

Ice Chips



Important Upcoming Dates

Record Volunteer Hours

BY **MAY 25th**: Record all volunteer hours for 24-25 in Entryeeze per membership requirements.

Membership Renewals for 2025-2026 Season

Renewals run June 1-June 30th

***After June 30th renewals will incur a late fee!*

Summer On/Off-Ice Classes begin week of 6/2

See newsletter for more information how to sign up.

Scheduled Test Sessions

**—denotes virtual*

**Friday, June 27, 2025*

Letter from FCFSC President

Dear Club Member,

I hope everyone has been enjoying the warmer weather. Since I last wrote to you our club has been busy! We sent off our Open Masters Adult Synchronized Skating Team, the Firecrackers, and our Aspire 4 Synchronized Skating Team, the Fire Crystals, to Irvine California for the Pacific Coast Sectionals in January. Then in February we all gathered at the country club to recognize our seniors and the rest of our club members. We enjoyed a yummy buffet, laughter, community, and some killer dance moves.

In April we hosted the Fort Collins Classic. With over 400 starts it was one of the largest Fort Collins Classics to date. We then immediately jumped into Ice Show rehearsals, and I can still hear the applause of the crowd as we supported over 140 of our skaters in our Ice Extravaganza Ice Show. None of these wonderful events would have been possible without all of you! A special shout out to everyone who took on the extra leadership role and chaired one of the committees for these big events.

In the last newsletter I promised you more information on our strategic plan. As a reminder, during our board retreat we took the time to create a strategic plan that will help guide the board over the next 3 years. We came up with 4 main goals for our club:

- ♦ Membership Engagement and Retention: Support skaters development track
- ♦ Development and Education: Increase opportunities for members to meet individual goals
- ♦ Community Partnerships: Continue to foster and form new relationships with local partners
- ♦ Financial and Organizational Sustainability and Growth: Increase visibility and integrate technological tools to help streamline and create opportunities for growth.

Diving into the first goal, Membership Engagement and Retention: We created four sub goals that we determined would help increase membership engagement and retention. First, each year we have a goal of increasing club engagement by 10% so that by 2027 our overall club engagement will have increased by 40%. We want to increase club membership in all areas (youth, adult, senior, adaptive) year over year. By starting to track volunteer hours we hope to increase volunteerism by 20% by 2027. Lastly, we are looking to reimagine club branding and marketing to keep members engaged and attract new members.

As we wrap up our membership year, we are excited to spend the summer on ice using this time to create new goals, work towards existing goals, and spend more time with our figure skating community. We are excited to bring back our off-ice jumps and spins class taught by Coach Kristen, power skating, and a new pilates class. Be sure to pay attention to the weekly emails to sign up. We are also excited to have our reimagined Epic Productions Showcase team. By creating our Junior Showcase team, involving our younger skaters who have completed the intro to showcase program through the city, we are able to keep these skaters involved and excited for showcase until they are ready to join our national showcase team. We look forward to sending our national team off at the end of July and celebrating what our junior team has learned over the summer. Commitments are required by June 1st, and rehearsals begin on June 3rd. If you have questions be sure to email fcfigureskating@gmail.com. Also, stay tuned for a save the date for our annual meeting. We will have a date soon! I am so grateful for each and every member of our Fort Collins Figure Skating Club.

Happy Summer!
Juliana Schump

Club Membership

Current Membership Count: 356

Membership Renewals

The 2024-2025 season is coming to a close. Our club ended the year with 356 members! **Renewals for the 2025-2026 season will begin on June 1 and must be completed by June 30, or they will be considered late.** The new season will start on July 1st. An email with instructions on how to renew will be sent out soon.

Volunteer Hour Requirements

The 2024-2025 season is coming to a close! What a fabulous year our club has had! We ask that all club members record their mandatory volunteer hours in Entryeeze. As a reminder, Home Club Members with one skater or a single adult skater are required to complete 20 volunteer hours, and families with more than one skater must complete 30 hours per family throughout the season. If you are a committee chair, your volunteer hours have been met. Please include which committee you were chair of. Sign in using the following link to get to our club's Entryeeze page. Please add your hours to your Entryeeze family account by Sunday, May 25.

Here is how to add your hours into Entryeeze.

- [Log in to your Entryeeze account; click HERE.](#)
- Click on the Family Member whose hours you are recording
- Add the volunteer date, time, and description of what was done.

Thank you all for the volunteer hours you and your family put in this season. Without everyone's help, we couldn't have put on two competitions, Winterfest, the banquet, and the Ice Show.

MEMBERSHIPS	
Single Adult Home Club	29
Junior Home Club	37
Parent (of Junior) Home Club	38
Introductory Junior Home Club	11
Intro Parent(of Jr.) Home Club	8
Additional HC Family Member	10
2025 Ice Show LTS Extra Family	5
2025 Ice Show LTS Member	33
2025 Ice Show Parent of LTS	31
2025 Ice Show Adult LTS	5
Associate Club Member	5
Professional	11
Collegiate	36
Supportive Member	7
Learn to Skate (LTS) USA	43
Parent (of Learn to Skate)	32
LTS Additional Family Member	6
Adult LTS	9
TOTAL: 356	

FCFSC

Off-Ice Jumps Class

WEEKS OF 6/3 - 7/29
EPIC CONDITIONING ROOM
****NO CLASS WEEK OF 7/1**

THIS CLASS WILL SUPER CHARGE THE STRENGTH OF YOUR JUMPS AND SPEED UP YOUR JUMP PROGRESS!

Please bring water bottle, towel, and tennis shoes to each class and an EDEA Spinner if you have one.

INTRO TUESDAYS 1:00 - 1:30PM \$60 FOR 8 WEEKS	Waltz through Lutz Jump We will cover 4 phases of a jump: flight position form, take off, anchoring and landing body alignment. Training will also entail waking up the fast twitch muscles with several exercises. These become even more important in axels and doubles. Developing these skills at an early age will make more difficult jumps easier. (*class max: 10)
ADVANCED WEDNESDAYS 11:15 - 11:45AM \$70 FOR 8 WEEKS	Axel through Double Loop This will entail rigorous rotational speed exercises, fast twitch muscle exercises, developing a strong core to stop rotation, along with balance and agility drills while developing and maintaining proper and safe jump technique. (*class max: 10)

FCFSC

Off-Ice Spins Class

WEEKS OF 6/3 - 7/29
EPIC CONDITIONING ROOM
****NO CLASS WEEK OF 7/1**

THIS CLASS WILL SUPER CHARGE THE STRENGTH OF YOUR JUMPS AND SPEED UP YOUR JUMP PROGRESS!

Please bring water bottle, towel, and tennis shoes to each class and an EDEA Spinner (linked to purchase)

INTRO TUESDAYS 1:30 - 2:00PM \$60 FOR 8 WEEKS	This class is for those who are working on all three positions -upright, sit and camel. We will work on proper posture and work on hitting the required positions according to the USFS rulebook. There are a few grounded spinners which are available upon request though a limited number available; purchase yours with link above.
ADVANCED WEDNESDAYS 11:45AM - 12:15PM \$70 FOR 8 WEEKS	This class will build on the skills above (see description) plus combo spins and variations of each basic position. **Advanced will be Preliminary level and above.

Click the arrow on each flyer to access each online sign ups.

A Note to Jumps Participants from Coach Kristin Conroy:

Coach Kristin wants to acknowledge those who participated in the prior eight weeks jumps class and landed a jump on ice. The jump(s) had to be landed during the 8 week jump session and the skaters had to be registered and participate in the session. It is a very big accomplishment to get an Axel or double or triple jump. The skaters that landed jumps during the session are as follows:

The following participants landed a new axel or double jump this semester:

-Dolly Jesness-Axel

-MaeBelle Jesness-Double Toe Loop

The club will run a new session beginning June 3rd for 8 weeks with an additional spin class scheduled to strengthen all 3 spin positions along with variations.

HOSTED BY:
FCFSC

POWER SKATING ON-ICE CLASSES

This fun class is open to anyone who is Pre-Pre Freestyle level and above. Anyone learning their single jumps/basic spins is invited! The younger you get started going really FAST and gaining POWER the better!

Come race your friends and improve in the process! ;)

Dates: Wednesdays Mornings, 6/4 – 7/23
Location: Edora Pool and Ice Center (EPIC)
13 and over 8:00am to 8:40am – \$125
12 and under 8:45am to 9:15am – \$110

Sign up here:
Sign up for Power Skating Class

Contact: fcfigureskating@gmail.com with questions

HOSTED BY:
FCFSC

NEW! Pilates for Skaters

"Enhance your skating performance and reduce injury risk with Pilates for Skaters. This class focuses on core strength, flexibility, and body control to improve power, alignment, and movement efficiency on the ice. Coach Tristan will guide skaters through Pilates exercises/movements that promote better posture, alleviate tension, build strength, boost flexibility, and enhance overall skating performance."

Instructor: Tristan G.
Mondays, 6:15 to 6:45pm, 6/2- 7/28 (No class 7/21)
Drop In Rate: \$10; pay as you attend
Location: EPIC Conditioning Room – Green Rink
What to Bring:
 - A yoga mat (some mats available on-site)
 - Water bottle
 - Comfortable workout attire

Class Benefits:
 - Improved core strength and stability
 - Enhanced flexibility and mobility
 - Enhanced overall skating performance and quality of movement

[Click here to sign up.](#)

Contact: fcfigureskating@gmail.com with questions
 or tristanwgrantchoreography@gmail.com for lesson inquiries.

Click the arrow on the flyers to access online sign ups.

Tests Passed

Congratulations to our members who passed tests from December through early May!

* - denotes virtual

December 6, 2024

Grace Carrick
 Sadie Coatman
 Addison Cooper

MaeBelle Jesness
 Maline Jesness
 Calvin McConnell
 Olivia Melchert
 Claire Schump

Skating Skills/MITF, Pre-Preliminary
 Skating Skills/MITF, Pre-Gold/Junior
 Singles/Free Skate, Pre-Prelim (No music)
 Skating Skills/MITF, Pre-Preliminary
 Singles/Free Skate, Bronze/Juv
 Skating Skills/MITF, Pre-Brz/Pre-Juv
 Solo Dance Lead, Pre-Bronze, Swing Dance
 Skating Skills/MITF, Pre-Gold/Junior
 Singles/Free Skate, Pre-Brz/Pre-Juv

Anya Schuster
Robyn Seldin
Leo Stasevich
Sarah Stump

Skating Skills/MITF, Pre-Gold/Junior
Solo Dance Follow, Bronze, Willow Waltz
Skating Skills/MITF, Pre-Brz/Pre-Juv
Partnered Dance Follow, Preliminary, Rhythm Blues
Partnered Dance Follow, Preliminary, Canasta Tango
Partnered Dance Follow, Preliminary, Dutch Waltz
Skating Skills/MITF, Pre-Preliminary

Shayla Thompson

*December 13, 2024

Alexis Foster

Solo Dance Follow, Pre-Bronze, Cha Cha
Solo Dance Follow, Pre-Bronze, Fiesta Tango

*December 16, 2024

Sage Mastenbergen

Skating Skills/MITF, Preliminary

*December 24, 2024

Addison Lambrecht

Solo Dance Follow, Pre-Silver, European Waltz

January 10, 2025

Lillian Bicknell

Skating Skills/MITF, Pre-Preliminary
Singles/Free Skate, Pre-Prelim (no music)
Solo Dance Follow, Pre-Bronze, Swing Dance
Singles/Free Skate, Pre-Brz/Pre-Juv

Quincette Bogosian
Leo Stasevich

February 7, 2025

Braelyn Banning
Kayla Barlow
Yaretzi González
Lauren Knuckey
Claire Schump

Skating Skills/MITF, Pre-Brz/Pre-Juv
Adult Singles/Free Skate, Adult Silver
Skating Skills/MITF, Silver/Novice
Singles/Free Skate, Pre-Silver/Interm
Skating Skills/MITF, Bronze/Juv

*February 10, 2025

Addison Lambrecht

Solo Dance Follow, Silver, American Waltz
Solo Dance Follow, Silver, Rocker Foxtrot

*February 28, 2025

Alexis Foster

Solo Dance Follow, Pre-Bronze, Swing Dance

*March 23, 2025

Addison Lambrecht

Solo Dance Follow, Silver, Silver Tango

*April 6, 2025

Addison Lambrecht

Singles/Free Skate, Bronze

April 3, 2025

Quincette Bogosian

Solo Dance Follow, Pre-Bronze, Fiesta Tango

Grace Carrick

Singles/Free Skate, Pre-Prelim (no music)

Evelyn Dally

Skating Skills/MITF, Pre-Preliminary

Paige Davis

Skating Skills/MITF, Pre-Preliminary

Singles/Free Skate, Pre-Prelim (no music)

Paityn Gwash

Skating Skills/MITF, Preliminary

Ruby Hueber

Skating Skills/MITF, Pre-Preliminary

Teryn Maier

Skating Skills/MITF, Pre-Preliminary

Singles/Free Skate, Pre-Prelim (no music)

Calvin McConnell

Solo Dance Lead, Bronze, Hickory Hoedown

Abby Meazoa

Singles/Free Skate, Pre-Brz/Pre-Juv

Skating Skills/MITF, Bronze/Juv

*April 11, 2025

Leanna Thaxton

Skating Skills/MITF, Adult Pre-Bronze & Adult Bronze 21+

*April 13, 2025

Brooklyn King

Solo Dance Follow, Pre-Silver, European Waltz

*May 4, 2025

Addison Lambrecht

Solo Dance Follow, Pre-Gold, Blues

Fun Pics from Fort Collins Classic

A number of you shared pics from Classic. If you'd like to view all that were shared, please click here:

[2025 Classic Pics from Members](#)



Get Ready for Fright Fest Already?!

YES! Our next competition is Fright Fest in late October. It's a great opportunity for new Learn to Skate students to try skating in their first competitive event, and it's a great time for seasoned skaters to show off a new program in front of judges! If anyone wants to get private lessons to create a program for Fright Fest or just improve their skills, go to the coach's page on our club website and contact the coach you would like to work with. Summer is the best time to skate, put together a new program and keep building skills. When it's hot outside - come stay cool by skating at EPIC!

[Click here to learn about our coaches at EPIC!](#)

King Soopers Community Rewards Supports FCFSC



- **Log onto your King Soopers app.**
- **In the menu icon select rewards, then community rewards.**
- **Select Fort Collins Figure Skating Club.**
- **Enter your phone number each time you check out.**

Every purchase you make will support FCFSC!

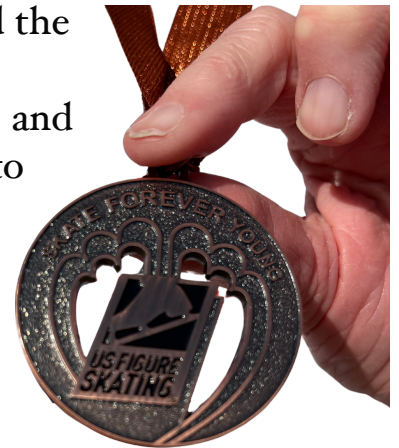


Funds earned help all our club efforts: holding seminars with guest coaches, supporting our various teams (EPIC Productions, Fire Crystals Synchro), producing the ice show, and much more! Please take a moment to enroll now. Thank you for your support!!!!

***Note: The rewards are separate from your fuel points. Your fuel points **won't be penalized** by enrolling in this program!

Skater of the Quarter: Barb Applegate

Congratulations to our own Barb Applegate who was awarded the “Skate Forever Young” medal by USFS at the Pacific Synchro Sectionals this year. The purpose of the award is to encourage and honor adult figure skaters who have the passion and courage to skate competitively at ages rarely seen in competitive sports. Barb is an inspiration to us all and exemplifies what holding a lifelong love of figure skating means! Let’s get to know Barb, this quarter’s highlighted FCFSC skater.



Age: 74

Coach: Pam Kurtz and Denaysa Sisemore

How long have you been skating? 29 years

How and why did you start skating?

I wanted a fun way to exercise.

How has skating improved your life?

Finding out as a non-athletic person that I could do something as difficult as figure skating boosted my self esteem like nothing else. It helped me get through divorce, deaths of my parents, a serious knee surgery and other life challenges. It also has given me wonderful friendships in the skating community.

What are some of your biggest accomplishments in skating?

Competing at age 65 at US Synchronized Nationals with my Wisconsin skating team.

What are some of your future skating goals?

To have fun and not injure myself.

What else would you like to share about yourself?

I chose to live in Fort Collins instead of other front range communities where I have family because of the warmth and friendliness of the skating community.

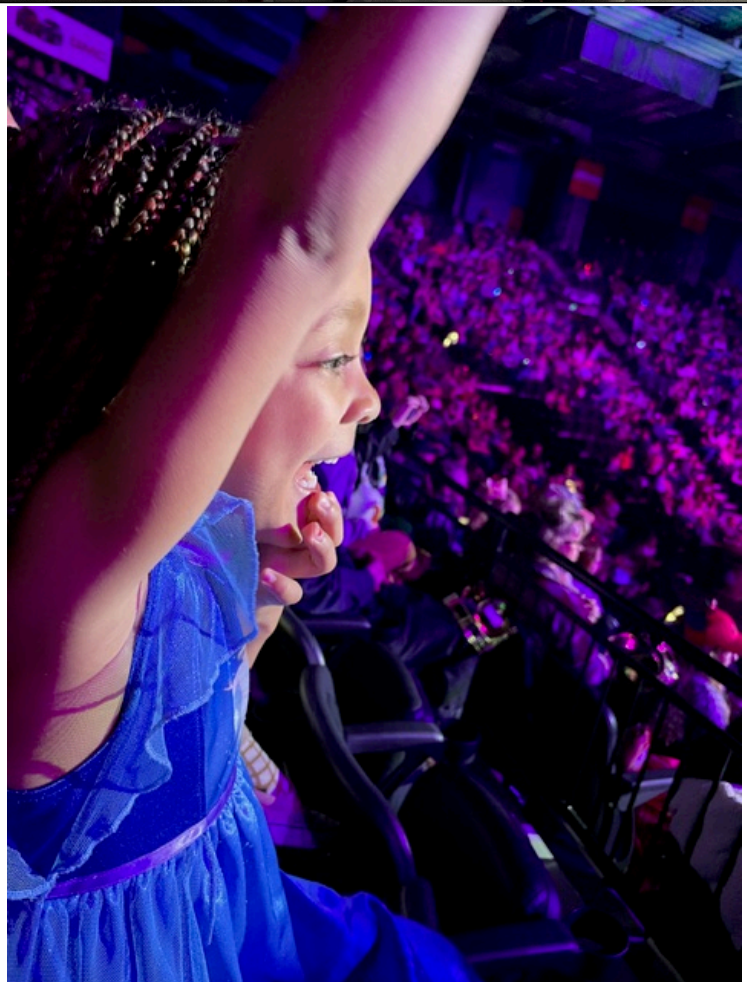


Graduate Spotlight (High School & Collegiate)

Graduating seniors, we've loved having you as a part of our club and wish you success in the years to come. We also wish you many years of skating in your future! Our best to you!!! Congratulations and please stay in touch!



Member News and Highlights



Phil, Ellen & Sarah Stump attended USFSA National Championships in Wichita, KS January 2025 and met Ilia Malinin while there!
Bottom right: Aliya - Learn to Skate Basic 3 inspired at "Disney on Ice" which many FCFSC members attended together.