

# WORKPLACE INJURIES BY THE NUMBERS



Every 7 seconds... a worker is injured on the job.

**510**  
per hour

**12,600**  
a day

**88,500**  
a week

**4,600,000**  
a year



**104,000,000** = Production days lost due to work-related injuries in 2017

Most common types of injuries keeping workers away from work



Sprains, strains or tears



Soreness or pain



Cuts, lacerations or punctures

## TOP 3 workplace injury events resulting in lost work days

### 1. OVEREXERTION

- Lifting or lowering
- Repetitive motions

**33.54%**  
OF INJURIES

### 2. CONTACT WITH OBJECTS AND EQUIPMENT

- Struck by or against object or equipment
- Caught in or compressed by equipment or objects
- Struck, caught or crushed in collapsing structure, equipment or material

**26%**  
OF INJURIES

### 3. SLIPS, TRIPS AND FALLS

- Falls to a lower level
- Falls on the same level

**25.8%**  
OF INJURIES

#### Helpful Tips:

- Avoid bending, reaching and twisting when lifting
- Take frequent short breaks

- Store heavy objects close to the floor
- Be aware of moving equipment/objects in your work area
- Wear the proper personal protective equipment

- Place the base of ladders on an even, solid surface
- Use good housekeeping practices

## TOP 5 occupations with the largest number of workplace injuries resulting in days away from work



1.

**Service**

(includes firefighters and police)



2.

**Transportation/Shipping**



3.

**Manufacturing/Production**



4.

**Installation, maintenance and repair**



5.

**Construction**



**Employers should take action to spare workers needless pain and suffering.**

While your safety is ultimately your employer's responsibility, we must each decide to make safe choices every day.

**Take the pledge** to be **SafeAtWork** at [marg@boscotraining.com](mailto:marg@boscotraining.com)