

# Joyful Journal

May 2023 NEWSLETTER

News From Your Mortgage Planner



"When you arise in the morning, think of what a precious privilege it is to be alive - to breathe, to think, to enjoy, to love."

— Marcus Aurelius



### April was Fun





Family time at Sam's Sunday softball games – we are getting used to hats and jackets. It has been a cold SoCal Winter.

> We finally had some sun. Sam and I rode our eBikes to the beach to avoid the parking.



Addy got a flat tire from hitting a curb too hard! Lucky for her Scott was behind her and she got a lesson in how to change her tire



## Get Caught Reading!



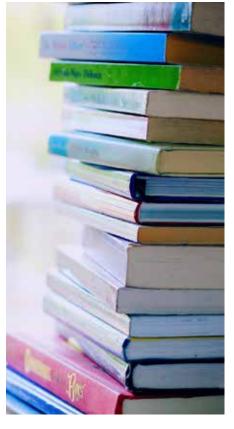
May is Get Caught Reading month! it is a nationwide public service campaign launched by the Association of American Publishers to remind people of all ages how fun it is to read. Reading is an important activity for children and adults and has been proven to be beneficial for our mental health. With so many distractions that take away valuable time from reading, Get Caught Reading Month is a chance to press the restart button. It allows everyone to explore the wonders and relaxing activity of simply grabbing a good book and

### "Books are a uniquely portable magic."

- Stephen King, On Writing

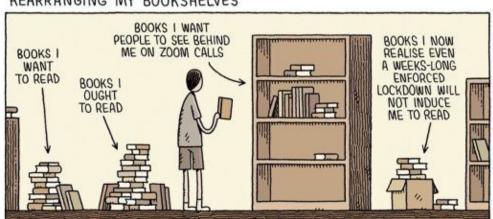
reading for enjoyment.
There are many benefits of reading.
These include reduction of stress & anxiety, helps

you get you to sleep, stimulates the brain, increases empathy, reduces risk of dementia and may help you live longer. A study found



that people who read more than 3.5 hours a week live 23 months longer compared to non-readers. So, grab a book and find some sun – read to live! Enjoy.

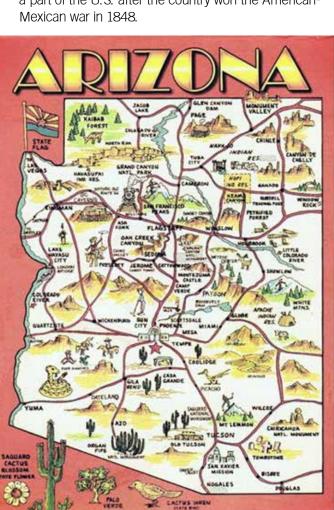
### REARRANGING MY BOOKSHELVES





### Do you Know your AZ State Facts?

- Arizona's Sonoran Desert is the only place on earth where the iconic saguaro cactus grows and it is a punishable offense with up to 25 years in jail for cutting it down.
- The Grand Canyon National Park is one of the Seven Natural Wonders of the World, and the only one located within the United States.
- Arizona, Utah, Nevada, New Mexico and California were a part of Mexico in some point in history. Arizona became a part of the U.S. after the country won the American-Mexican war in 1848.





- 4. Arizona is the largest copper producing state in the Union and was discovered in 1854.
- 5. Phoenix,
  Arizona consistently
  ranks number one for
  the most days a year
  when the temperature
  rises above 89°. The
  city sees sunshine
  more than 105 days a
  year at or above 99°.
  That's why it's called
  the Valley of the Sun.
- 6. Arizona (except the Navajo Nation) and Hawaii do not observe Daylight Saving Time.
- 7. Arizona Is the most recent mortgage license I have obtained and can help you with mortgage financing.



### This Happened in May



The New York Stock Exchange was established on May 17, 1792 at 68 Wallstreet. The Buttonwood Agreement outlined the rules for trading securities for the then named New York Stock & Exchange Board which was comprised of 24 brokers and merchants. In 1863, the name was changed to the New York Stock Exchange (NYSE). In 1967, the first woman trader, Muriel Siebert, was allowed to participate in trading. NYSE became a not-for-profit corporation in 1971 and then became a publicly-traded company in 2006.

The original signal to start trading was a gavel but in 1870 it was changed to a Chinese Gong. When the NYSE moved to its present location the gong was replaced by a brass bell which is still heard today at 9:30 EST for the opening and 4:00pm for the closing of trading. It is considered an honor to be asked to ring the bell. The New York Stock Exchange is the busiest and most important financial market in the world. Its stocks are traded by investors worldwide.

www.corporatefinanceinstitute.com





### Honor



Make sure this Memorial Day, May 29th, during your family gathering, picnic or day of relaxation to take a moment to honor the men and woman who died while serving their country.



"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude. America will never forget their sacrifices."

— Harry S. Truman



### Welcome To The Family



Renee Gourley – realtor referral

I love recognizing new friends and existing clients who are kind enough to introduce their friends, family, and neighbors to us.

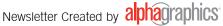


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