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## Fort Collins Classic April 4-7, 2024

Fort Collins Figure Skating Club  
Edora Pool and Ice Center (EPIC)  
1801 Riverside Ave  
Fort Collins, CO 80525

Entries due March 1, 2024: ONLINE REGISTRATION ONLY

EMS ONLINE REGISTRATION

<https://www.fortcollinsfsc.org/fort-collins-classic/>

Competition Chairs:

Gayleen Carpenter and Amy Aspelund

fcfigureskating@gmail.com



## I. COMPETITION OVERVIEW

The Fort Collins Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

Registration is on EMS and will be open from February 12 to 9:59pm MST March 1, 2024 with late entries accepted through 9:59pm MST March 8, 2024 with a \$60 late fee.

### **SERIES INFORMATION:**

Fort Collins Classic will be a part of the [Excel Series](#) and the [Compete USA Series](#)

### **EVENTS OFFERED:**

[Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

**REGISTRATION DEADLINE: 3/1/2024 9:59pm MST**

**LATE REGISTRATION DEADLINE: 3/8/2024 9:59pm MST + \$60 late Fee**

<b>SINGLES</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Excel Free Skate (Pre-Preliminary-Senior)	IJS	\$185*	\$65
Well Balanced Short Program (Juvenile-Senior)	IJS	\$185*	\$65
Well Balanced Free Skate (Pre-Pre-Senior)	IJS	\$185*	\$65
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	IJS	\$185*	\$65
Adult Beginner & High Beginner Free Skate	6.0	\$130*	\$40
<b>PAIRS</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Short Program	IJS	\$185*	\$65
Free Skate	IJS	\$185*	\$65
<b>SPECIALTY</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Compulsory Moves (Pre-Pre–Senior)	6.0	\$95*	\$50
Excel Compulsory Moves (Excel Pre-Pre. –Excel Prelim.)	6.0	\$95*	\$50
Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr)	6.0	\$95*	\$50
Spins Challenge (Aspire Low-Aspire High)	6.0	\$95*	\$50

Spins Challenge (Pre-Pre-Senior)	IJS	\$120*	\$55
Adult Spins Challenge (Adult Beginner)	6.0	\$95*	\$50
Adult Spins Challenge (Adult Pre-Bronze–Masters Jr/Sr)	IJS	\$110*	\$55
<b>SHOWCASE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Emotional Performance (No Test – Senior, Adult)	CJS	\$165*	\$50
Choreographic Artistry (No Test - Senior, Adult)	CJS	\$165*	\$50
Lyrical Pop (No Test - Senior, Adult)	CJS	\$165*	\$50
Character Performance (No Test - Senior, Adult)	CJS	\$165*	\$50
Comedic Impressions (No Test - Senior, Adult)	CJS	\$165*	\$50
Duets/Trios (No Test – Senior, Adult)	CJS	\$165*	\$50
Mini Production Ensemble	CJS	\$220 per team*	
Production Ensemble	CJS	\$220 per team*	
<b>COMPETE USA EVENTS</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$130*	\$40
Aspire 1-4 Program w/Music	6.0	\$130*	\$40
Adult 1-6 Program w/ Music	6.0	\$130*	\$40
Snowplow Sam – Basic 6 Elements	6.0	\$95*	\$35
Aspire 1-4 Compulsory Moves	6.0	\$95*	\$35
Compete USA – Showcase Lyrical/Character/Comedic (Snowplow- Aspire 4))	6.0	\$130*	\$40
Compete USA – Emotional Performance (Snowplow-Aspire 4)	6.0	\$130*	\$40
Showcase Duet/Trios (Basic 1-Aspire 4, Adult)	6.0	\$130*	\$40
<b>ADAPTIVE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Special Olympics – Free Skate Program 1-4	6.0	\$130*	\$40
Adaptive 2-12	6.0	\$130*	\$40
Adaptive Individual Showcase	6.0	\$130*	\$40
Adaptive Unified Partner Showcase	6.0	\$130*	\$40
<b>SYNCHRONIZED SKATING</b>	<b>JUDGING</b>		
Aspire 1-4	6.0	\$220 per team*	
Preliminary	6.0	\$220 per team*	
Adult	6.0	\$220 per team*	
Open Adult	6.0	\$220 per team*	
Open Masters	6.0	\$220 per team*	
<b>COMPETITION TEST CREDIT</b>	<b>n/a</b>	<b>\$25</b>	

**\*First event charge includes a mandatory \$15 video fee and a \$5 hospitality fee. In return, all skaters will be emailed videos of their events following the completion of the competition.**

## **II. ELIGIBILITY**

### **Singles: Excel and Well-Balanced Events:**

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
  - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
  - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
  - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
  - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to information sheet [HERE](#) or email [events@usfigureskating.org](mailto:events@usfigureskating.org).

### **All other singles and partner events (such as Adults, Pairs, Ice Dance):**

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

### **Synchronized Skating:**

- For synchronized skating teams, this competition is not requiring that skating skills test requirements for the team's level be met, except for the maximum allowed at the Compete USA levels (Snowplow Sam Synchro and Aspire levels).

### **OUR COMMUNITY:**

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief

that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

### **NON-DISCRIMINATION:**

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit [www.USFigureSkating.org/SkateSafe](http://www.USFigureSkating.org/SkateSafe) or email [SkateSafe@USFigureSkating.org](mailto:SkateSafe@USFigureSkating.org).

### **COMPLIANCE:**

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

### **COACHES**

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

With EMS, coaches must be included within a skater/team's registration or updated through their EMS Skater Portal via "[My Coaches](#)" or "Team Personnel." All coaches declared at the time of registration will be included on the registration confirmation email. Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources (not SYS or TOI):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

EMS Coach Resources (SYS or TOI only):

- [Team Management Guide](#)

## TEAM SERVICE PERSONNEL

Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating membership, a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

All team personnel and skaters who will need to receive a credential must be listed in the Team Portal for the competition (Team Personnel for coaches and team managers; Competition Roster for skaters and alternates). In order to be added in EMS, the individual must first be added in the team's profile through Member's Only.

## MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. \*

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

## III. REGISTRATION INFORMATION

### ONLINE REGISTRATION VIA EMS (does not include SYS and TOI team registration):

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee and a \$20 Video/hospitality fee. This fee will ensure that each competitor/team will receive a video of each performance emailed to them following the conclusion of the competition.

**Registration Deadline: 3/1/2024 at 9:59pm MST**

**Late Registration Deadline: 3/8/2021 at 9:59pm MST + \$60 Late Fee**

**\*The host club reserves the right to close registration at any time if event capacity is met**

1. Go to [www.usfsaonline.org](http://www.usfsaonline.org)
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA® member number and password
  - a. If you need assistance with your member number and password, contact Member Services at [memberservices@usfigureskating.org](mailto:memberservices@usfigureskating.org).
3. Click EMS then "Competition Registration"
4. Choose "**Fort Collins Classic**" from the list of nonqualifying competitions.

- a. If you need assistance completing your registration, contact [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org).

#### **PARTNERED EVENTS:**

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

#### **FOREIGN SKATERS:**

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

#### **ONLINE REGISTRATION VIA EMS (Synchro Teams only):**

All teams are required to register online via the U.S. Figure Skating Event Management System (EMS). Anyone listed as a team manager or coach for a team in their Members Only Team Profile will be able to access the registration system. Registration for the competition is not considered final until online payment has been received. Online payment via credit card is the only form of accepted payment for registration in EMS.

1. Go to <https://m.usfigureskating.org>.
2. Use your personal member number and password to login.
3. Click the **BLUE** “EMS Event Management System” button.
4. Choose “Competition Registration – Teams” from the menu.
5. Select the team you would like to register for competition.
6. Click the REGISTER NOW button next to your competition’s name.  
**NOTE:** Only the competitions for which your team(s) are eligible will appear.
7. Walk through the on-screen registration process which will include:
  - a. Team Verification: Confirm the team’s information is accurate.
  - b. Registration Overview: Review general information about the competition.
  - c. Event Selection: Confirm the event you are registering the team for is accurate.
  - d. Competition Roster Selection: Click the “**Add Skaters**” link. The screen will display all skaters listed in your Main Roster. Check the box next to each skater’s name to add them to the competition roster.
  - e. Coach Information: Click the “**Add Coaches**” link. The screen will display all coaches listed in your Team Profile. Check the box next to each coach’s name to add them. Only the coaches who will be attending this competition should be listed. This information can also be updated from your EMS Team Portal. You will only be able to add coaches who are listed in your Team Profile.
  - f. Team Service Personnel Information: Click the “**Add Team Service Personnel**” to add attending team service personnel. The screen will display team managers and team service personnel listed in your Team Profile. Check the box next to each name to add them. Only the team service personnel who will be attending this competition should be listed. This information can also be updated from your EMS Team Portal. You will only be able to add team service personnel who are listed in your Team Profile.

8. Payment via credit card will be required to complete your registration as it is the only accepted form of payment for registration in EMS. Registrations are not considered complete until an invoice confirmation via email has been received. A 3% processing fee will be assessed at check-out.

**NOTE:** Payment must be submitted individually for each team's registration. If you are planning on registering multiple teams in a short period of time, it is recommended that you contact your credit card company to prevent anti-fraud systems from being activated.

#### **FOREIGN SYNCHRO AND THEATRE ON ICE TEAMS:**

Additional steps are required to complete your registration. For a full guide to registering foreign teams, [CLICK HERE](#). Email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org) if you require assistance.

#### **TEST CREDIT:**

Skaters requesting test credit must select the option "Test Credit" during registration or through "Add Event" process within EMS. Late requests can be accommodated until April 1, 2024 by making a request via email [gayleen.carpenter@gmail.com](mailto:gayleen.carpenter@gmail.com) where the payment must be completed online via EMS prior to receiving a credential and competing. Skaters can pick up their completed test credit packet from the Registration/Check-in desk approx.

#### **CRITIQUES/FEEDBACK**

Critiques will be offered free of charge to all skaters in levels Juvenile and above.

#### **MUSIC SUBMISSION/UPLOAD:**

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **3/24/2024 9:59 MST**. After this date, skaters will be locked out of this feature and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

**DEADLINE: DATE March 24<sup>th</sup>, 2024, at 9:59 MST \*\$25 late fee applicable after deadline**

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

*If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)*

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

#### **PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:**

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **3/24/2024 9:59 MST**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.



**DEADLINE: DATE March 24<sup>th</sup>, 2024, at 9:59 MST \*\$25 late fee applicable after deadline**

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

*If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)*

### **REFUND POLICY**

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

### **LIABILITY:**

U.S. Figure Skating, Learn to Skate USA®, Fort Collins Figure Skating Club and EPIC accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **IV. COMPETITION DETAILS**

### **FACILITIES:**

Edora Pool Ice Center (EPIC)

1801 Riverside Avenue, Fort Collins, CO 80525

<https://www.fcgov.com/recreation/epic> EPIC has two NHL size ice surfaces.

The judges will sit on a platform across from the stands on the east side of the rink. There is not a snack bar on the premises but there will be vendors selling concessions.

### **LOCKER ROOM AND CHANGING AREAS:**

#### **GENERAL LOCKER ROOMS:**

Locker rooms and changing areas will not be available for this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up, etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these areas.

#### **SYNCHRO TEAM LOCKER ROOM):**

The designated team coach, team manager, team service personnel and athletes competing at the skating event are allowed in the Locker Rooms/Changing Area designated for their team. The team coach, team manager, and team service personnel should remove themselves from the Locker Room/Changing Area while any Minor Athlete(s) are actively changing or undressing. All Locker Rooms/Changing Areas will be monitored. If any concerns arise, immediately contact the Locker Room/Changing Area monitor. If there are concerns regarding this policy, an athlete should change prior to arriving at the competition. The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited. Any violation of this policy is punishable under the U.S. Figure Skating SkateSafe® policy and U.S. Figure Skating Rulebook.

### **U.S. Figure Skating Travel Policy:**

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all

times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

**OFFICIAL WEBSITE & UPDATES:**

It is the responsibility of each competitor, parent and coach to check the Website <https://www.fortcollinsfsc.org/fort-collins-classic/> frequently for any schedule changes and/or additional information pertaining to the competition. An online program and links to live scoring will be provided on the web link.

**SCHEDULE**

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

**PRACTICE ICE:**

Unofficial Practice Ice (UPI) will begin on Thursday, April 4th, 2024. UPI sessions will be offered for all Free Skate, Short Program, and Artistic Events. Skater music will not be played. There is a maximum of 1 UPI session per skater, per eligible event. UPI will be 30 minutes in length and may or may not take place on the competition ice surface. Assigned UPI is non-refundable. Warm up PI will not be available. Props are not allowed on practice ice sessions. Compete USA Practice Ice is 15 minutes in length. Eligible events are Free Skate, Compulsory, and Artistic Events. Skater music will not be played. Compete USA PI will begin on April 3rd, 2024.

Practice Ice	<b>Pre-Purchase</b> On or before: March 8th	<b>Open Sales</b> After: March 8th
Practice Ice: 30 minutes	Cost \$18	At Registration (if space is available) Cost \$25
Compete USA Practice Ice: 20 minutes	Cost \$12	At Registration (if space is available) Cost \$15

We reserve the right to cancel or change any practice ice session. Practice ice will be selected by the competitor. After the close of entries, you will receive an email from the LOC through EMS letting you know when practice ice selection is available. Practice ice is not refundable after the close of entries on March 1, 2024. If you have issues with practice ice the day the competition starts or at the competition, please do not call or email. Please see the practice ice table. We will do our best to limit Practice Ice sessions based on the following guidelines, however, may adjust these limits given scheduling constraints as determined by the Chief Referee. ● Singles Sessions: no more than 12 athletes

**Pre-Purchase:** Practice ice credits may be purchased after participants complete their event registration, via the EMS Competition Portal. Skaters who purchase credits during the pre-purchase period will be able to select sessions during the selection period, after the schedule has been completed and posted.

- [Click Here for a Pre-Purchase How-To Document](#)
- Selection dates will be supplied by email after close of entries.

- Maximum credits per registered event:
  - UPI - 1
- Cost per credit: \$18/\$12 Compete USA

**Pre-Purchase Selection:** After the close of entries and shortly after the competition schedule is published, skaters will receive an email with notice of the practice ice schedule and the date/time when pre purchased credits can be scheduled via EMS.

- [Click Here for a Selection How-To Document](#)
- Selection dates will be supplied by email after close of entries.

**Open Sales:** Practice Ice sessions will be available after the schedule has been published. Skaters will be able to purchase open sessions available to them.

- [Click Here for an Open Sales How-To Document](#)
- Selection dates will be supplied by email after close of entries.
- Maximum sessions per registered event:
  - UPI – not limited
- Cost per session: \$25/\$15

#### **ONSITE CHECK-IN:**

Check-in will open on Thursday April 4<sup>th</sup> 2024 and will be located in the front lobby of EPIC.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) at least 2 business days prior to the competition for assistance.

#### **AWARDS:**

Pick up and/or presentation of awards will immediately follow the posting of results electronically. Awards will be given to 1st through 4th place skaters except for Compete USA events, for which an award will be given to all participants.

#### **VOLUNTEER INFO:**

Volunteer Compliance: Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must: ✓ Must submit information for, proper payment of \$30 and successfully pass a background check. The background check will be valid for two seasons, the one in which it was completed plus one additional ✓ Must complete annual SafeSport Training. The training will be valid for 365 days from date of completion and there is no cost for the training/certification.

#### **VOLUNTEER COMPLIANCE:**

Reminder: Compliant positions at all U.S. Figure Skating events include LOC leadership, locker room monitors and emergency medical providers .

**PHOTO/VIDEO:**

ProMix Sound and Video will provide video services. A \$20 fee is included in each registration fee and each competitor will be emailed a link to download all programs at no additional charge.

**CONTACT INFORMATION:**

<https://www.fortcollinsfsc.org/fort-collins-classic/>

For questions, please contact the following individuals:

Competition Chair:	Gayleen Carpenter	<a href="mailto:gayleen.carpenter@gmail.com">gayleen.carpenter@gmail.com</a>	970-420-9734
Chief Referee:	Pine Kopka-Ross	<a href="mailto:kokap@umich.edu">kokap@umich.edu</a>	Phone
Practice Ice Chair:	Name	E-mail	Phone
Additional Contact:	Amy Aspelund	<a href="mailto:aspelua@gmail.com">aspelua@gmail.com</a>	970 556-4850



# 2024 Skate Colorado Compete USA Series

<p>Aspen Invitational (Lewis Arena) Date: Dec 1-3, 2023 <a href="http://www.aspenfigureskatingclub.com">www.aspenfigureskatingclub.com</a> 0861 Maroon Creek Rd Aspen, CO Competition Chair: Janette Buchanan <a href="mailto:janettebuchanan@yahoo.com">janettebuchanan@yahoo.com</a> (650) 465-1720 <b>Competition Application Deadline: 10/27/23</b></p>	<p>Denver Invitational (South Suburban Sports Complex) Date: March 7-10, 2024 <a href="http://www.dcfsc.org">www.dcfsc.org</a> 4810 E. County Line Road Highlands Ranch, CO 80126 Competition Chair: Lisa May <a href="mailto:di@dcfsc.org">di@dcfsc.org</a> (720) 272-0290 <b>Competition Application Deadline: 2/5/2024</b></p>
<p>Ft. Collins Classic (EPIC) Date: <a href="http://www.fortcollinsfsc.org">www.fortcollinsfsc.org</a> 1801 Riverside Fort Collins, CO 80525 Competition Chair: Amy Aspelund / Ali Lemoyne <a href="mailto:aspelua@yahoo.com">aspelua@yahoo.com</a> / <a href="mailto:sturtevant.ali@gmail.com">sturtevant.ali@gmail.com</a> 970-556-4850 <b>Competition Application Deadline:</b></p>	<p>Funtastics (APEX) Date: April 12-14, 2024 <a href="http://www.alpinesc.org">www.alpinesc.org</a> 13150 W 72<sup>nd</sup> Ave Arvada, CO 80005 Competition Chair: Carol Zeles <a href="mailto:cmzeles@gmail.com">cmzeles@gmail.com</a> (303) 979-0802 <b>Competition Application Deadline:</b></p>
<p>Centennial Spring Classic (Monument Ice Rinks) Date: <a href="http://www.centennialskatingclub.org">www.centennialskatingclub.org</a> 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon <a href="mailto:lisa_landon@comcast.net">lisa_landon@comcast.net</a> (719) 659-0912 <b>Competition Application Deadline: April 18, 2023</b></p>	<p>Front Range Invitational (Greeley Ice Haus) Date: <a href="http://www.mountainviewskatingclub.com">www.mountainviewskatingclub.com</a> 900 8<sup>th</sup> Avenue Greeley, CO 80633 Competition Chair: Lyndsay Buxman <a href="mailto:competition@mountainviewskating.com">competition@mountainviewskating.com</a> (303)-332-7868 <b>Competition Application Deadline: May 8, 2023</b></p>
<p>Broadmoor Open (World Arena) Date: 6/23/24 <a href="http://www.broadmoorskatingclub.com">www.broadmoorskatingclub.com</a> 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley <a href="mailto:HoneyB23@aol.com">HoneyB23@aol.com</a> (719) 540-5655 <b>Competition Application Deadline: 5/8/2024</b></p>	<p>Vail Invitational (Dobson Arena) Date: <a href="http://www.skateclubvail.com">www.skateclubvail.com</a> 321 E. Lionshead Cir Vail, CO 81657 Competition Chair: Carol Ewers/Kelly Deimund <a href="mailto:cowers12@gmail.com">cowers12@gmail.com</a> / <a href="mailto:kellydeimund@hotmail.com">kellydeimund@hotmail.com</a> (630) 379-6867 / (970) 376-3945 <b>Competition Application Deadline:</b></p>

<p><b>Cup of Colorado/Colorado Gold</b> (South Suburban Sports Complex) Date: <a href="http://www.dcfsc.org">www.dcfsc.org</a> 4810 E. County Line Road Highlands Ranch, CO 80126 Competition Chair: Cassy Papajohn <a href="mailto:cup@dcfsc.org">cup@dcfsc.org</a> 303-919-0303 <b>Competition Application Deadline:</b></p>	<p><b>Colorado Springs Invitational/RMSG</b> (Monument Ice Rinks) Date: <a href="http://www.centennialskatingclub.org">www.centennialskatingclub.org</a> 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon <a href="mailto:lisa_landon@comcast.net">lisa_landon@comcast.net</a> (719) 659-0912 <b>Competition Application Deadline:</b></p> <p><b>*** All 2024 Skate Colorado Compete USA Competition Series awards will be presented at this competition ***</b></p>
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**MISSION STATEMENT:** To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

**AWARDS:** During the competition season, skaters and teams/clubs will have the chance to compete at 10 different competitions and earn points for a final standing. Trophies and medals will be awarded at the Skate Colorado Compete USA competition at the 2024 Colorado Springs Invitational.

*Skate Colorado Compete USA Series Team Banner (3x4) – 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 10 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. **Only the top 10 team members’ OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy. Tie breakers will be the same as the individual tie breakers.***

## **Free Skate Program and Elements/Compulsory Series Point System**

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least TWO (2) of the 10 registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of TWO (2) competitions. **Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series.** Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 <sup>st</sup> place	6 points
2 <sup>nd</sup> place	5 points
3 <sup>rd</sup> place	4 points
4 <sup>th</sup> place	3 points
5 <sup>th</sup> place	2 points

6<sup>th</sup> place

1 point

*\* A skater will earn three points toward their overall standing each time the skaters competes in a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for events 2-9 in the series (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3<sup>rd</sup> tie breaker, and the number of levels increased throughout the season will be the 4<sup>th</sup> tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

### **Rules and Format:**

#### **COMPETITION ANNOUNCEMENT**

The Skate Colorado Compete USA Series is sponsored equally by the 10 participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

#### **ELIGIBILITY RULES FOR PARTICIPANTS**

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.**

All Aspire 1 - 4 may compete at the level that best fits their skill level and may NOT have passed the USFS Preliminary Singles test.

*It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.*

#### **Elements: Snowplow Sam – Basic 6**

**Format:** Each skater will perform one element at a time (in program format) in the order listed below (no excessive connecting steps or choreography)

- To be skated on ½ ice, no music
- All elements must be skated in the order listed – no additional elements are allowed
- The skater **must demonstrate** the required elements as described
- Each element may only be attempted once
- Time: 1:00 MAX

#### **Compulsory: Aspire 1-4 and Adults 1-6**

**Format:** In program format, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice, no music
- Each element may only be attempted once
- May use any additional elements from previous levels as connecting steps.
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

#### **Programs with Music: Snowplow Sam – Basic 6**

**Format:** The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice with music



- The skater **must demonstrate** the required elements as described and may use any additional elements from their current level or a previous level
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Bonus skills from the same level or below are allowed but will **NOT** be judged elements
- Time: 1:10 MAX

### Programs with Music: Adult 1 – 6

**Format:** The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- The skater **must demonstrate** the required elements as described and may use, but is not required to use, any additional elements from their current level or a previous level
- A .2 deduction will be taken for each element missing, repeated or from a higher level
- Time 1:40 MAX

### Free Skate: Aspire 1-4

- To be skated on full ice
- Vocal music is allowed
- Time 1:40 MAX

## Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>	Adult 1	<ul style="list-style-type: none"> <li>• Forward marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop on one or two feet</li> </ul>
Basic 1	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on one or two feet</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>	Adult 2	<ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides, both feet</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>
Basic 2	<ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward swizzles, 6-8 in a row</li> </ul>	Adult 3	<ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Backward snowplow stop, right and left</li> </ul>
Basic 3	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>	Adult 4	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Hockey stop, both directions</li> <li>• Backward one-foot glides, right and left</li> </ul>

Basic 4	<ul style="list-style-type: none"> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> <li>Forward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>Backward half swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>Backward one-foot glides (no variations), right and left</li> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>	Adult 5	<ul style="list-style-type: none"> <li>Backward outside edge and backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin (min 2 revolutions)</li> </ul>
Basic 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Advanced two-foot spin, min 4 revolutions</li> <li>Hockey stop</li> </ul>	Adult 6	<ul style="list-style-type: none"> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>
Basic 6	<ul style="list-style-type: none"> <li>Forward inside three-turn, right and left</li> <li>Mohawk, right to left and left to right</li> <li>Bunny Hop</li> <li>Basic forward spiral on a straight line (no variations), right or left</li> <li>Beginning one-foot spin, max 3 revolutions, optional free leg and entry position</li> <li>T-stop, right or left</li> </ul>		

## Aspire 1-4 Compulsory Moves

LEVEL	TIME	SKATING RULES/STANDARDS
Aspire 1	1:15 max	<ul style="list-style-type: none"> <li>Waltz Jump</li> <li>½ Flip</li> <li>One-foot upright spin</li> <li>Choreographic step sequence</li> </ul>
Aspire 2	1:15 max	<ul style="list-style-type: none"> <li>Single Salchow</li> <li>Single Toe Loop</li> <li>Sit spin</li> <li>Choreographic step sequence</li> </ul>
Aspire 3	1:15 max	<ul style="list-style-type: none"> <li>Single Loop</li> <li>Salchow/Toe loop jump combination</li> <li>Forward upright spin to back upright spin combination</li> <li>Choreographic step sequence</li> </ul>
Aspire 4	1:15 max	<ul style="list-style-type: none"> <li>Single Flip</li> <li>Waltz Jump-Euler-Salchow jump combination</li> <li>Camel-Sit spin combination</li> <li>Choreographic step sequence</li> </ul>

## Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> <li>March followed by a two-foot glide and dip</li> <li>Forward swizzles, 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles, 2-6 in a row</li> </ul>	Adult 1	<ul style="list-style-type: none"> <li>Forward marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop, one or two feet</li> </ul>
Basic 1	<ul style="list-style-type: none"> <li>Forward two-foot glide and dip</li> <li>Forward swizzles, 6-8 in a row</li> <li>Beginning snowplow stop on two-feet or one-foot</li> <li>Backward wiggles, 6-8 in a row</li> </ul>	Adult 2	<ul style="list-style-type: none"> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Basic 2	<ul style="list-style-type: none"> <li>Forward one-foot glide (no variations), either foot</li> <li>Scooter pushes, right and left foot, 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Two-foot turn in place, forward to backward</li> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>	Adult 3	<ul style="list-style-type: none"> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, right and left</li> </ul>

Basic 3	<ul style="list-style-type: none"> <li>Beginning forward stroking showing correct use of blade</li> <li>Forward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>Forward slalom</li> <li>Moving forward to backward two-foot turn on a circle</li> <li>Beginning backward one-foot glide, either foot</li> </ul>	Adult 4	<ul style="list-style-type: none"> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
Basic 4	<ul style="list-style-type: none"> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> <li>Forward crossovers, 4-6 consecutive, clockwise and counter clockwise</li> <li>Backward half swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>Backward one-foot glides (no variations), right and left</li> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>	Adult 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Basic 5	<ul style="list-style-type: none"> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, 4-6 consecutive, clockwise and counter clockwise</li> <li>Forward outside three-turn, right and left</li> <li>Advanced two-foot spin, min 4 revolutions</li> <li>Hockey stop</li> </ul>	Adult 6	<ul style="list-style-type: none"> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on one foot)</li> </ul>
Basic 6	<ul style="list-style-type: none"> <li>Forward inside three-turn, right and left</li> <li>Mohawk, right to left and left to right</li> <li>Bunny Hop</li> <li>Basic forward spiral on a straight line (no variations), right or left</li> <li>Beginning one-foot spin, max 3 revolutions, optional free leg and entry position</li> <li>T-stop, right or left</li> </ul>		

## **ASPIRE FREE SKATE REQUIREMENTS**

	<b>JUMPS</b>	<b>SPINS</b>	<b>STEP SEQUENCE</b>
<b>Aspire 1 Free Skate 1:40 Max</b>	<p><b>Maximum 5 jump elements:</b> <i>Permitted jumps:</i></p> <ul style="list-style-type: none"> <li>• Waltz jump</li> <li>• ½ flip</li> <li>• ½ lutz</li> </ul> <p><b>Max 1 jump sequence</b> <i>Permitted sequence:</i></p> <ul style="list-style-type: none"> <li>• Waltz jump/waltz jump with no turns or hops in between</li> </ul>	<p><b>Maximum 2 spins:</b> <i>Permitted spins:</i></p> <ul style="list-style-type: none"> <li>• Two-foot spin</li> <li>• Forward one foot spin (free foot optional)</li> </ul>	<p><b>Maximum 1 Sequence:</b> <i>Choreographic Step Sequence (ChSt)</i></p> <ul style="list-style-type: none"> <li>• One ½ of the ice</li> </ul>
<b>Aspire 2 Free Skate 1:40 Max</b>	<p><b>Maximum 5 jump elements:</b> <i>Permitted jumps:</i></p> <ul style="list-style-type: none"> <li>• Any jump from Aspire 1</li> <li>• Single Salchow</li> <li>• Single Toe loop</li> </ul> <p><b>Max 2 jump combinations, or 1 jump combination and 1 jump sequence</b> <i>Permitted combinations:</i></p> <ul style="list-style-type: none"> <li>• Waltz jump/toe loop</li> <li>• Salchow/toe loop</li> </ul> <p><i>Permitted jump sequence:</i></p> <ul style="list-style-type: none"> <li>• Waltz jump/waltz jump with no turns or hops in between</li> </ul>	<p><b>Maximum 2 spins:</b> <i>Permitted spins:</i></p> <ul style="list-style-type: none"> <li>• Any spin from Aspire 1</li> <li>• Back upright spin</li> <li>• Sit Spin</li> </ul>	<p><b>Maximum 1 Sequence:</b> <i>Choreographic Step Sequence (ChSt)</i></p> <ul style="list-style-type: none"> <li>• One ½ of the ice</li> </ul>
<b>Aspire 3 Free Skate 1:40 Max</b>	<p><b>Maximum 5 jump elements:</b> <i>Permitted jumps:</i></p> <ul style="list-style-type: none"> <li>• Any jump from Aspire 1 and 2</li> <li>• Euler (half-loop)</li> <li>• Single loop</li> </ul> <p><b>Max 2 jump combinations, or 1 jump combination and 1 jump sequence</b></p>	<p><b>Maximum 2 spins:</b> <i>Required spin:</i></p> <ul style="list-style-type: none"> <li>• Forward upright spin to back upright spin combination</li> </ul> <p><i>Permitted spins:</i></p> <ul style="list-style-type: none"> <li>• Any spin from Aspire 1 and 2</li> <li>• Camel Spin</li> </ul>	<p><b>Maximum 1 Sequence:</b> <i>Choreographic Step Sequence (ChSt)</i></p> <ul style="list-style-type: none"> <li>• One ½ of the ice</li> </ul>
<b>Aspire 4 Free Skate 1:40 Max</b>	<p><b>Maximum 5 jump elements:</b> <i>Permitted jumps:</i></p> <ul style="list-style-type: none"> <li>• Any jump from Aspire 1, 2 and 3</li> <li>• Single Flip</li> <li>• Single Lutz</li> </ul> <p><b>Max 2 jump combinations, or 1 jump combination and 1 jump sequence</b></p>	<p><b>Maximum 2 spins:</b> <i>Required spin:</i></p> <ul style="list-style-type: none"> <li>• Forward camel to sit spin combination</li> </ul> <p><i>Permitted spins:</i></p> <ul style="list-style-type: none"> <li>• Any Spin from Aspire 1, 2 and 3</li> </ul>	<p><b>Maximum 1 Sequence:</b> <i>Choreographic Step Sequence (ChSt)</i></p> <ul style="list-style-type: none"> <li>• One ½ of the ice</li> </ul>

**Clarifications:**

**Jumps:**

*All Levels*

- Maximum 2 of any same jump

*Aspire 1 and 2*

- Euler is not permitted

**Jump Sequence:**

*Aspire 3 and 4*

- A jump sequence consists of two or three jumps in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump

**Jump Combinations:**

*Aspire 3 and 4*

- Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps

**Spins:**

*All Levels*

- Minimum 3 revolutions
- No flying entry
- A Spin may not be repeated
- Basic positions only

*Aspire 3 and 4*

- One spin must be the required spin
- Second spin must be a spin in one position

**Step Sequence:**

*All Levels*

- Jumps may be included in the step sequence
- Moves in the field and spiral sequences are allowed but will not be counted as elements