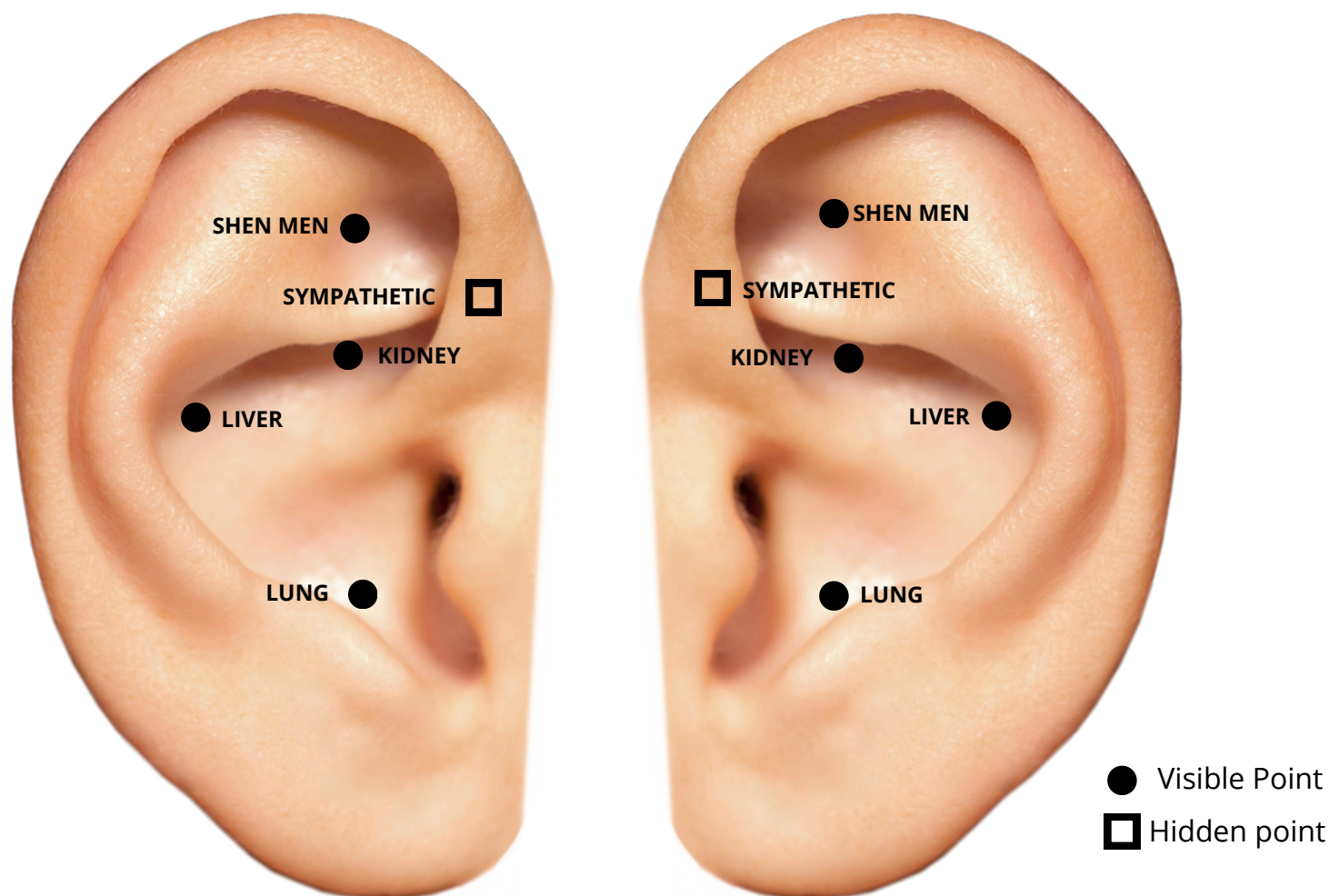




Sympathetic: Balances the autonomic nervous system. Calms stress/anxiety, relaxes smooth muscles, promotes healing, lowers blood pressure, reduces pain, and improves blood circulation.

Shen Men: General calming effect. Decreases cortisol (stress) levels, anxiety, depression, nervousness, insomnia, and inflammation. Reduces pain. Supports addiction recovery/sobriety. Supports both physical & mental health.

Kidney: Nourishes the kidney and clears the blood. Promotes the healing of kidney, urinary, and ear disorders (such as tinnitus). Stimulates and regulates physiological and hormonal functions. Influences happiness and relieves fear. Supports addiction recovery. Strengthens the body's vitality.

Liver: Promotes detoxification and the healing of liver disorders, anemia, high blood pressure, and muscle cramps. Aids in clear thinking and decision making. Relieves frustration, anger, and depression. Promotes connection to oneself.

Lung: Cleanses the body from toxins & regulates pores. Improves connection to self. Aids in processing of grief, sadness, & depression. Restores joy by correcting emotional imbalance. Improves respiratory health & increases resistance to illness.