

Back to School Session 2025. August 17th through October 25th

Please note the studio your class will be held in.

Studio B	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	
<b>Sunday</b>	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>		<b>Saturday</b>
	2.5-5yr Preschool Gym 10-10:45am						2.5-5yr Preschool Gym 10-10:45am				
	Open Workout 2:00-3:30pm		2:00-3:30pm Open Workout		Open Workout 2:00-3:30pm		Open Workout 2:00-3:30pm				
Open Workout 10:30am-3:30pm	5-8yr Aerial Prep 4:00-5:00pm	7-8yr L1 Fabrics 4:15-5:15pm	7-8yr L1-2 Fabrics 4:15-5:15pm	9-11yr Level 2-3 Fabrics 4:15-5:30pm	All Things Circus 4:10-5:25pm	Mini Evo 9-12yr performance troupe 4:15-5:30pm	5-8yr Aerial Prep 4:00-5pm	9-11yr Level 1 4:00-5:15pm		Open Workout 3:30-6:00pm	Social Circus
Adult Intro to Aerial 1:15-2:15pm	5-8yr Aerial prep 5:10-6:10pm	9-14yrs Intro/L1 Lyra 4:10-5:25pm				9-13yr Intro to Fabrics 4:10-5:25pm			7-8yr Intro Fabrics 4:15-5:15pm	9-11yr L1-2 Fabrics 4:10-5:25pm	Birthday Parties!!!!
<b>The Next Evolution</b> Adult Performance 2:15-3:30pm	Flexibility 5:40-6:40 pm		5:30-6:30 Deep stretch in yoga room	Level 3-4 Fabrics 5:30-6:45pm	9-11yr L2 fabrics 5:30-6:45pm	Teen 12-16yr L1 fabrics 5:30-6:45pm	5-8yr Aerial Prep 5:15-6:15pm	Teen 12 -16yr L2-3 Fabrics 5:20-6:35pm		Teen L2 fabrics 5:30-6:45pm	
	Adult Intro to fabrics 6:45-7:45pm	Advanced Lyra 5:30-6:45pm	Adult Acro Yoga 6:45-8:00pm	Teen L1-2 Fabrics 5:30-6:45pm		Chinese Pole 5:30-6:45pm		Level 3 Fabrics 5:20- 6:35pm			
	Open Workout 7:00-8:15pm	<b>Evolution Circus</b> Teen performance 6:45-8:00pm	6:45 - 8pm Contortion in yoga room	Loop Straps 6:45-8:00pm	Aerial Open Workout 6:30-8pm	Adult L1 Fabrics 6:45-8pm	Adult L2 Fabrics 6:45-8:00	Adult Intro/L1 Lyra 6:45-7:45pm			
			6:45-8pm Aerial Open Workout		Late Night OPEN! 8:00-10:00pm		Open Workout 6:30-8:00pm	Hand Balancing 6:45-7:45			