

2026-2027 RECREATIONAL SCHEDULE

IN SESSION 9/8/26

DAYTIME PROGRAM 12 MONTH - 5 YEAR OLD		
MONDAY		
Creative Movement	11:00 AM - 11:45 AM	12-18 Months Old
Bitty Baby Ballet	11:45 AM - 12:30 PM	18 Months - 3 Years Old
Just Jazz	12:45 PM - 1:30 PM	3-4 Years Old
TUESDAY		
Creative Movement	9:30 AM - 10:15 AM	12-18 Months Old
Bitty Baby Creative Movement	10:15 AM - 11:00 AM	18 Months - 3 Years Old
Jazz/Ballet	11:00 AM - 11:45 AM	3-4 Years Old
WEDNESDAY		
Parent & Tot Tumble	10:00 AM - 10:45 AM	Assisted Walking & Up
Toddler Tumble	10:45 - 11:30 AM	3-5 Years Old
Toddler Open Gym	11:30 AM - 12:15 PM	PARENT PARTICIPATION

EVENING & WEEKEND PROGRAM 12 MONTH - 24 MONTH OLD HYBRID CLASSES - PARENT PARTICIPATION OR INDEPENDENT - PARENT DESCRETION			
Monday	Bitty Baby Ballet & Jazz	5:30 PM - 6:15 PM	12-24 Months Old
Tuesday	Parent & Tot Tumble	5:30 PM - 6:15 PM	PARENT MUST ATTEND
Wednesday	Creative Movement with Tap	5:45 PM - 6:30 PM	12-24 Months Old
Saturday	Creative Movement	10:15 AM - 11:00 AM	12-24 Months Old

3-5 YEARS OLD	
MONDAY	
Baby Ballet (Pre-Ballet)	4:30 PM - 5:15 PM
Just Jazz w/Flexibility	5:15 PM - 6:00 PM
Baby Poms	6:30 PM - 7:15 PM
TUESDAY	
Jazz/Hip Hop	5:45 PM - 6:40 PM
Toddler Tumble	6:15 PM - 7:00 PM
WEDNESDAY	
Jazz/Ballet	5:30 PM - 6:25 PM
THURSDAY	
Toddler Tumble	4:00 PM - 4:45 PM
Baby Bop Hip Hop	4:45 PM - 5:30 PM
SATURDAY	
Pre-Ballet	11:00 AM - 11:45 AM

6-8 YEARS OLD	
MONDAY	
Poms 1/2	5:30 PM - 6:15 PM
Itty Bitty Hip Hop	6:30 PM - 7:25 PM
TUESDAY	
Jazz/Tap	6:45 PM - 7:40 PM
WEDNESDAY	
Latin Ballroom Level 1/2	4:45 PM - 5:30 PM
Itty Bitty Hip Hop Funk	5:45 PM - 6:30 PM
Ballet 1	6:30 PM - 7:15 PM
Ballet/Jazz	6:45 PM - 7:40 PM
THURSDAY	
Jazz/Contemporary	5:30 PM - 6:25 PM
SATURDAY	
Ballet/Jazz	11:45 AM - 12:45 AM

9-11 YEARS OLD	
MONDAY	
Hip Hop Combos 1/2	7:30 PM - 8:15 PM
TUESDAY	
Jazz 1/2	7:45 PM - 8:45 PM
WEDNESDAY	
Latin Ballroom Level 1/2	4:45 PM - 5:30 PM
Jazz 2	5:30 PM - 6:15 PM
Poms Technique	8:15 PM - 9:00 PM
THURSDAY	
Hip Hop Beginner to 1 Year Experience	6:30 PM - 7:25 PM
Contemporary Lyrical 1/2	7:30PM - 8:15 PM

12 + YEARS OLD	
MONDAY	
Advanced Hip Hop	5:30 PM - 6:25 PM
TUESDAY	
Jazz 1/2	7:45 PM - 8:45 PM
WEDNESDAY	
Hip Hop Combos	5:30 PM - 6:25 PM
Jazz 3	5:30 PM - 6:15 PM
Poms Technique	8:15 PM - 9:00 PM
Advanced Ballroom	8:45 PM - 9:30 PM
THURSDAY	
Contemporary 3/4	8:30 PM - 9:25 PM

ALL BOYS CLASSES		
TUESDAY		
Hip Hop	5:30 PM - 6:15 PM	5-8 Years Old
Hip Hop	6:15 PM - 7:00 PM	9+ Years Old
WEDNESDAY		
Breakdancing & Hip Hop	6:30 PM - 7:25 PM	7+ Years Old

ELEVATED BALLET Instructor Approval Required			
FIERCE BABIES			
Thursday	Ballet	4:30 PM - 5:25 PM	4-5 Years Old
FIERCE TINY			
Monday	Ballet	4:30 PM - 5:25 PM	6-8 Years Old
Thursday	Ballet	6:15 PM - 7:10 PM	
FIERCE MINI			
Monday	Ballet	5:30 PM - 6:25 PM	9-11 Years Old
Thursday	Ballet	6:15 PM - 7:10 PM	
FIERCE JUNIOR			
Monday	Ballet	6:30 PM - 7:25 PM	12+ Years Old
Thursday	Ballet	7:15 PM - 8:15 PM	
FIERCE TEEN/SENIOR			
Monday	Ballet	6:30 PM - 7:25 PM	13+ Years Old
Thursday	Ballet	7:15 PM - 8:15 PM	

NEW CLASSES FAMILY & ADULT			
WEDNESDAY			
Adult Stretch & Mobility with Barre Work for Full Body	7:30 PM - 8:15 PM	18+ Years Old	\$80 MONTHLY
FAMILY Hip Hop 1-2 Parents & Up To 3 Kids	7:45 PM - 8:30 PM	Minimum Age 5	\$80 MONTHLY
Adult Hip Hop	8:15 PM - 9:00 PM	18+ Years Old	\$75 MONTHLY

Parent & Tot TUMBLE	DAY	TIME
Ages 12 months – 3 years old	Tuesday	6:15-7:00

Parent and Tot is the opportunity for you to work directly with your child and introduce him or her to the sport of tumbling. We show you how to use our facility to encourage your child to develop coordination, strength, balance, and agility. The Tumbling room is built for young success so your child will thrive in this class.

TODDLER TUMBLE	DAY	TIME
4 & up (Independent)	Tuesday	5:30-6:15
Basic Tumbling Fundamentals Little or No Experience.	Wednesday	3:45-4:30
<u>Class Curriculum & SKILL FOCUS:</u> -Handstand Form -Bridges -Proper Cartwheels		

Tumbling Technique 1/2	DAY	TIME
Minimum (1) Year Experience	Tuesday	7:00-7:55
<u>Class Curriculum:</u> -Bridge Kickover -One Handed Cartwheels -Walkover Drills -Roundoffs -Skills per COACH		

Tumbling Technique 2/2.5	DAY	TIME
Minimum (2) Year Experience	Wednesday	6:30-7:25
<u>Class Curriculum:</u> -Front & Back Walkovers with Tricks -Front Limber -Headstands		

Tumbling Technique 3	DAY	TIME
Minimum (2) Years Experience	Wednesday	4:30-5:25
<u>Class Curriculum:</u> -Arial Drills -Back Handsprings -Back Tucks		

Tumbling 4	DAY	TIME
Minimum (3) Years Experience	Monday	8:30-9:25
<u>INSTRUCTOR APPROVAL ONLY</u> <u>Class Curriculum:</u> -REFINEMENT through REPS *Lightly Spotted as Needed*		

CLASS – INTERMEDIATE ACRO	DAY	TIME
SKILL BASED	Thursday	4:45-5:30
<u>INSTRUCTOR APPROVAL ONLY</u>		

ADVANCED ACRO	DAY	TIME
SKILL BASED	Thursday	5:30-6:25
<u>INSTRUCTOR APPROVAL ONLY</u>		