level 3 Fabrics
6:00-8:00pm Open Workout	7:00-8:00pm Cyr Wheel Jam	6:45-8:00pm Teen/Adult Intro- L1 Trapeze	5:30-6:45pm Adult/Teen Chinese Pole	5:15-6:30pm Adult/Teen L2 Sling	
7:00-8:15pm Corde lisse (aerial Rope)		6:45-8:00pm Adult Acro Yoga	7:00-8:00 pm Adult/Teen Flexibility	6:45- 7:45 Conditioning for Aerialists	6:45-8:00pm Adult L1-2 Fabrics
		6:45-8pm Open Workout		6:45-8:00pm Evolution Circus	6:30-8pm Open Workout

Yoga room	Studio B	Studio A	Yoga room			
	Thursday			Friday		Saturday
	10-10:45am 2.5-5yr Preschool Gym					NEW CLASS!
	2:00-3:30pm Open Workout					10:30-11:45am 8-12yr Intro to Aerials (lyra, sling, silks)
3:50-4:50pm 6-9 yr Intro to Dance	4:00-5pm 5-6yr Aerial Prep	3:50-5:05pm 9-11yr L1-2 Fabrics		2:00-3:00pm 5-7yr Aerial Prep		Private Lessons and
		3:50-5:05pm 9-11yr L2 Fabrics		4:00-5:00pm 6-8yr Intro fabrics & L1	4:00-5:15pm 9-13yr All Things Circus	BIRTHDAY
	5:15-6:15pm 7-8yr Aerial Prep	5:15-6:30pm Teen L2 Fabrics		5:30-6:45pm 12-16yr L1-2 Fabrics		PARTIES!
		5:15-6:30pm Teen Level 2-3 Fabrics		5:45-7:00pm Adult L2 Fabrics	5:45-7:00 Teen/Adult Intro/L1 Lyra	
	6:45-8:00 Adult Intro/L1 Fabrics	6:45-8:00pm Adult/Teen Loop Straps	6:45-7:45 Adult/Teen Hand Balancing	5:00-6:45pm Open Workout		
	6:30-8:30pm Aerial Open Workout	6:30-8:30pm Chinese pole Open Workout				

Sunday
11:15-12:30pm Adult All Things Circus
10:00am-3: 30pm Open Workout
12:45-1:45pm Adult Intro to Aerial
2pm-3:30 pm The Next Evolution Adult perf troupe