COLONOSCOPY PREP WITH SENNA TABLETS

****Please read these instructions immediately****

Supplies: You will need to purchase 30 tablets of Senna (8.6mg) or the generic Senokot (8.6mg) over the counter at your local pharmacy. DO NOT purchase Senna S or Senna Plus.

Day before procedure:
CLEAR liquids only, NO solid food until after your procedure

Step One: **10:00 a.m.**: Take 15 (fifteen) Senna tablets. Continue to drink clear liquids

Step Two: **4:00 p.m.**: Take 15 (fifteen) Senna tablets. Continue to drink clear liquids.

Increase your fluid intake to at least 6-8 glasses of clear liquids today. This will help the prep work better and decrease abdominal cramping.

- You may not have a bowel movement until after the second (4 p.m.) dose of Senna.
- You may experience some abdominal cramping. Rarely, people have vomiting with the prep. If this occurs, give yourself a 30-to-90-minute break, rinse your mouth or brush your teeth, then continue to drink clear liquids.
- This bowel cleanse works differently than other bowel cleanses you may have taken in the past. You may only have a few bowel movements with this cleanse. Your stool will gradually become a soft to liquid consistency with NO formed stool.

Please continue to drink clear liquids until MIDNIGHT.

Morning of procedure:



NOTHING BY MOUTH (solid food or liquids) THE MORNING OF YOUR PROCEDURE.
If you take daily medication, you may have a sip of water with medication.

CLEAR LIQUID DIET

*Gatorade, Pedialyte, or Powerade
*Coffee or tea (NO milk or non-dairy creamer)
*Carbonated or non-carbonated soft drinks
*Kool-aid or other fruit flavored drinks
*Apple juice, white cranberry juice, or white grape juice
*Jell-O, popsicles
*Chicken, beef, or vegetable broth

NOT ALLOWED

*Red or purple items of any kind
*Alcohol
*Milk or non-dairy creamers
*Juice with pulp
*Hard candy or gum
*Any liquid you cannot see through

(COLONOSCOPY CODES RANGE FROM 45378-45385)

1. **STATEMENTS** - You will receive separate bills from the following companies:

   ***Northeastern Gastroenterology** - Physician fee and Pathology fee (professional and/or technical component)
   ***Mountain Laurel Surgery Center or CHS Facilities** - Facility fee
   ***Keystone Medical Lab** - Pathology fee (technical component)

2. **CANCELLATION NOTICE** - Northeastern Gastroenterology and Mountain Laurel Surgery Center require 24 hours notice. There will be a fee of $100.00 for Mountain Laurel Surgery Center for all tests not canceled in advance.

3. **REFERRAL** - IF your insurance requires a referral from your Primary Care Physician, please be sure to bring the referral with you at the time of your scheduled visit OR the physician's office can fax the referral directly to us.

4. **PRECERTIFICATION** -IF your insurance plan requires a precertification for a colonoscopy (PROCEDURE CODES 45378-45385) being done at an ambulatory surgical center or a hospital, please let us know and we will contact your insurance carrier to obtain it.

5. **SCREENING COLONOSCOPIES** - If your insurance plan has a wellness package,you *need* to let our billing department know prior to your procedure the answers to the following questions:

   A. Does your plan cover colonoscopy screenings? (A screening means you are having no problems that would warrant a colonoscopy for diagnostic reasons)

   B. How often does your plan allow you to have a screening?

PLEASE NOTE- A screening colonoscopy will change to a diagnostic colonoscopy if a biopsy is done

PLEASE KEEP IN MIND THAT YOUR INSURANCE POLICY IS A CONTRACT BETWEEN YOU AND YOUR INSURANCE COMPANY. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT OUR BILLING DEPARTMENT AT 570-253-3391