Dr Ronald C Wichin DC Ideal Protein Order Form 703-834-1910 DrWichin@Gmail.com

DRINKS	Box	Price
Blueberry, Cranberry & Pomegranate		$33.00
Chocolate		$33.00
Cappuccino		$33.00
Peach & Mango		$33.00
Wildberry Yogurt		$33.00
Vanilla		$33.00
READY MADE	Carton	
Ready Made Vanilla Drink Single Bottle		$5.65
Ready Made Chocolate Drink Single Bottle		$5.65
Ready Made Cappuccino (6)		$34.00
Ready Made Vanilla Drink 12 pack		$68.00
Ready Made Chocolate Drink 12 pk		$68.00
Ready Made Chocolate Pudding		$34.00
SNACKS - PUDDINGS	Box	
Dark Chocolate		$33.00
Vanilla		$33.00
Raspberry Jelly		$33.00
Chocolate Chip Frosty		$33.00
Strawberry Cheese Cake		$33.00
SNACKS - BARS & PUFFS	Box	
*Choco-Coconut *R*		$34.00
*Cranberry Granata *R*		$34.00
*Peanut Butter Crunch *R*		$34.00
*Chocolate Almond *R*		$34.00
*Caramel Nut *R*		$34.00
*Cookie Dough Swirl*R*		$34.00
*Mint Chocolate Crisp *R*		$34.00
Chocolate Coated Soy Puffs		$34.00
Lemon Wafers		$34.00
Triple Chocolate Wafers		$34.00
Vanilla Wafers		$34.00
Strawberry Wafers		$34.00
Vanilla Crispy Squares		$34.00
Choclate Crispy Squares		$34.00
Sea Salt Caramel Clusters		$34.00
Buttered Popcorn Clusters		$34.00
*Double Choclate Brownie *R*		$34.00
Chocolate Caramel Mug Cake		$34.00
SNACKS - SALTY	Box	
*Dill Pickle Zippers *R*		$33.00
Nacho Cheese Dorados		$34.00
Sweet Chile Dorados		$34.00
Ranch Dorados		$34.00
Garilc Croutons		$15.00
Trail Mix		$34.00
Pizza Curls		$34.00
Barbecue Crisps		$34.00
Buffalo Ranch Soy Puffs		$34.00
Sea Salt and Vinegar Chips		$34.00

BREAKFAST	Box	Price
Choc Chip Pancake Mix		$33.00
Golden Pancake Mix		$33.00
Cheese Omelet		$33.00
Crispy Cereal		$33.00
Maple Oatmeal		$33.00
Apple Oatmeal		$33.00
Blueberry Pancake		$33.00
LUNCH		
Vegetable Spaghetti Bolognese		$33.00
Chicken Noodle Soup		$33.00
Chicken Soup (creamy)		$33.00
Broccoli Cheese Soup		$33.00
Tomato-Basil Soup		$33.00
Thai Pork Soup		$33.00
*Vegetable Chili *R*		$33.00
Potato Puree		$33.00
Mushroom Parmesan Risotto		$33.00
Cheddar Cheese Sauce		$33.00
Konjac Rice		$11.00
Konjac Spaghetti		$11.00
Rotini Pasta		$33.00
VITAMINS & MINERALS	Bottle	
Multi-Vita (60 caps)		$30.00
Cal-Mag (120 caps)		$26.00
Cal-Mag Chews		$30.00
Potassium Citrate (60 caps)		$14.00
IP Omega 3 Plus		$39.00
SUPPLEMENTS	Bottle	
Tru Me Branch Chain Amino Acids		$25.99
Pro Biotic Flora Health		$25.00
Digestive Enzymes		$24.00
MISC.	Qty.	
Ideal Protein Shaker		$8.00
Ideal Salt		$4.00
IP Black Cherry Water Enhancer		$7.75
IP Mangosteen Water Enhancer		$7.75
IP Tangerine Water Enhancer		$7.75
IP Lemon Water Enhancer		$7.75
IP Raspberry Lemonade Water Enhancer		$7.75
DRESSINGS and SAUCES	**Qty**	
Italian Herb Salad Dressing	b/o	$5.25
Honey Mustard Salad Dressing	b/o	$5.25
Classic Balsamic Salad Dressing	b/o	$5.25
Maple Syrup		$5.25

b/o = backorder

____ Products @ $33.00 each: _____

____ Products @ $34.00 each: _____

Total for Vitamins/Misc: _____

Total for Walden Farms: _____

Total Amount Due: _____

Updated January 2023

*R= Restricted one per day max