

Currently we can all feel the intensity of the concerns regarding the Coronavirus disease (COVID-19). Every day, we receive a vast amount of information about COVID-19 that brings changes in our thoughts and plans. This changing information might bring reassurance as well as discouragement. FCC believes, as your medical and/or mental health provider, it is important to view this global health threat with a balanced sense of self. It is important to consider our physical health to be in the forefront of our focus, but not the only focus. Our mental, emotional and spiritual well-being is also paramount. At FCC, we believe the safety and security of everyone's health and ability to feel safe and secure within our walls and outside in our community is a cornerstone of our legacy. As a clinic we have upheld high standards of providing a clean environment to ensure that everyone can feel safe physically, mentally and emotionally. We have the greatest health system in the world, and we at the Family Care Center are blessed to have the best patients in the world.

As we all navigate our daily processes during the COVID-19 pandemic, all of us at FCC will continue to provide the standard of care for which we all strive to achieve and that begins with "Safety First". Whether inclement weather or health issues are concerned, we will respect your choice to keep your appointment with your provider. You might not feel comfortable being in public during this time. We know that many school districts are closed next week and through Spring Break and this can bring scheduling challenges for medical and therapy appointments if you have school age children. Please do not hesitate to call or email your provider so we can be aware of your concerns and possible limitations. Please check in with our social media on Facebook (Family Care Center LLC) as well as utilizing the patient portal (<https://familycarecenterintouch.insynchcs.com/Login>). Some medications must have a paper script and cannot be transmitted electronically. We will do our best to accommodate your needs. It is our goal to prioritize your medical and therapeutic needs, as well as keep us all healthy and safe from contagious and infectious viruses.

We are learning more and more about the coronavirus-19, to date, even at the epicenter (China), those at risk appear to be the very old, significant medical problems (such as hypertension and immunocompromised), but children and young adults can carry the virus. Over 90% will not require any medical intervention. The El Paso County Public Health Office recommends staying home if you have a fever or are sick, washing hands with soap and water or hand sanitizer. The thought of reducing school and public events is to "flatten the curve" to not overwhelm the health system. The Colorado Department of Public Health and Environment recommend postponing community events over 250 people. Our office capacity is much less, and we keep small safe groups.

We will continue to serve and give you all options. All no-show fees for feeling sick will be waived during these times. Stay emotionally and physically healthy and thank you for allowing Family Care Center to be on this journey with you.



Dr. Chuck Weber
CEO / Medical Director