

Back to School 2024 Class Schedule August 18th through October 26th											
Please note the studio your class will be held in.											
Studio B	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	
Sunday	Monday		Tuesday		Wednesday		Thursday		Friday	Friday	Saturday
	2.5-5yr Preschool Gym 10-10:45am						2.5-5yr Preschool Gym 10-10:45am				
Adult All Things Circus 11:15am-12:30p	Open Workout 2:00-3:30pm		2:00-3:30pm Open Workout		Open Workout 2:00-3:30pm		Open Workout 2:00-3:30pm				5-8 Aerial Prep 10:00-11am
Open Workout 10:30-3:30pm	5-8yr Aerial Prep 3:50-4:50pm	Kids Open Workout 4:00-5:30pm	7-8yr L1 Fabrics 4:15-5:15pm	10-14yrs Intro/L1 Lyra 4:10-5:25pm	Kids All Things Circus 4:10-5:25pm	7-8yr L2 Fabrics 3:50-5:05pm	5-8yr Aerial Prep 4:00-5pm	9-11yr Level 1-2 4:10-5:25pm	Mountain Sage Circus 2:30-3:30pm	Open Workout 2:00-5:00pm	8-11yr Intro to Mix Aerials 11:30a-12:45p
Adult Intro/L1 Fabrics 12:45-1:45pm	5-8yr Aerial prep 5:00-6pm	L4 Fabrics 4:15-5:30pm		9-11yr Intro to fabrics 4:10-5:25pm		9-11yr Level 1-2 Fabrics 4:10-5:25pm		Mini Evo 9-12yr performance troupe 3:50-5:05	7-8yr Intro Fabrics 4:15-5:15pm	7-11yr dance 4-5pm	
The Next Evolution Adult Performance 2:15-3:30		9-16yr L2-3 Fabrics 5:30-6:45pm	9-11yr L1 Fabrics 5:15-6:30pm	Teen 12-16yr Intro to fabrics 5:30-6:45pm	9-11yr L2 Fabrics 5:15-6:30pm	Level 3-4 Fabrics 5:30-6:45pm	5-8yr Aerial Prep 5:15-6:15pm	Teen 12-16yr L2 Fabrics 5:30-6:45pm	Adult Intro Fabrics 5:15-6:30pm	Teen/Adult Intro/L1 Lyra 5:15-6:30pm	
	Corde lisse (Aerial Rope) 7:00-8:15pm	Advanced Lyra 5:30-6:45pm		Teen L1 Fabrics 5:30-6:45pm	L2 Sling 5:30-6:45pm	Chinese Pole 5:30-6:45pm		Level 3 Fabrics 5:15-6:30pm			
	Aerial Open Workout 7:00-8:15pm	Loop Straps 6:45-8:00pm	Adult Acro Yoga 6:45-8:00pm	Cyr Wheel open workout 7-8:15pm		Intro/L1 Aerial Straps 7:00-8:00pm	Adult L1 -2 Fabrics 6:45-8:00	Open Workout 6:30-8:00pm			
			6:45-8pm Aerial Open Workout	Flexibility 6:45-7:45 pm	Evolution Circus 6:45-8:00pm	Aerial Open Workout 6:30-8pm		Hand Balancing 6:45-7:45			