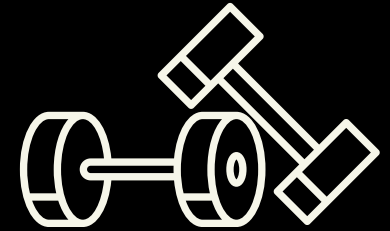


# CLASS SCHEDULE



| TIME     | MONDAY        | TUESDAY        | WEDNESDAY    | THURSDAY     | FRIDAY     |
|----------|---------------|----------------|--------------|--------------|------------|
| 5:00 AM  | BODYPUMP      |                | BODYPUMP     |              |            |
| 5:15 AM  |               | RPM CYCLE      |              | RPM CYCLE    |            |
| 8:15 AM  | BODYCOMBAT    |                | BODYATTACK   | BODYPUMP     | BODYCOMBAT |
| 9:20 AM  | BODYPUMP      | FIT TONING     | BODYPUMP     | ZUMBA        |            |
| 10:00 AM | YOGA          |                |              |              |            |
| 10:30 AM |               | SIL SNEAKERS   |              | SIL SNEAKERS |            |
| 11:30 AM | SIL SNEAKERS  |                |              |              |            |
| 11:55 AM |               |                |              |              |            |
| 12:00 PM | VIRTUAL CYCLE |                | SPRINT CYCLE |              | RPM CYCLE  |
| 1:05 PM  |               |                |              | SIL SNEAKERS |            |
| 4:30 PM  | BODYPUMP      | CARDIO HIP HOP | BODYPUMP     |              |            |
| 5:00 PM  |               |                | CORE         |              |            |
| 5:35 PM  | POUND         |                | CLUB ZUMBA   | FIT TONING   |            |

## SATURDAY

8:10 COMBAT/ATTACK  
8:55 CORE  
9:35 BODYPUMP  
10:35 ZUMBA

## SUNDAY

2:00 BODYPUMP