

EGD-esophagogastroduodenoscopy INSTRUCTIONS (UPPER ENDOSCOPY)

WHAT TO EXPECT ON THE DAY OF YOUR PROCEDURE

YOU WILL BE SEDATED THE DAY OF YOUR PROCEDURE, SO YOU **MUST** HAVE A DRIVER WITH YOU TO SIGN DISCHARGE INSTRUCTIONS GIVEN BY YOUR DOCTOR. A TAXI OR BUS IS NOT ACCEPTABLE UNLESS YOU ARE ACCOMPANIED BY AN ADULT. **DRIVERS OR ADULT COMPANIONS WILL BE CONFIRMED AT THE TIME OF CHECK IN OR YOUR PROCEDURE WILL BE RESCHEDULED.**

YOU MUST BRING YOUR INSURANCE CARDS, PHOTO I.D. AND A CURRENT LIST OF MEDICINES/DOSES.

THE TEST WILL BE CANCELLED IF:

- 1) You have no one to drive you home**
- 2) If you eat ANY food the day of test and/or drink any fluids including water after midnight the night before test**

3 DAYS PRIOR TO YOUR PROCEDURE:

DO NOT take any blood thinners, Aspirin, vitamins and supplements. Iron pills, Vitamin E, Anti-inflammatory medication including, Meloxicam, Celebrex, Ibuprofen, Motrin, Aleve, Advil, Nuprin, Naprosyn, Sulindac, Indomethacin, Voltaren, Indocin, Somma compound, and Diclofenac

Patients who take Coumadin, Plavix, Xalreto, Eliquis, Brilinta and Pradaxa will need to check with their prescribing physician to verify holding medications prior to procedure.

You may take Tylenol/Acetaminophen, blood pressure medication and all other normal medications that are not listed above.

If you are a diabetic. Hold oral diabetic medications the **evening before and morning of the procedure.** Insulin injection medications **administer 1/2 dose the evening before the procedure and hold the morning of the procedure.**

THE NIGHT BEFORE THE PROCEDURE: NO solid food after midnight

MORNING OF THE PROCEDURE:

- 1) Take ALL acceptable morning medications with a small sip of water (including blood pressure and seizure medications)
- 2) You may use Tylenol for headache or pain.
- 3) If you have asthma and use an inhaler, please bring it with you on the day of your procedure and use it the morning of the procedure.
- 4) If you take controlled pain medicine, please take it on the day of your procedure.
- 5) **STOP** drinking clear liquids including water after midnight the night before the test.

SMOKERS: Please do not smoke cigarettes, cigars or pipes, chew tobacco, vape or use e-cigarettes for 24 hours prior to your procedure.

Hard candy and/or gum must be avoided until after the procedure.

After you have registered for your endoscopy, you will be escorted to your pre-procedure cubicle, and a nurse will take your health history, blood pressure, and start an intravenous line for medication. Your ride/family will be asked to wait in the reception area until intake process is complete. *(Minors and patients incapable of providing information, may be accompanied by family/care giver at staff's discretion).* You will have the opportunity to speak with your examining physician before the procedure to answer any questions you may have. You will be sedated for the procedure which will take approximately 20-30 minutes.

After the procedure, you will remain at the center until you are more fully awake. **PLAN TO BE AT THE FACILITY 1-2 HOURS.** Please leave valuables (jewelry, money, etc.) at home. You will need to remove all body piercings prior to procedure. Wear comfortable clothes. Do not wear makeup.






In the unlikely event that you require emergency medical care beyond the capabilities of the endoscopy room, you will be transported to the emergency room at Wayne Memorial Hospital.






Due to the sedative effect of the medication, you must bring a family member to drive you home. - NO DRIVING OR OPERATING MACHINERY OR RETURNING TO WORK FOR THE REST OF THE DAY.

- **If you eat ANY food the day of the test and drink any fluids including water after midnight the night before the test, your procedure will be CANCELLED**

CLEAR LIQUID DIET

NO RED OR PURPLE COLORED JUICE, GELATIN OR GATORADE

Tea and Coffee	Clear Juices	Powdered Lemonade	Water/ Vitamin Water	Carbonated Beverages
	such as apple or white grape juice 			
NO MILK OR DAIRY	NO PULP NO RED NO PURPLE	NO PULP	NO RED NO PURPLE	

Sports Drinks	Popsicles	Jell-O	Broths/ Coconut Water	Honey
	 Without Milk or Added Fruit			
NO RED NO PURPLE	NO RED NO PURPLE	NO RED OR PURPLE		

IMPORTANT BILLING INFORMATION

PLEASE KEEP IN MIND THAT YOUR INSURANCE POLICY IS A CONTRACT BETWEEN YOU AND YOUR INSURANCE COMPANY. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT OUR BILLING DEPARTMENT AT 570-253-3391.

Precertifications- *If* your insurance requires precertification for an upper GI endoscopy (EGD- CODES 43235-43239) at an Ambulatory Surgical Center or outpatient hospital, please contact our office to precertify your test. (We do not routinely check for precertification because most plans do not require one.)

If a test is scheduled, you may receive **separate** bills from the following companies:

- *Northeastern Gastroenterology Associates, PC**- Physician fee
- *INFORM DIAGNOSTICS** (also known as Cohen Dermatopathology or Metroplex Pathology Associates) - Pathology fee
- *Mountain Laurel Surgery Center**-Facility fee
- *Maple City Anesthesia** - Anesthesia Services

Referral- If your insurance company requires a referral from your primary care physician, please be sure to bring the referral with you at the time of your scheduled visit (or have your doctor fax one to us prior to your appointment).

Cancellation notice- Northeastern Gastroenterology and Mountain Laurel Surgery Center require a 24hr. cancellation notice. There will be a fee of \$100.00 for Mountain Laurel Surgery Center for all tests not cancelled in advance.