

Joyful Journal

APRIL 2021 NEWSLETTER

News From Your Mortgage Planner



"There is a calmness to a life lived in gratitude, a quiet joy." - Ralph H. Blum







March found me doing two of my favorite things - watching our girls play softball and camping. Sammy plays in UC Del Sol 12u recreational league. She is usually leadoff batter and she splits her time between 1st base and catcher. Addy plays for Power Surge, a travel team. She is always consistent at the plate and in either center or left field. She can be counted on for a base hit or a fly ball catch. I didn't realize how much I missed watching the girls and being on the ball fields all weekend. And the SoCal weather is great.

For Spring Break this year we went trailer beach camping with friends in Carlsbad. It was so fun to see the kids just being kids – playing in the ocean (with wetsuits, brrr it was cold), skateboarding and even some fun kiddo games like duck duck goose! Just hearing the laughter and seeing the tired faces at the end of the day was awesome.

Sending you blessings for a joyful Spring.

Angela Weathers



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The Weight of the World

Once, a psychology professor walked around his classroom full of students holding a glass of water with his arm straightened out to the side. He asked his students, "How heavy is this glass of water?"

The students started to shout out guesses—ranging anywhere from 4 ounces to one pound.

The professor replied, "The absolute weight of this glass isn't what matters while I'm holding it. Rather, it's the amount of time that I hold onto it that makes an impact.



If I hold it for, say, two minutes, it doesn't feel like much of a burden. If I hold it for an hour, its weight may become more apparent as my muscles begin to tire. If I hold it for an entire day—or week—my muscles will cramp and I'll likely feel numb or paralyzed with pain, making me feel miserable and unable to think about anything aside from the pain that I'm in.

In all of these cases, the actual weight of the glass will remain the same, but the longer I clench onto it, the heavier it feels to me and the more burdensome it is to hold.

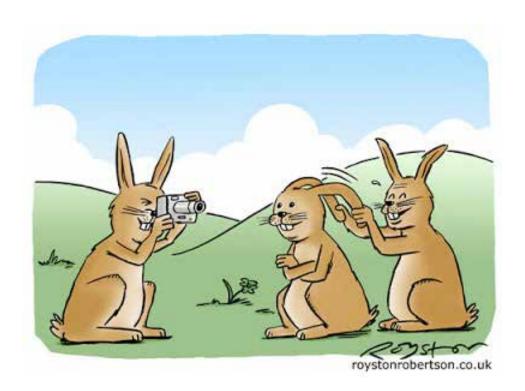
The class understood and shook their heads in agreement.

The professor continued to say, "This glass of water represents the worries and stresses that you carry around with you every day. If you think about them for a few minutes and then put them aside, it's not a heavy burden to bear. If you think about them a little longer, you will start to feel the impacts of the stress. If you carry your worries with you all day, you will become incapacitated, prohibiting you from doing anything else until you let them go."

https://www.developgoodhabits.com/inspirational-stories/

FUN FACT:

The origin of the Easter Bunny dates back hundreds of years, beginning in pre-Christian Germany. Here, the hare was said to be the symbol of the Pagan Goddess of Spring and Fertility. As Christianity spread across Europe, Pagan traditions were blended with Christian holidays, which saw the Easter Bunny lay a nest of colorful (today, chocolate) eggs for children who were well-behaved on Easter Sunday.





For the Season



ARBOR DAY EXPLAINED



Nebraska newspaper editor — and resident of Nebraska City, NE — J. Sterling Morton had an enthusiasm for trees and advocated strongly for individuals and civic groups to plant them. Once he became secretary of the Nebraska Territory, he further spread his message of the value of trees. And on January 4, 1872, Morton first proposed a tree planting holiday to be called "Arbor Day" at a meeting of the State Board of Agriculture.

The celebration date was set for April 10, 1872. Prizes were offered to counties and individuals for the largest number of properly planted trees on that day. It was estimated that more than 1 million trees were planted in Nebraska on the first Arbor Day.

Arbor Day was officially proclaimed in 1874 by Nebraska's Governor, Robert W. Furnas, and the day was observed April 10 that year. In 1885, Arbor Day was named a legal state holiday in Nebraska, and April 22 was selected as the date for its permanent annual observance.

https://www.arborday.org/celebrate/history.cfm

"All happiness or unhappiness solely depends upon the quality of the object to which we are attached by love."

Baruch Spinoza

"Stress is caused by being 'here' but wanting to be 'there.'

- Eckhart Tolle



"Testimonials"

From Jeremy Rich

If you want someone that will work hard to provide you the best rates and that genuinely cares about you as a person I couldn't recommend anyone better than Angela Weathers. My wife and I worked with Angela on refinancing our house last year. We found the process very refreshing in the fact that not only did she review interest rates but looked at our overall life goals in regard to the process. After better understanding our financial position and what our long term life goals were with not just our home but our long term life goals we came up with a plan and a rate that fit our needs perfectly. Once the process started we had steady communication with her team and the whole process was seamless. Not only did we lower our rate, got a better payment, we strengthened our long term plans. Angela has continued to follow up to not only keep us updated on new rates to help us to continue to make plans regarding our mortgage moving forward, she makes sure we're doing good in life. We're not just numbers to Angela, but we're people and you can really tell she cares about people.



Jason Harper – referred from a peer

Adam Clifford – referred by fellow loan originator

I love recognizing new friends and existing clients who are kind enough to introduce their friends, family, and neighbors to us.



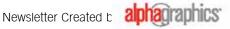
Angela Weathers:

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