

FITLIFE

HEALTH CLUBS

	MONDAY FITGX	TUESDAY FITGX	WEDNESDAY FITGX	THURSDAY FITGX	FRIDAY FITGX	SATURDAY FITGX	SUNDAY FITGX
5:15AM	 5:15AM-PUMP Ali	 5:15AM-Sprint Charity	 5:15AM-PUMP Ali	 5:15AM-RPM Ali	 5:15AM-CMBT Katie		
8AM							
8:30AM	 8:30AM-CORE Tina				 8:30AM-CORE Lindsey	 8:30AM- PUMP Lauren	
9AM					 9AM-Sprint Vicky		
9:15AM	 9:15AM-Sprint Sam	 9:15AM-PUMP Tiffar	 9:15AM-STEP April	 9:15AM-BAL Debra			
9:30AM					 9:30AM-STEP April	 9:30AM-RPM Chairity	
10:15AM			 10:15AM-ZUMBA Kristi		 10:30AM-ZUMBA Kristi	 10:30AM-CMBT Tiffany	
12:15PM	 12:15PM-PUMP Vicky	 12:15PM Sprint Vicky	 12:15PM-CORE Lindse	 12:15PM-PUMP Vick	 12:15PM-Sprint Charity		
3PM							 3:00PM-BAL Tina
4:30PM			 4:30PM-PUMP Katie				
5PM							
5:30PM	 5:30PM-PUMP Tiffany	 5:30PM-CBT Nancy	 5:30PM-BAL Charity	 5:30PM-STEP Katie			
6:15PM		 6:15PM-Sprint Nancy					
6:30PM	 6:30PM-CMBT Nancy						
7:30PM							