

Winter 1

Session runs November 1st 2026 - January 16th, 2027

(Closed for Break 11/23-11/29, 12/20-1/3)

Please note the studio your class will be held in.

Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio B
		Angel 2.5-5yr Preschool Gym 10-10:45am						Angel 4-8yr Aerial Prep 9:50-10:50am		Shae 2.5-5yr Preschool Open Bounce 10am-12pm	
Jes Open Gym 11:00am-3:30pm		Jes Open Gym 2:00-3:30pm		Jes Open Gym 2:00-3:30pm		Jes Open Gym 2:00-3:30pm		Amelie Open Gym 2:00-3:30pm	Krista Open Gym 2:15-4:00pm		Birthday Parties
	Jes 7-8yr L1 Fabric 4:15-5:15pm	Angel 4-8yr Aerial Prep 4:00-5:00pm	Lauren 9-11yr L1 Fabric 4:10-5:25pm	Jes 9-12yr L3 Fabric 4:10-5:25pm	Jes Mini Evo 9-12yr Performance Troupe 4:10-5:25pm	Amelie 9-11yr L1 Fabric 4:10-5:25pm	Ada 11-16yr All Things Circus 4:10-5:25pm	Angel 4-8yr Aerial Prep 4:15-5:15pm	Krista 7-11yr Intro to Fabric 4:10-5:25pm	Angel 4-8yr Aerial Prep 4:15-5:15pm	Stay tuned for Special Guest Workshops!
Jes Adult Intro Mixed Aerial 1:15-2:15pm	Amelie 9-11yr L2 Lyra 4:10-5:25pm	Angel 4-8yr Aerial Prep 5:15-6:15pm	Krista 9-13yr L1/2 Fabric 4:10-5:25pm				Amelie 9-11yr Intro/L1 Lyra 4:10-5:25pm		Daniela 10-13yr L2/3 Fabric 4:10-5:25pm	Ada Juggling Club! 5:15-6:45pm	
Amelie 8-11yr All Things Circus 2:15-3:30pm	Kelly 10-13yr L2/3 Fabric 5:30-6:45pm		Krista Adult Intro/L1 Fabric 5:30-6:45pm	Jes 9-11yr L2 Fabric 5:30-6:45pm	Amelie Teen/Adult L2/3 Lyra 5:30-6:45pm	Krista 9-11yr L2 Fabric 5:30-6:45pm	Julie Teen Intro Fabric 5:30-6:45pm	Angel 5-9yr Intro to Aerial 5:30-6:30pm	Daniela Teen/Adult L4 Fabric 5:30-6:45pm		
Jes Next Evolution Adult Performance	Shae Mixed Age Dancer Trapeze 5:30-6:45pm		Ariel Adult L1/2 Lyra 5:30-6:45pm		Oliver Chinese Pole open workout 5:30-6:45pm	Abby Mixed Age Flex / Contortion 5:30-7:00pm	Amelie Teen/Adult Intro/L1 Lyra 5:30-6:45pm				
	Kelly Adult Intro/L1 Fabric 6:50-8:05pm	Jes/Julie Evolution Circus 6:45-8:00pm		Jes or Tim Acro Yoga Jam 7:00-10:00pm		Krista Teen L3 Fabric 6:50-8:05pm	Julie Teen/Adult Int. Loop Straps 6:50-8:05pm	Kelly Adult L2/3 Fabric 6:45-8:00pm			
		Jes Open Gym 6:45-8:00pm	Krista Adult L3 Fabric 6:50-8:05pm	Krista Open Gym 6:45-8:00pm	Krista Open Gym 6:45-8:00pm			Julie Open Gym 6:45-8:00pm			



Legend:
Ages 2.5-5 yr
Ages 4-8 yr
Ages 8-16 yr
Adult/Teen
Open Gym
Performance Troupe