

Natural Hair

Oil Guide

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The Natural Hair
Coach



Hair Oil Guide

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***Fine - Thick represent which hair density
goes best with thatoil**

Antiseptic & Astringet

Add a heading

- **T e a T r e e o i l (A l l)**

Seal Moisture

- **Almond Oil (Medium - Thick)**
- **Avacodo Oil (Medium - Thick)**
- **Cocoa Butter (Medium - Thick)**
- **Shea Butter (Medium - Thick)**
- **Caster Oil (Medium - Thick)**
- **Extra Virgin Olive Oil (Medium - Thick)**
- **Jojoba Oil (All)**

Regrow Hair and Cell Repair

- Jojoba Oil (All)
- Emu Oil (Medium-Thick)
- Black seed Oil (Medium-Thick)
- Olive Oil (Medium-Thick)
- Hemp Seed Oil (All)
- Rose Hip Seed Oil
(Medium-Thick)

Become Dandruff Free

- Tea Tree Oil (All)
- Jojoba Oil (Fine -
Thick)
- Olive Oil (Medium -
Thick)

Growth Fast Track

- **B l a c k S e e d O i l**

(M e d i u m - T h i c k)

- **R o s e H i p S e e d O i l**

(M e d i u m - T h i c k)

- **A v a c o d o**

O i l (M e d i u m - T h i c k)

- **R o s e M a r y O i l (A l l)**

Softer Hair

- **R o s e H i p S e e d**
o i l (M e d i u m - T h i c k)
- **J o j o b a O i l (A l l)**
- **H e m p S e e d O i l (A l l)**
- **G r a p e s e e d o i l (A l l)**
- **C a s t e r O i l (M e d i u m -**
T h i c k)
- **C o c o n u t o i l (A l l)**
- **O l i v e O i l (M e d i u m -**
T h i c k)
- **S h e a B u t t e r (M e d i u m -**
T h i c k)
- **G l y c e r i n (M e d i u m -**
T h i c k)

