Colonoscopy with Miralax Preparation

ITEMS NEED FOR YOUR COLONOSCOPY PREP:
* One bottle of miralax powder--238-- gram bottle
* Dulcolax/Bisacodyl 5mgs **TABLETS** (No soft gels or gummies)
* Two 32 oz. bottles of Gatorade or any clear liquid such as iced tea, water, lemonade, or Crystal light.
* Please no purple or red liquids.

CLEAR LIQUID DIET

*Gatorade, Pedialyte, or Powerade
*Coffee or tea (NO milk or non-dairy creamer)
*Carbonated or non-carbonated soft drinks
*Kool-aid or other fruit flavored drinks
*Apple juice, white cranberry juice, or white grape juice
*Jell-O, popsicles
*Chicken, beef, or vegetable broth

NOT ALLOWED

*Red or purple items of any kind
*Alcohol
*Milk or non-dairy creamers
*Juice with pulp
*Hard candy or gum
*Any liquid you cannot see through

THE DAY BEFORE THE PROCEDURE:

7:00 am- Take 2 Dulcolax/Bisacodyl tablets

8:00 am- Mix ½bottle of Miralax in 32 ounces of Gatorade or clear liquid of your choice. Shake solution until the Miralax has dissolved. Drink an 8 oz. glass every 15-20 minutes until solution is gone.

12:00 (NOON)- Take an additional 2 Dulcolax/Bisacodyl tablets **if you weigh 150 pounds or greater.**

1:00 pm- Mix the remaining ½bottles of Miralax in 32 ounces of Gatorade or clear liquid of your choice. Shake the solution until the Miralax has dissolved. Drink an 8 oz. glass every 15-20 minutes until the solution is gone.

***If you experience bloating, nausea, or discomfort, SLOW DOWN, and allow more time.**

MORNING OF PROCEDURE:

NOTHING BY MOUTH (solid food or liquids) THE MORNING OF YOUR PROCEDURE.
If you take daily medication, you may have a sip of water with medication.

(COLONOSCOPY CODES RANGE FROM 45378-45385)

1. **STATEMENTS** - You will receive separate bills from the following companies:

   ***Northeastern Gastroenterology** - Physician fee and Pathology fee (professional and/or technical component)
   ***Mountain Laurel Surgery Center or CHS Facilities** - Facility fee
   ***Keystone Medical Lab** - Pathology fee (technical component)

2. **CANCELLATION NOTICE** - Northeastern Gastroenterology and Mountain Laurel Surgery Center require 24 hours notice. There will be a fee of $100.00 for Mountain Laurel Surgery Center for all tests not canceled in advance.

3. **REFERRAL** - IF your insurance requires a referral from your Primary Care Physician, please be sure to bring the referral with you at the time of your scheduled visit OR the physician's office can fax the referral directly to us.

4. **PRECERTIFICATION** -IF your insurance plan requires a precertification for a colonoscopy (PROCEDURE CODES 45378-45385) being done at an ambulatory surgical center or a hospital, please let us know and we will contact your insurance carrier to obtain it.

5. **SCREENING COLONOSCOPIES** - If your insurance plan has a wellness package,you *need* to let our billing department know prior to your procedure the answers to the following questions:

   A. Does your plan cover colonoscopy screenings? (A screening means you are having no problems that would warrant a colonoscopy for diagnostic reasons)

   B. How often does your plan allow you to have a screening?

PLEASE NOTE- A screening colonoscopy will change to a diagnostic colonoscopy if a biopsy is done

PLEASE KEEP IN MIND THAT YOUR INSURANCE POLICY IS A CONTRACT BETWEEN YOU AND YOUR INSURANCE COMPANY. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT OUR BILLING DEPARTMENT AT 570-253-3391