

# S.A.L.T App

V2.2 Guide

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## Revision History

Revision	Date	Description
1.0	2022-05-17	Initial Document
2.0	2022-12-12	Update for new user interface and app updates. <ul style="list-style-type: none"><li>• Replaced screenshots with updated UI</li><li>• Added sentence sorting options</li></ul> Added therapy section
2.1	2023-03-01	Update for custom exercises <ul style="list-style-type: none"><li>• Added New Exercise option in sentence builder “...” menu</li><li>• Added custom exercise actions: Add, Edit, Reorder, Delete</li></ul>
2.2	2023-03-06	Update with walkthrough of Therapy Exercise

## 1.0 - Getting Started

3:03



When first opening the application, you will be greeted with the main menu. From here you can access the **Sentence Builder**.

The sentence builder allows you to select pre-written words and sentences, and even add your own.

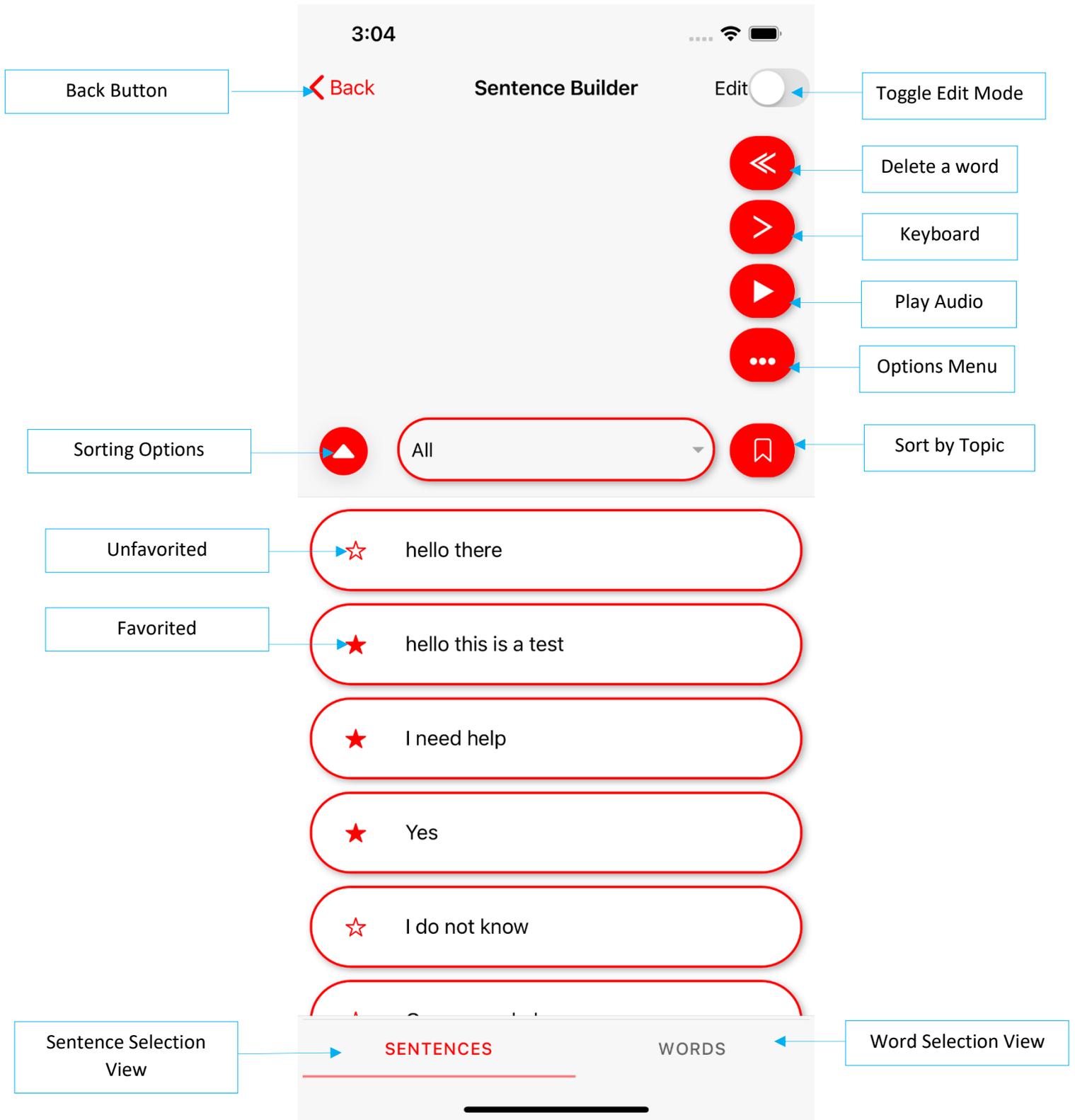
You may also access the [Therapy](#) portion of the app here.

Therapy allows you to practice, record and review speech exercises.

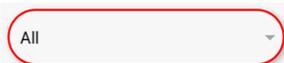


Version: 2.0.0 Build: 48

# 1.1 - Sentence Builder Overview



## 1.2 - Sentence Builder Description

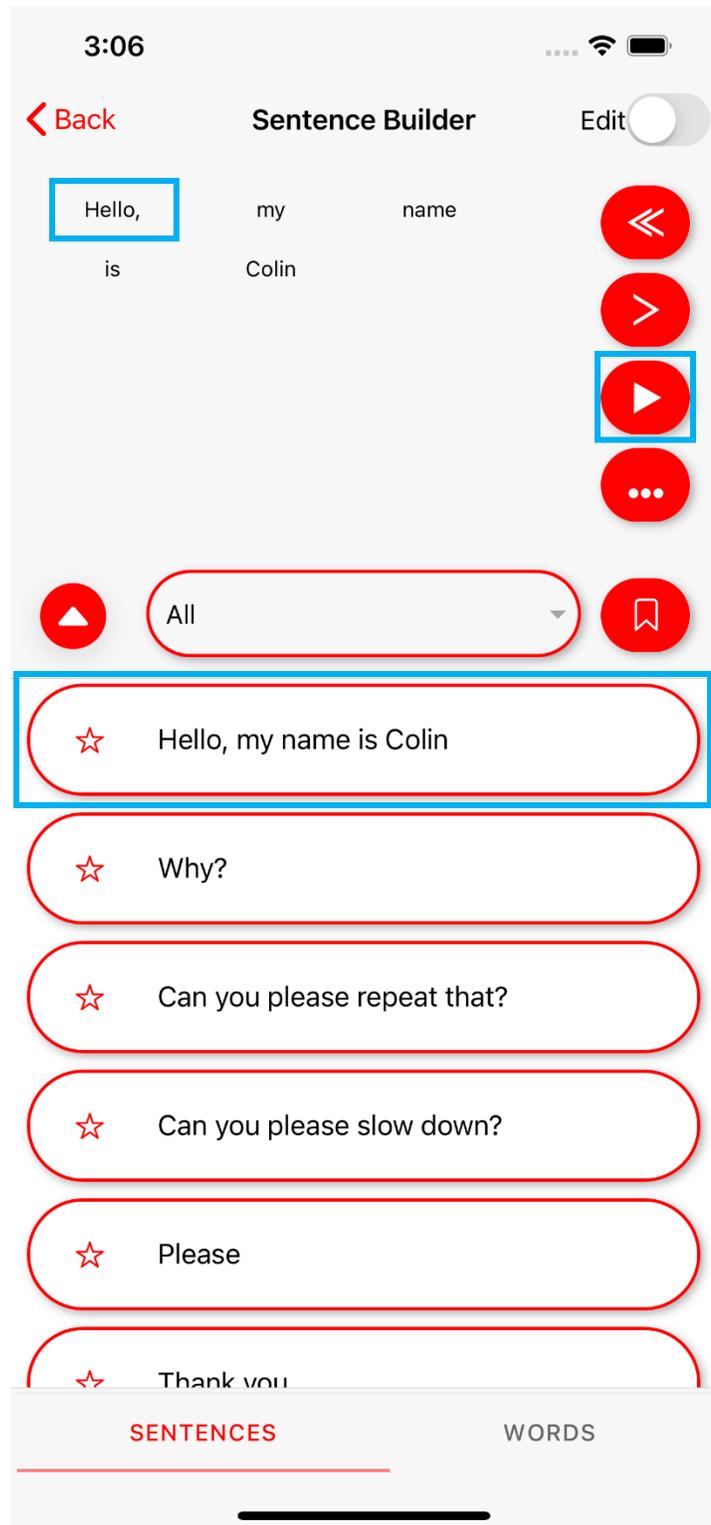
Name	Image	Description
Back Button		Tap to return to the App home screen
Edit Button (off)		Editing off. Tap to toggle between Editing and Speech modes.
Edit Button (on)		Editing on. Tap to toggle between Editing and Speech modes.
Backspace Button		Tap to delete a single word or tap and hold to delete the entire sentence.
Use Keyboard		Tap to bring up the on-screen keyboard to type directly into the sentence builder.
Sentence Playback		Tap to speak the current text in the builder.
More Button		Tap to bring up a dropdown menu to:  Clear – Clear the current text selection. Save – Save the current text as a new sentence. New Exercise – Save the current text as a new Exercise for the Therapy component. Share – Send the current text to another application.
Select Topic		Tap to bring up the sentence topics. Then select a topic to sort the sentences.

Select Sentence		Tap to view a list of sentences.
Select Word		Tap to view a list of words.
Sorting Options		Tap to show the sorting sentence sorting buttons.
Recently Used		Sort the sentence list from most recently to least recently used.
Favorites		Show only favorited sentences.
Clear Sorting		Remove the currently selected sorting option.
Favorite/Unfavorite		Toggles a sentence as a favorite.

## 2.0 - Using the Sentence Builder

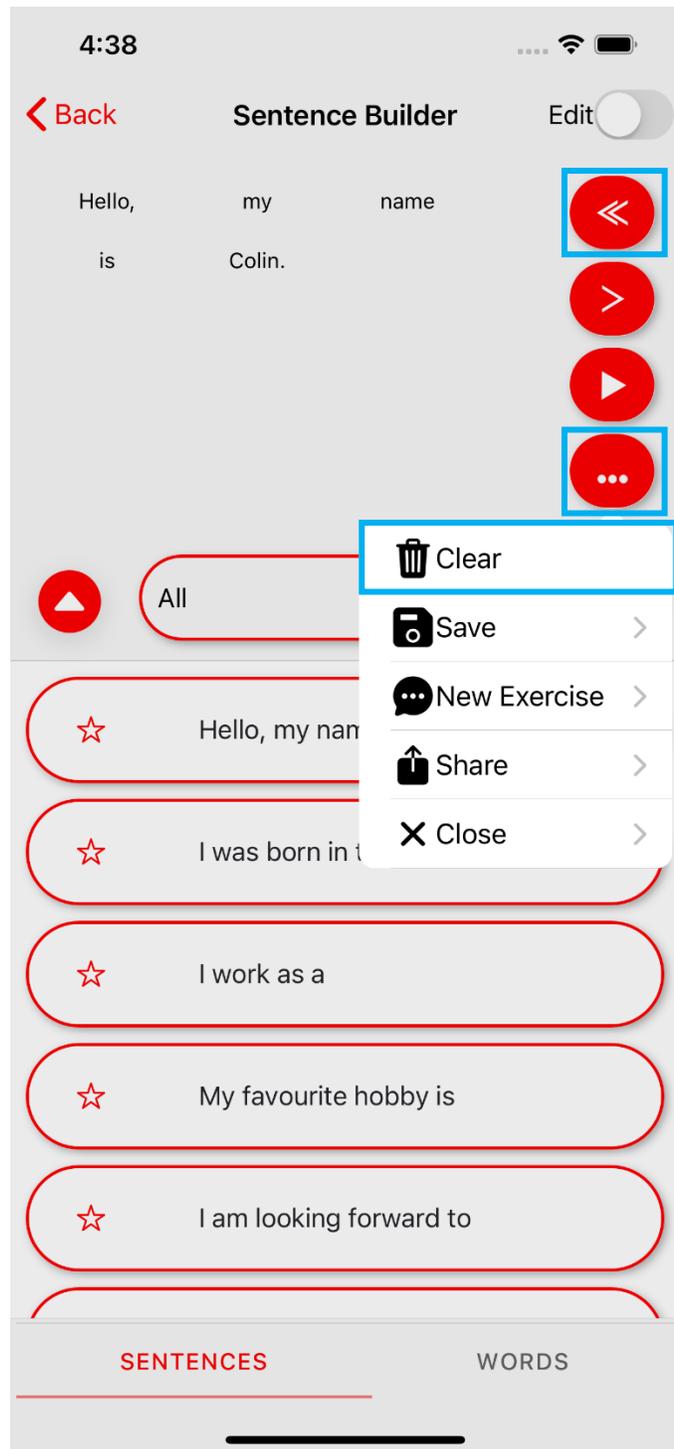
### 2.1 - Playing a sentence

1. Tap a sentence to add it to the builder. By default, the sentence will be spoken immediately. This can be changed in settings.
2. Tap the play button to speak the text.
3. Tap each word in the sentence builder to play back individual words.



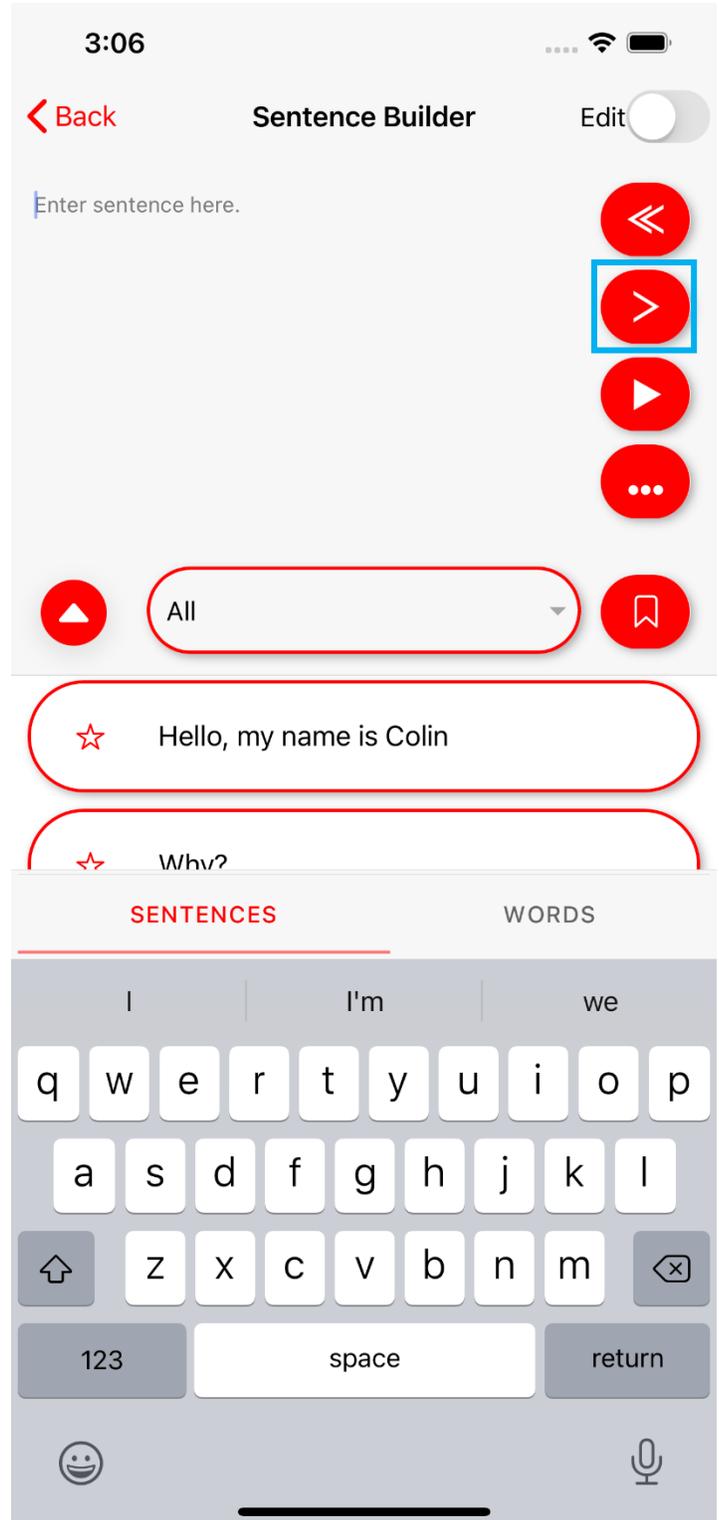
## 2.2 - Deleting a Sentence in the Builder

1. Tap the backspace button to delete a single word.
2. Tap and hold backspace to delete the entire sentence.
3. Alternatively, press the Options button to bring up a drop-down menu and choose Clear.



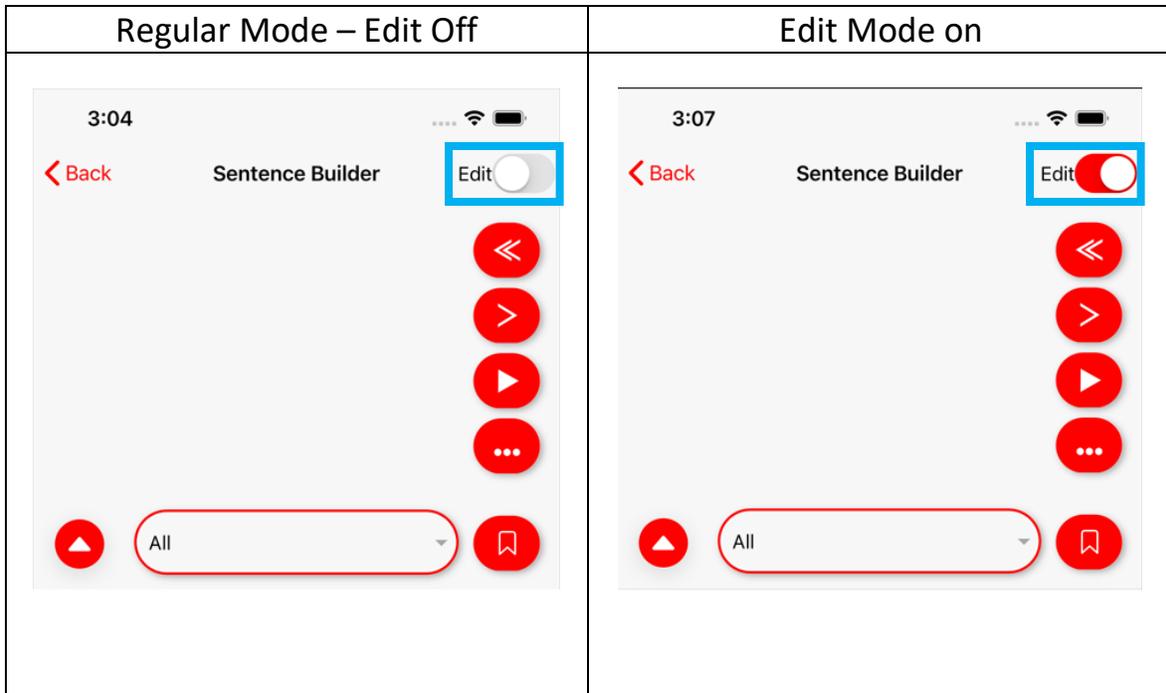
## 2.3 - Typing Your own Sentences

1. Tap the typing icon to bring up the on-screen keyboard.
2. Type in your sentence.



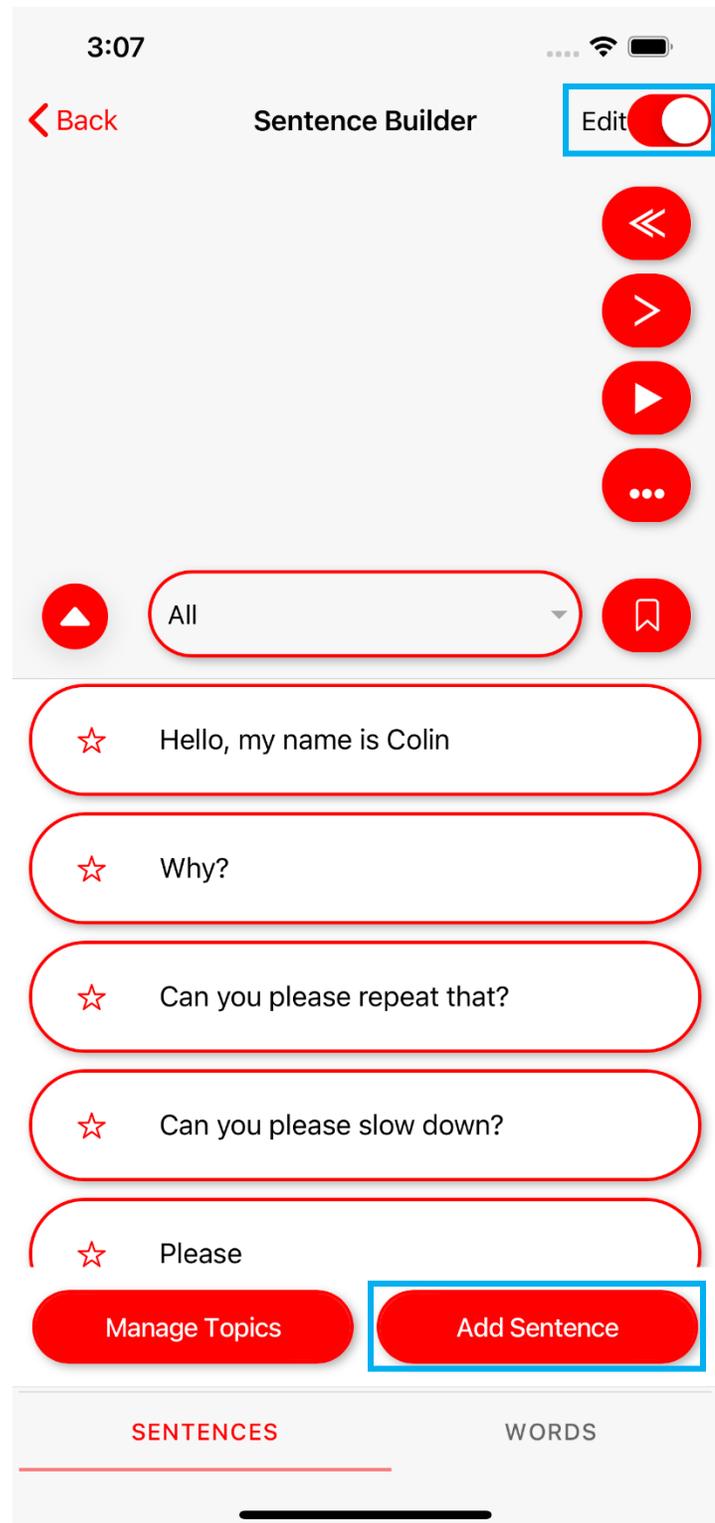
### 3.0 - Managing Sentences

On the Sentence Builder screen tap Edit in the top right to toggle between Regular and Edit Mode.



### 3.1 - Adding a Sentence

1. Turn Edit mode on by tapping the Edit button in the top right.
2. Tap Add Sentence.

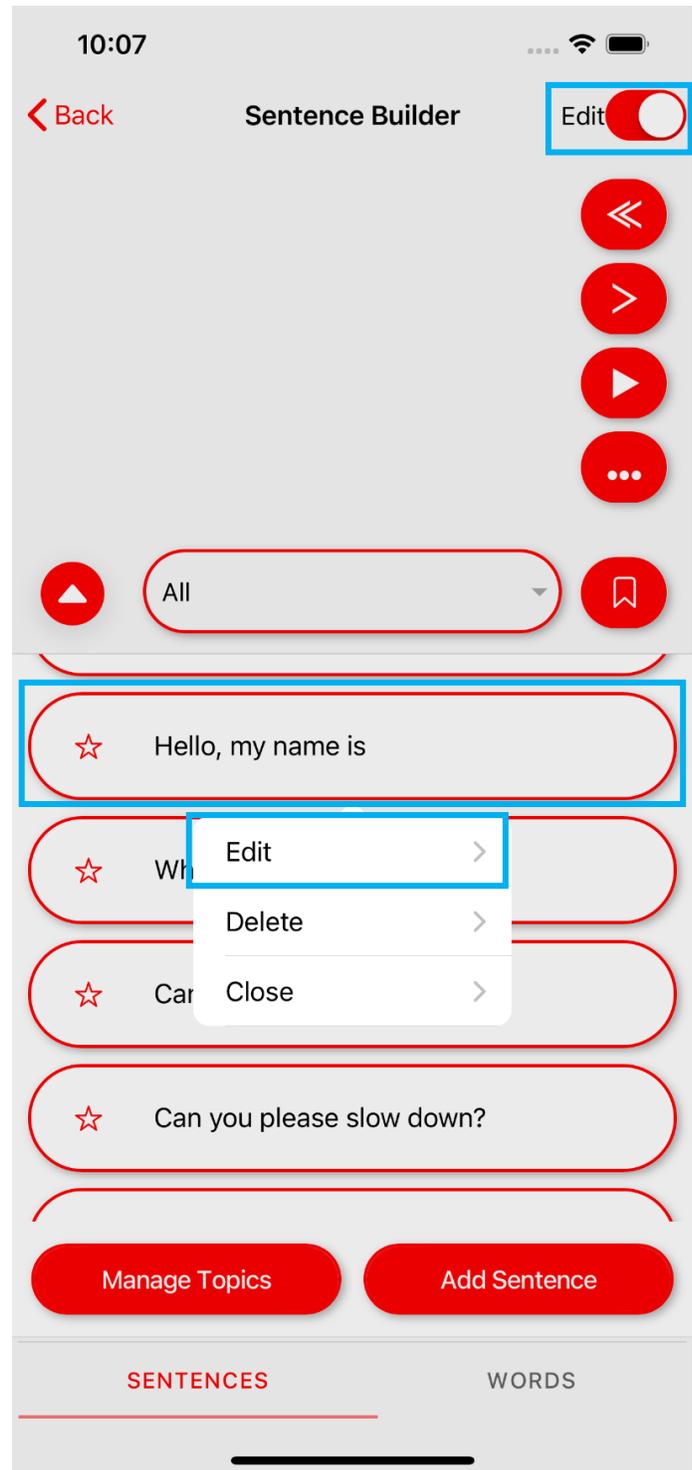


3. Choose a topic for the sentence.
4. Enter the sentence into the text area.
5. Save your new sentence.

The screenshot shows a mobile application interface for creating a new sentence. At the top, the status bar displays the time 10:06, signal strength, Wi-Fi, and battery icons. Below the status bar is a header with a red 'Back' button on the left and the title 'New Sentence' on the right. The main content area is divided into two sections: 'Topic' and 'Text'. The 'Topic' section features a dropdown menu currently set to 'All'. The 'Text' section contains a text input field with the placeholder text 'Enter Text Here'. At the bottom of the form are two red buttons: 'Cancel' on the left and 'Save' on the right. The 'Save' button is highlighted with a blue border. A black horizontal bar is visible at the very bottom of the screen, likely representing the home indicator on an iPhone.

### 3.2 - Editing a Sentence

1. Click the Edit button in the top right corner to turn edit mode on.
2. Select the sentence you wish to modify.
3. Tap Edit in the dropdown.



4. Tap the text to edit.

5. Click save to add your new sentence to the list.

10:07

Back Edit Sentence

Topic

Testing ▾

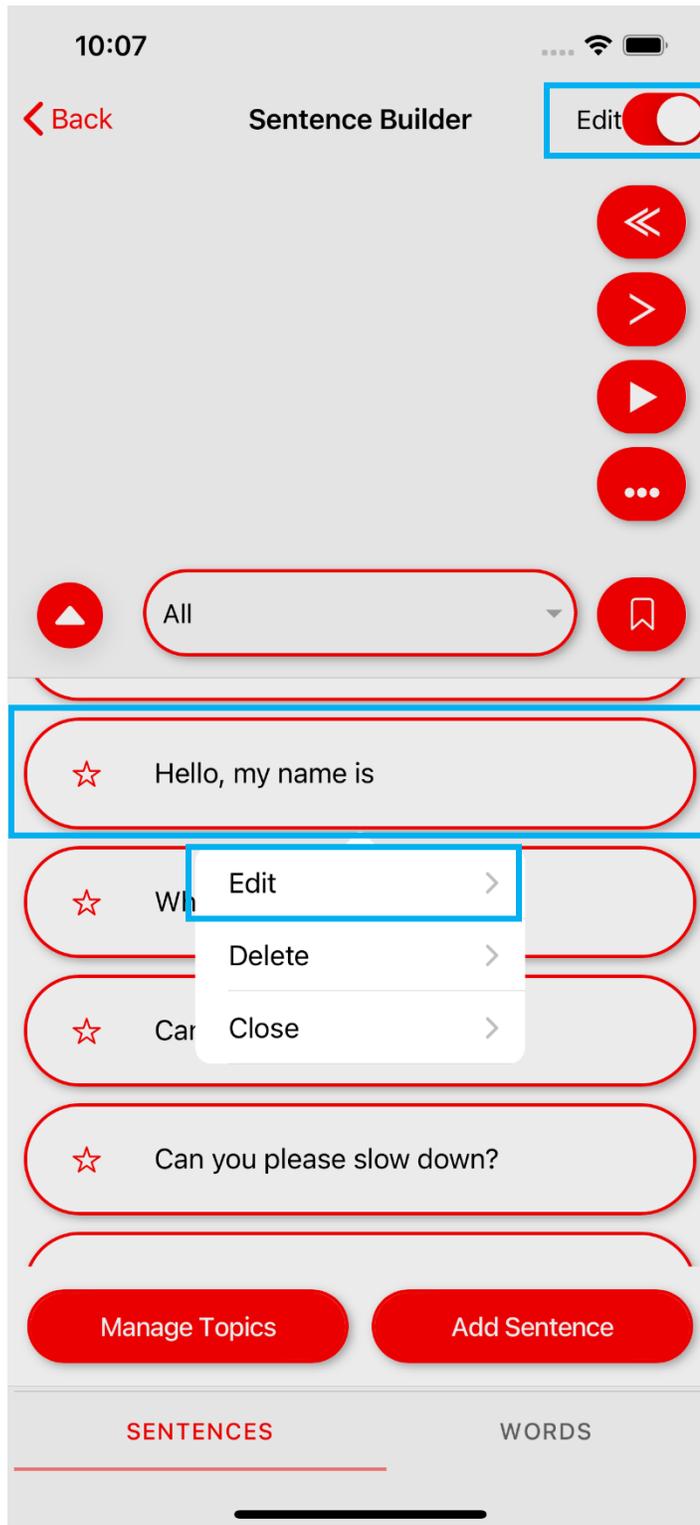
Text

Hello, my name is Colin

Cancel Save

### 3.3 - Removing a Sentence

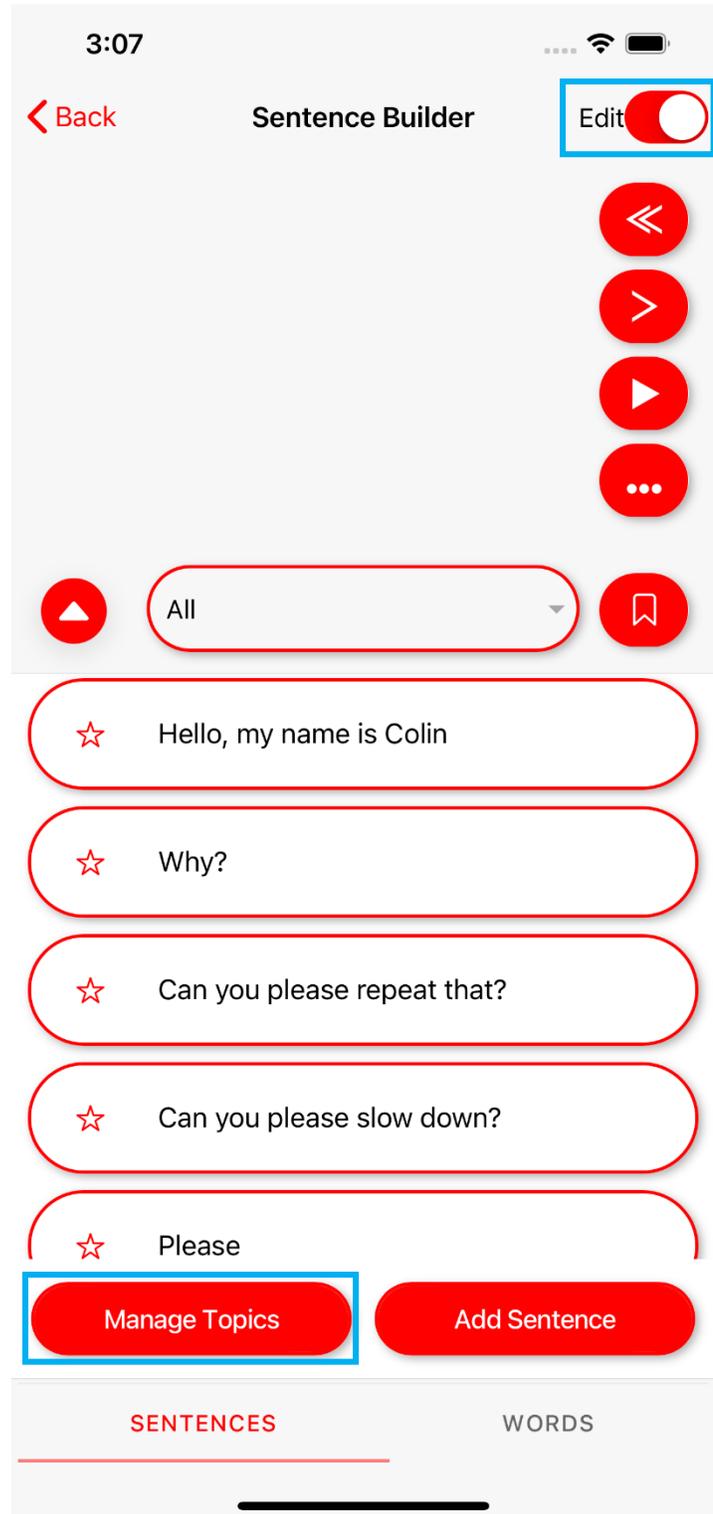
1. Turn Editing on.
2. Tap the sentence you would like to remove.
3. Choose Delete from the drop-down.
4. Confirm that you are deleting the correct sentence.



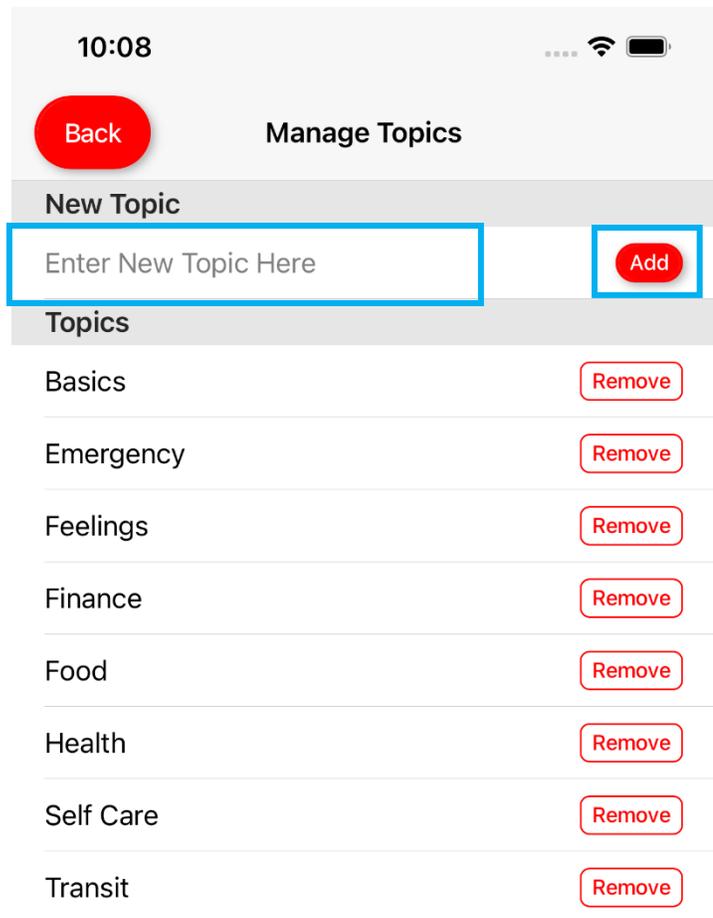
## 4.0 - Topics

### 4.1 - Adding a Topic

1. Enter Edit mode by tapping the edit button in the top right corner.
2. Choose Manage Topics from the bottom menu.

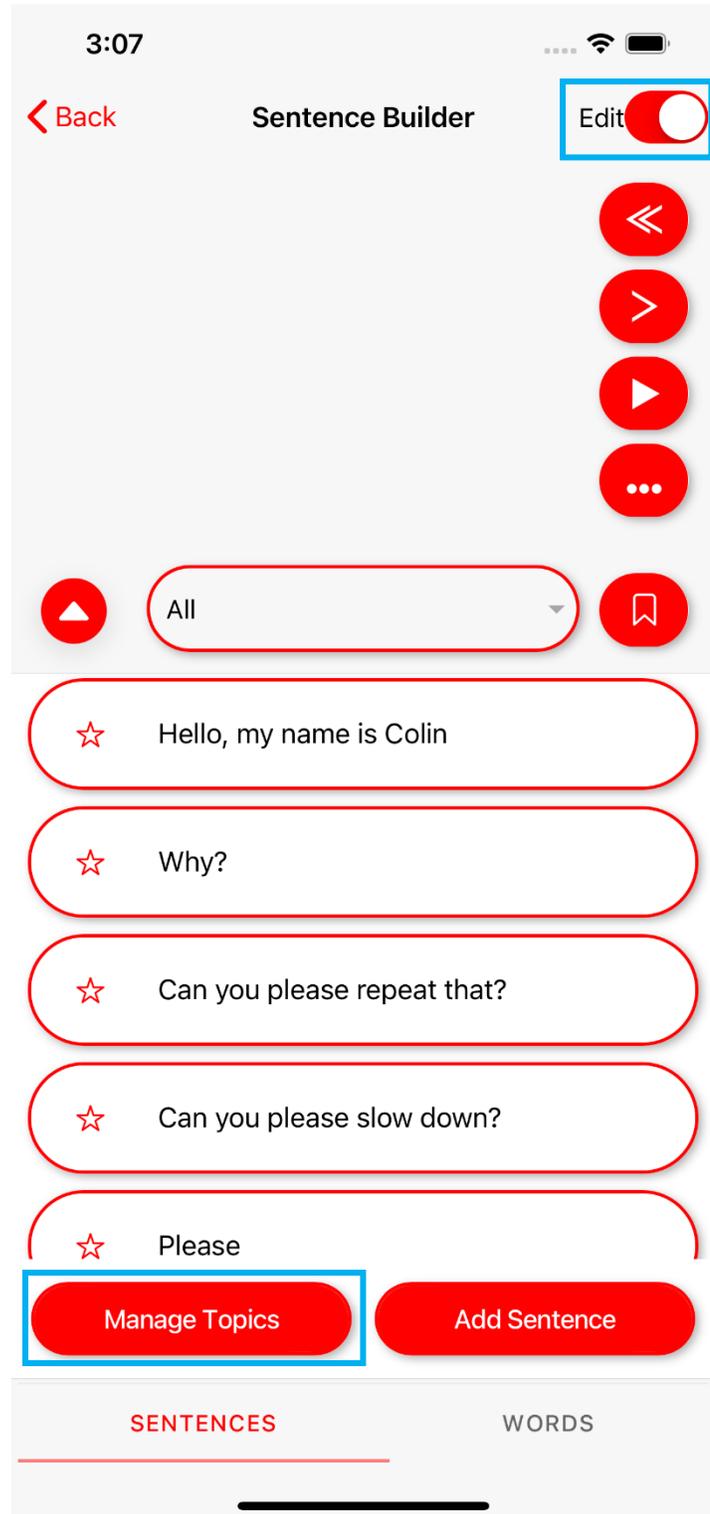


3. Tap to enter your topic name under “New Topic”
4. Tap the add button.
5. Tap Done at the bottom of the screen.

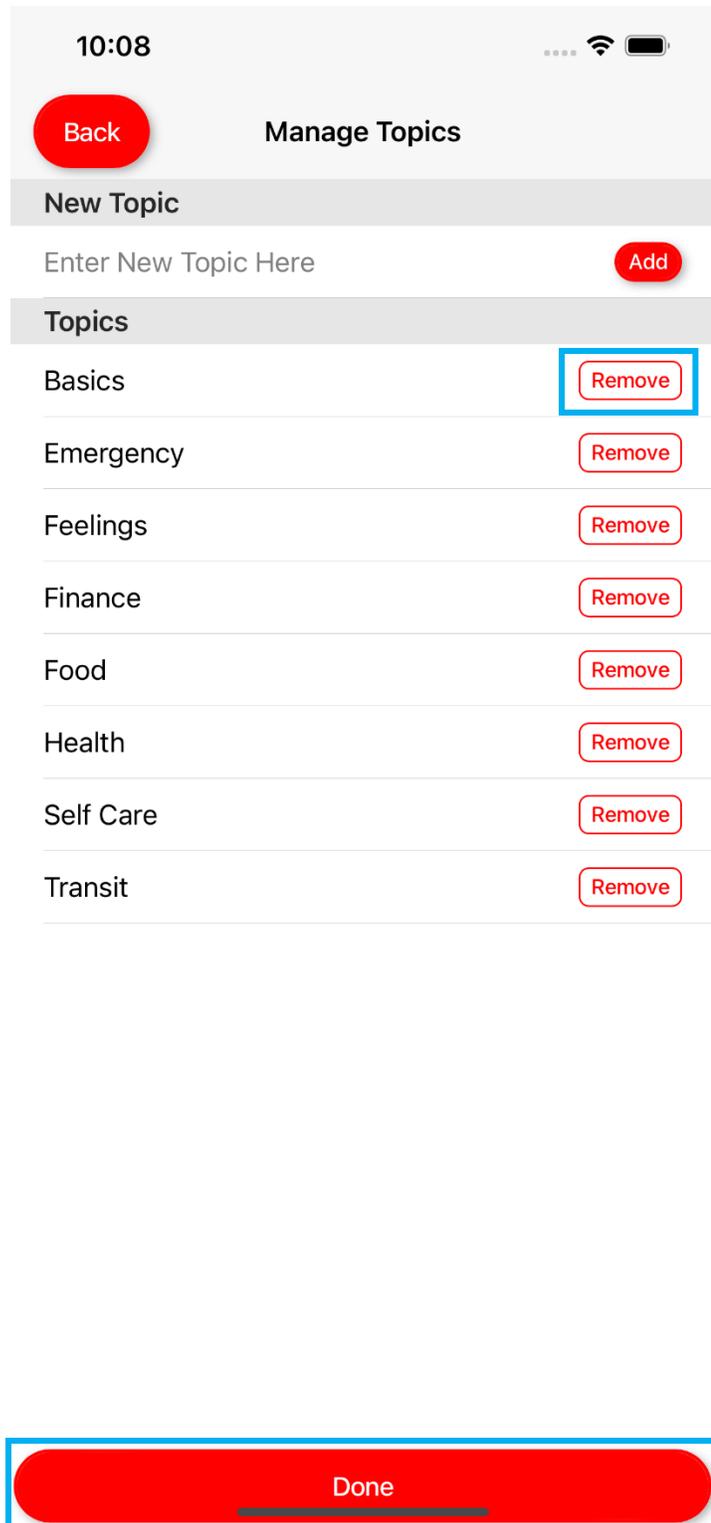


## 4.2 - Removing a Topic

1. Enter Edit mode by tapping the edit button in the top right corner.
2. Choose Manage Topics from the bottom menu.



3. Tap Remove next to the topic you wish to delete.
4. Confirm your choice, then tap Done at the bottom.



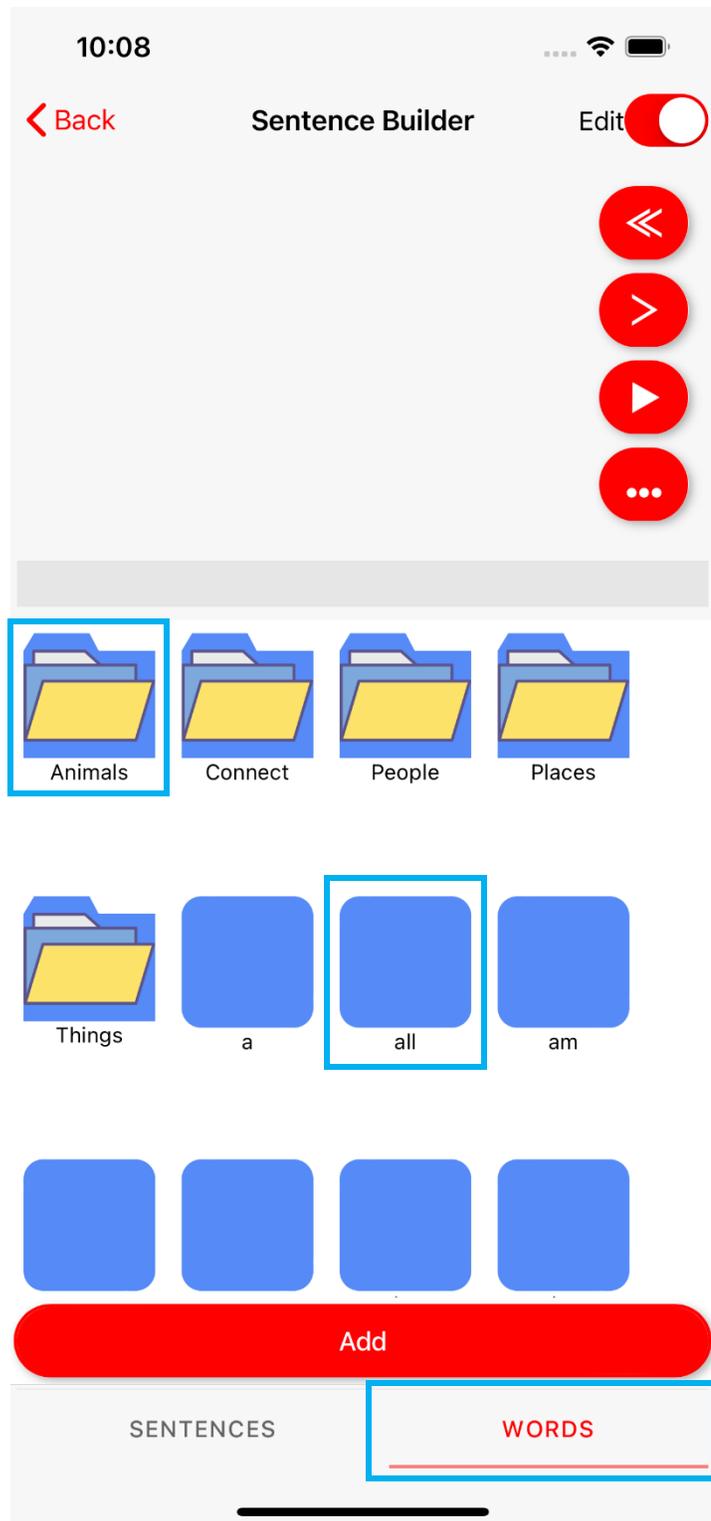
## 5.0 - Word View

Use the menu at the bottom of the screen to switch between word and sentence view.

Words are organized into folders. You can create new folders, words, and add images to each word.

### 5.1 - Using the Word View

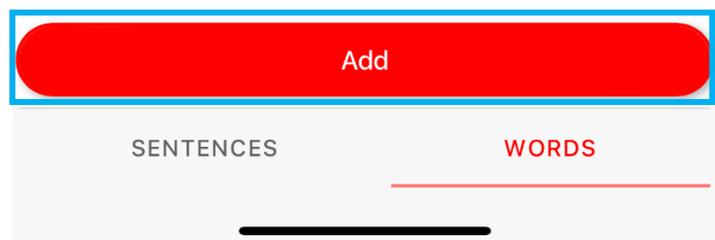
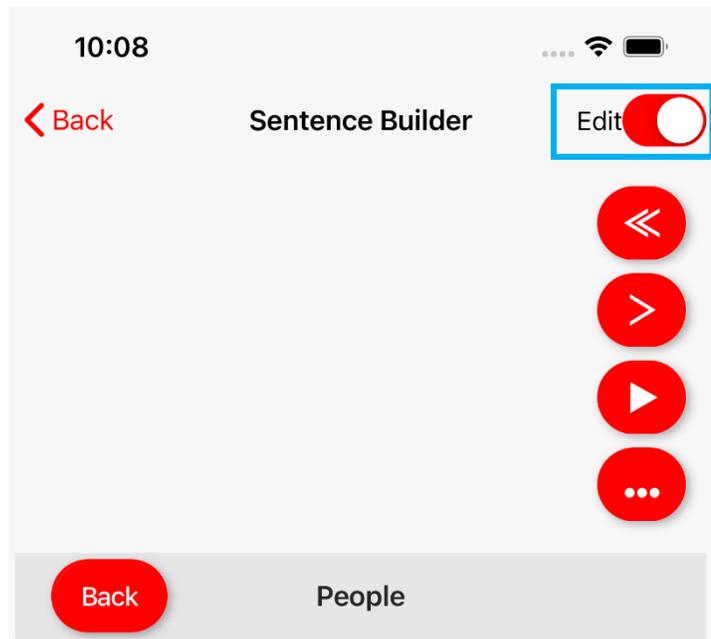
1. Words can be used in the builder by tapping on the word.
2. Words are sorted into folders. To view words in a folder, tap on the folder icon or name.



## 6.0 - Managing Folders

### 6.1 - Adding a Folder

1. Enter Edit mode.
2. Click Add.



3. In "Type" check Folder.
4. Under Folder, choose where you would like the new folder to be, or "No Folder" to leave at the top of the directory.
5. Choose an image to represent this folder.
6. Tap Save.

10:08 ...  

**Back** **New**

Type

Word

Folder

Folder

People ▾

Display Text

Names

Select Image

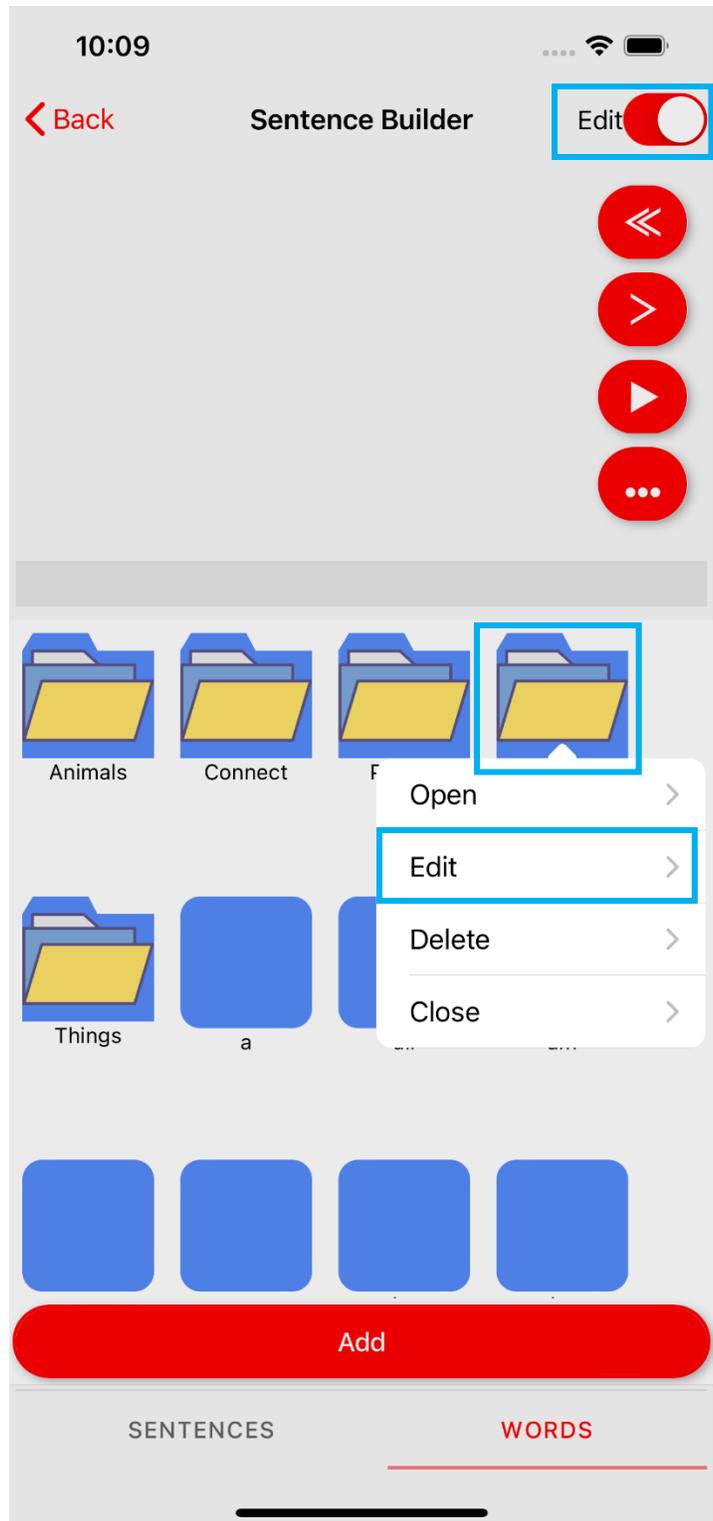
Preview

  
Names

**Cancel** **Save**

## 6.2 - Editing a Folder

1. Enter Edit mode.
2. Tap the folder you wish to modify.
3. Choose Edit in the drop-down.



4. Change the location of the folder in the "Folder" menu.
5. Edit the text by changing the "Display Text"
6. Select a new image for the folder by tapping "Select Image"
7. Press Save when finished.

10:09

Back Modify

Type

Word

✓ Folder

Folder

No Folder ▾

Display Text

Places

Select Image

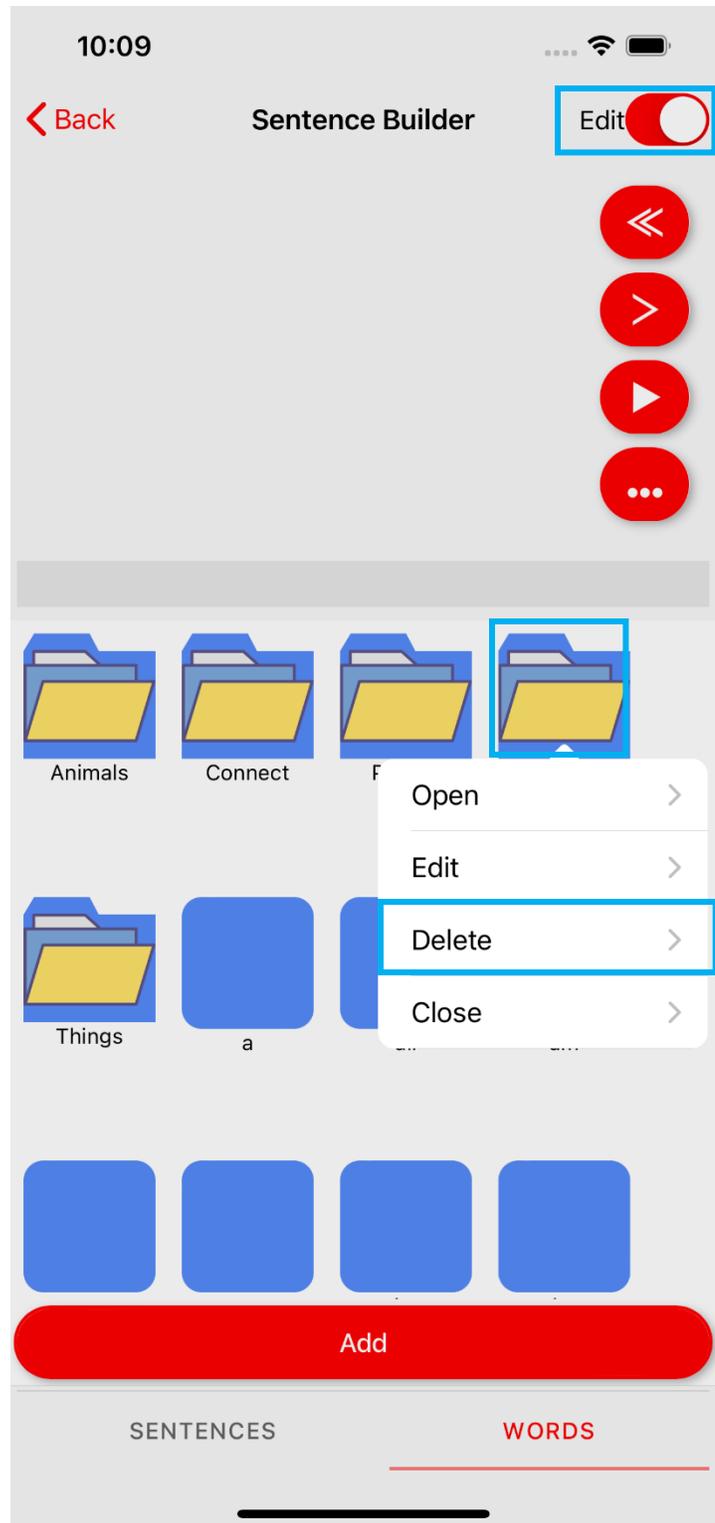
Preview

Places

Cancel Save

### 6.3 - Removing a Folder

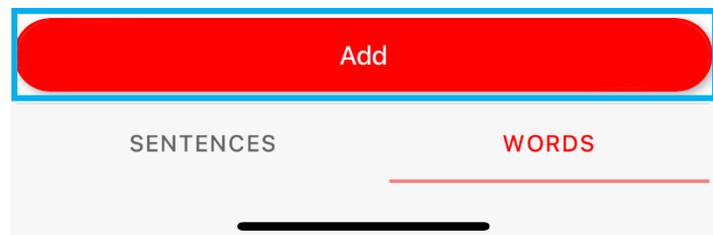
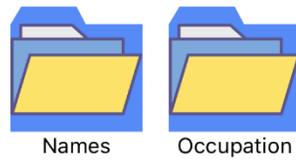
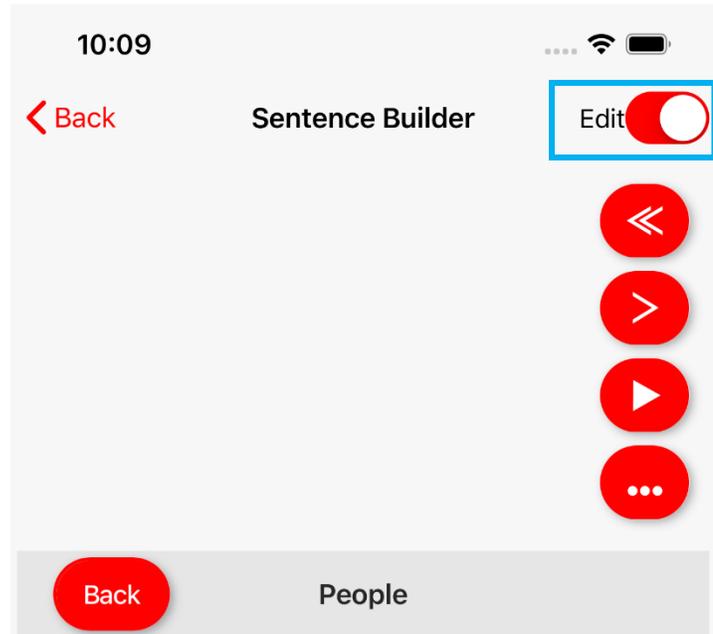
1. Enter Edit mode.
2. Tap the folder you wish to remove.



## 7.0 - Managing Words

### 7.1 - Adding a Word

1. Enter Edit mode.
2. Tap the Add button.



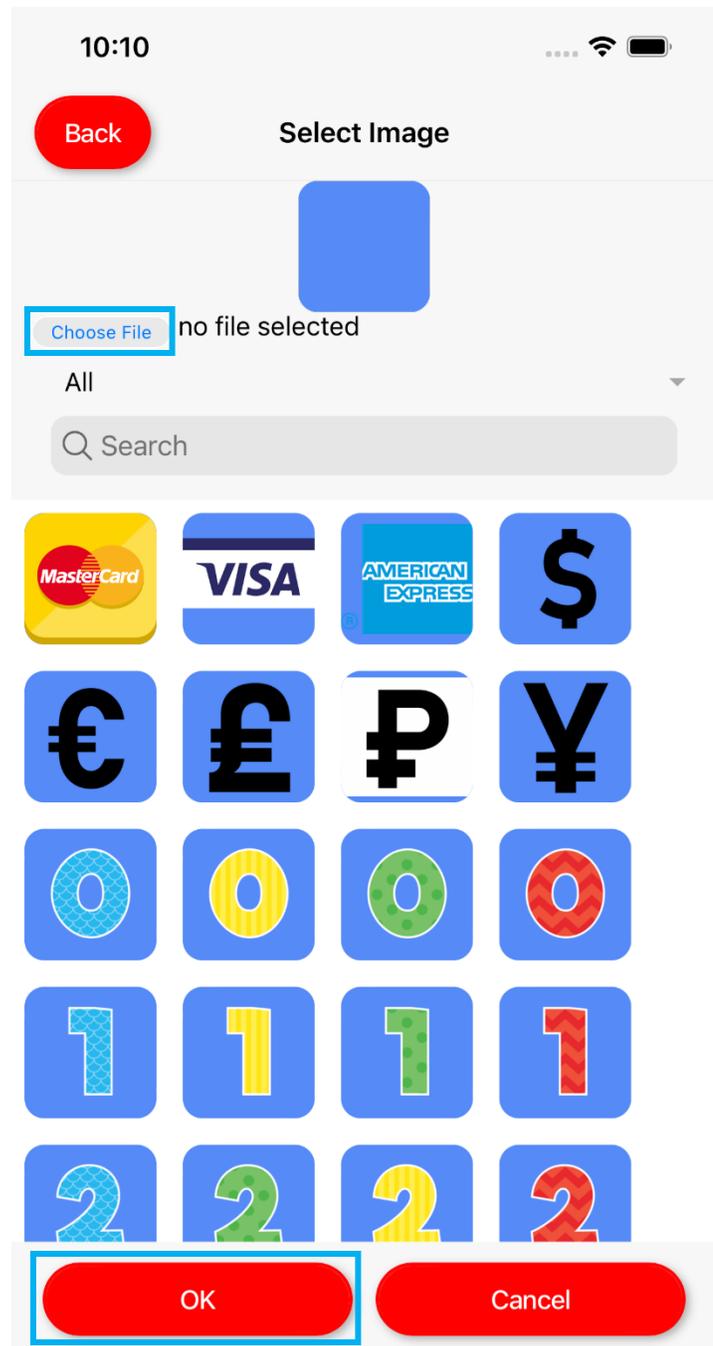
3. Under "Type" ensure Word is checked.
4. Choose the folder you would like to place the word in.
5. Enter the word under "Display Text"
6. Choose an image to represent this word (optional).

The screenshot shows a mobile application interface for creating a new word entry. At the top, the time is 10:10, and there are icons for signal strength, Wi-Fi, and battery. Below the status bar, there is a red "Back" button and the title "New". The main form is divided into several sections:

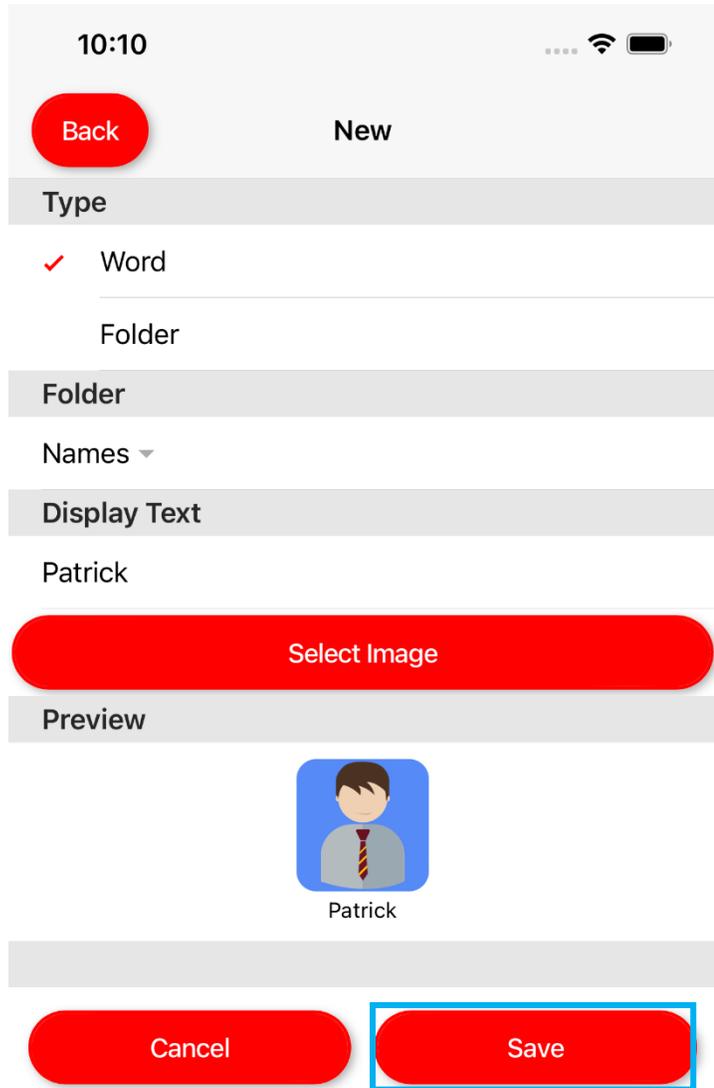
- Type:** A section with a red checkmark and the text "Word".
- Folder:** A section with a dropdown menu currently showing "Names".
- Display Text:** A text input field containing the placeholder text "Enter Display Text Here".
- Select Image:** A large red button with the text "Select Image".
- Preview:** A section containing a blue square placeholder for an image.

At the bottom of the screen, there are two red buttons: "Cancel" and "Save".

7. Tap Choose File to upload your own image or select one from the default images.
8. When done, select OK.

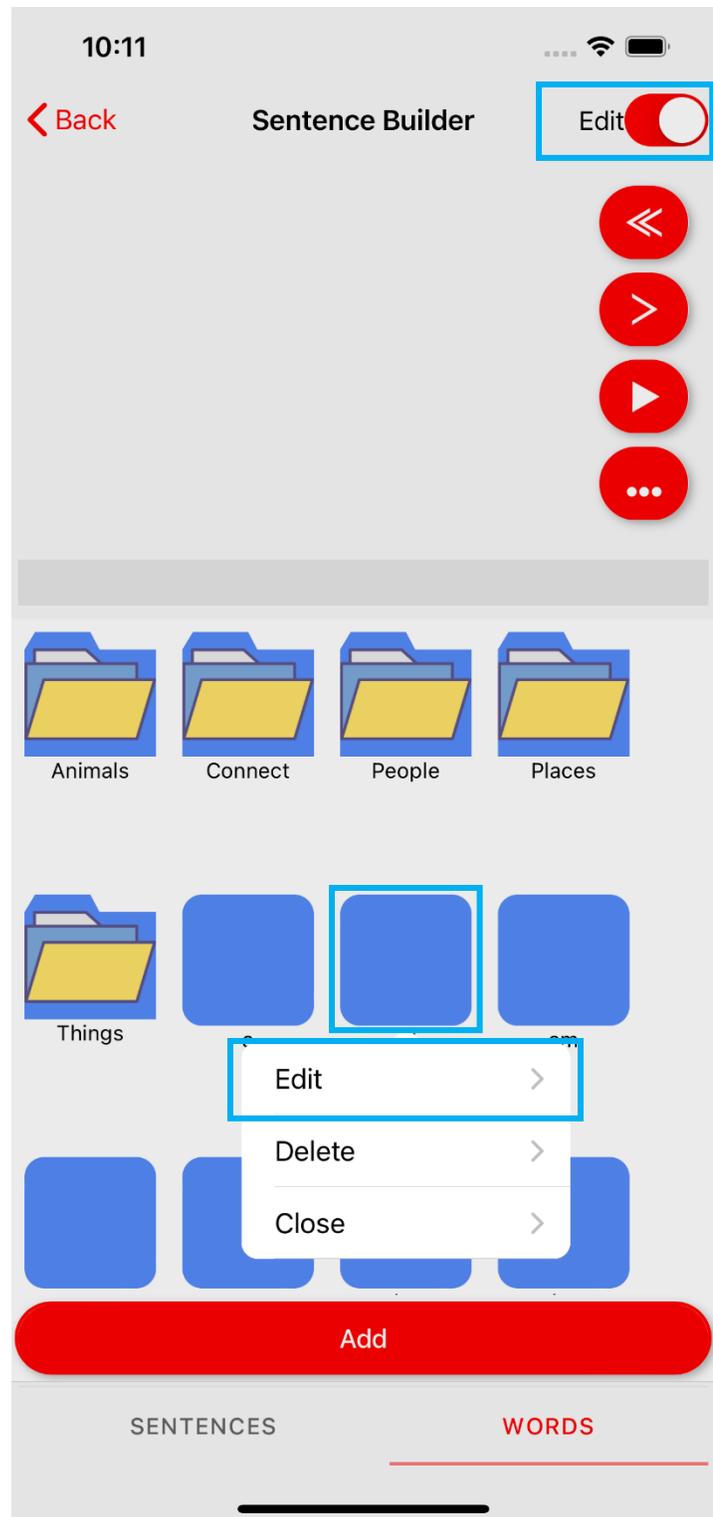


9. Press Save.



## 7.2 - Editing a Word

1. Enter Edit Mode.
2. Tap the word you wish to modify.
3. In the drop-down list, choose Edit.



4. Edit the folder the word is in by choosing a new folder from the list.
5. Modify the text by tapping the word under “Display Text”
6. Choose a different image by tapping Select Image.
7. Tap Save to save your changes.

10:11

Back Modify

Type

✓ Word

Folder

Folder

No Folder ▾

Display Text

all

Select Image

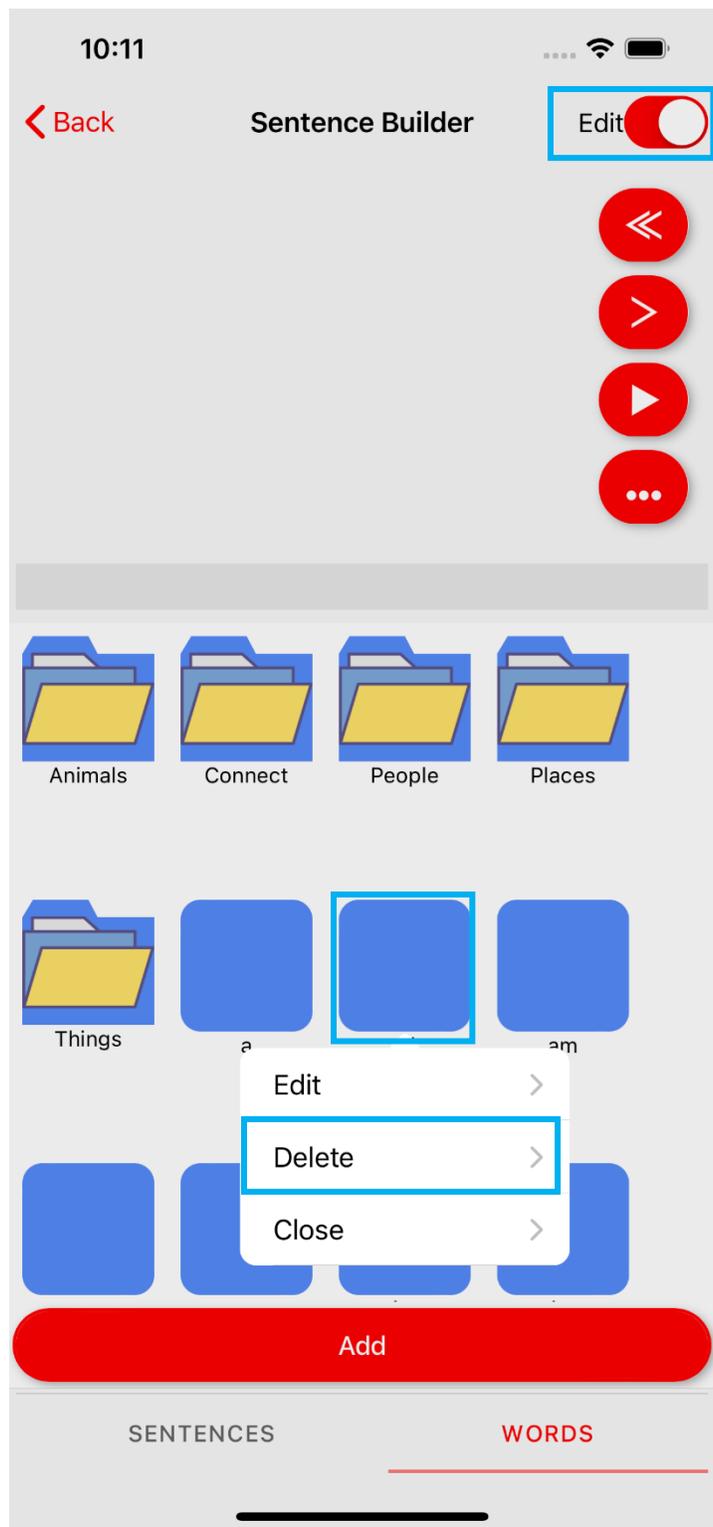
Preview

all

Cancel Save

### 7.3 - Removing a Word

1. Enter Edit Mode.
2. Tap the word you wish to delete.
3. In the drop-down list, choose Delete.
4. Confirm you wish to delete this word.

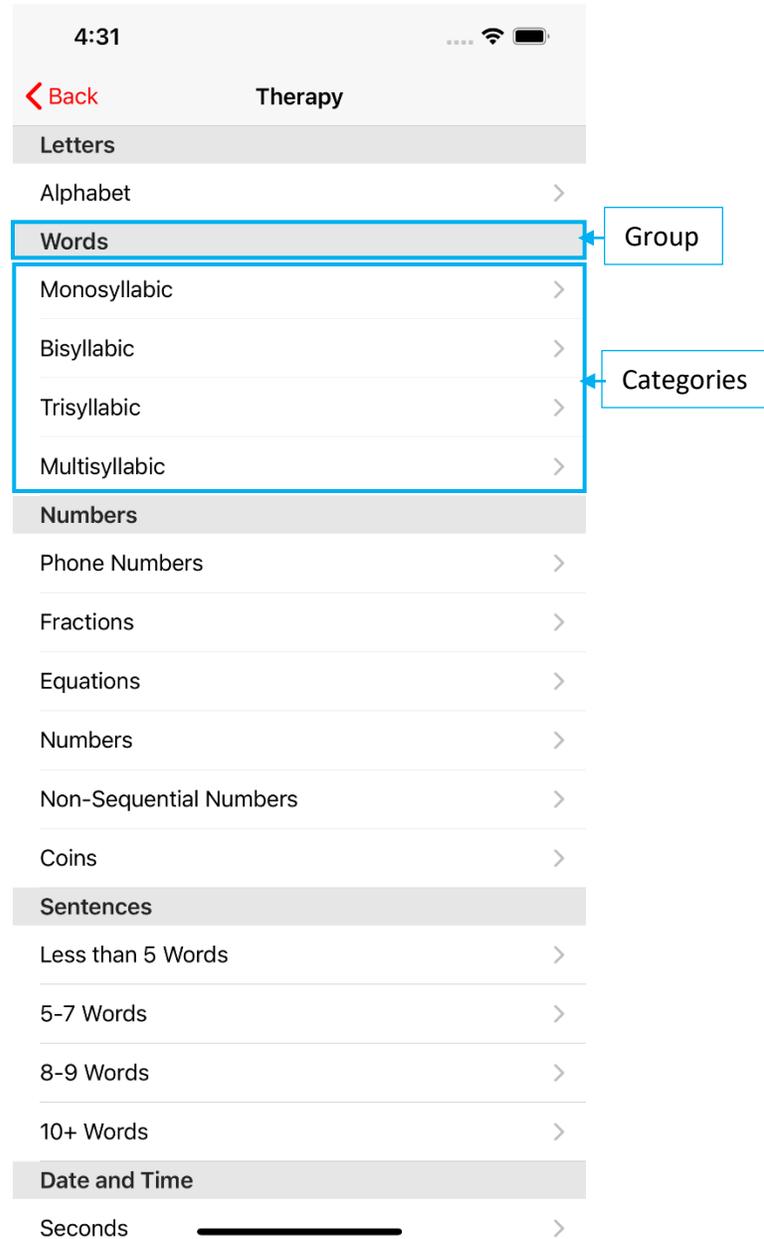


# Therapy

## 8.0 - Category Page

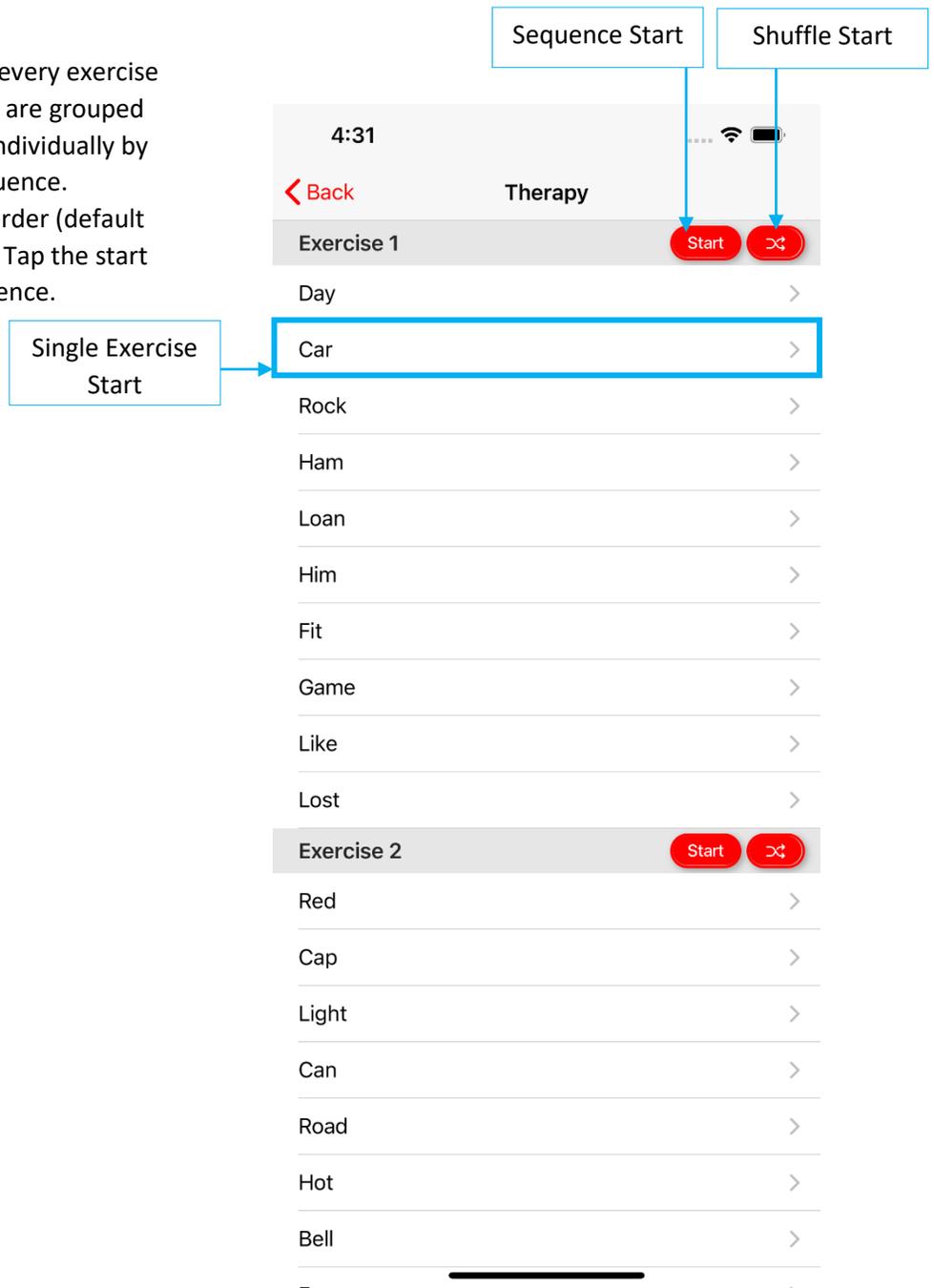
Upon entering the Therapy section for the first time, you will be prompted to accept camera and microphone access permissions. These are used to record your exercise progress.

After the permissions are accepted, you will be shown a list of categories. Each category contains multiple exercises to practice your speech. Tap a category to view the list of exercises within.



## 9.0 - Exercise Page

The exercise page shows a list of every exercise in the current category. Exercises are grouped together and can be completed individually by tapping them, or as part of a sequence. Sequences can be completed in order (default behaviour) or shuffled randomly. Tap the start or shuffle buttons to start a sequence.

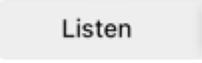


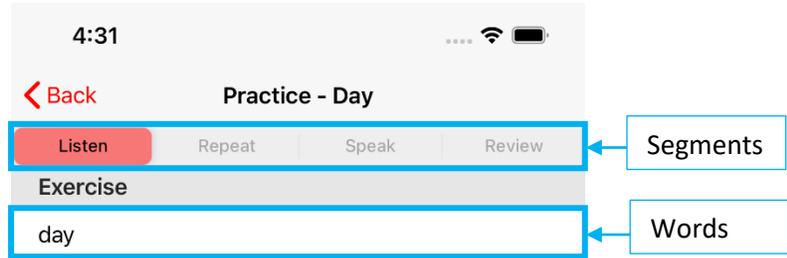
## 10.0 - Practice Page

The practice page is divided into four segments: Listen, Repeat, Speak, Review. Each segment prompts the user to complete a task before automatically progressing to the next segment. The current segment is highlighted red, and incomplete segments are greyed out. Completed segments are shown with black text.

Once a segment is complete the next segment will automatically start.

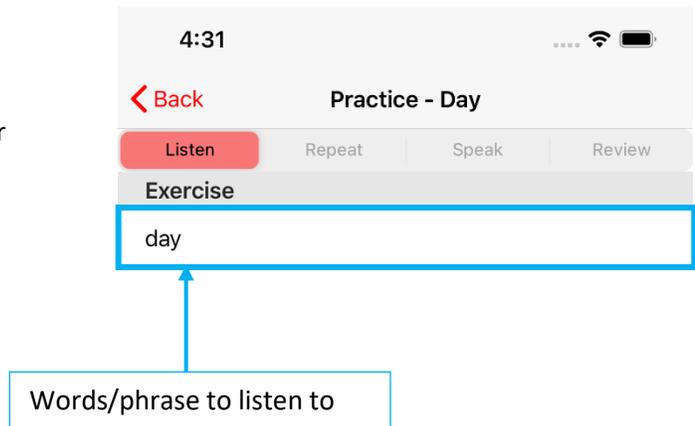
The words to be spoken are shown beneath the Segment selector.

Image	Description
	Selected segment.
	Unselected, disabled segment. Users cannot navigate to this segment.
	Unselected, enabled segment. Users can tap to navigate to this segment.



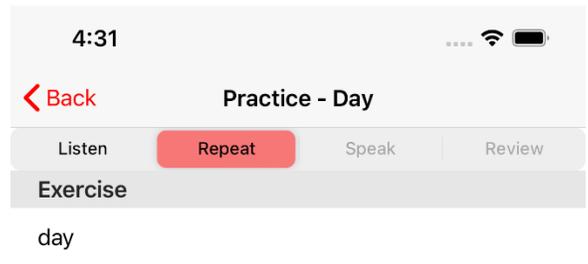
## 10.1 – Listen

The listen component will speak the word/phrase for the current exercise. The user is prompted to listen to the speech during this segment.



## 10.2 – Repeat

During the repeat segment, the user is prompted to practice repeating the word/phrase. The user should speak along with the therapy speech, and when finished will progress to the speak segment.

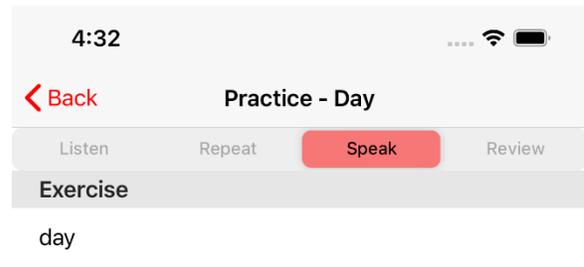


### 10.3 – Speak

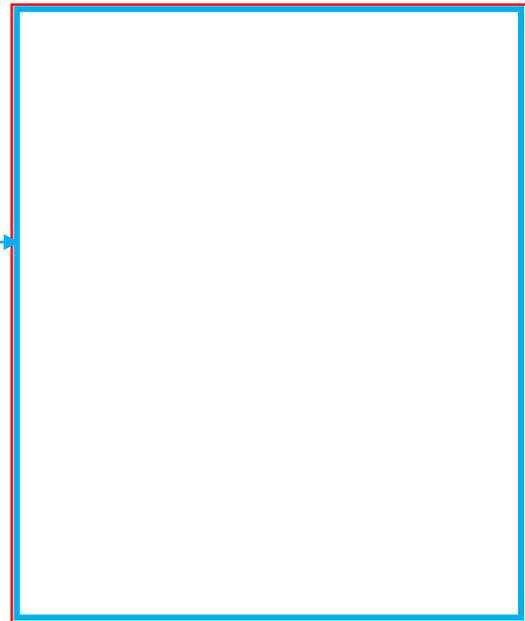
The speak segment allows users to record video and audio of themselves practicing the exercise. The camera starts and stops recording automatically and a preview of the video recording will be shown on the screen.

The speech rate can be configured in the application settings under Therapy.

The user cannot move to the other segments while recording is in progress. When finished, the user will progress to the Review segment.



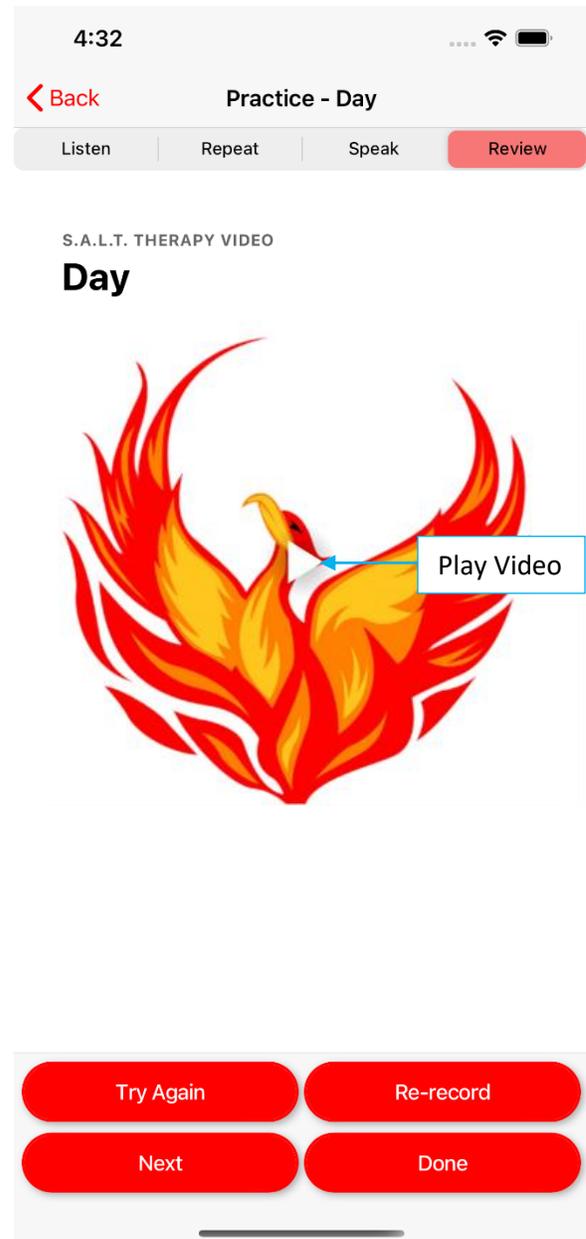
Camera Preview



## 10.4 – Review

During the review segment the user can play back their recorded video from the current exercise by tapping the “play” button on the image. Users can redo any of the previous segments by choosing them in the segment bar at the top.

Image	Description
	Restart the current exercise from the beginning of the Listen segment.
	Move back to the speak component and re-record the video/audio.
	Move to the next exercise in the current sequence. This is only shown when completing a sequence of exercises.
	Finish the current exercise(s) and show the summary screen.

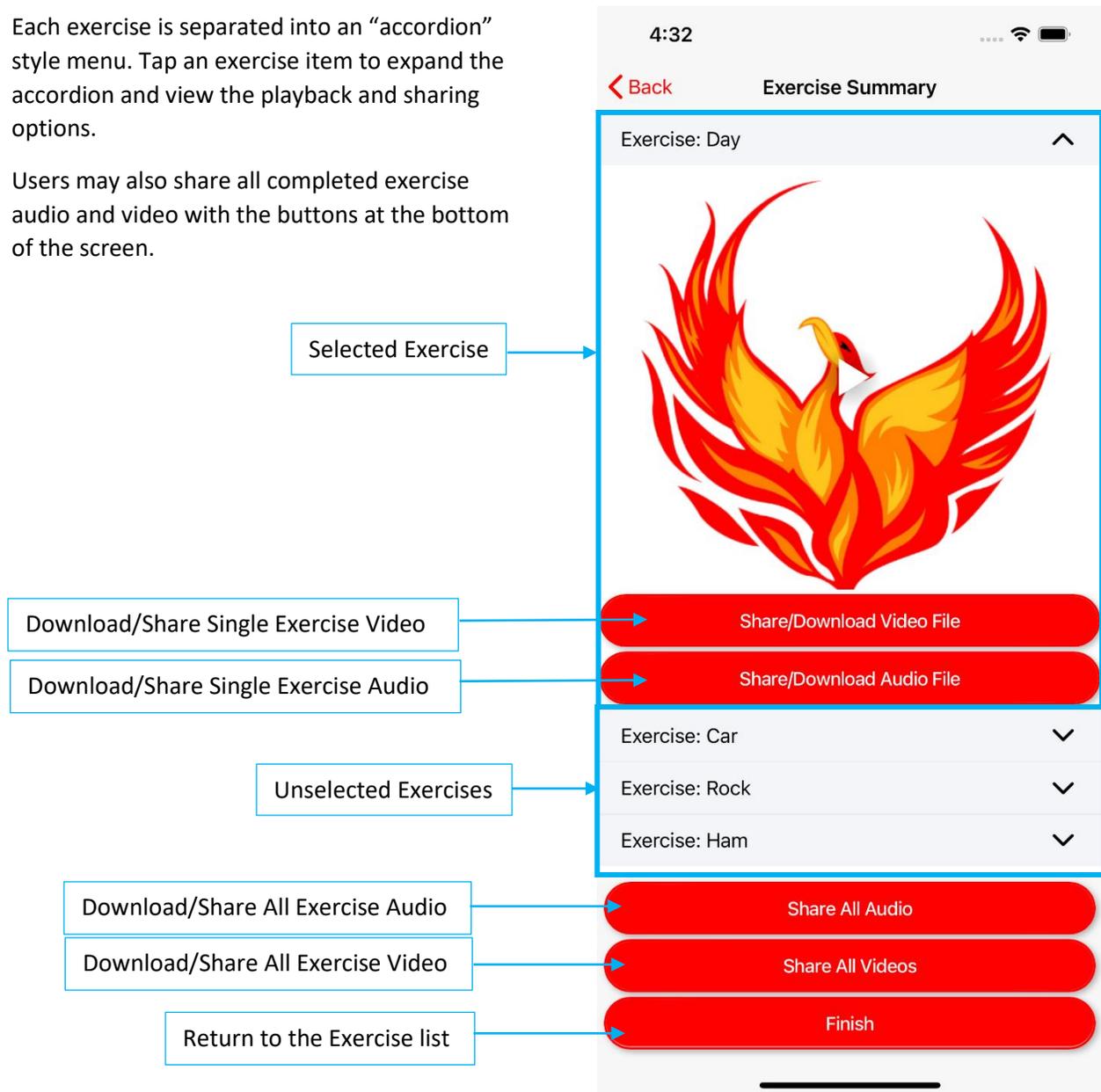


## 10.5 - Summary

The summary page allows users to play back and share the exercise video & audio completed during this segment/exercise.

Each exercise is separated into an “accordion” style menu. Tap an exercise item to expand the accordion and view the playback and sharing options.

Users may also share all completed exercise audio and video with the buttons at the bottom of the screen.



## Therapy – Practicing Exercises

### 11.0 – Using SALT Therapy

1. From the main menu, choose Therapy.

11:40



Sentence Builder

Therapy

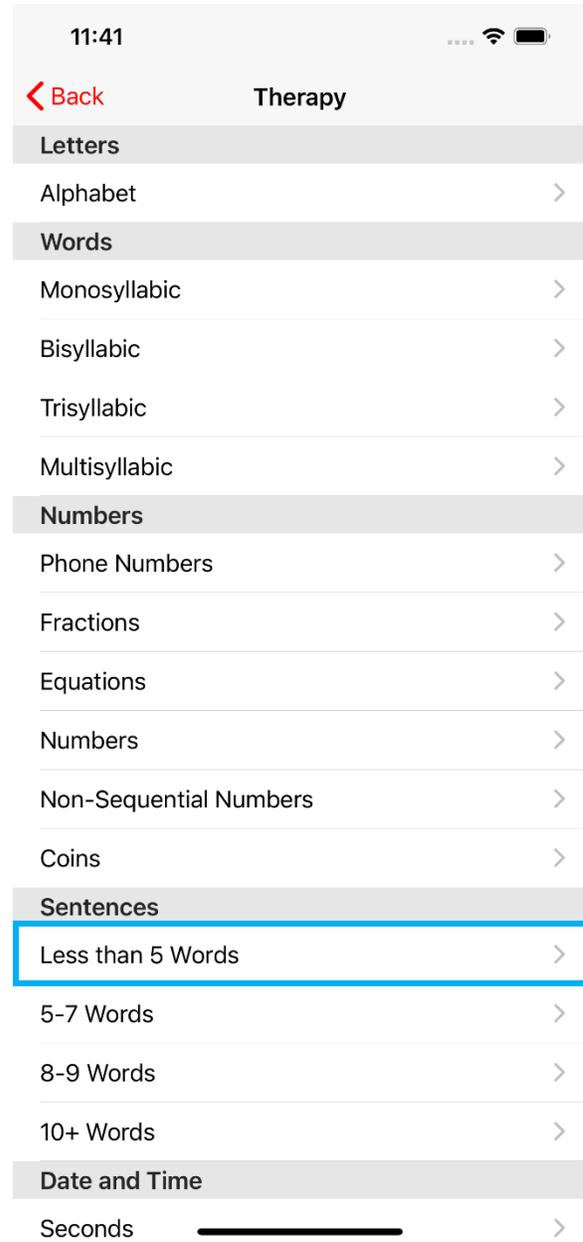
Settings

Account

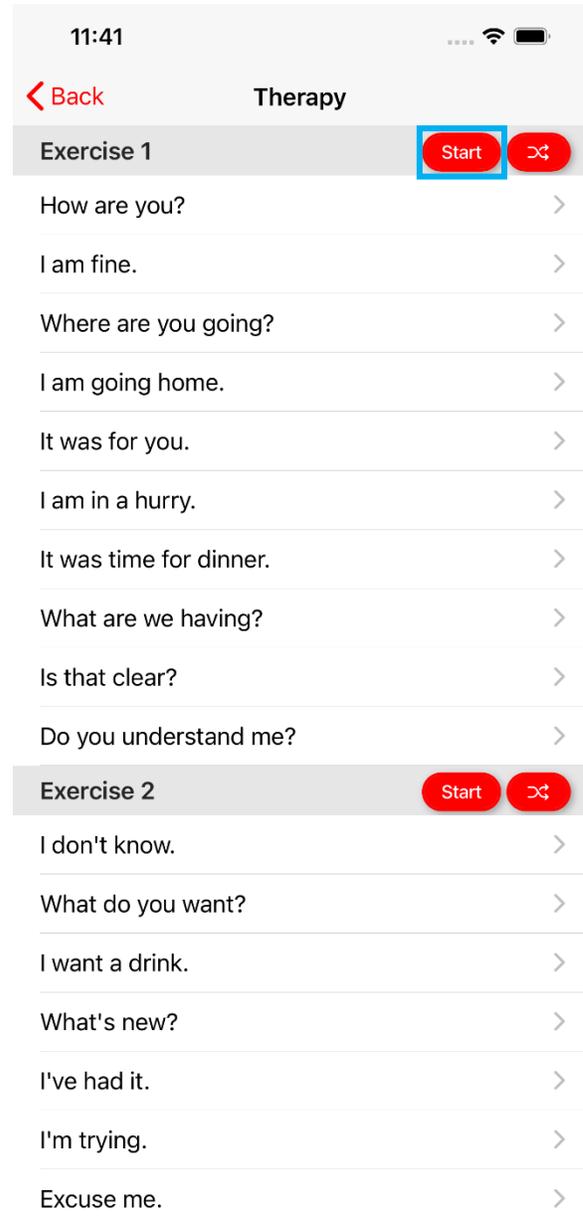
About

Version: 2.1.0 Build: 53

2. Choose any exercise category from the list.



3. Press Start on the exercise group you wish to practice. This will start an ordered sequence of exercises.



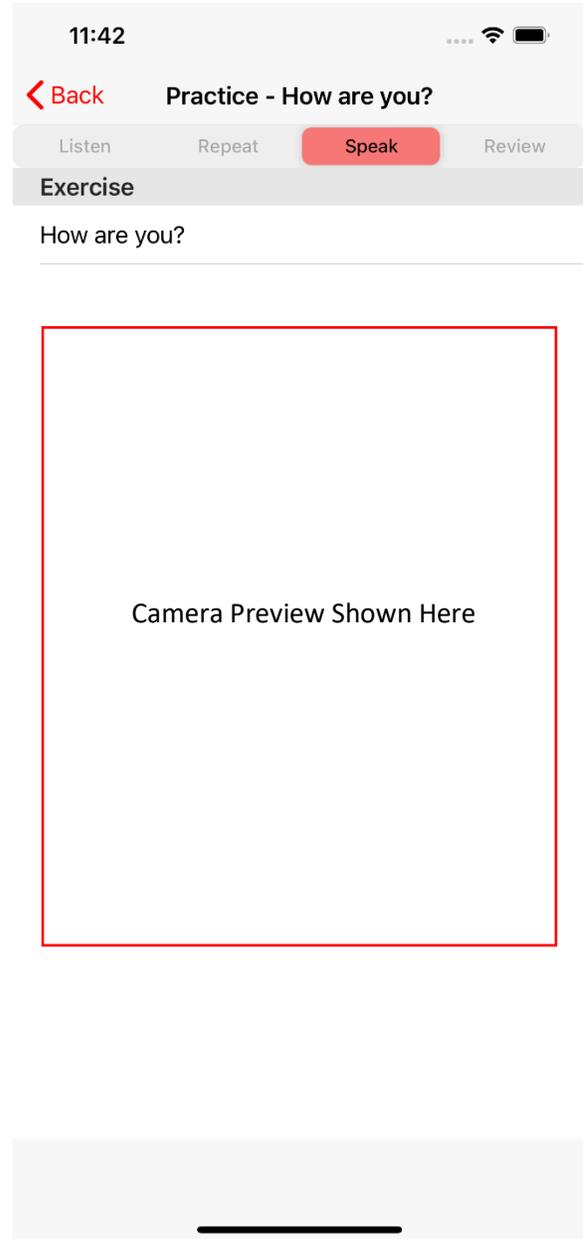
4. Listen to the speech playback. The app will speak the exercise content, then automatically progress to the next segment.



5. Repeat the exercise content along with the speech playback. This allows you to practice before being recorded in the next step. After speech playback is finished, you will automatically proceed to the next step.



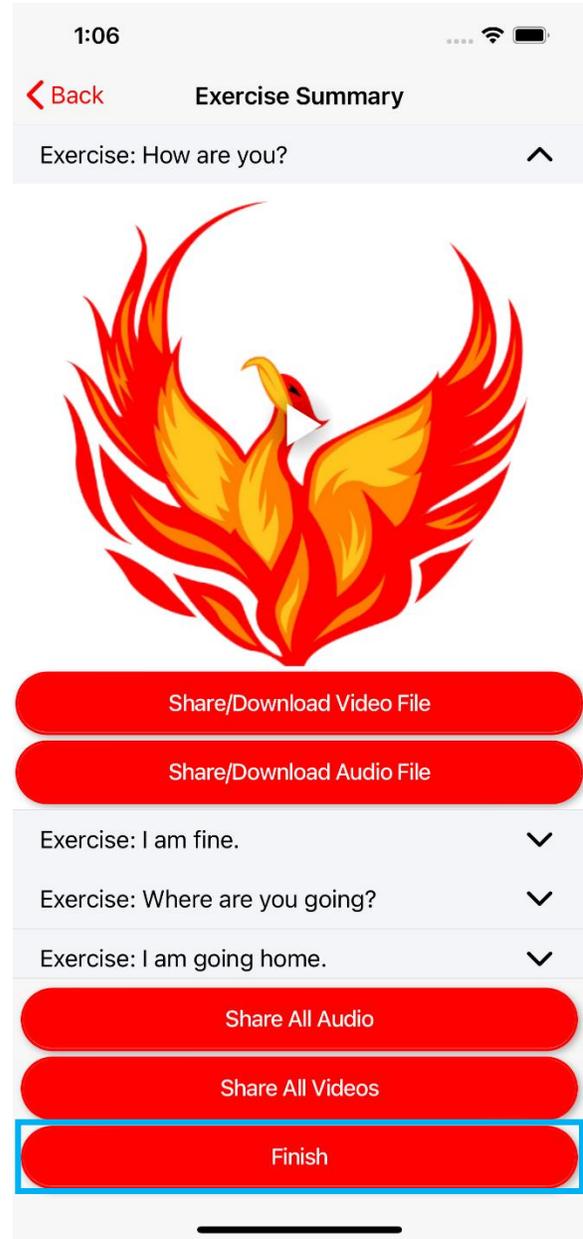
6. Speak the exercise content when the camera preview is shown. Recording of video and audio will commence, allowing your practice to be recorded for later review. The recording will automatically stop after a predetermined amount of time and the review segment will be shown.



- The review page will be shown after completing each exercise. Play back the recording by tapping the Play button. To continue to the next exercise (if completing a sequence) press the Next button. Otherwise once finished, press Done to view your results.



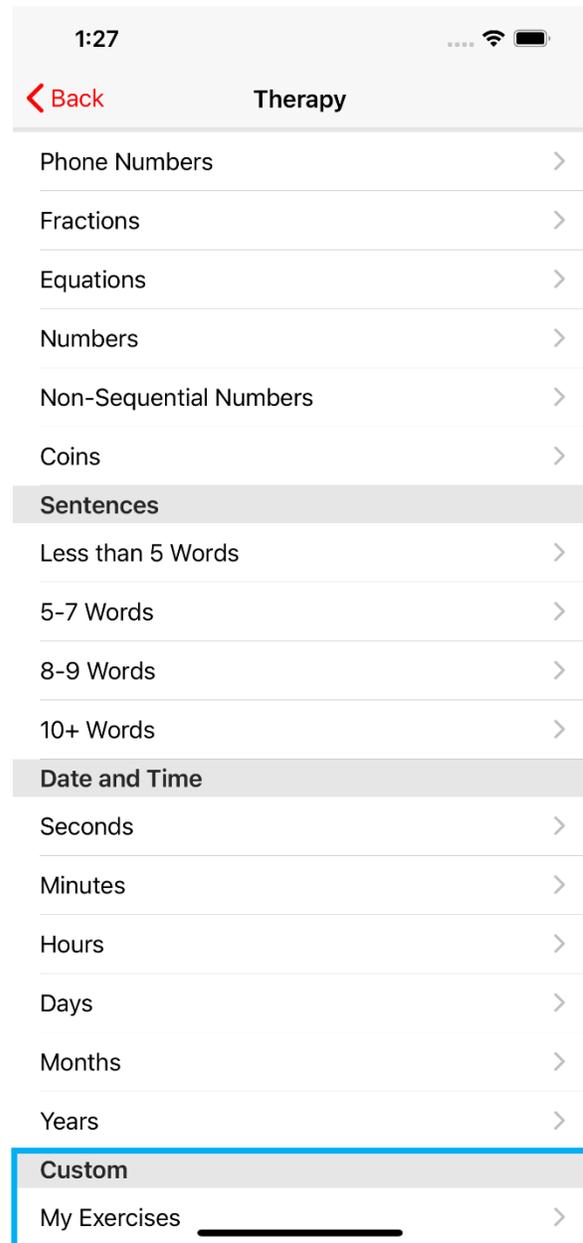
8. Play back and download or share your recordings for each exercise completed in the session. Tap an exercise to expand the menu and view options to play back and share/download. Press finish to return to the exercise selection screen.



## Therapy – Custom Exercises

### 12.0 – My Exercises

To access your custom exercises, at the bottom of the Therapy Categories, under **Custom** choose **My Exercises**.



## 12.1 – Adding Exercises

Upon first entering the Custom Exercises screen, you will see a blank list. You must add your own custom exercises.

1. Turn on edit mode in the top right corner.
2. Press **Add Exercise**.



3. Enter a name for your exercise.
4. Enter the exercise content.
5. Press Save.

1:43

Add Exercise

**Name**

Exercise Name

**Exercise Content**

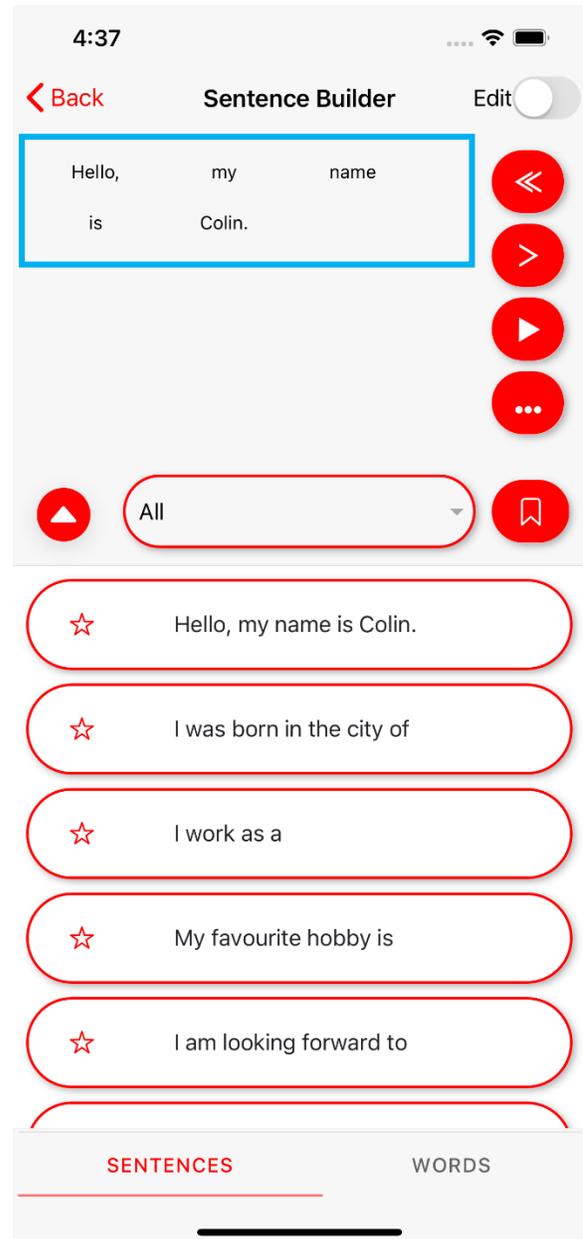
Exercise Words

Cancel Save

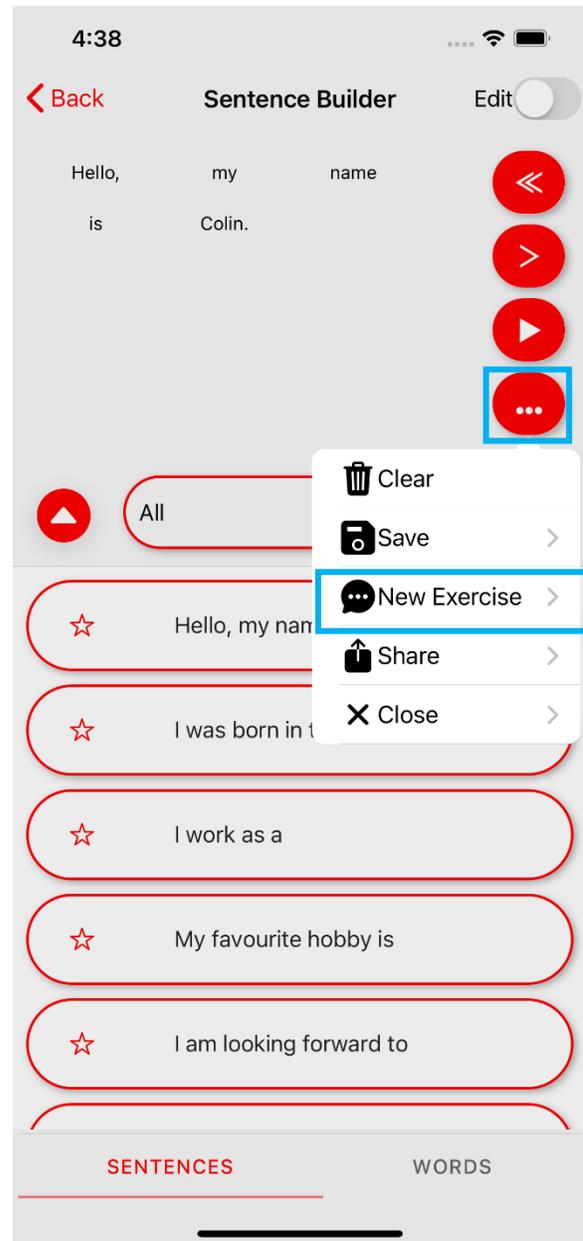
## 12.2 – Adding Exercises from the Sentence Builder

An exercise may be quickly added from the sentence builder.

1. Create your sentence and add it to the builder.



2. Press the “three dots” button to bring up the menu.
3. Press “New Exercise”



4. Enter a name for the exercise.
5. Press "Save".

4:39

Add Exercise

**Name**

Exercise Name

**Exercise Content**

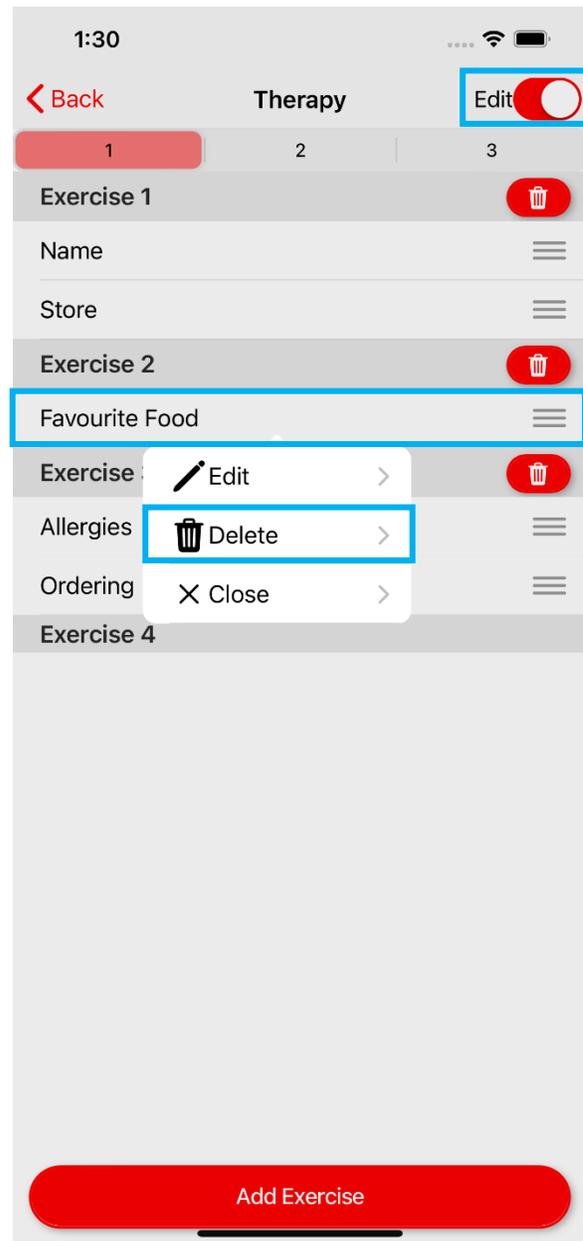
Hello, my name is Colin.

Cancel Save

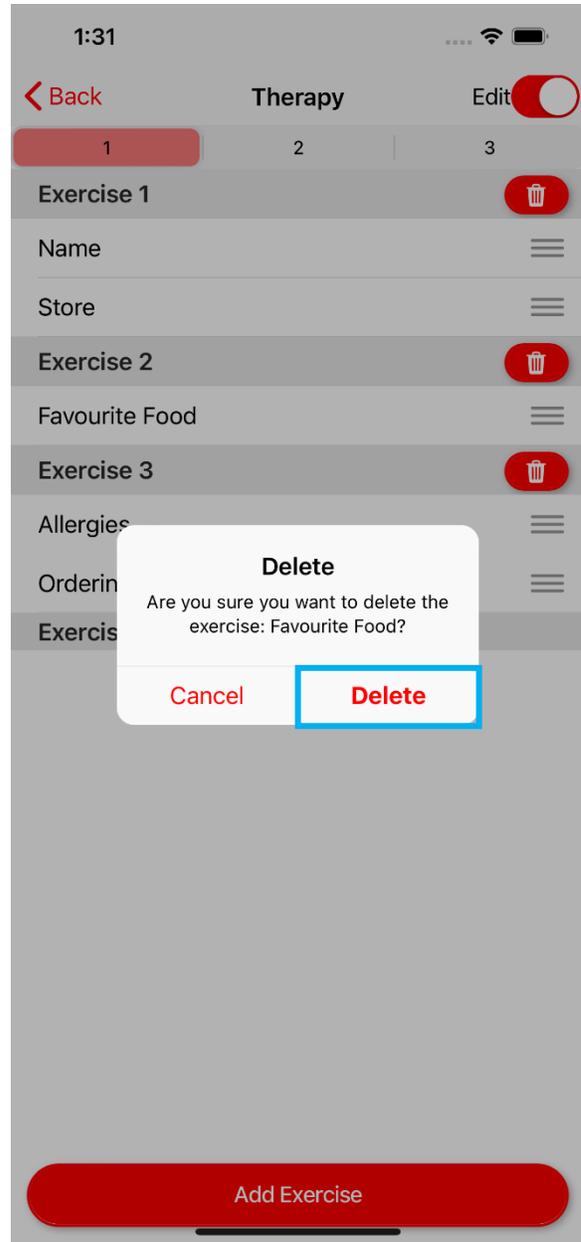
### 12.3 – Deleting Individual Exercises

Exercises may be deleted one at a time, or as an entire Exercise Group. To delete a single Exercise:

1. Turn on Edit mode.
2. Tap the exercise you wish to remove.
3. Choose Delete from the popover Menu.



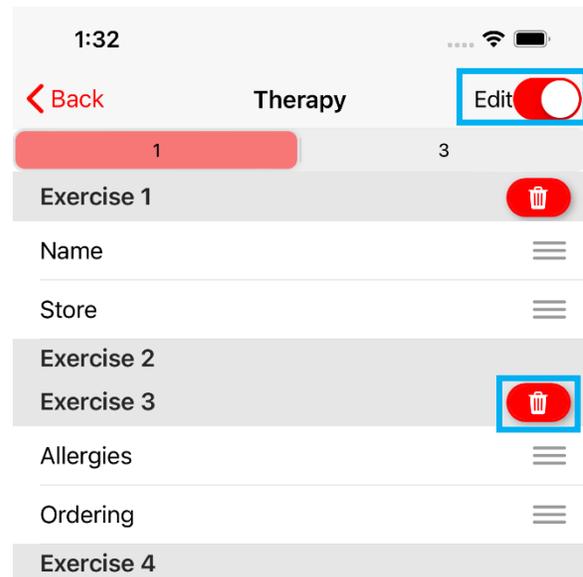
4. Confirm you have selected the correct exercise and press Delete.



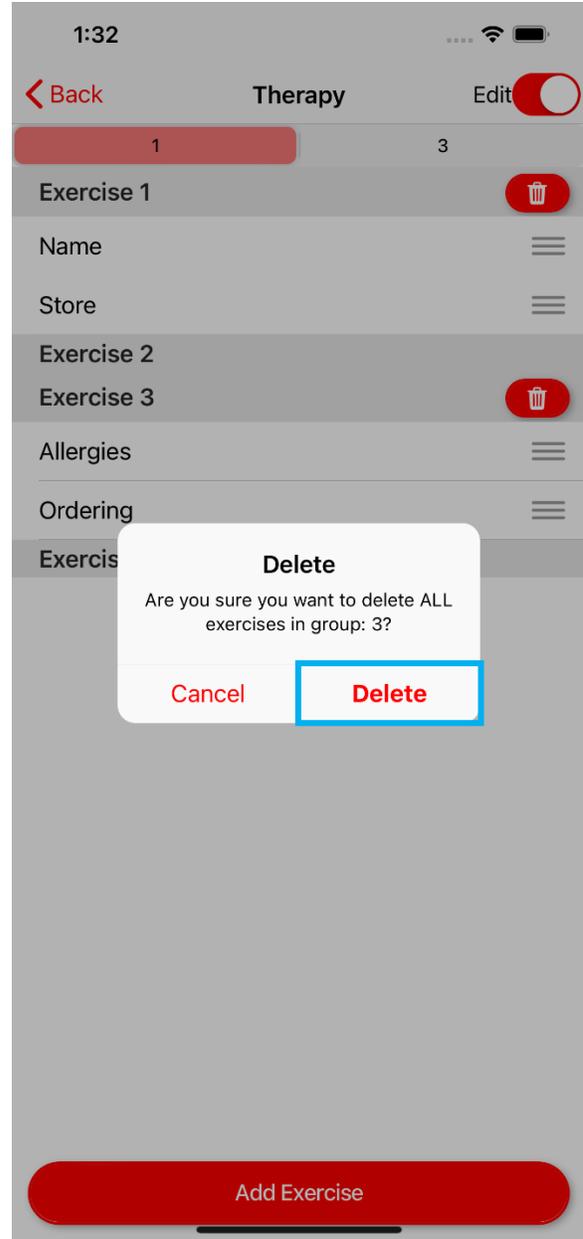
## 12.4 – Deleting Groups of Exercises

When deleting an exercise group, all exercises contained in the group will also be removed.

1. Turn on edit mode.
2. Tap the Delete icon next to the exercise group you wish to remove.



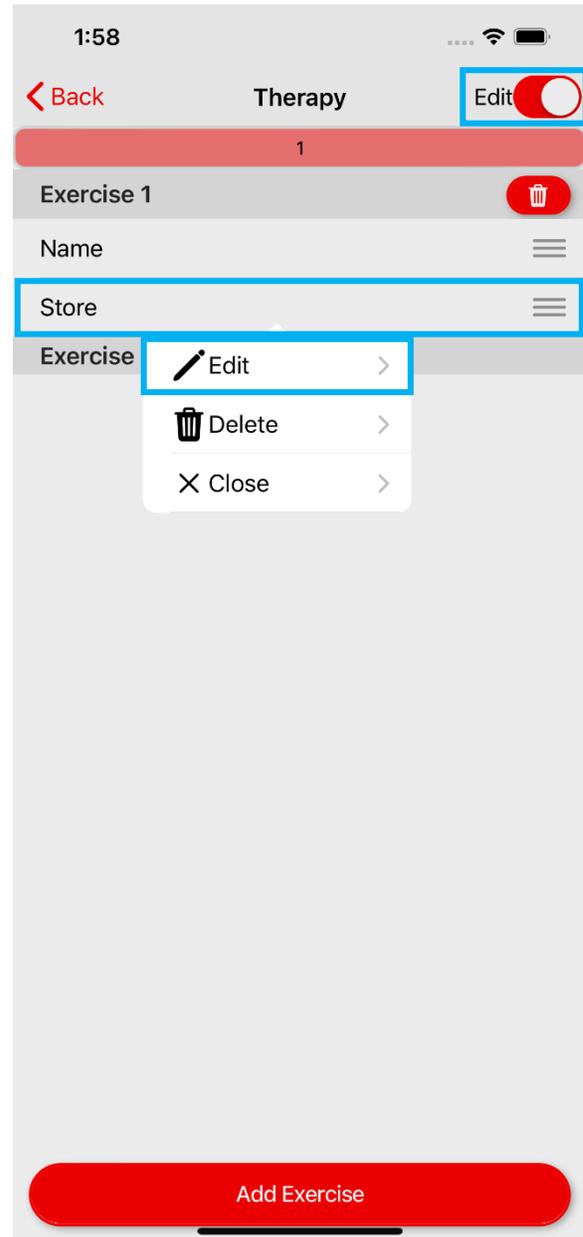
3. Confirm that you wish to delete ALL exercises in the selected group and press Delete.



## 12.5 – Editing Exercises

Custom exercise names and content can be modified. To edit a custom exercise:

1. Turn on Edit Mode.
2. Tap on the exercise you wish to modify.
3. Choose Edit from the menu.



4. Modify the exercise name and/or content as desired.
5. Press Save.

1:58

.... Wi-Fi [Battery Icon]

**Edit Exercise**

**Name**

An exercise name is required.

Store

**Exercise Content**

An exercise requires at least one word.

I would like to go to the store.

Cancel Save

## 12.6 – Reordering Exercises

Exercises may be reordered within a group or moved between groups. To reorder an exercise:

1. Turn on edit mode.
2. Press and hold the “three lines” icon to the right of the exercise you wish to move.
3. Once highlighted, drag the exercise to the desired location or group.
4. Release once the exercise is in the desired location.

