



Joyful Journal

OCTOBER 2023 NEWSLETTER

News From Your Mortgage Planner



*"I am so glad I live in a world where
there are Octobers.*

— L. M. Montgomery



October - one of my favorite



< I have always loved fall. I love fall sports I love the changing of the seasons (yes, we do get that here in California) and I love spending time with my kiddos. This is us attending a home football game.



The field hockey season is keeping us busy with games every week. It is so fun to watch the girls play. Sam started with the JV team and was asked to move up to Varsity. A dream of mine was to see my girls play on the same team at some point in their high school career. Proud mom ❤️



October is Breast Cancer awareness month



October can feel different for each of us — some wear pink to celebrate, some quietly observe the month, some feel grief, and some feel unseen or misunderstood.

Breast cancer awareness month is an international campaign that is recognized in October. The goal is to promote screening and prevention of the disease, which affects one in eight women in the United States every year and 2.3 million women worldwide. Known best for its pink theme color, the month features several campaigns and programs aimed at:

- ❖ supporting people diagnosed with breast cancer, including metastatic breast cancer
- ❖ educating people about breast cancer risk factors
- ❖ stressing the importance of regular screening, starting at age 40 or an age that's appropriate for your personal breast cancer risk
- ❖ fundraising for breast cancer research

*“A year from
now you may
wish you had
started today”*

— Karen Lamb

Breast cancer risk factors

Just being a woman and growing older are the two biggest risk factors for breast cancer. Those factors are difficult to change, but you can change other risk factors, such as smoking, drinking alcohol, and not exercising regularly.

Breast cancer screening Regular breast self-exams, an annual exam by your doctor, and yearly mammograms are important tools in breast cancer detection — especially early detection, when cancers may be more treatable.

This information is provided by Breastcancer.org – learn more to support yourself, a loved one or a friend



This happened in October



On October 1, 1890, an act of Congress creates Yosemite National Park, home of such natural wonders as Half Dome and the giant sequoia trees. Environmental trailblazer John Muir (1838-1914) and his colleagues campaigned for the congressional action, which was signed into law by President Benjamin Harrison and paved the way for generations of hikers, campers and nature lovers, along with countless “Don’t Feed the Bears” signs. Native Americans were the main residents of the Yosemite Valley, located in California’s Sierra Nevada mountain range, until the 1849 gold rush brought thousands of non-Indigenous miners and settlers to the region. Tourists and damage to Yosemite Valley’s ecosystem followed. In 1864, to ward off further commercial exploitation, conservationists convinced President Abraham Lincoln to declare Yosemite Valley and the Mariposa Grove of giant sequoias a public trust of California. This marked the first time the U.S. government protected land for public enjoyment, and it laid the foundation for the establishment of the national and state park systems.

“If you truly love nature, you will find beauty everywhere”

— Vincent Van Gogh

www.history.com To read more about this or other exciting history!





Enjoy the Season



30 things to do this Fall

halloffamemoms.com



1. take a walk
2. visit a fair or festival
3. make fall crafts
4. decorate the yard
5. visit a farm
6. carve pumpkins 
7. take a hayride
8. cookout with friends
9. make s'mores 
10. camp out
11. walk a corn maze
12. go to a football game
13. help a neighbor rake leaves
14. jump in the leaves
15. collect leaves & pinecones
16. enjoy hot cocoa & apple cider
17. make an apple pie 
18. roast pumpkin seeds
19. buy a new sweater or hoodie
20. take fun family photos outside
21. light up the fall scented candles & tarts
22. plant a fall/winter garden
23. make a peanut butter squirrel/bird feeder
24. watch a seasonal movie
25. start making homemade Christmas gifts
26. go on a scavenger hunt
27. take a drive to look at the changing leaves
28. roast marshmallows outside
29. read books outside
30. tell scary stories





Relax and Enjoy this life



*“Be the things you loved most
about the people who are gone”*

— Unknown



Angela Weathers; Mortgage Loan Originator, NMLS #1493846 is licensed in CA DRE #02110076, CO #100524266, FL #L081711, WA #MLO-1493846, TX #149384, MS #1493846, OR #1493846, TN #1493846, MI #1493846 & AZ #LO-1043117

This licensee is performing acts for which a real estate license is required. C2 Financial Corporation is licensed by the California Department of Real Estate Broker # 01821025; NMLS # 135622, FL MBR3519, WA MB-135622, & OR-4917. Loan approval is not guaranteed and is subject to lender review of information. All loan approvals are conditional and all conditions must be met by borrower. Loan is only approved when lender has issued approval in writing and is subject to the lender conditions. Specified rates may not be available for all borrowers. Rate subject to change with market conditions. C2 Financial Corporation is an Equal Opportunity Mortgage Broker/Lender. This newsletter is intended for entertainment purposes only. Credit is given to the authors of various articles that are reprinted when the original author is known.

Any omission of credit to an author is purely unintentional and should not be construed as plagiarism or literary theft.



Joyful Journal

