

# SNACK MENU

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<b>AM Snack</b> Cheese or Fruit or Vegetables with a cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>AM Snack</b> Cheese or Fruit or Vegetables with a cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>AM Snack</b> Cheese or Fruit or Vegetables with a cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>AM Snack</b> Cheese or Fruit or Vegetables with a cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>AM Snack</b> Cheese or Fruit or Vegetables with a cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)
<b>PM Snack</b> A cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>PM Snack</b> A cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>PM Snack</b> A cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>PM Snack</b> A cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)	<b>PM Snack</b> A cracker variety (vanilla wafers, club crackers, graham crackers, cheez-its, animal crackers)

*Menu subject to change without notice, based on availability and water is offered at every snack.*

**Please take a look at the menu and ask your child what s/he will eat.**

**On days s/he does not want to eat our snack, please send a substitute snack for your child.**

## **We are a NUT FREE and LOW SUGAR school!**

Please **DO NOT** send nuts of any kind to school as we have several children with severe nut allergies.

*We appreciate your understanding and help in protecting these allergic children from anaphylaxis.*

All food sent to school should be free from soda, candy, chocolate and other foods containing high amounts of sugar. Any high sugar foods will be returned in your child's lunch box to enjoy at home.